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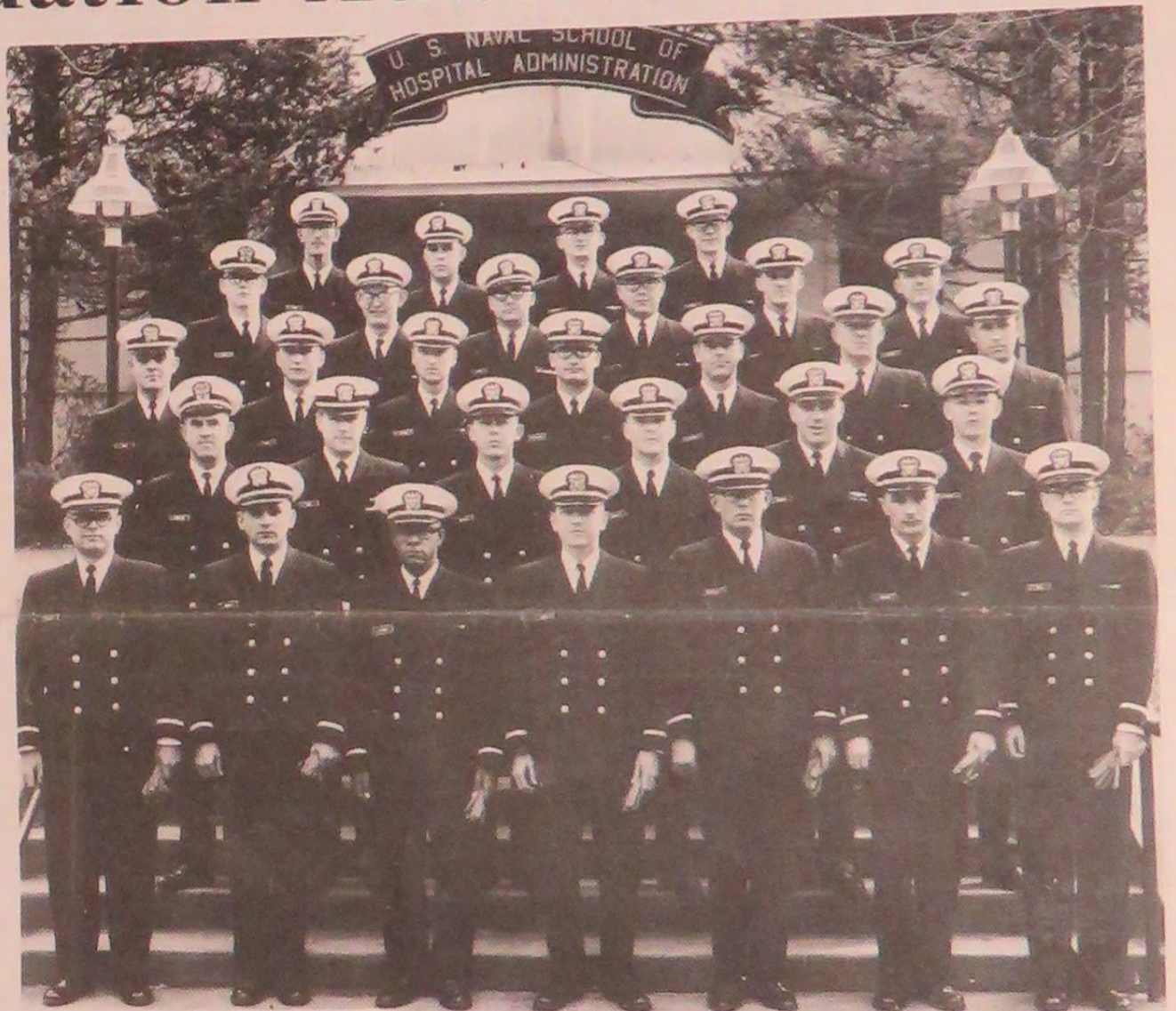
Surgeon General Delivers Graduation Address at NSHA

The Naval School of Hospital Administration graduates its first indoctrination class. Thirty Ensigns of the Medical Service Corps (Supply and Administration) appointed through inservice procurement, were graduated January 7.

Vice Admiral R. B. Brown, the Surgeon General, delivered the graduation address at ceremonies held in the NSHA Auditorium. The Commanding Officer of the National Naval Medical Center, Rear Adm. C. L. Andrews, presented graduation certificates and Capt. R. S. Herrmann, Chief of the Medical Service Corps, gave the class charge.



Vice Admiral R. B. Brown, Surgeon General.



1st row: Leland R. Maassen, Edward Bobola, Charles H. Hayes, Ronald F. Turco, William R. Goodhartt, Donald D. Thorson, Robert R. Cote. 2nd row: Norman L. Charland, Glen M. King, Everett L. Wilson, Walter A. Nacrelli, Edward G. Markley, James P. Smith, Jr. 3rd row: Donald R. Davis, John E. Bruhn, Leroy E. Arnold, Richard B. Gutshall, Jr., Lloyd C. Taylor, Jr., Johnnie D. Hammons, Jr., Donald M. Davis. 4th row: Michael T. Riley, Patrick H. Moore, Michael Hamas, Jr., Gerald M. Bell, Orlin E. Cunningham, Gene N. Stewart. 5th row: Charles F. Mann, Jr., George J. Hansel, Robert H. Robertson, Jr., Earl R. Woolf.

Sweetheart Ball On Feb. 12



Billy Mays' Orchestra, featuring Frankie Lester is scheduled to play at the forthcoming Valentine Dance. Mr. Lester is famous for his recording of "Come Dance With Me." The Billy May Orchestra is renowned for their musical arrangements for Frank Sinatra. The big party is all set for February 12 at the Gymnasium, Bldg. 23. From 2000 - 2400 there will be nothing but fun, fun, fun. As usual Special Services will be your host. They have arranged to serve steamship round, spiced shrimp and beverages. Flowers will be presented to all the ladies, compliments of Special Services. Admission is by ticket only. The tickets can be obtained free at the Special Services Office for all military, staff and students.

Selected Male Civilian Nurses Now Total 14

WASHINGTON--The total of civilian male nurses selected has now reached 14 with the first five of them at their duty stations. And the first hospital corpsmen will be chosen by the selection board which meets in January.

There are, so far, 141 applications from both male and female hospital corpsmen who are anxious to begin the nursing program. The Navy Nurse Corps will not say how many are males.

On the civilian side, six more males who applied for the program did not qualify, either because they were over the age limit or had insufficient training.

Five of the 14 male nurses completed their indoctrination at Newport which began in October and have been assigned to their two-year duty stations. Lt. (jg) Jerry W. McClelland is at the Portsmouth, Va.

Firm Stand Taken On Equal Opportunitie

CO, NNMC ENSURES EQUAL OPPORTUNITY IN EMPLOYMENT MATTERS - It is the firm and positive policy of the Commanding Officer, National Naval Medical Center, that all qualified persons are assured equal opportunities in employment matters. Discrimination on the basis of race, creed, color, or national origin is prohibited. A complaint under this Pro-

gram may be defined as an allegation that a personnel action or matter has occurred solely because of the complainant's race, creed, color or national origin. Such complaints must be submitted in writing and signed. It may be filed with Rear Adm. C. L. Andrews, Commanding Officer, National Naval Medical Center, (Deputy Employment Policy Officer), Room 219, Building 1; with the Department of the Navy Employment Policy Officer (address is Room 4E 664,

Pentagon Building, Washington, D.C.); or with the President's Committee on Equal Employment Opportunity, Washington, D.C. Steps involved in processing complaints include investigation of the issues or allegations presented in the complaint. If necessary, the investigation shall include an appraisal of employment practices in the organization segment or unit in which the alleged discrimination occurred. In addition, the Deputy Employment Policy Officer or his designated representative shall attempt to adjust the complaint through informal discussion with the complainant; he will be advised in writing that he has the right to a personal hearing. Employees are encouraged to review official bulletin board material on this subject and to call at the Civilian Personnel Division to review the contents of NCPI 713, "Equal Employment Opportunity Policy."



Purple Hearts

Lance Corporal William J. Allen, USMC, receives the Purple Heart Award from Brigadier General G. Thrash. Allen was injured by a hand grenade during Vietnam action.

The Purple Heart Award was presented to PFC John Goodfellow by Major General William R. Collins. While on patrol in Vietnam a mortar shell exploded near him.

It's Time to Plan Leave Schedules

SCHEDULING OF LEAVE - We have entered a new leave year and all concerned are reminded that it is the responsibility of each supervisor to establish leave schedules for the entire year in order to insure that all employees are given the opportunity for a reasonable vacation period, and that employees are allowed to use all leave they would otherwise forfeit at the end of the leave year. Although leave is an earned right of all employees, management retains the right of scheduling leave to meet appropriate production schedules. The use of leave should be scheduled, insofar as practicable, at the convenience of the employee but with due consideration of the workload and other employees who also want leave. Careful planning and scheduling of leave through the year can preclude everyone from losing leave.

CPOs Raise \$300 For Christ Child Institute

The Chief Petty Officers' Mess made Christmas a little happier at the Christ Child Institute in Bethesda. Through the combined efforts of the CPO Wives' Club and the CPO Club, \$300.00 was raised and donated to the Institute.

Mr. Robert E. Costello, Director of Christ Child Hospital, accepted the check at a ceremony held in Rear Adm. C.L. Andrews' Office. Also present was Mrs. William Norman, President of the Chiefs' Wives Club; Mrs. John Orr, Chairman of the Ways and Means Committee; Chief J.T. O'Brien, President of the Chiefs' Club and Mr. R.E. Budd, Treasurer of "Christ Child Fund."



CPO Party Guests

Chief J. T. O'Brien, President of the Chief Petty Officers' Club (Open) stops to chat with a few of the children from the Christ Child Institute. The CPO Club arranged a swimming party and a luncheon for the children.

Awards Ceremony Honors Civilian Personnel Here

At the December awards ceremony honoring NNMC Personnel, Rear Adm. C. L. Andrews, Commanding Officer, National Naval Medical Center, presented awards for Outstanding Ratings to Mrs. Zelma Walsh, Mrs. Helen Beman, Mrs. Bernice McKerley, Mrs. Claudia Armstrong, Mrs. Thelma T. Keller, Mrs. Jean Vincent, Rabbi Harry J. Kaufman, Mr. John Bog-gess, Mr. Lawrence Green, Mr. Wilbur Smith, and Mr. Irving Prather, Jr.; Certificates for Quality Salary Increases to Mrs. Zelma Walsh and Mr. Rufus Britton; Adopted Beneficial Suggestion Awards to Mrs. Gladys Knick, Mr. Robert McLaren, Mr. John Setliff, and Mr. Lawrence Green; and a Sustained Superior Performance Award to Mr. Frederick Swain.

An emblem and a Certificate for 30 Years Federal Service was awarded to Mr. Andrew Brosnan; Certificates and emblems for 20 Years Federal Service were presented to Mrs. Burnette King, Mr. Alfred Abbot, Mr. Allen Nicholson, Mr. Eston Burge, Mr. Raymond Grubb, Mr. Herman Jones, Mr. Robert Pierce, and Mr. Haywood Prather; Certificates of Training for the Supervisor Development Program were presented to Mr. H. A. Leusenkamp, Mr. W. J. Scheiner, Mr. Mantz Michael, Mr. Milton Beverly, Mr. George Browne, Mr. Lawrence Gray, Mr. Kato Funny, Jr., Mrs. Dorothy Verble, Mr. Claude Unger, Mr. Charles Prather, Mr. Leon Brunson, and Mrs. Florence Strother; Certificates of Training for Automatic Data Processing Orientation were presented to Mrs. Florence Strother and Mr. Joseph Markovich; and a Certificate of Training from the Training Institute for Recruiters was presented to Mrs. Muriel Up-ton.

Mrs. Ann S. Close received three separate awards during this one ceremony, the Superior Accomplishment Award for Outstanding Performance, an Emblem and Certificate for 20 Years Federal Service, and an award for an Adopted Beneficial Suggestion.

Captain R. J. Pearson U. S. Naval Hospital, presented certificates for Outstanding Performance to Mrs. Beatrice Wilson, Mrs. Joyce Johnson, Miss Mary Farrelly, Mrs. Ann Pelick, Mrs. Mary Vallee, Miss Iris Woodfolk, Mrs. Joan Emerick, Mrs. Jean Wilson, Mrs. Frances Johnson, and Mr. Robert Kanning. Certificates and Emblems for 20 Years Federal Service were presented to Mrs. Lena Lynch, Mrs. Nellie Ames, Mrs. Dora Covington, Mrs. Henrietta McCain, Miss Hester Hills, Mrs. Georgiana Watson and Mrs. Mattie Davenport. Certificates of Training for the Supervisory Development Program were presented to Lt. Cmdr. B.R. Weeter, Lt. Cmdr. R.M. Leff, HM1 C.R. Riley, Mrs. Kathleen Antoine, Mrs. Ellen Cardwell, Mrs. Ruth Penn, and Mrs. Marleal Stanton.

Captain H. C. Sudduth, Commanding Officer, Naval Medical Research Institute, presented Certificates for Outstanding Performance to Mrs. Nellie Cox, Mr. Richard Budd, Mrs. Joanne Cassell, Mrs. Janie Musser, Dr. Seward Smith, Mr. Vincent Berzinskas, Mr. Benjamin Lindsley and Mr. George Tresansky; Certificates for Quality Salary Increase to Mrs. Nellie Cox, Mr. Richard Budd, Mrs. Gertrude Brown, Mrs. Patricia Sterling and Dr. Roland Radloff; Patent Awards to Dr. Harold Meryman and Mr. Joseph Saur; an Award for an Adopted Beneficial Suggestion to Mrs. Opal Nowicki; Certificates and Emblems for 20 Years Federal Service to Dr. Harold Meryman, Mr. George Eskridge, and Mr. John Webster; and Certificates of Training to Mr. Edward Runkles, Mr.

'A New Year's Resolution'

By Chaplain E. Hoke Campbell, Jr.

I will, like Paul, forget those things which are behind and press forward; like David, lift up mine eyes unto the hills from whence cometh my help; like Abraham, trust implicitly in my God; like Enoch, walk in daily fellowship with my heavenly Father; like Joseph, prepare my heart to seek God; like Moses, choose rather to suffer than to enjoy the pleasures of sin for a time; like Daniel, commune with my God at all times; like Job, be patient under all circumstances; like Caleb and Josua, refuse to be discouraged before advances; like Gideon, advance even though my friends be few; like Aaron and Hur, uphold the hands of my spiritual leaders; like Isalah, consecrate myself to do God's work; like Andrew, strive to lead my brother into a closer walk with Christ; like Stephen, manifest a forgiving attitude toward all who seek my hurt; like Timothy, study the word of God; and like the heavenly host, proclaim the message of peace on earth and good will toward all men.

Of course we know that we cannot hope to realize all of these objectives. However we can try. By purposefully appropriating the teachings of Christ and by fashioning our lives according to his ethic of love as much as we possibly can, we will become better persons. The world will be richer for our having lived, not poorer.



Dr. Kildare's Nurse Visits

Miss Lee Kurty stopped by to see A. Minutolo, SSgt, USMC, during a recent tour here. Miss Kurty can be seen on the Dr. Kildare television show. I am sure the doctor couldn't have ordered better medicine than this.

George Thomas, and Mr. Asa Dorsey.

Captain C. G. Bratenah, Naval Medical School, presented Certificates for Outstanding Performance to Mrs. Mildred Monaco, Mrs. Mary Jane Lanier, Mrs. Estelle Smith, Miss Titiana Boldyreff, Miss Mary Dixon, Mrs. Mary Jo Gardiner, Mr. William Trippel, and Mr. Earl Shappell; Certificates for Quality Salary Increase to Mrs. Mildred Monaco, Mrs. Mary Jane Lanier, and Mrs. Estelle Smith; a Certificate and Emblem for 20 Years Federal Service to Mr. Leland Benson; and Certificates of Training for the Reading Improvement Course to Mr. Leland Benson, HMC S. A. Robinson, and HMC Carl Jernigan.

Captain K. L. Urban, Commanding Officer, Dental School, presented Certificates for Outstanding Performance to Mrs. Kate Ferguson, Mrs. Margarette Hubbard, Mrs. Margaret Jackson, Mrs. Esther Musson and Mr. Raymond Oswald.

RECENT PROMOTIONS TO VACANCIES UNDER THE MERIT PROMOTION PROGRAM - NNMC - Mr. Ernest Davis, Warehouseman WB-5; Mr. Howard Shade, Truck Driver, WB-6; Mr. Marion Kemp, Medical Laboratory Apparatus Maker, WB-12; and Mr. Howard Green, Laborer Cleaner, WB-1.

WELCOME ABOARD - NNMC - Mrs. Alice Banks, Mrs. Hazel Pickett and Mr. August Becker; NH - Mrs. Donna Moore, Mrs. Betty Johnson, Miss Eileen Ruess, Mrs. Eileen Price, Miss Grace Henner, Mrs. Shirley Pollard, Miss Florence Hol-loway and Miss Mercedes Marshall; NMRI - Mr. Ira Donenfeld, Dr. Howard Gillary, Mr. Clifford Lowe, Mrs. Anita Goodman and Dr. Donald Thayer; NMDSC - Mrs. Melva Anderson.

Toxicology News

With the advent of winter we bring down the curtain on an autumn season, filled with many memorable events.

Commander Leonard J. Bodenlos of NMRI, who had additional duty at NTU during the past two years, retired from Naval service after 22 years of duty. His efforts and devotion to duty formed the foundation of our Biochemistry Department which he had directed since its inception in 1963. He has accepted a teaching position in New England and is currently residing in New London, Conn.

HMI D. R. Duggan was also detached from NTU. He received orders to Camp Pendleton, California where he joined the 1st Marine Division. Duggan upon his detachment received a letter of commendation from Lt. (j.g.) Prendergast endorsed by Captain Siegel.

We have extended a welcome aboard to HMC Vane who has reported for duty from the Fleet Reserve. His last duty station was in Long Beach California aboard the USS Haven.

This fall season was one well permeated with the scent of coffee, doughnuts and cigar smoke at NTU. The occasions responsible included the promotion of Mr. Fishman to Lt. (j.g.), the advancement of Thomas Bast and Paul Imbraguglio to HM3, a good conduct award to HMC Bright, and the shipping over of HMC Smith, HMI Watson, and HM2 Sanders for four years. This increased our reenlistment rate to nearly 30%.

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NAVAL MEDICAL
CENTER

NEWS

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January 17, 1966

NNMC NEWS

Elsie Closson Retires from Center Serves 30 Years of Federal Service

Mrs. Elsie Closson retired from Federal Service in a ceremony held in Rear Adm. C. L. Andrews' of-

ice. A veteran of 30 years of service, Mrs. Closson was an employee of the National Naval

Medical Center for the past 24 years.

She first came to the Medical Center in January 1942. Since December 1945, Mrs. Closson has served as the Commanding Officers' Secretary. Over the long period of time, Mrs. Closson has served 15 Commanding Officers.

Mrs. Closson received seven promotions during her employment. Her final promotion was to the position of Administrative Assistant. She is the holder of a Letter of Commendation for Outstanding Service; a Letter of Appreciation from Mr. J. Edgar Hoover, Director of the Federal Bureau of Investigation; eight Outstanding Performance Ratings; a Commendation for Meritorious Job Performance from Rear Adm. F. P. Kreuz and a Sustained Superior Performance Award. Mrs. Closson has also received numerous Letters of Appreciation as well as many Beneficial Suggestion Awards.

Upon her retirement, Mrs. Closson was presented with the third highest Navy honorary Award, The Navy Meritorious Civilian Service Award. She also received the Superior Accomplishment Award for Outstanding Performance, and Emblem and a certificate for 20 years Federal Service and an award for Adopted Beneficial Suggestions.



30 Years Service

Mrs. Elsie Closson retired from Federal Service after serving 30 years. She was employed at the National Naval Medical Center for 24 years. (L-R) Rear Adm. C. L. Andrews, Commanding Officer, NNMC, Capt. G. M. Davis, Commanding Officer, Naval Hospital and Rear Adm. R. O. Canada, Deputy Chief Bureau of Medicine and Surgery.



Model Wave

Marilyn Nicoson, DT3, Naval Dental School, smiles happily as she receives congratulations for her cover picture in "Parade," the Sunday magazine section of the Washington Post, January 2nd edition. Congratulating her is Executive Officer Capt. H. G. Green. Marilyn is the Servicewoman (bottom, left) depicting the U.S. Navy. She was selected last year to represent the pride and bearing of the WAVES and has made several trips to the Pentagon in this capacity. Miss Nicoson has been with the Dental School since June 1964 and is at present working in Operative Dentistry in Building 1.

Dental School Awards Medals

ENLISTED -- Five Good Conduct medals were presented by Capt. K. L. Urban, Commanding officer, Naval Dental School at recent award ceremonies: 4th Award to Ernest R. Schultess, DT1; 3rd Award to Roosevelt McCoy, DT2; 2nd Award to Stephen M. Dufalo, DT2 and James F. Perrotta, DT2; and 1st Award to Kenneth J. Goss, DT3. Perrotta also received a Certificate of Completion of the Comprehensive College Level Examinations as did John L. Coyle, DN.

Ronald C. Hendricks, DT2, and Richard A. Little, DT3, reenlisted on board in December. Hendricks, with 14 years prior service, signed on for 4 more; Little, with 9 years prior service, enlisted for another 6.

Kenneth E. Conklin, DT1, reenlisted on January 11, and departed

for Davisville, R. I., for further transfer.

OFFICERS--A Mass Casualty Treatment Training Course for Instructors, sponsored by The Bureau of Medicine and Surgery, was held at NDS from January 3-7, under the direction of Capt. J. B. Lepley, Head of the Maxillofacial Prosthetics Division and Instructor in Casualty Care.

The course, which was established to reevaluate the Casualty Treatment Training Program for Dental Personnel, was attended by Navy, Army, and Air Force officers from the Dental, Medical, Medical Service, and Nurse Corps.

WELCOME to Capt. H. H. Scofield, who reported in December from AFIP, where he was Chief of the Dental and Oral Pathology Division.

FAREWELL to Capt. G. H. Green, former Head of the Oral Pathology Division, who reported to AFIP in Capt. Scofield's job; and SMOOTH LANDING to Capt. J. W. Pepper, Head of the Prosthodontics Department, who departs soon for the Naval Station, San Juan, P.R.

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Center Retires 11 Employees

These civilian employees represent the largest number of National Naval Medical Center employees to be recognized at a retirement ceremony in the history of the Center. Their combined years of Federal service total 320 and have accumulated nearly 9,000 hours of unused sick leave. (L-R) Rear Admiral C. L. Andrews, Commanding Officer, National Naval Medical Center; Capt. K. L. Urban, Commanding Officer, U. S. Naval Dental School; Mr. Charles Briggs, Mr. Oscar Cleckley, Mr. Harley Closson, Mr. Lewis Robinson, Mrs. Elsie Closson, Mr. Paul Tanner, Mr. Charles Kerr, Mr. Charles Dickson, Mr. Ward Fulton, Mr. Raymond Haliday, Mr. Clarence Cole, Rear Adm. R. O. Canada, Deputy Surgeon General and Capt. G. M. Davis, Commanding Officer, U. S. Naval Hospital.

Comfort in the Dental Office

Don't let fear of pain result in costly delays in dental treatment. Modern dentistry has at hand the means to reduce or eliminate pain completely. Yet fear of pain is a major reason why three out of five Americans don't visit their dentist even once in a year. Fear is your enemy in two ways.

First of all, delayed dental treatment means a worsening of the

problem. Treatment becomes more difficult and more expensive. Discomfort is harder to avoid.

Secondly, studies show that the very fear of pain may cause it. For example, it's been found that about 40 per cent of patients suffering pain experience relief if given a placebo -- an injection which resembles a pain killer but which has no pain reliever in it. Further, about 10 per cent of patients having teeth extracted experience no pain if neither they nor their dentist know the injected solution is a placebo.

Where pain is concerned, fear itself is your biggest problem. If dental treatment is likely to cause discomfort, your dentist will give you an anesthetic in advance of treatment. These anesthetics can block pain completely and are without harmful effects. Local anesthetics and analgesics are used routinely in dental offices today, and, where major dental surgery is required, a patient can be hospitalized to take advantage of hospital surgical equipment and general anesthetics.

New high-speed cutting instruments or drills are another development in the fight against discomfort in the dental chair. Dentists use cutting instruments that work at speeds of from 30,000 to over 250,000 revolutions per minute.

These speeds reduce bone-conducted noises and vibration. They clean out decayed enamel with a fraction of the pressure and in a fraction of the time required by low-speed instruments. They also spray a jet of water on the tooth to keep the tooth cool. This helps eliminate another major cause of discomfort -- the heat generated by the rapidly revolving bur.

Aside from anesthetics and the high-speed instruments, the measures you take yourself are the best safeguard against pain.

Take care of your teeth. Give them the daily good care they require and obtain regular, routine checkups by your family dentist. If you give him the opportunity, he will detect difficulties early before they become major disorders. Early treatment is seldom unpleasant. It's really up to you.

Career Conversations

CONVERSIONS TO CAREERSERVICE - NNMC - Mr. Charles Gray, Mr. Reuben Hett and Mr. Wilbert Henderson; NH - Mrs. Mary Campbell, Mrs. Ada Lofton and Mrs. Audrey Parson; NMRI - Mr. Carl B. Jonnson.

Lt. Cmdr. R.M. Cain Retires from Navy

Lieutenant Commander Robert M. Cain, retired on December 31 after 17 years service. Lt. Cmdr. Cain was presented letters of appreciation from the Surgeon General of the Navy and Capt. J. H. Stover, Jr., Commanding Officer, U.S. Naval Medical School, for his outstanding performance during his tour here.

Commander Cain was Head Bacteriology Branch, Microbiology Division of the Laboratory Department.

The following Medical School personnel were advanced on December 16.

	FROM	TO
Alexander R.C.	HN	HM3
Chendorain D.A.	HN	HM3
Lalond R.J.	HN	HM3
Embree J.M.	HN	HM3
Norman C.W.	HN	HM3

Tanner L.B.	HN	HM3
Winkler R.E.	HN	HM3
Hammond M.S.	HM3	HM2
Payton J.B.	HM3	HM2
Cory R.V.	HM3	HM2
Gill T.F.	HM3	HM2
Smith J.B.	HM3	HM2
Wiggins M.C.	HM3	HM2

Durbin B.R.	HM2	HM1
Jones W.C.	HM2	HM1
Tanner B.C.	HM2	HM1

Congratulations to the following Naval Medical School Officers for their recent promotion: To Lieutenant Commander: William B. Pitzer, Sammy W. Joseph; to Lieutenant: Myron R. Corbett, Robert J. Wallace, Beverly C. Belcher; to Lieutenant Junior Grade: Carmen P. Marshall.

Heyden at NSHA

Rev. F. J. Heyden, S.J., Director, Georgetown College Observatory, to lecture in MSC guest lecture series. His talk entitled, "Mars After Mariner 4" is scheduled for Jan. 21st at 2000. All medical department personnel are invited to attend.

A. A. Treanor, HM1, was promoted to Hospital Corpsman Chief on December 16. HMC Treanor reported to this command upon completion of MAT School at Portsmouth, Virginia. He is assigned to the administrative office.

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Chess Players

Every year when chess tournaments are held in the Washington area military personnel cannot participate because they do not hold a rating. To stimulate additional competition among service players, the United States Chess Federation has agreed to provide USCF rating for participants in local Armed Forces Tournaments. Tournament records and a rating fee of ten cents per game should be forwarded to the U.S. Chess Federation, 80 East Eleventh St., New York 3, N.Y.

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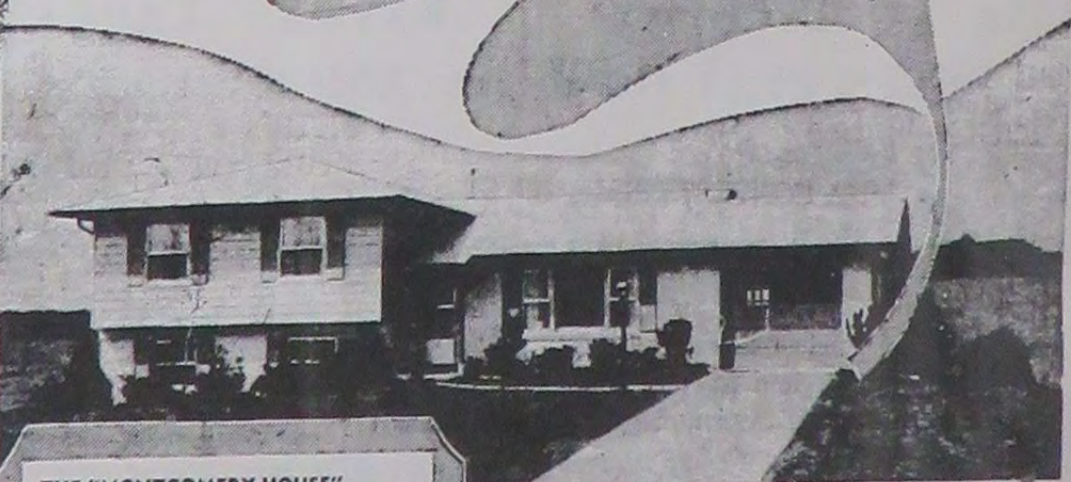
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January 17, 1966

Medical Photography School at Work

By John T. Stringer, Jr.

At the Medical Photography Division of the U.S. Naval Medical School, National Naval Medical Center, a small group of selected hospital corpsmen are being trained in the art and practice of applying photography to the field of medicine, science and research. They learn to operate highly technical photographic equipment and must have a wide knowledge within the medical and para-medical fields.

The mission of the Medical Photography Division is "To record a graphic and historical record of the progress of medicine and science and research. This record to aid in the evaluation, diagnosis, treatment and documentation as well as to help further the professional education of medical department personnel. And, on a time available basis, provide general and public relations photography."

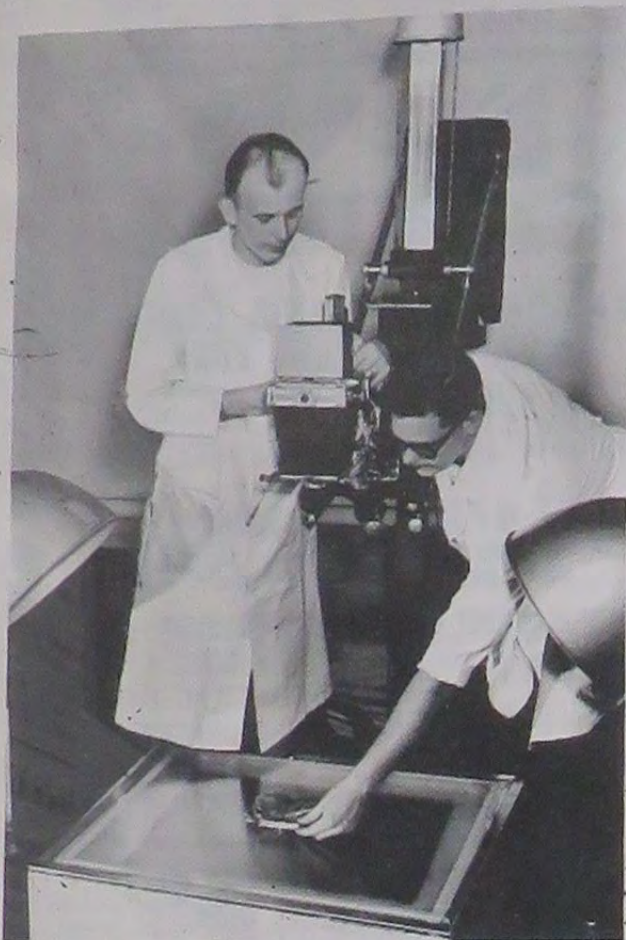
Upon the completion of the six month course of instruction, the student receives a certificate in Medical Photography Technique. They are assigned to duty at one of the many Naval Medical Centers, Hospitals, Hospital Ships, Research Units or related activities. The graduate is expected to be able to provide and maintain all types of medical, technical and scientific photographic services.

The hospital corpsman as a student in the art and science of medical photography spends more than 1000 hours in theory and practical sessions. The subjects are in accordance with the Bureau of Medicine and Surgery Instruction 1610.9A and are as follows:

PHOTOGRAPHIC TECHNIQUES
Basic principles of photography; cameras, types and operations; optics; light meters; shutters; filters and their uses; photographic and allied equipment and terminology.

PHOTOGRAPHIC PROCESSING:
Photographic processing; mechanics of development; photography chemistry; types of materials and solutions; darkroom procedures; contact and projection printing; exposure and development. All of the above in black

Continued on Page 8



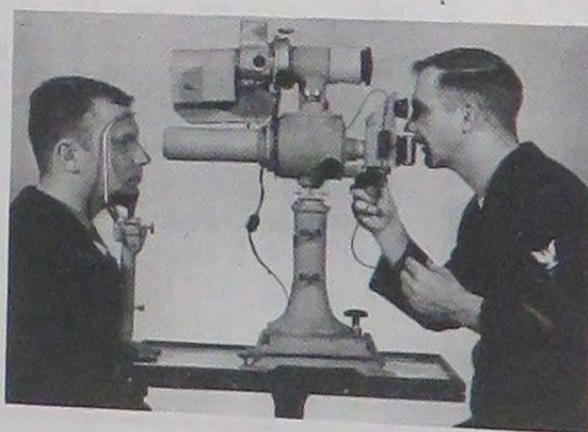
L. Andre, HM2, instructs W. Mackie, HM3 on techniques of photographing surgical and post-mortum specimens.



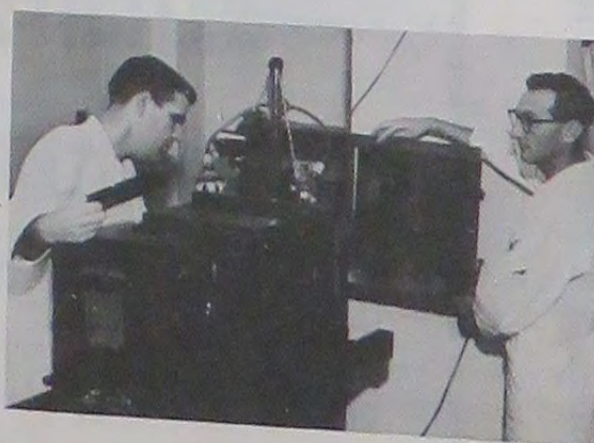
J. T. Stringer, Jr., Director of Medical Photography retouches a portrait negative.



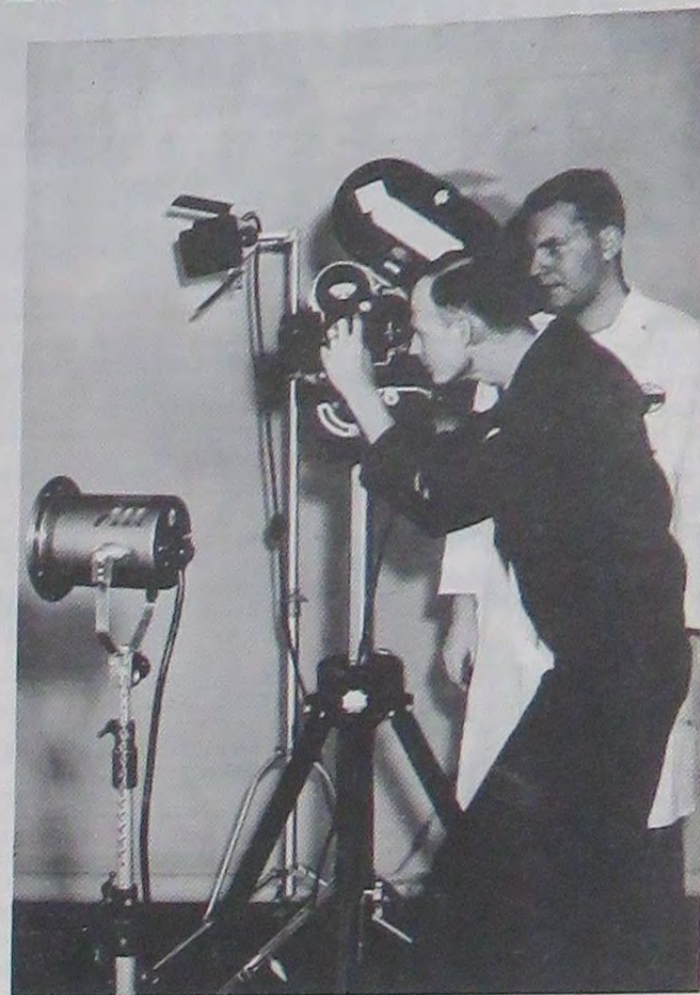
L. Andre, HM2, and T. Gill, HM3, examine some of several hundred black and white negatives processed each week in the photo lab dark room.



M. McGee, HM1, operates the Fundess Camera, primarily utilized by the Eye Clinic for case studies.



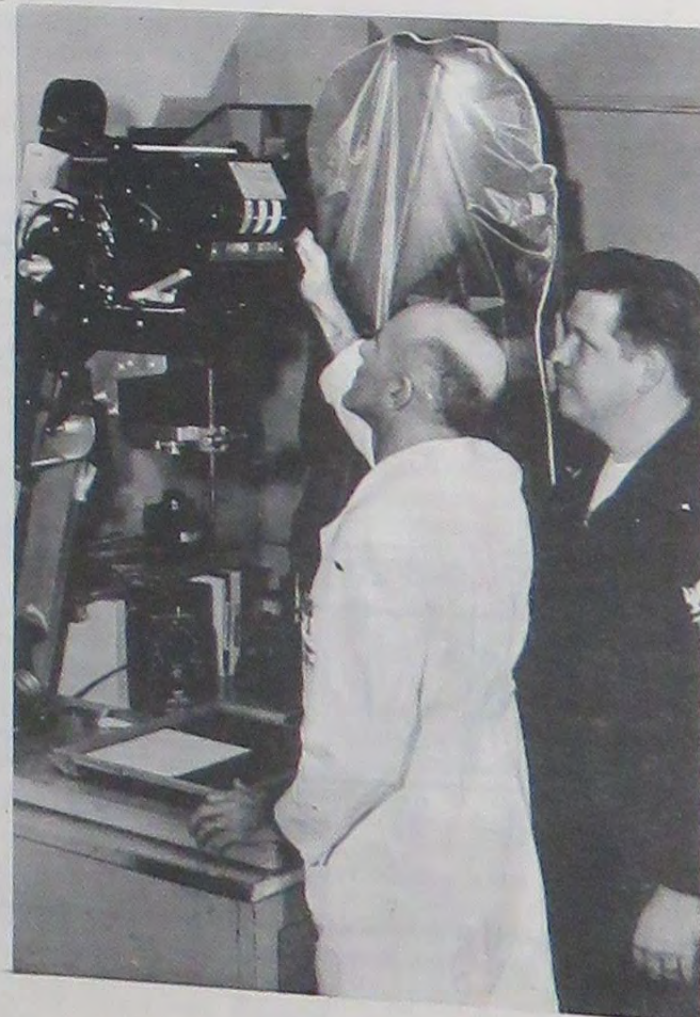
W. C. Jones, HM1, teaches J.M. Ellis, HM3, how to copy an x-ray. This is one of the many different types of duplication performed by the copy section.



Lee Andre, HM2, and student T. Gill, HM3, shooting one of the many movies of case histories, historical events, surgical procedures and research procedures performed at the Medical Center



HMC M. E. Taylor instructs Medical Photography School students on the 8 x 10 Deardoff Camera, one of the 10 different kinds of cameras used in their day to day work.



W. N. Wood, HM1, instructs T. R. Moore, HM3, on the principles and procedures for color printing in the new, soon to be completed color printing lab.

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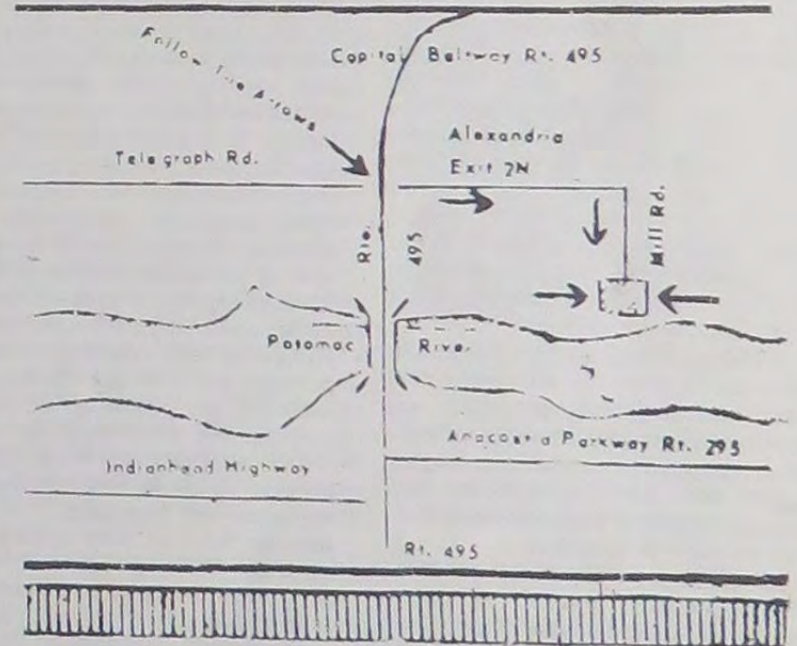
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sory personnel have been asked to
develop an awareness for identifi-
fing training needs, including on-
the-job training, and insure that
their employees' skills and abilities
are being utilized to the maximum
extent. Tentative plans are being
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Improvement, and the college and
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Sports a-Go-go



Like Man It's Sports

Listen up you cats out there in sportsville. It's like Never, Never, Land at the sports scene around this pad. Like man, what I mean to say is that how can you call a river a river if it's dry and there ain't no water for like miles around man.

It reminds me of these kookie-cats around this pad that play some of those way-out games; like basketball, golf, bowling, and any other of those un-civilized UGHs. These poor characters are way out man. Like they not only have to play these far out games, but they even have to cheer for themselves. It's like weirdsville when those kooks get out on that basketball court and like make a point for their team. It almost makes you cry man, to see a grown man jumping up and down, clapping his hands, and saying, "yea team, I did it, yea team, I did it, yea team, I did it." I mean let's face it man, these groovey people like need some support.

Big Daddy here has set up an idea that will make you flip your cigarette holder. At the next games, let's all go. And when we see one of these kooks jumping up and down and yelling "yea team, I did it, yea team, I did it." Let's all stand up and say, "COOL IT DAD". Even though it's not your father, you can still say it.

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Photo School

Continued from Page 5

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Among the many and varied responsibilities of the Medical Department of the Navy is to care for the sick and injured, to train and educate personnel and to conduct clinical and basic research in the medical and allied sciences. In carrying out these responsibilities, the recording of graphic illustrative materials for clinical and surgical procedures, training and research is of great importance. In the treatment of the sick and injured, these graphic illustrations become aids in the evaluation, diagnosis and treatment of wounds, injuries and diseases and are of great medical-legal value. This graphic and historical record of wounds, injuries and diseases and research becomes a most important part of the training aids used in the training of Medical Department Personnel as well as other military services, governmental agencies and civilians; also, for the personnel of allied foreign nations both military and civilian. The graphic recording of scientific data and phenomena is an important part of medical and scientific research.

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Coach Fisher Heads Team

For those personnel who are going out for the NNMC swimming team, it's going to be a rough river for them to swim if they intend to stay on the team.

The team coach will be Ensign Todd Fisher of Center Personnel. Mr. Fisher is more than qualified for the job. While attending Washington and Jefferson College, he held numerous records in the backstroke, individual medley and 200 yard butterfly. Mr. Fisher refereed Cornell's highly touted swim team for two years. He is a certified swimming instructor in New York State and has instructed for many summers.

Part of the training program for the team will be the usual gym routine of lifting weights, push-ups and a brief work out in the pool.

Any person with experience is welcome to try out for the team—that is if he thinks he can stand the rigorous training program.

New Athletic Equipment to be Installed Soon

WATCH YOUR MUSCLES GROW. . . . Some new renovations will be taking place in our Special Services Department. For the weight room, new weights will be installed with full length mirrors for those of you who like to watch your muscles grow before your eyes, that is, if you have any. The weight room will also get a rowing machine and some new pedal bicycles. The bleachers on the left hand side of the gym have been removed and new (one-man) carry mats will be hung for those of you who might want to practice your judo or tumbling. All of these things take time to acquire, but a guarantee is given that these things are coming. **BOXING . . .** So you think you can box, do you? Well here's your chance to prove it. Tryouts for the District 1966 Boxing Team must forward the required information prior to January 20, 1966, to their Special Services Officer at extension 672. If you are an officer you don't have a fighting chance - for officers are prohibited in competing in Navy sponsored boxing competition.

WRESTLING . . . Maybe boxing isn't your way of letting loose of all that excess energy. Instead your looking for something that will give you a chance to show off those bulging muscles. So if you are interested in trying out for the District 1966 Wrestling Team, all required information must be forwarded to the Command Special Services Office, Headquarters, Naval District Washington, D.C. prior to March 1, 1966. So give Bill Dwyer a call at extension 672 if you are interested. Before you call, you must have a good background in amateur boxing and wrestling as the personnel selected will compete against participants in the higher level of Navy and Interservice Boxing and Wrestling Tournaments in 1966. **INTRAMURAL AND VARSITY BOWLING RESULTS WERE NOT READY AT PRESS TIME.**

CIRCUS IS COMING TO TOWN - Special Services will have tickets to the Circus coming to Washington in early March. Keep watching the Plan of the Day and Special Services Bulletins for further information.

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NATIONAL
NAVAL MEDICAL
CENTER

NEWS

VOL. 22 NO. 2

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Joint Retardation Unit Opens Briefing Held For Surgeons At MedScol

NIH and USNH Combine for Research

An outpatient children's diagnostic and study clinic, believed to be the first of its kind located on a military facility, was officially opened by officials of the Medical Department of the Navy and the National Institutes of Health (NIH), Public Health Service, U.S. Department of Health, Education, and Welfare.

The facility, called the Children's Diagnostic and Study Unit, is situated on the grounds of the National Naval Medical Center. It serves children of military personnel eligible to receive care at the U.S. Naval Hospital.

The Unit operates as a direct research activity of the National Institute of Child Health and Human Development (NICHD) of the NIH, and is run on a cooperative basis with the Pediatric Service of the U.S. Naval Hospital.

Diagnosis and Evaluation

Research conducted in the Unit is clinical in nature, concentrating on the biomedical and behavioral aspects of mental retardation. As part of its function, the Unit provides complete diagnostic and evaluation studies aimed at detecting mental retardation, gives parent counseling and guidance and, where necessary, suggests facilities where further treatment or training may be obtained for the child diagnosed as mentally retarded. In addition, the Unit's staff utilizes selected educational and therapeutic procedures to help retarded children and their families, whenever such procedures may aid investigations underway at the Unit.

Researchers working in the Unit, will include: child psychiatrists, neurologists, nutritionists, geneticists, nursery school teachers, speech and hearing specialists, pediatricians, public health nurses, psychologists, and social workers.

Two Each Week

During its initial operations the Unit is geared to seeing two new children for diagnosis and evaluation each week. Many of these patients may be seen again for follow-up examinations, or to participate in staff research projects aimed at giving better treatment and training to mentally retarded children.

Later, the clinic will expand its operation to see more children each week and to begin training professional personnel to care

for and treat mentally retarded children.

Organizationally, the Children's Diagnostic and Study Unit is a direct research activity of the Mental Retardation Program of the National Institute of Child Health and Human Development (NICHD).

Dignitaries Attend

Participating in the opening ceremony from the Navy Medical Department were: Rear Admiral Robert O. Canada, Deputy Surgeon General of the Navy; Capt. George M. Davis, Commanding Officer, U.S. Naval Hospital; Capt. Rufus J. Pearson, Jr., Director of Clinical Services; Capt. Charles S. Mullin, Jr., Chief Neuropsychiatric Service; Capt. Andrew W. Margileth, Head, Pediatric Service; and Cmdr. Jewel P. Ray, Administrative Officer.

Public Health Service officials included: Dr. Leo J. Gehrig, Deputy Surgeon General of the Public Health Service; Dr. G. Burroughs Mider, NIH Laboratories and Clinics Director; Dr. Donald Harting, NICHD Director; Dr. Roy Hertz, NICHD Scientific Director; Dr. Gerald D. LaVeck,

A special surgical team sponsored by the State Department held a two-day briefing here. The Military Provincial Hospital Assistance Program Team Brief was held at the U.S. Naval Medical School located at the National Naval Medical Center.

This team will relieve a similar team now serving with the Agency for International Development (AID) Program in Vietnam. The group will be at a 450-bed hospital in Rach Gia. The team will offer advice, assistance and training to the Vietnamese people in the Rach Gia area.

The purpose of the briefings was to acquaint the six-man team, headed by Commander John D. Le Bouvier, and composed of two Navy doctors, two Navy nurses, a male Air Force nurse and a Navy Chief Hospital Corpsman, with their forthcoming duties.

Commander Le Bouvier, a former pilot with the British Royal Air Force, was practicing surgery in Baltimore prior to entering the Navy last month.

NICHD Mental Retardation Program Director and, Dr. Felix de la Cruz, NICHD Children's Diagnostic and Study Unit Chief.

Ribbon Cutting

Cutting the ribbon for the official opening of the Children's Diagnostic and Study Unit, Bethesda, Md., is Rear Admiral R. O. Canada, Deputy Surgeon General of the Navy. Assisting Admiral Canada is Dr. Leo J. Gehrig, Deputy Surgeon General of the Public Health Service.

Enlisted Rec Committee Needs Your Support

By Bill Dwyer

This article pertains to all enlisted personnel, whether you be Army, Navy, Air Force or Marine. It has to do with the Enlisted Recreation Committee of the National Naval Medical Center, its members and their functions.

The committee has one of the most important jobs and responsibilities of any at this command or any other military installation. This committee is the direct representative of the enlisted man and woman. It is through this group that all recreation and social activities are initiated and planned. The members of this committee are appointed by their commanding officer in writing. They should be appointed on the basis of their prior experience, having served on recreation committees at other commands, or the personal desire to serve on this committee. It is a proven factor that if you volunteer for a job, the committee and the command will benefit more from a person's service.

The enlisted personnel should stop to realize that recreation and

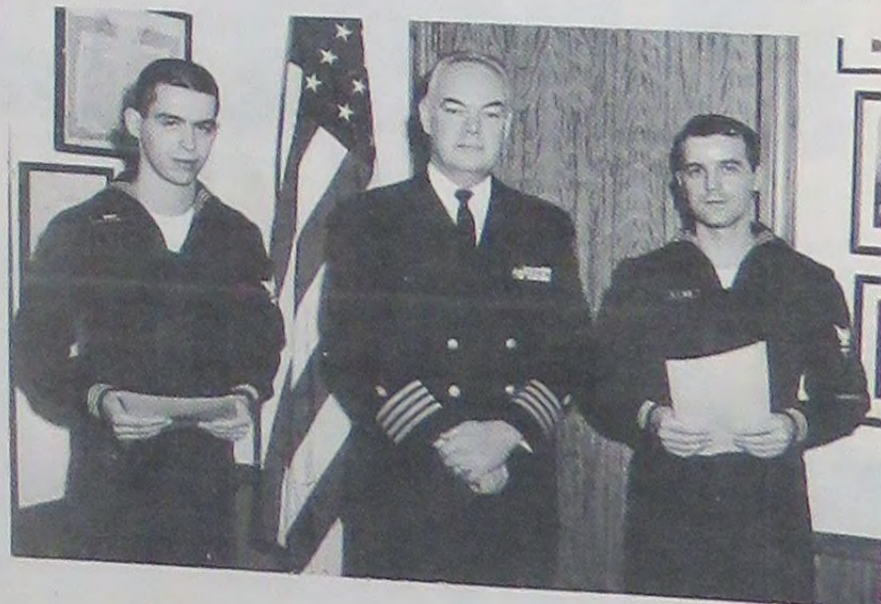
social activities (including dances, parties and tours) are planned by this committee and not the Special Services Department. However, on many occasions when it comes to decorating or other jobs, Special Services is in dire need of volunteer assistance. The Special Services Department at this command is manned by a small complement, therefore whenever a dance or picnic is planned, help is needed.

Remember, these events are planned for you. It is the respon-

See REC on Page Two

Hear Ye! Hear Ye!

The Potomac English Bell Ringers will present a concert of sacred music in the Bethesda Chapel (Bldg. 8-A) on Friday, March 18, at 8:00 P.M. The Bell Ringers, are under the direction of Mrs. Nancy Poore Tufts, and are well known throughout this area, last year performed before a capacity audience at the Center. Admission and Nursery facilities (building 137) are free. The public is invited.



Corpsmen of the Quarter

HM3 Thomas H. Bridge (left) and HM3 Roy L. Nix (right) were chosen as Hospital Corpsmen of the Quarter. The honor was presented to them by Capt. G. M. Davis, Commanding Officer, U. S. Naval Hospital. Both Corpsmen received a letter of appreciation and a U. S. Savings Bond for their outstanding performance of duty and other military and personal characteristics.



BSA Celebrate 56th

The 56th Anniversary of Boy Scouts of America was February 8. The occasion was celebrated during a luncheon meeting of NNMC Toastmasters Club 1234 by a speech from Star Scout Gregory Cassidy on "Summer Scouting." His appearance was part of Operation Patrick Henry, a public speaking program for Scouts headed by General Lewis B. Hershey. Prior to their public appearance the participating Scouts attended training sessions led by experienced speakers from the membership of the Washington area Toastmasters Clubs. (L-R) Lt. Cmdr. W. R. Cotton, DC president of NNMC Toastmasters Club 1234; Star Scout Gregory Cassidy; his father, Mr. Floyd Cassidy, and Vice-President for Education of Club 1234, Capt. C. R. Parks.

Chaplains' Column

Lenten Sacrifice

by Chaplain John D. Yeich

For some people Lent is a time to give up certain things that they enjoy, and many can hardly wait until Easter so they can pick up where they left off. Others find Lent to be a good time to give up certain foods which are not beneficial to the body anyway, especially if they are overweight. Their sacrifice might be ice cream, coke, or cake. Still others will give up certain well liked food or activities and substitute other foods or activities to fill the gap. There is a value in denying ourselves something during Lent and it lies in knowing that we can discipline our minds and bodies. Additional values come to us in improved health from a better diet and more nights of the required minimum hours of sleep. Although this is fine it does not touch on the central meaning of Lent.

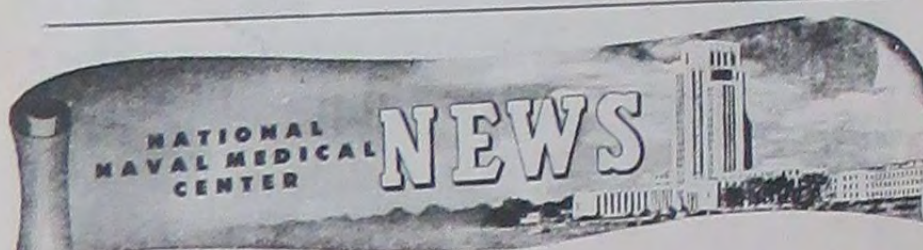
Lent is a time for self-evaluation. It is a time to hold critique on our spiritual health. More important than giving up something during Lent is the taking on of renewed interest and activity within the congregation, of renewing and increasing our devotion to our Lord. Lent is a time to meditate on Christ, His life, His sacrifice, His devotion to the purpose for which He was sent to earth. It is a time to remember that it was for such sinners as you and I that He went through His holy passion and death.

He sacrificed His life for us. What shall we give in return? Will He be pleased with only the giving up of a food or activity for forty days? Not at all. More acceptable would be the giving up of ourselves to Him in constant devotion throughout all the days of all the years that are ours.



NDS Awards Ceremony

Above (left to right) are DT1 Lewis, DT2 Diaz, DT3 Morgan, DT-2 Adams, DT3 Kelleher, DT2 Sartain, DT3 Haley, DTCS Zaia, Capt. Urban, DTCM Catchuce, Capt. Green, XO, DT3 Ridinger, DT2 Patti, and DT2 Filimore.



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Lent and Easter Services Schedule

PROTESTANT

EASTER'S ANTICIPATION

The celebration of Easter began in the early days of the church. The custom of keeping Lent can be traced to ancient times and provides for all an appropriate time of penitence and prayer in anticipation of Easter which is soon here.

Lent means many things to different people, depending on their training and background. The opportunity to deepen one's Christian experience is found in Lent as in no other season of the church.

Because of the importance of Lent and Easter for Christian people, the chaplains at the Naval Medical Center have scheduled special services and events in order that all may have the opportunity to worship and grow as they wish. An invitation is extended from the chaplains to all to participate in the services as follows:

PROTESTANT LENTEN - EASTER SCHEDULE
23 February - Ash WEDNESDAY - Theme "Lenten Emphasis"
1230 - Devotions - Chaplain Yeich
1630 - Holy Communion (Episcopal) - Chaplain Bentley

WEDNESDAY LENTEN DEVOTIONS - 1230 Theme-"Lenten Emphasis"
2 March - "The Meaning of Lent" - Chaplain Parkinson
9 March - "The Joys of Self-Denial" - Chaplain Bentley
16 March - "A Time For Prayer" - Chaplain Yeich
23 March - "The Cross Confronts Christianity" - Chaplain Campbell
30 March - "The Value of Self-Examination" - Chaplain Parkinson

3 April - PALM SUNDAY
0800 - Holy Communion (Episcopal)
*0900 - Divine Services
*1030 - Divine Services
*1130 - Holy Communion

HOLY WEEK SERVICES - 1230
4 April - Chaplain Parkinson
5 April - Chaplain Bentley
6 April - Chaplain Yeich
7 April - MAUNDY THURSDAY
1230 - Devotions - Chaplain Campbell
1630 - Holy Communion (Episcopal)
*2000 - Candlelight Communion
8 April - GOOD FRIDAY
1230 - Special Service on Crucifixion
10 April - EASTER
0630 - Easter Sunrise Service (Stone Lake)
0800 - Holy Communion (Episcopal)
*0900 - Easter Divine Service
*1030 - Easter Divine Service
*1130 - Holy Communion

Each Saturday during Lent at 1000, Chaplain Yeich will teach a course in basic religious instruction. Those parents whose children are ready for this instruction are invited to contact Chaplain Yeich at extension 423.

On Friday night, 18 March at *2000, the Potomac Handbell Ringers will give a Sacred Music Concert at the Chapel.

(Protestant Services held in the Bethesda Chapel, Bldg. 8-A, except where noted otherwise.)

CATHOLIC

23 February - ASH WEDNESDAY
Day of Fast and Abstinence for ALL Catholics
(Civilian and Military)
Blessing of Ashes before 0715 Mass
Distribution of Ashes after 0715; 1100; 1200 and 1630 Masses

Bed patients will receive ashes at a convenient hour.
Monday through Friday starting on Ash Wednesday, Masses will be at 0715 and 1200. On Saturdays Mass will be at 1200 only. The regular Sunday schedule will be in effect.

LENTEN DEVOTIONS - 1630 - Fridays during Lent
25 February - Stations of the Cross and Benediction of the Blessed Sacrament

4, 11, 18, 25 March
1 April

HOLY WEEK SERVICES
3 April - PALM SUNDAY
0830 - Solemn Blessing of the Palms at Mass.
Regular Sunday Schedule of Masses
7 April - HOLY THURSDAY
1630 - Celebration of the Institution of the Holy Eucharist
1730-2400 - Adoration at Altar of Repose
8 April - GOOD FRIDAY (Day of Fast and Abstinence for ALL Catholics)
0600 to 1600 - Adoration at Altar of Repose
1630 - Services of the Passion and Death of Our Lord
a. Scriptural Readings
b. Solemn Prayers
c. Adoration of the Cross
d. Holy Communion

9 April - HOLY SATURDAY
2300 - Easter vigil Services
2400 - Mass of the Easter Vigil
10 April - EASTER SUNDAY
0715, *0830, *1100 and 1200 - Mass
(All Masses held in Catholic Chapel, Bldg. 2, Room 206.)

(*Free Nursery Care available in Building 137)

Enlisted Rec.

Continued from Page One

sibility of every enlisted member of this command to seek out your enlisted representative and make your needs or intentions known to him. It is then his obligation to bring this recommendation forth at the monthly meeting. The minutes are submitted to the Recreation Council and then to the Commanding Officer of the Center for approval and comments.

The money expended for these activities comes from non-appropriated funds. These funds are profits derived from the Navy Exchange store, which is patronized by you.

When the committee convenes, we would like for the member to say "The personnel of my command would like to..." rather than the first person "I." Then we know that the member is speaking as a representative and not as an individual.

So support your Enlisted Recreation Committee. Find out who your representative is, offer suggestions to him so he may pass this information on to the committee.

Com(O) Wins

Top Honors in Mess Contest

The Third Annual "Professionals for Progress" seminar was hosted last week by the National Naval Medical Center.

The six-day seminar, which began last Sunday, was attended by treasurers and managers of military messes of the Armed Forces of the United States.

The theme "New Dimensions in Food for 1966" emphasizes importance of food business in military messes and also to assist club managers to administer their establishments more efficiently.

One of the highlights of the conference was a buffet contest held on the opening day. A committee of judges composed of members of the Club Managers Association of America and the Food Service Executives Association, headed by Mr. Paul Laesecke - America's foremost Chef, judged the contest.

The First and Second Class Petty Officers' Mess at the Naval Air Station, Oceana, Va., won the "Hot hors d'oeuvres" with the National Naval Medical Center winning the "Cold hors d'oeuvres" division. The Bolling Air Force Base Officers' Mess won the "Decorated Pieces and Desserts" for third and fourth division titles.

NSHA, GWU To Combine

January 14 & 21, the students at the U.S. Naval School of Hospital Administration joined their colleagues of the George Washington University Program in Health Care Administration in a joint problem solving session which was conducted in the school's auditorium. Lieutenant F.F. Nowak, instructor in Patient Affairs Management, acted as discussion leader. The program was followed by a luncheon in the Commissioned Officer's mess.

Lieutenant Commander C. "B" Longest, Head, Procurement and Training Branch, Medical Service Corps Division, Bureau of Medicine and Surgery, was the guest speaker for this occasion. He presented a lecture on "Procurement and Training of Medical Service Corps Officers of the U.S. Navy." Lieutenant E.H. Campbell, CHC, National Naval Medical Center, joined the staff and students for this luncheon.

February 22, 1966



Capt. Hurlbut Honored

Staff members from the Microbiology Department, at the Naval Medical Research Institute, honored Capt. and Mrs. H.S. Hurlbut, on the occasion of his retirement after more than 24 years of naval service. As Head of the Arthropod Microbiology Division, he conducted a broad program of investigation on the growth of viruses and other agents in arthropods. The results obtained have provided a good understanding of the broader ecology of viral infections that might be encountered by military personnel in particular situations overseas. A scientific apparatus developed by Dr. Hurlbut, the *in vitro* culture of insect tissues, has opened new approaches to a basic understanding of arthropod host-virus relationships. He has accepted a position at the Southwest Foundation for Research and Education, San Antonio, Texas, where he will continue his investigations that can be applied in the prevention, control or treatment of viral and bacterial infections transmitted by invertebrates.

Yocomico Summer Camp Begins June

Application for the 1966 summer camp sessions at Camp Yocomico are available. Andrews Air Force Base announced that four two-week sessions of resident camping for boys and girls will be held beginning June 26. Dependents of military personnel on active duty in the Washington area are eligible. The program includes swimming, horseback riding, riflery, archery, hobby and nature craft and will be supervised by trained counselors. The cost is \$70.00 per child for two weeks. Requests for applications should be forwarded as soon as possible. A descriptive folder and application will be sent to you if you write a request for them to: Personnel Division, 1001st Air Base Wing, Andrews Air Force Base, Washington, D.C. 20331 or call 981-5003.

\$1 Billion Paid

INSURANCE, RETIREMENT BENEFITS - Health benefits paid to Federal employees, dependents, and annuitants from the time the Federal Employees Health Benefits Program began in 1960 until June 30, 1964, exceeded \$1 billion. Group life insurance benefits of more than \$120 million were paid during fiscal year 1964. Retirement annuity payments for the same year exceeded \$1 billion. Group life insurance benefits of more than \$120 million were paid during fiscal year 1964. Retirement annuity payments for the same year exceeded \$1 billion for the first time.

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Transfers Fleet Reserve

Chief Hospital Corpsman George S. Irving, USN, reviews the troops upon his transfer to the Fleet Reserve on last month after more than 22 years of naval service. Captain H. C. Sudduth, Commanding Officer, presented him with a Letter of Commendation at this personnel inspection and retiring ceremony. Chief Irving has just returned from a 3-month temporary assignment at Da Nang, Viet Nam, where he set up facilities for the Navy's Frozen Blood Program.

Progress in Hiring Handicapped

Attention is called to the recent inspection findings of the Civil Service Commission Inspection Teams in the area of employment of the handicapped. In brief, Commission inspections show: Significant progress has been made in implementing the program for placement of the mentally retarded; the mentally restored are being employed in increasing numbers; the number of successful placements of individuals with physical impairments has also in-

creased; relatively few placements have been made among the blind; managers are showing a greater understanding of the need to retain the skills and abilities of employees who become disabled while employed; additional progress in the use of mental retardates will require continued use of specialized placement services and personal counseling; and negative attitude of some supervisors, particularly toward employment of the mentally retarded, needs to be overcome.

Credit Union Election Held

At the annual membership meeting held last month, a 4 1/2 per cent dividend on shares was declared for the year 1965. An election of officers was held with the following persons being elected: Board of Directors, H. Leusenkamp, Jr., D. Jeffers, Cmdr. T.G. McMahon and G. Stant. Credit Committee-A, Holden and H. King. At a meeting of the Board of Directors, the following officers were elected: President, G. Hoover; Vice President, D. Jeffers; Treasurer, W. Cosgrove.

The Credit Union is pleased to announce that it now has reached assets of over \$400,000, realizing an increase of \$71,000 during 1965. The Credit Union further announced that all military personnel are now eligible for membership in the Credit Union.

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National Children's Dental Health Week

The Naval Dental School launched an all-out recruiting program for the Preventive Dentistry Forces during National Children's Dental Health Week. Naval dental officers from the School set up recruiting stations at local schools in Montgomery and Prince George Counties.

In addition, they set up a Children's Dental Health Display in the rotunda of the National Naval Medical Center, distributing posters for bulletin boards throughout the Center, and presented a movie produced by the U.S. Naval Dental Corps, entitled "Oral Hygiene" as part of the Center's movie program each evening.

The password of the new Forces was "Keep a Smile for Your Future," and NDS reported that there was no age limit for recruits in the campaign against oral disease. In fact, those who volunteered in infancy were able to reduce dental caries by up to 90 percent, while those who do not join until they enter the Navy can hope for only a 70 percent reduction in tooth decay.

NDS has already trained a number of youthful recruits for the new Forces. Dependents are not eligible to receive restorative dental care in this area, but they may participate in the Navy's Preventive Dentistry Program. Dental officers at NDS have therefore contributed several weekends to provide examinations, stannous fluoride treatments, and dental health instruction for dependents of personnel in the component commands at NNMC. Each child's parents were then advised of the



Cavity Hunter

Captain J. W. Pepper, formerly Head of the Prosthodontics Department, examines a new recruit. The Naval Dental School set up an all-out recruiting program for the Preventive Dentistry Forces during National Children's Dental Health week.

child's dental treatment needs.

The young recruits to the Preventive Dentistry Forces learned that the enemy, oral bacteria, constantly infiltrates into the oral cavity and wages guerrilla warfare, manufacturing acids to attack the teeth from sugar-containing foods and soft drinks. They learned that the teeth could be

fortified against attack by prophylaxis and topical applications of stannous fluoride, and that the toothbrush, loaded with stannous fluoride, was the best defensive weapon. They also learned that they could cut off the enemy's supply lines by choosing a sugar-free diet and brushing the teeth after every meal or snack, if possible, or by inundating the area (that is, rinsing the mouth with water -- the "swish and swallow" technique).

NDS News

Jordan Retires, 20 Years Service

ENLISTED -- After 20 years of service DTI Ralph P. Jordan was retired from the Navy. Captain K. L. Urban, Commanding Officer, Naval Dental School, presented Jordan with his release papers and eight of his fellow Dental Technicians piped him over the side.

On January 28, DT2 James F. Perrotta reenlisted on board for six years. Captain K. L. Urban administered the Enlistment oath to Perrotta, who is currently assigned to the Research and Sciences Division of the Officer Education Department.

OFFICER -- Commander F. P. Beall was promoted to the grade of captain. Ceremonies were held in Capt. K. L. Urban's office to commemorate the occasion.

CIVILIANS--A cordial welcome is extended to Mary Ann Childs, the Commanding Officer's new Secretary. Prior to coming to NDS, Miss Childs was employed at the Army and Air Force Postal Service in Washington. She had been employed there for the past four years.

Questions and Answers For Your Dental Health

Here are some of the questions patients ask their dentists. Do you know the answers?

Q.--My child's baby teeth seem to get cavities easily, and one tooth has been lost. Will the permanent ones be affected?

A.--They may be. One important function of the first or baby teeth is to preserve the space needed for the permanent teeth to erupt. Too early loss of a baby tooth may mean a crooked permanent one since the remaining baby teeth tend to drift into the vacant space and close it off. First teeth need the same diligent home and professional dental care as permanent teeth.

Q.--Can a person in the 40's whose teeth are out of position be helped or must he start younger than that?

A.--Childhood is the best time to prevent or correct faulty bite and crooked teeth, but adults, too, can be helped. An orthodontist's advice should be sought.

Q.--Can periodontal disease be treated?

A.--Periodontal disease usually can be treated. In the early stages of the disease, the gums gradually become swollen, usually are red and stand away from the teeth. The gums bleed when the teeth are brushed. Bleeding and swollen gums often cause so little discomfort that many persons accept them as if they were normal conditions. If not treated, the inflammation spreads along the roots of the teeth, and as it progresses, the bone supporting the teeth is resorbed. The teeth loosen and are often lost. The dentist will have to treat the infection and may have to remove diseased tissues. Splints may reduce the movement of loose teeth; some may have to be extracted. The best treatment for periodontal disease is to prevent it. Toothbrushing after each meal, healthful diet and regular visits to the dentist can prevent the conditions which lead to it.

Q.--Can a denture be constructed from an old picture of me?

A.--No. If a denture is to fit properly, you must visit a dentist. He needs to study the shape and condition of your mouth -- the jawbone, jaw and facial muscles, the ridges and gums which are to support the denture. Further, the denture must be checked in your mouth after it is constructed and may need minor additional adjustments after you have worn it a few weeks. There is no other way to obtain a denture that will not be harmful and that will be an asset to your health and appearance.

Q.--Once a tooth has become abscessed can it be treated or must it be lost?

A.--It may be possible to save the tooth. If the nerve or pulp has become injured, the dentist may be able to remove the damaged part, and restore the tooth to normal function. Such treatment, known as endodontics, is successful in 85 per cent of the teeth treated.

Q.--If a toothache goes away

in a few days, is it a sign that the tooth has repaired itself?

A.--No. Pain is nature's warning that something is wrong. A tooth cannot repair itself. If the pain stops, the tooth pulp may have degenerated. Devitalized teeth, unless properly treated, constitutes a health hazard. Diseases of the gums or bone surrounding the teeth may also feel like a toothache.

Q.--Is it true that teeth can really last a person's lifetime?

A.--Yes, with proper care. That means: toothbrushing each time you eat to remove food particles and decay-producing bacteria; a well-balanced diet, low in sugar; drinking fluoridated water, preferably from birth, and at least two visits a year to your dentist to avoid the serious ills that result from delayed treatment.

Kafig Retires After 25 Yrs.

Mr. Emanuel Kafig retired on 30 December after approximately 25 years of government service, the last 18 he has been at the Naval Medical Research Institute, A Physical Science Technician in the Laboratory of Cryobiology, Biophysics Division, he is well



Emanuel Kafig

known throughout the National Naval Medical Center for his dedicated service as well as for the many patents he has developed during this period of time in widely diversified fields. One such patent in commercial production is a dental mirror. This mirror is an exceptionally thin, semi-disposable back surface type that improves the view because the thinness of the glass prevents the double image normally found in a back silvered surface and yet it retains the scratch protection of a front silvered surface. Mr. Kafig is also the developer of printed electronic circuits by metal evaporation now in abundant use commercially as well as in space travel, the one-step process of photo-copying, the small magnetic manipulator, the thermometer envelope for preventing cross-infection, the daylight processing of dental film, and the techniques for preservation of whole blood by freezing and the freeze-drying of whole blood.

Feb. 5, 1942:

NNMC Commissioned

On February 5, 1942, the Medical Center was officially commissioned and the medical facilities here were established by the Secretary of the Navy as the National Naval Medical Center. President Franklin D. Roosevelt dedicated the Center on August 31, 1942; on this same occasion the Bureau of Medicine and Surgery commemorated its 100th anniversary.

Rear Admiral C. L. Andrews has been in command of the Medical Center since January 1965. Serving as Administrative Officer is Capt. C. W. Ferber.

The National Naval Medical Center is composed of the following commands; U.S. Naval Hospital, Commanding Officer, Capt. G. M. Davis, Jr.; U.S. Naval Medical School, Commanding Officer, Capt.

J. H. Stover, Jr., U.S. Naval Dental School, Commanding Officer, Capt. K. L. Urban; U.S. Naval Medical Research Institute, Commanding Officer, Capt. H. C. Sudduth; U.S. Naval School of Hospital Administration, Commanding Officer, Capt. E. L. Van Landingham; U.S. Navy Toxicology Unit, Officer-in-Charge, Capt. J. Siegel and Armed Forces Radiobiology Research Institute, Director, Col. J. T. Brennan, USA.

Since its commissioning in 1942, the Medical Center has grown and many discoveries have been made in the field of medicine. The Center has trained thousands of hospitalmen, doctors, nurses and technicians. Through the training and instruction received at the Center, these people have benefited thousands all over the world.



U.S. Naval Hospital

The tower of the administration building rises 558 feet above "Rockville Pike." The administration building has a west frontage of approximately 362 feet. The tower floors are in the shape of a Geneva Cross, the greatest length being approximately 106 feet.

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NNMC NEWS

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COMING EVENTS



FEBRUARY													
S	M	T	W	T	F	S							
	1	2	3	4	5								
6	7	8	9	10	11	12							
13	14	15	16	17	18	19							
20	21	22	23	24	25	26							
27	28												

MARCH 5, Ham & Oyster Dinner, Hunting Hill Fellowship Hall, 2 to 8 P.M. Adults \$1.75, children \$1.00. On Darnestown Rd. Rt. #28.

BAKED CHICKEN and FRIED OYSTER SUPPER, Kemptown Church Hall, March 5, 2-7 P.M., Adults \$1.75 Children \$1.00. Served family style. Carry outs 25¢ extra.

ANNUAL FIREMEN'S SUPPER, COUNTRY-HAM, OYSTERS, & TURKEY

Saturday Mar. 12, 1966 Beginning at 3:00 P.M. Hyattstown Fire Hall Benefit Hyattstown Vol. Fire Dept. Adults \$1.75 Children \$1.00 Carry outs 25¢ extra

ROAST BEEF DINNER -Mt. Tabor Methodist Church, Etchison, Md. Sat. March 26. 2:30 P.M. on. Homemade rolls, hot vegetables. Family style. \$1.50 adults, \$.75 children, \$1.75 carry outs.

HELP WANTED

MALE



NOTICE

The headings "Help-Men" or "Help-Women" are listed here as a convenience for our readers and are not intended to exclude or discourage persons of the opposite sex from applying. The 1964 Civil Rights Act and Md. regulations prohibit discrimination in employment because of sex with certain exceptions. Employment agencies and employers covered by the Act should indicate in each ad by the words Male and Female or Men and Women.

PART-TIME

Got 20 extra hours? Can you use an extra \$50 per wk.? Do you have a car? Call 521-0911.

SARAH COVENTRY needs full & part-time help. No invest. We train. Call 297-9018 or 262-0523.

POSITIONS WANTED

NURSE desires to care for elderly person in her home. 926-2443.

MISC. FOR SALE

IDENTIFICATION TAGS FOR DOGS & CATS. PET'S NAME, OWNER'S NAME, ADDRESS & PHONE. POLISHED STAINLESS STEEL CLIP INCLUDED. TINY, MEDIUM & LARGE SIZES. \$1.50 PLUS 5¢ TAX. MAILED TO YOU PHONE & MAIL ORDERS WEL-COME. JANE HOAG, BOX 297 KENSINGTON MD. PHONE 949-0712

ANNOUNCEMENTS

ANNOUNCEMENTS

ALL ROADS LEAD TO CAPITAL AWNING COMPANY'S

12204 Rockville Pike

(Opposite Super Giant At Randolph Road)

SPECIAL MID WINTER SALE

FROM

FEBRUARY 10th. THRU FEBRUARY 28th.

10% DISCOUNT

ON THE FOLLOWING

- * Window Shades (Kenfair & Illinois)
- * Joanna Western Custom Shutters
- * Aluminum & Canvas Awnings
- * Air Master Storm Windows & Doors
- * Woven Woods * Venetian Blinds
- * Draperies & Drapery Rods
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Capital Awning
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50 years in
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Office & Plant - 5648 - 3rd st. N.E., Wash., D.C.

HELP WANTED

FEMALE

HELP WANTED

FEMALE

WOMAN

SOME BOOKKEEPING EXPERIENCE NECESSARY. PART - TIME, WEDNESDAY, THURSDAY, FRIDAY. SALARY OPEN. CALL MR. MCDADE 424-7700

TELEPHONE SALES

DO you have a few hours each night for telephone sales work. Applications are now being accepted for the Montgomery County Sentinel and The County Shopper.

Salary while training, must be high school graduate, have pleasant voice, well groomed. Rockville area. Call 424-7770 for appointment.

MISC. FOR SALE

WIG

LOVELY long, light brown 100% human hair wig. Hardly used. Worth \$150; will sacrifice for \$50. Price includes wig stand and carrying case. Can be seen evenings or weekends. Call 439-8197

FOAM RUBBER CO. FABRIC SALE

25% off any pattern or color in stock or special order. Custom 2 wks. sewing service, zipper covers for modern furniture, draperies, king size bedding, cushions any size or shape while you wait. 807 H ST. N.W. 338-6272

TRENCHER & BACK HOES for sale or rent; also contract work. 948-3482.

MISC. FOR SALE

PIANOS FOR RENT AND RENTAL PURCHASE PLAN

We have New & Used pianos for rent beginning at \$8 per month. Delivery extra. Drop by Kitt's & see our large selection of Spinets, Consoles & Grands. Immediate delivery.

KITTS

HA 7-7420

Congressional Plaza Shopping Center, Rockville. Open 10 a.m. to 9 p.m., Mon.-Fri., 10 a.m. to 6 p.m. Saturdays.

PIANOS

NEW console, walnut finish, as low as \$399. Rental purchase plan \$5. Immediate delivery. 927-9388.

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AIR CONDITIONERS

1 HP. & 1/2 HP. Carriers. Perfect working condition, \$60 a piece (while they last). Call CL 3-3231 or CL 3-2992 after 4:00 p.m., all day Sat. & Sun.

CENTRAL AIR CONDITIONING

Do it yourself, or let us. For information on the finest values in town call Jack Roberts at 762-0900 or 933-3135.

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New & Used

PEAKE

FURNITURE CO.

821 N. Washington St.

Rockville, Md.

Call PO 2-3130

LIVESTOCK

HORSESHOEING-HOT all type shoes, and cold. PO 2-5568 or WH 2-7613.

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HOUSES

FRANKLY FEMALE

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Free consultation on all beauty problems.

HOUSE OF MILO

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Rockville, Md.
PO 2-3347 PO 2-4848

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DACHSHUNDS, purebred, male \$45, female \$40. Brown. Cash only. Phone 589-6127.

COLLIE PUPS-AKC, sable & white, 6 wks., m/f., shots; quality breeding. 356-3981.

COLLIE—tri-color, pedigreed, spayed, female, 6 yrs., attractive, friendly, and well trained. 588-5590.

COLLIE PUPS-AKC, tri-color, beaut. rears.
OL 2-6204

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HOUSES

MORTGAGE & LOAN.

ATTENTION

REAL ESTATE BROKERS BUILDERS & OWNERS

F.H.A. V.A. Conventional appraisals and Mortgage Loans.

BOGLEY, HARTING MAHONEY & LEBLING INC MORTGAGE BANKERS

Montg. County Division
901 Rockville Pike
Rockville, Md.
Phone 762-6656

7000 Wisconsin Ave.
Chevy Chase, Md.
656-7800

REAL ESTATE SALE

REAL ESTATE SERVICE

LISTINGS urgently needed, SALES & RENTALS. Mrs. Christman has specialized in servicing this area since early 1930's. Let our experience solve your problem. MALORA R. CHRISTMAN, INC., 6900 West Ave., Chevy Chase, Md. 656-5085.

HOUSES

REDUCED AGAIN

\$18,000

Owner Anxious

CLARKSBURG AREA—ONLY 15 MIN. TO AEC, BUREAU OF STANDARDS, IBM, OR FAIRCHILD-HILLER. FHA-VET DOWN PAYMENT.

\$300

3 bedrooms, separate dining room, nice kitchen; on large lot, built in 1963. Call to see. 948-5015.

MIDDLEBROOK R.E. CO.

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HOUSES

ROCKVILLE—ASSUME 4 1/2% GI loan. 8 large bedrooms, fenced lot, 10x20 enclosed porch. Many extras, no dealers. By owner. GA 4-6443.

TRUST FOUNDED ON INTEGRITY

Residential sales in property management.

COMMANDER P. C. WILSON
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8 Yrs. of experience in Bethesda sales & rental

EAST WEST REALTY

Realtor 657-4525
Member of M.L.S.

3 BEDRM. RAMBLER—sep. din. rm., eating kit., 13 x 24 liv. rm. w/fireplace, cathedral ceiling, carport & rear porch, beautiful wooded lot. If you hurry you can still select paint colors. Price \$22,500. Call eves. (301) 253-3244.

WHEATON—Charming 3-bedrm. brk. ramb. on pvt. 1/4-acre treed lot, fenced rear. Ideal for gardeners, pet owners & outdoor chefs. Storm windows, air cond., dishwasher, disposal. Nr. Plaza, schools & nice neighbors. Assume lge. conv. loan. \$17,650. OWNER, 933-1552.

REAL ESTATE SALE

DAMASCUS—By owner. Brick & frame rambler, 3 bedrooms, living rm., modern kitchen, paneled family rm. w/fireplace, rec. rm. with 1/4 bath. 1/4 acre lot. \$21,500. Call 301-253-2002.

ROCKVILLE AREA—nice location, 5 bedrm., 2 story house, full size kit., liv. rm., din. rm., 2 baths. Closed in back porch lge. fenced in yard. \$15,995 or best offer. Call 762-2073 or 762-5782.

OLNEY AREA—LOVELY 4-bedroom, 2 1/2 bath home. Fireplace, rec room, 1/2 acre. \$29,950. FARRAR REAL ESTATE, 762-3441, 929-1764.

MOUNTAIN PROP.

10 DAY SPECIAL—Land near enough for you to enjoy weekly KEYS FERRY ACRES

HARPERS FERRY, W. VA. It's a great idea to buy a lot now. Prices increase each March 1st. Plan for your 2nd home and save. Terms to suit your budget.

HOWARD W. SPEAKS
304-725-7259

WHY PAY MORE?

FOR COMPLETE COVERAGE AND FAST RESULTS, AT THE LOWEST COMBINATION RATES. PLACE YOUR WANT ADS IN THE MONTGOMERY COUNTY SENTINEL AND THE COUNTY SHOPPER TODAY.

SPECIAL COMBINATION RATES
(For 3 line ads only)

SPECIAL #1

1 Issue Sentinel
1 Issue County Shopper
ONLY
\$2.29

SPECIAL #2

1 Issue Sentinel
2 Issues County Shopper
ONLY
\$2.59

DIAL 424-6165

TO PLACE YOUR WANT ADS OR FILL OUT THE ATTACHED COUPON

SAVE AN ADDITIONAL 5%

A SPECIAL 5% DISCOUNT IS ALLOWED ON THE ABOVE COMBINATION RATES WHEN COUPON IS ACCOMPANIED WITH CASH, CHECK OR MONEY ORDER.

MAIL COUPON TO 215 E. MONTGOMERY AVE.
ROCKVILLE, MD.

Please Insert The Following Want Ad.

The Above Ad Will Appear Under Classification.

NNMC

Grand Opening—5th Section

Mill Creek Towne

- Wooded 1/2 Acre Lots • Air Conditioning
- 3 or 4 Bedrooms • 2 1/2 or 3 Baths • Carports
- Fireplaces • Rec. Rooms • Equipped Kitchens



THE "MONTGOMERY HOUSE"
4-bedroom RAMBLER with 8'x10' patio, G.E. kitchen with paneled family room, separate laundry and storage rooms.
\$25,500

THE "CHARTER HOUSE"
3-bedroom SPLIT-LEVEL with basement, walk-out sliding glass doors from dining room, G.E. kitchen with paneled family room.
\$25,200

THE "KING JAMES"
4-bedroom COLONIAL with first-floor powder room, first-floor family room with fireplace, full basement.
\$27,500

THE "CROWN"
4-bedroom BI-LEVEL with Intercom, large utility room, large entrance foyer, recreation room with fireplace.
\$27,500

THE "LORD CALVERT"
4 or 5 bedroom SPLIT-LEVEL deluxe with paneled family room, G.E. equipped kitchen, finished recreation room with fireplace.
\$28,500

Premiums on Some Lots

Central Montgomery's Fastest-Growing Community with Public Water & Sewer

We ask you only to compare MILL CREEK TOWNE with any other new community in Montgomery County.

MILL CREEK TOWNE HOMES can be purchased for 10% DOWN, 30 YEAR LOANS
TRADES ACCEPTED

DIRECTIONS: From Rockville north on Rte. 355 two miles to Derwood. Right 2 miles to Mill Creek Towne, or from Wheaton take Georgia Avenue past Manor Country Club, left on Rte. 28 1,000 feet then right on Muncester Mill Rd. (Md. Rte. 115) 3 miles to Mill Creek Towne.

OPEN DAILY EXCEPT WEDNESDAY
Weekdays, 1 p.m. to dark; weekends, 11 a.m. to dark
or Call 948-5449

Sales by Roger H. Spencer Co., Inc.

REAL ESTATE SALE

COUNTRY PROP

HOWARD COUNTY

COUNTRY CAPE COD—6 rms., h.w.h., bsmt., carport; nice shade trees and shrubbery. PLUS 2-stall horse shed and fenced pasture. 1 1/4 acres nr. Glenelg \$19,500. Call Mrs. Adams, 301-286-2336.

PIERRE C. DUGAN & NEPHEW
Balt. 1 VE 7-0454

FARMS

FREE CATALOG, 300 farms, businesses, low prices. Landon Atkins, Realtor, Farmville, Va.

JAMISON

110 A.—Adjoining Charnita Ski and Recreation Area, sturdy 10 rm., c-hall, 2 1/2 bath, 5-bedrm. main house, o.h.w.h., ultra mod. kit., new 5-rm. brick ramble, mod. in every detail, 5 rm. tenant house, cattle and hay barn, beaut. lying land for aircraft landing field or golf course, hard rd. frontage, great potential, \$60,000.

175 A. RIVER FRONT FARM—Poor bldgs. but 1 06 river frontage, unsurpassable for recreational development or fishing, boating, hunting, swimming and livestock farming. North of Woodsboro. \$425 per A.; terms.

108 A.—2 1/2-story, c-hall, 6-rm. frame house, modernized 1963, liv. rm. 16x20, firepl., din. rm. 16x16, firepl., new kit., wood cabs, counterspace, powder rm., master bedrm., bath, 2 other master bedrms., tile bath, hardwood flrs., oil h.w.h., storm windows, doors, large front porch, 2 side porches 2-car garage, cattle and hay barns, frontage on River and hard r. \$53,950. Terms 1/4 cash.

160 A. DARNESTOWN-BEALLS-VILLE AREA—6-rm. main house miscellaneous farm bldgs., beaut. plateau, large streams, 1 1/2 mi. hardrd. frontage, \$1500 per A.

340 A. MONTY CO.—Side of Sugarloaf Mt., scenic, productive gently rolling land, modest improvements, 1/4 mi. hardrd. frontage. To settle estate, act promptly.

365 A. 10-rm., c-hall, 2 1/2 baths, main house, modern heat, excel repair. New mod. herdsman's house, 7 rm. tenant house, lge. milking parlor, silos, maternity barns, large stream, fronting arterial rte., 12 mi. South of Frederick, nr. Monty, Co. \$685 per A. Terms.

1450 A. CHOICE ASSEMBLY of gently rolling land in rapidly developing Monty. Co. near alert investors. \$1000 per A. and up.

10 A. DAMASCUS—3-bedrm., bath, 2 1/2-story frame house. a.h.w.h., lge. liv. rm., raised hearth firepl., din. rm., semi-mod. kit., lge. lawn, new kennel runs, high scenic land. \$35,000. Terms.

5.9 A. CLARKSBURG—3-bedrm. ramble, mod. kit., liv. rm., din. rm., oil heat, \$21,500; terms.

Charles H. Jamison, Inc.

Realtor, Poolesville, Md.

948-9223 or 301-349-3262

REAL ESTATE SALE

FARMS

"EASTERN SHORE
MAR 'LAND FARMS"

595 Tillable, 300 Woods. . . . \$350,000
1540 Tillable, 200 Woods. . . . 1,131,000

200 Tillable, 50 Woods. . . . 110,000
249 Tillable, 70 Woods. . . . 115,000

150 Tillable, 58 Woods. . . . 65,000
140 Tillable, 42 Woods. . . . 75,000

150 Tillable, 53 Woods. . . . 75,000

We will gladly furnish complete information on these farms. J. Wilbur Stafford, Realtor. Phone 1-301-438-3504 Sudlersville, Md.

HOWARD CO.

BRECKINRIDGE & HANNA
REALTOR-APPRAISER

163 ACRES—FARM-good farm buildings, 65 acres wooded, long road frontage on Rt. 97; river frontage.

68 ACRES—nice farm property located in the hunting country; 2 story home with 4 bedrooms, barn, and other outbuildings.

76 ACRES—unimproved land. Ideal for development on Rt. 216; frontage on 2 roads.

6 ACRES between 2 roads, center of Howard Co.

BRECKINRIDGE & HANNA
301-465-2544

MOBILE HOMES

TRAILER
SALES

DELUXE—28' long, conv. to D.C., move-in lot no. 8, Vincent Trailer Park. Missionary, must sell. \$1095. AP 7-6391.

REAL ESTATE RENT

HOUSES FURNISHED

BETHESDA, MD.—4-bedrm., 2 story home in Greenwich Forest area. \$325 month. NA 8-9010.

HOUSES UNFURNISHED

ROCKVILLE—4 bedrms., large living rm., large dining rm., double carport, 1/2 acre garden. Call 762-9563.

AUTO PARTS

VOLKSWAGENS—Dismantling all parts for sale, VW body work. 924-3681 Mon.-Sat. 8-6.

AUTOMOBILES

CHEVY CHASE
CHEVROLET

7725 Wisc. Ave. OL 4-1412

1965 CHEVY II \$1995

Super Spt., power glide, r. & h., white, fact. warranty remaining.

1963 CHEVY II wag. \$1195

6 cyl., stand. shift, green, real economy.

8401 Conn. Ave. OL 4-4674.

1964 CHEV. Impala \$2095

Super spt., V-8, auto., power steering, white, new car cond.

1963 CHEV. \$1695

4 dr. Impala, V-8, auto., power steering, blue.

1962 FORD Galaxie \$1395

Conv., V-8 auto., power steering, power brakes, air cond., gold.

1963 CHEVY II \$1095

6 cyl., power glide, 2 dr., blue, wonderful second car.

"Home of Country Club
Used Cars"

CHEVY—'65 IMPALA Sport coupe, 283 V-8, auto. trans., p.s., r. & h., many other extras; 9500 mi. \$2295 or make offer. Pvt. owner, 622-1457.

CHEVY—'59, 4-dr., r.&h., 4 new tires incl. sn. slicks. Would make a nice 2nd car for Mom, Sis or Jr. for only \$385. 762-7399.

AUTOMOBILE

1964 FORD cc.v., automatic, r. & h., less than 15000 mi. Reasonable. 762-7064 eyes.

'58 CHRYSLER Windsor, 4 dr. sedan, new paint, 5 good tires, excel. cond., \$150 or best offer. GA 4-8995.

OLDSMOBILE '65 Jet Star 88-power brakes, power steer., other extras. No Trades. \$2,450. PO 2-9013.

1962 RAMBLER classic 6, 4 dr., 1 owner, auto. trans., new battery & brakes, Maryland inspected; \$575. WA 6-1615.

'59 FORD 2 dr. str. stick 6 cyl. excel. cond. \$340. WH 2-9247

FOREIGN CARS



AUSTIN HEALEY—'66 deluxe sport model, brand new w/ extras. Call 966-0491.

FOREIGN CARS

1966 VOLKSWAGENS

We Guarantee
Lowest Prices in Town
Plus Fast Delivery



'66 SEDANS

Full Delivery \$1545

Price Fully Standard Equip.

\$95 Down—\$46 Mo.

4% Financing

On Lease Basis \$39 mo.

'66 GHIA COUPES \$2185

'66 SQUARE BACKS \$2285

'66 FAST BACKS \$2385

ARLINGTON CARS

Shop by Phone — JA 7-8888

4811 Lee Hwy.—Open 'til 9 pm

NNMC CLASSIFIED

CALL

424-6165

APT'S. UNFURNISHED

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The Summit ROCKVILLE'S Address of Distinction

THE MOST BEAUTIFUL WOODED SETTING OF TRUE GARDEN APARTMENTS IN MONTGOMERY COUNTY. PATIOS OR BALCONIES SPACIOUS MODERN KITCHENS WITH OVERSIZED REFRIGERATORS. ALL AIR CONDITIONED. EXTRA LARGE CLOSETS. PLAY GROUND AND SWIMMING POOL ON SITE.

1 BEDROOM \$97.50 and up
2 BEDROOM \$115.00 and up
PLUS UTILITIES

Directions: Come into Rockville on East Montgomery to Monroe Street, turn South 3 blocks to apartments. Open daily 1-7; open Saturdays, Sundays 1-5

ROGER H. SPENCER CO., Inc.
AGENTS

611 Rockville Pike Rockville, Md.
GA. 4-5151

HOUSES

HOUSES

MT. RADNOR HEIGHTS IN DAMASCUS

HAVE new homes only 15 minutes from I.B.M., A.E.C., Bureau of Standards, Fairchild Miller; 3 models now ready. Dir.: Out Rt. 355 or 70 S to Rt. 27 thru Damascus 1 mile to Gue Rd., follow arrows to Mt. Radnor Drive & "open" signs.

OPEN SAT. & SUN. 11 'TIL DARK

Priced from \$27,500 to \$31,950
MIDDLEBROOK

REAL ESTATE CO.

948-5015



Sports

a-Go-go



'All Stars' Stun Cheltenham 87-63; Lose to PAX and NAF

By Bill Dwyer

PATUXENT RIVER--The NNMC "All Stars" jumped off to an early lead in the first round of the Naval District Washington Intramural Basketball Tournament at Patuxent River, defeating Cheltenham Communications Station, 87-63.

Byron Neal (ENDOS) took scoring honors for the All-Stars with 21 points, followed by T. Barnes (also of ENDOS) with 20.

However, the second round found the All-Stars succumbing to a strong Patuxent River five, 86-78. The height of the Patuxent River team proved to be the deciding factor in this contest with the "Bombers" controlling both backboards.

The All-Stars left the court at halftime trailing, 41-31. George Clum (NP Students) hit with consistency his deadly one-hand jump shot and kept the All-Stars within range until the closing moments. Clum finished the game with 31 points with S. Barton (ENDOS) hitting for 17.

With the weekend snowstorm causing a four-day postponement and the All-Stars traveling back and forth, it proved to be their downfall. By losing to Patuxent, they were placed in the losers bracket with the Naval Photographic Center. NPC was a previous winner over Naval Station with a 2-0 forfeit. The never-say-die Admirals took their second victory of the day, defeating NPC by a close margin of 64-58. Again Neal led the winners with 24 points, followed by B. Higgins (Phys-Med) with 15.

The quarter finals found the Admirals pitted against the Naval Air Facility at Andrews AFB. The two games in one day was a little too much for the Medical Center.

'66' Judo Contest April 12 - 15

If anyone is interested in being selected for the 1966 interservice judo competition they must forward the required information prior to March 1 via their Commanding Officer directly to the Chief of Naval Personnel (Attn: Pers G-11), Washington, D.C. with a copy to NNMC Special Services (Code C-13).

Applicants must have a good background in amateur judo because those selected will compete against experienced judo performers in the 1966 Interservice Judo Contest. The contest will start April 12-15 at the Carswell Air Force Base, Fort Worth, Texas.

Include the following information: Name, rank or rate, file or service number, present duty station, work phone extension, age, weight class, Judo rank, AFJC or AAU membership, Senior Division or Novice Division.

The Navy team from Andrews jumped to a 45-17 halftime advantage. Even with the Admirals pressing the Redmen from Andrews, the game broke wide open. Simpson (NAF) kept his team alive with his ballhawking and jump shots. Barton led NNMC with 13 with Neal and Hammond both hitting for 10.

In the final game of the tournament, the Naval Security Station from Washington downed a determined Naval Air Station, Patuxent, to cop the championship. This victory earned them the right to represent the Naval District Washington in the North Atlantic Regionals at Newport, R.I. Ensign G. Clum and HN Byron Neal were selected to participate with the Security Station in the Regionals.

Members of the All-Stars were selected the intramural competition by the team captains and Special Services Officials. They were:

S. Barton	ENDOS
J. Gibson	NP Staff
B. Neal	ENDOS
V. Williams	NDS
J. Steele	ENDOS
G. Clum	NP Students
T. Barnes	ENDOS
B. Higgins	Phys-Med
R. Minnis	NDS
G. Hammond	ENDOS

Tennis, Anyone?

Play tennis in the winter? Certainly, contact your Special Services Department. Arrangements have been made with the Montgomery Tennis Club in Rockville for two indoor courts for all military staff and students.

Because of the limited courts and time involved, dependents will not be authorized to play. The passes will be available at Special Services on a daily basis. These passes will be dated so that the following morning they will have to be returned to Special Services for issue to the next person. The days that the courts will be utilized were not available at press time, however check your Special Services Bulletin for further details. The hours will be from 1600-1800, and you will be limited to one hour of play at any given time.

Golf Expected To Start Soon

It is that time again - the Special Services Department announced today that the Golf Course is expected to open - March 14. However, as in the past, this date will fluctuate depending on the weather conditions. Keep checking the Plan of the Day and the Special Services Bulletin.

NDW Hosts Tournament

The 1966 Men's George Washington Golf Tournament will be hosted by Naval District Washington, D.C. on February 24 at Ft. George G. Meade, Maryland.

There will be four divisions of competition, starting with "Cherry Tree" Division Scratch, (open to all eligible personnel); "I Cannot Tell A Lie" Division - Scratch, (open to all eligible high scoring golfers); "George Washington" Division - Scratch - (open to eligible personnel over 43 years of age) and the "Mt. Vernon" Division - Scratch, (open to eligible retired personnel).

In the event it is raining, snowing, hailing, sleeting or the golf course is covered with snow or too wet, this tournament will be automatically cancelled.

Participants desiring to participate in this golf tournament shall forward via telephone prior to 1200, February 23 to the District Special Services Officer, NDW (Code 11 exts. 82680-82773), the following information, partners names, rank/rates, Naval Activity, Work Telephone extensions and Divisions of competition.

Starting time will commence at 1000 and close at 1030. Number 1 and 10 tees will be used to expedite play.

For any additional information contact W. Dwyer, JO1 on ext. 362.

Waves

Physical Fitness

The thoughts of Spring are probably entering the minds of all the WAVES at the Center. For most people their thoughts will be of, flowers starting to bloom, trees turning green and the song of the birds. Others will think of baseball starting and the cold winds stopping.

However, my thoughts are far from these mentioned above. Spring brings to me thoughts of the aches and pains of Physical Fitness; and the washing ironing and stenciling for Seabag Inspection.

Our WAVE Representative, Lt. (j.g.) B.K. Bingman stated that the testing for Physical Fitness will begin the week of March 21. Break out the horse liniment, wintergreen and mustard plasters, because here we go again; grunting and groaning through our quarterly torture test.

CHRYSLER*PLYMOUTH VALIANT*SIMCA SELECTED USED CARS

VOLUME INVENTORY ASK FOR

ROBERT (Bob) SLAY
LTJG Robert C. Slay HC.
USN Retired

MARYLAND MOTORS, INC.
219 E. MONTGOMERY
1450 ROCKVILLE PIKE
ROCKVILLE, MD.
GA 4-5400 RES. WH 6-6377

Intramural Bowling

High Average Tie CPO Leads League

A close race in the Intramural Bowling League still prevails with the CPO Club slightly ahead of NSHA. CPO's lead the League with 17-1/2 wins with 6-1/2 losses while NSHA has 17 wins and 11 losses. P. Haggard of NSHA holds the

high average with a 180 however he shares the lead with G. Dover-spike of (CPO's) also with 180. J. Holcombe (NSHA) takes third spot with a 170. Haggard also holds High Series (Scratch with 639) while the High Game (Scratch) champ is L. Lewis (NSHA) with 255.

High game (handicap) is held by D. Faulker (NMS) with a 274 but is being pushed by Lewis with a 273. T. Frick (Security) is leading the high series (handicap) race with a 673.

In the women's division, E. Fay (Acey Ducey #1) completely dominates the race with a high average of 169, high game (scratch) with 222, high series (scratch) with 617 and high series (handicap) P. Underwood (Waves) breaks the win column by taking high game (handicap) with a 237.

'LET'S KEEP OUR STREETS CLEAN'

WANTED

JUST OFF CAPITAL BELTWAY

OLD and WRECKED CARS for SCRAP

WITH CLEAR TRANSFERABLE TITLES, ONLY

Typical price: DELIVERED

to our yard Chevrolet and larger COMPLETE

\$10.00

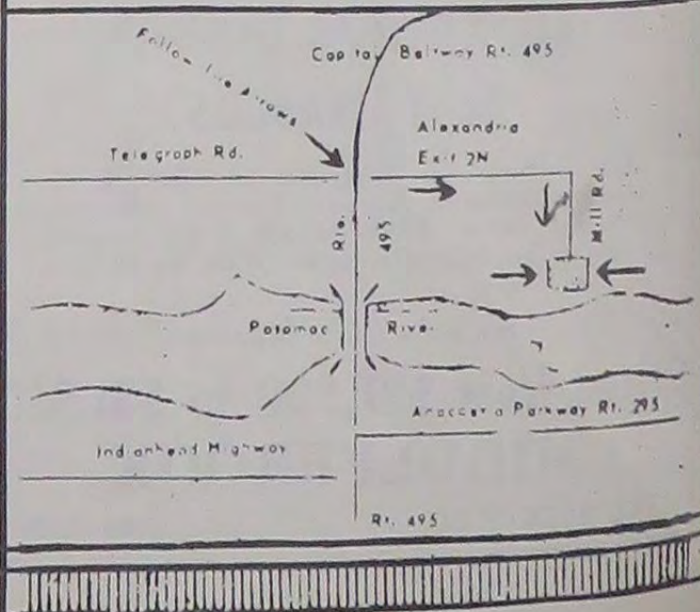
NO PICK UP SERVICE
NO CAR PARTS FOR SALE


ALEXANDRIA SCRAP CORPORATION

2324 Mill Rd. (Off Telegraph Rd.)

BELTWAY EXIT 2 N

Phone: 768-2800 Alexandria, Va.





NNMC NEWS

Vol. 22 No. 3

National Naval Medical Center Bethesda, Md.



*Fear not ye, for I know that ye seek Jesus,
who hath been crucified. He is not here,
for he is risen, even as he said.* MATTHEW 28:5-6

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U.S. Savings Bonds A Star-Spangled Buy

THIS year marks the Silver Anniversary of the United States Savings Bonds Program. Throughout the past 25 years, since President Franklin D. Roosevelt bought the first Series E Savings Bond, May 1, 1941, the American people -- military and civilian -- have invested their dollars in Savings Bonds to help win two wars, support far flung defense commitments and, now, to help in the fight for freedom in Southeast Asia.

The recent announcement by President Johnson, boosting the interest rate of Savings Bonds from 3.75 to 4.15 per cent made them even a better investment on their "Silver Anniversary."

The extent to which Savings Bonds have succeeded is reflected by the fact that Americans today own more than \$49 billion worth of them. Of the individual bonds held at the beginning of this year more than 93 per cent were in the range of \$25 to \$200 -- the denomination normally purchased through the Payroll Savings Plan.

Of the approximately \$150 billion of Savings Bonds sold during the past quarter-century, about \$100 billion has been redeemed to finance new homes, educations, or to pay for other necessities and emergencies.

These dollars might not have been available to thousands of individual Americans, had it not been for the ease and convenience with which Savings Bonds can be acquired, especially through the Payroll Savings Plan.

If you are looking toward your financial future, take a lesson from the past -- see about starting a Savings Bond allotment. It's a "Star-Spangled" investment. (AFPS)

Easter Services Schedule

Protestant

HOLY WEEK SERVICES - 1230

- 4 April - Chaplain Parkinson
- 5 April - Chaplain Bentley
- 6 April - Chaplain Yeich
- 7 April - MAUNDY THURSDAY
 - 1230 - Devotions - Chaplain Campbell
 - 1630 - Holy Communion (Episcopal)
 - *2000 - Candlelight Communion
- 8 April - GOOD FRIDAY
 - 1230 - Special Service on Crucifixion
- 10 April - EASTER
 - 0630 - Easter Sunrise Service (Stone Lake)
 - 0800 - Holy Communion (Episcopal)
 - *0900 - Easter Divine Service
 - *1030 - Easter Divine Service
 - *1130 - Holy Communion

(Protestant Services held in the Bethesda Chapel, Bldg. 8-A, except where noted otherwise.)

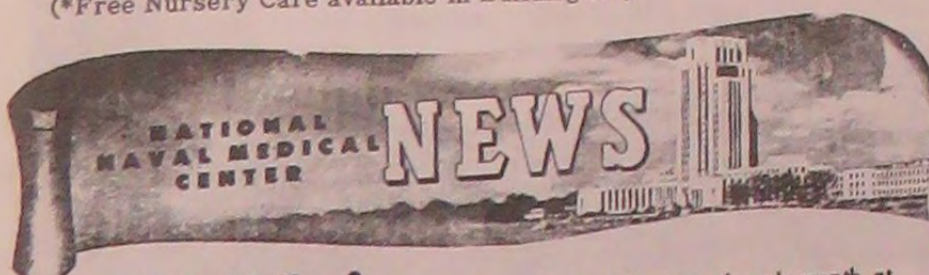
Catholic

HOLY WEEK SERVICES

- 7 April - HOLY THURSDAY
 - 1630 - Celebration of the Institution of the Holy Eucharist
 - 1730-2400 - Adoration at Altar of Repose
- 8 April - GOOD FRIDAY (Day of Fast and Abstinence for ALL Catholics)
 - 0600 to 1600 - Adoration at Altar of Repose
 - 1630 - Services of the Passion and Death of Our Lord
 - a. Scriptural Readings
 - b. Solemn Prayers
 - c. Adoration of the Cross
 - d. Holy Communion
- 9 April - HOLY SATURDAY
 - 2300 - Easter Vigil Services
 - 2400 - Mass of the Easter Vigil
- 10 April - EASTER SUNDAY
 - 0715, *0830, *1100 and 1200 - Mass

(All Masses held in Catholic Chapel, Bldg. 2, Room 206)

(*Free Nursery Care available in Building 137)



Vol. 22 No. 3

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"He Is Risen--Alleluia"

The resurrection of Christ is the great central fact of history and the good news of salvation. This event which took place on the first Easter morning became the very content of the preaching of the apostles. Their theme was that salvation was accomplished in the death and resurrection of Jesus Christ. The faith of the early Church and its rapid growth depended upon this greatest of all God's interventions in the world.

The entire purpose for the Incarnation of Christ on Christmas day was not to be climaxed on Calvary, but rather on Easter morning. Christ came not just to die upon the cross, but rather to arise again from the dead. When Christ came to live amidst us, He did this so that He could lay down His life and to take it up again, thereby enabling us to share in His glorious risen life which He won on Easter morning.

All who call themselves Christians, this by virtue of their baptism, become united with Christ; they have become "Christened." By being baptized we become brothers of Christ and coheirs of heaven; we are intimately united to Christ, called to an intimate fellowship with Him. "But if we are sons, we are heirs also; heirs indeed of God and joint heirs of Christ, we too shall rise as He did glorified with a new and eternal life.

Because of Christ's resurrection we, as Christians, live in hope. It is because of this hope that the true Christian rejoices in this vale of tears even in the midst of suffering, yes, even amidst rumors of war. For this reason we can shout with joy: He is risen, alleluia."

Chaplain F. Murray Joins NNMC Clergy



Chaplain Frederick J. Murray

Chaplain Frederick J. Murray is the newest addition to the National Naval Medical Center Chaplains. Father Murray has been a priest since February 1953.

He was ordained at St. Johns Seminary in Brighton, Massachusetts. Lieutenant Commander Murray served as an assistant in a parish prior to his commission in the Navy.

In 1960, Chaplain Murray received his commission and since that time has served at Camp

Pendleton, Calif.; 1st Marine Division, Okinawa and the Naval Air Technical Training Command at Jacksonville, Florida. Before reporting here for duty he was stationed at Subic Bay Naval Station, Philippine Islands. While Father Murray was at Subic Bay, he assisted in Operation Hand Clasp.

During the time Father Murray has been a Priest he has united more than 200 couples in matrimony.

The Symbolism of the Egg

Of the Easter customs, one of the most symbolic and beautiful is the practice of preparing, giving, and eating eggs. Most of us, however, seem to take for granted the idea of eggs at Easter. We have fun in boiling and coloring them, and even more enjoyment in giving them to our relatives and friends and cracking the eggs by hitting them one upon the other. However, the real enjoyment of the Easter eggs comes only when we fully realize the symbolism in connection with Holy Easter: The egg itself is a symbol of the Resurrection--while being dormant it contains a New Life sealed within its walls.

The idea of the egg as a symbol of fertility and of renewed life goes way back to the ancient Egyptians and Persians who had the custom of coloring and eating eggs during their spring festivities.

One of the earliest known uses of the egg in religion was in connection with the Egyptian sun-god Ra. The Egyptians colored the eggs red because it was the closest color they had to the color of the sun. The interpretation was that the shell represented the earth; the whites represented the heavens; and the yolk represented the sun...Ra.

The ancient idea of the significance of the egg as a symbol of New Life readily became the symbol of the Resurrection of Christ to the people of the early Christian Church. In Christianity the Easter egg represents the sealed tomb in which the Precious Body of our Lord and Saviour Jesus Christ was placed after His Crucifixion...the shell being the sealed tomb having dormant life within its walls.

Tradition tells us that the custom of the Easter egg had its start with Mary Magdalene, who after the Ascension of Christ, went to the Emperor of the Roman Empire and greeted him with "Christ is risen!", as she gave him a red colored egg. With this introduction, she then began to preach Christianity to him.

In the early days of Christianity, only red was used in coloring the eggs, signifying the Sacred Blood of Christ which was shed on Calvary and the joy of Easter--the great and glorious day of His Resurrection. However, other colors, such as are known and in use today, have gradually come into common use.

It should be understood that ordinarily, the Easter eggs are not left in their original or natural coloring. But, rather, they are boiled, usually with onion skins to give them an ivory or tan coloring, or they are colored by some other pure process.

Light colors, such as white, ivory, or tan, represent the fine linen cloth in which Christ's Body was wrapped before being placed in the new sepulchre. The color green represents the fresh vegetation of the new springtime...the awakening of the earth from the deep slumber of winter. Blue represents the heavenly blue of the skies...The peace and joy of the Easter Season. Yellow represents the star-light of that early morning of the Resurrection...the birth of the Christian Religion and the devotion of the Ointment-Bearing Women to Christ. The color purple represents the passion of Christ crucified and the joy of Christ Resurrected. Multi-colored eggs represent the time when Jesus yielded up the Ghost...And the veil of the temple was rent in twain, the earth did quake, and the rocks rent, and the graves were opened, and the bodies of the saints which slept arose.

The many colors of the different eggs together represent the beautiful hues of the springtime which join Christendom in the rejoicing of the Resurrection of Christ.

The cracking of the egg means the seal of the tomb is broken and "Christ is Risen!"

19th Easter Sunrise Service At NNMC

Over 2,000 people are expected to attend the nineteenth annual Easter Sunrise Service here Sunday. The service will be held on the hillside of Stone Lake and will feature a display of Easter lilies and a large white cross.

The 6:30 Sunrise Service is sponsored by the Bethesda Council of Churches and the National Naval Medical Center. Chaplain William W. Parkinson, Head, Religious Activities, NNMC, will deliver the Sermon with both civilian and military clergymen assisting in the Service.

The Invocation and Benediction will be given by Chaplain Philip C. Bentley of NNMC. The Scripture Reading will be spoken by Reverend Kenneth Hoover, Pastor of Bethesda Christian Church and Reverend John P. Gates, Bethesda First Baptist Church, will deliver the Pastoral Prayer.

The Offertory (Announcement and Prayer) will be delivered by Reverend James G. Macdonell, Saint Mark United Presbyterian Church and past president of the Bethesda Council of Churches.

The U.S. Navy Band under the direction of Ens. Ned E. Muffley will provide the music. William Brown, MU2 will appear with the Band as a Soloist. This makes the third appearance of the world famous Navy Band at the yearly Service.

The Heritage Singers will be under the direction of Mrs. Faye Finley Shaw who has directed

See SUNRISE on Page 3

PASSOVER

Passover, celebrating the deliverance from Egyptian bondage, reminds the observer that while freedom is the greatest human ideal, it is only secure when based upon the realization that the individual, as well as the nation, owes allegiance to God, who then grants and acts as guarantor of freedom to both.

On the first and second night of the Holy Day, a "Seder" takes place which should be celebrated preferably with one's family, at which time the historical ideals of freedom are reaffirmed within the confines of the family--which has always been the bulwark of the nation.

A pre-passover service was held at 1200 on April 1 in The Bethesda Chapel (Bldg. 8) by Rabbi Harry J. Kaufman, Auxiliary Chaplain of NNMC.)

April 4, 1966

Center's First

1st Male Nurse
Assigned NNMCM

Ensign Edward J. O'Leary has the title of being the first male nurse assigned to the National Naval Medical Center. Nurse O'Leary is excited not only because he holds the title but also because he is one of the 14 commissioned male nurses in the Navy. Eleven are presently on active duty.

Mr. O'Leary is a native of Connecticut. He attended Fairfield University, Bridgeport Hospital for Nurses Training and the Joseph Lawrence School of Nursing, New London, all located in Connecticut.

While attending Joseph Lawrence School of Nursing he was a very active member of the Connecticut Student Nursing Association. He served as Treasurer, Recording Secretary, Newsletter Editor and Chairman of the Public Relations Committee. Ensign O'Leary also traveled to Bellevue Hospital, New York and throughout Connecticut to conferences and conventions as a representative of the Association.

During his first year of college he worked as an Inhalation Therapist at a local hospital. This is where and when he first decided he wanted to work with the sick and injured.

On September 14, 1965, Edward J. O'Leary received his commission in the U.S. Navy. In November he was sworn in as Ensign Edward J. O'Leary, Nurse Corps, USN. After a brief indoctrination course at Newport, R.I., he reported here for duty.

He is now on general duty at the Naval Hospital and eventually hopes to attend school and become



Ensign Edward J. O'Leary, Nurse Corps, takes a narcotic inventory. Nurse O'Leary is the first male nurse to report to the National Naval Medical Center for duty.

an anesthetist.

The Navy's Nursing Program recently accepted men as applicants. Hospital Corpsmen wanting information on their Navy Nursing chances can find it in BuPers Instruction 1120.37.

Twenty-five Hospital Corpsmen have been selected to participate in the Navy Nursing Program at present.

Baby Teeth

The following is one of a series of articles being presented by the National Naval Medical Center News in cooperation with the Naval Dental School.

Contrary to popular belief, pregnancy does not cause tooth decay. Neither does the unborn child absorb calcium from the mother's teeth.

Dental authorities report that if there is an increase in tooth decay during pregnancy, the problem probably is caused by increased consumption of sweets, poor home care of the teeth and failure to visit the dentist regularly.

Only a few minor gum disorders can result from changes in the hormones or blood vessels during pregnancy, and these can be minimized by proper professional treatment and home care.

As for decay, during pregnancy as during any other time, the teeth require attention to diet and proper dental hygiene.

The toothbuds which will become the child's teeth begin to form about the sixth or eighth week of pregnancy. Food to nourish them comes from the nutrients supplied to the entire fetus, and they require no special foods, but a good, well-rounded diet for their growth.

The "hardening" process, or calcification, of the teeth begins between the fourth and sixth months of pregnancy, and by the time the baby is born, a considerable part of the crowns of the first teeth are already formed.

The baby's teeth lie deep in

the jawbone, under the gums. As the crowns calcify and the roots develop, the teeth push slowly toward the surface. They first usually appear at about six months of age, and a child usually has all 20 of his first, or "deciduous," teeth by the time he's two and a half or three. There is much variation, however, in the time at which the teeth come in and also in the order of their appearance.

These first teeth are very important, both to the baby's health and to the health of the permanent teeth that will follow them. A wise mother will see that they have the best of care and are not lost before they should be.

A baby needs his first teeth so that he can chew properly and eat a healthy diet. He needs his teeth for speech and appearance. He also needs them to help maintain the shape of the dental arch and to preserve the space intended for the permanent teeth.

If a first tooth becomes badly decayed, infection may reach and damage the permanent tooth forming beneath. If a first tooth is lost too soon those adjacent to the space will begin to drift into it, narrowing or closing off the space needed by the second tooth. It will probably come in crooked, and require complicated treatment later.

It's important to remember, too, that although they're called "baby" teeth, some of them should stay in a child's mouth until he's 11 or 12.

What kind of care do first teeth require?

Daily brushing after each meal, by the mother until the

NNMC News

NMRI News

SecNav Lauds
Chief Davis

Chief Hospitalcorpsman Abbott G. Davis, was awarded a Commendation for Achievement by the Secretary of the Navy for his accomplishment while assigned to the Department of Parasitology, 1962-65. He devised and improved the methods of growing maximum numbers of tissue stages of avian malaria, thus opening the way for more effective research studies of these forms. Chief Davis is currently serving with the Third Marine Division Reinforced Fleet Marine Force.

An article on Dr. Harold T. Meryman's method of freeze-dry-museum specimens appeared in the February issue of Popular Mechanics. This method has opened a new era in taxidermy and has been copied on a larger scale by the Smithsonian Institution Museum of Natural History and the London Museum. Dr. Meryman is on the staff of the Tissue Bank Division of the Clinical Investigation Department.

Four of the 40 National Science Talent Search Winners visited the Institute. These high school seniors were chosen to come to Washington, D.C. to attend the 5-day Science Talent Institute March 2-7 and to share in the \$34,250 Westinghouse Science Scholarships and Awards. Capt. P. D. Doolan, Executive Officer, welcomed the group and spoke to them informally about their award winning science projects.

Nimitz Honored

In honor of the late Fleet Admiral Chester W. Nimitz, USN a Special display of photographs, documents and artifacts related to his life and distinguished naval career are now on display at the Truxtun-Decatur Naval Museum. This display supplements the current exhibit of material relating to "The Continental and Early U.S. Navy."

The Truxtun-Decatur Naval Museum is located just around the corner from the White House at 1610 H Street, N.W. and is now open Tuesdays through Sundays from 1030 to 1600. Closed Mondays. Admission free.

child can do it himself.

Proper diet- a minimum of sweets; they're a prime cause of tooth decay.

Fluoridated water- A child should drink fluoridated water from his birth, if possible, to strengthen his teeth against decay throughout his life. If your community does not fluoridate its water try to interest your community officials in obtaining the measure, also talk to your dentist about topical application of fluoride--painting your child's teeth with a special fluoride solution.

And when all the first teeth are in, it's time to visit the dentist. In this early visit the dentist can detect cavities before they become deep and painful. He can also make sure that the permanent teeth are developing as they should.

Sunrise

Continued from Page 2

choirs at the Easter Sunrise Service for 25 consecutive years.

The Cross, pulpit, band and choir will be located on the roadway which forms the Stone Lake Recreation Area dam. Lilies will be placed around the base of the cross and in front of the platform. Chairs will be placed on the hillside paths and between trees surrounding Stone Lake.

Persons coming to the Service are urged to enter NNMCM grounds by the Jones Bridge Road gate.



Kidney Symposium

Capt. Paul D. Doolan, Executive Officer, Naval Medical Research Institute, discusses the Third Annual Kidney Symposium with Dr. Wallace W. McCrory, of New York, President of the National Kidney Foundation. The Symposium was conducted at the Statler-Hilton for Washington area doctors and featured several different kinds of artificial kidneys. Almost 350 physicians, medical students, and nurses attended the day-long medical meeting, which was sponsored by the Washington D. C. Chapter of the National Kidney Foundation. Capt. Doolan was Symposium Program Chairman.



Armed Forces Symposium

Captain John H. Stover, Jr., Commanding Officer, U. S. Naval Medical School (center) listens as Capt. James J. Humes, Course Director, Head, Laboratory Department answers a question asked of him at the 35th Military Medical Training for Medical Department Officers of the Armed Forces symposium.

Capt. McLellan
New Center AO

Captain David J. McLellan relieved Capt. C. W. Ferber as Administrative Officer of the National Naval Medical Center.

The new administrative officer is a native of Lowell, Massachusetts. He entered the Navy in March 1934 and April 1944 he was commissioned as a w-2. He has served as a w-2. He has served at Advance Base, Noumea, New British West Indies; Boston Naval Shipyard, Boston, Mass.; 3rd Marine Air Wing, Fleet Marine Force, Atlantic, Naval School of Hospital Administration, Bethesda, Md. and the Naval Hospital, Great Lakes, Illinois.

This is the second tour of duty at the Center for Capt. McLellan. He served here from 1954-1957 as Head, Supply Department. Before assuming his present post, Capt. McLellan was the Executive Assistant to the Inspector General, Medicine, at the Bureau of Medicine and Surgery.

Captain McLellan has earned the following medals: American Defense Service, American Campaign, Asiatic-Pacific Campaign, World War II Victory and National Defense Service.

He is married to the former



Capt. David J. McLellan

Miss Gertrude K. Hayes also of Lowell, Massachusetts and the father of three children, David, Donna and Robert.

Purple Heart

NDS News

Capt. Urban Is Honored

OFFICER: Captain Kenneth L. Urban, Commanding officer, NDS, received a plaque at the Toastmasters International Area 13 speech contest. He represented NNMC Club 1234. His speech, "America Now and Forever," made him an alternate representative of area 13 to the District contest in May.

ENLISTED: Captain Kenneth L. Urban, Commanding Officer, Naval Dental School presented awards or certificates to eight Dental School personnel: Williams, D.M., DT2, advanced to DT1; Good Conduct Awards: Burke, R. J., DT2, 3rd award; Fillmore, G.C., DT2, 2nd award; Long, J. J., DT2, 3rd award; Strychowski, S. R., DT3, 1st award; Grisham, O. H., DT1, 2nd award; *Catchuce, J., DTCM, 8th award.

Captain Urban commented to Chief Catchuce's long and honorable service. He said, "such service should stand as an example to all enlisted personnel in the Command."

Herman R. Moeller was advanced to First Class and Peter E. Golding to Third Class. Moeller reported here from duty on the USS BON HOMME RICHARD and is assigned to the Prosthetic Department. Golding was assigned here from class "A" school, Naval Training Center, San Diego and is attached to the Oral Diagnosis Department.

Civilian: Mr. Albert Gaist became Head of the Machine Tool Division of the Enlisted Education Department. He came to the Dental School after 24 years of service at the Naval Observatory. Mr. Gaist has ample experience in his trade and some out-of-the-ordinary experiences.

He constructed 15 quartz-crystal clocks which the Observatory uses to synchronize the clocks of the world and he received the Civilian Meritorious Citation -- the third highest award presented by the Navy.

He also had the responsibility of setting the official time mechanisms of the White House during the tenure of Presidents Truman and Eisenhower.

Miss Loretta J. Kadehjian, dental hygienist is the first of two civilian hygienists who are to be assigned to the Dental School. This is the beginning of a step to relieve servicemen for other duty.

Captain K. L. Urban, Commanding Officer, U.S. Naval Dental School, presented certificates for: Outstanding Performance - Kathleen B. Walker.

NTU-NMDSC

U.S. Navy Toxicology Unit - Lt. Lawrence J. Jenkins, presented awards for: Outstanding Performance and Quality Salary Increase - Mary M. Ainsworth.

U.S. Naval Medical Data Services Center Lt. Cmdr. John E. Wells, OIC presented certificates for: Certificate and Emblem for 30 Years Federal Service - Jesse H. Rodgers.

Mutual Aid Assn.

The Board of Directors of the Navy Mutual Aid Association at their Annual Meeting announced the reelection of Admiral David L. McDonald, as President. Other officers elected by the membership were Rear Admiral A. H. Van Keuren, USN, Ret., First Vice President; Vice Admiral V. R. Murphy, USN, Ret., Second Vice President; Lieutenant General R. C. Mangrum, USMC, Third Vice President; Vice Admiral K. K. Cowart, USCG, Ret., Fourth Vice President; and Commander F. H. O'Connell, MC, USN, Vice President-Medical Director.

Viet Nam Hero

Hospital Awards Purple Heart

Milton Henry Flowers, HM3, was awarded the Purple Heart Medal from Capt. G. M. Davis, Commanding Officer of the Hospital at a ceremony at the National Naval Medical Center. Captain Davis awarded the medal on behalf of the Commanding General of the 3rd Marine Division (Reinforced), Fleet Marine Force.

Flowers was on patrol with "L" Company, 3rd Battalion, 3rd Marine Regiment, 3rd Marine Division (Reinforced) about 10 miles South of Da Nang. The explosion of an anti-personnel land mine caused several casualties in the unit. Milton sustained multiple external injuries, including shrapnel wounds of the left hand, inguinal area, right upper arm and left lower leg. Although injured he directed other members of the patrol in first aid procedures. He has undergone skin grafting on the left hand and the left tibial area.

Three days after he was wounded his wife Mrs. Darlene Flowers gave birth to a boy which they named Aaron.

Flowers was born in Illinois and is now a resident of Detroit, Michigan. He entered the Navy in September 1960. Since then he has been stationed at Recruit Training Command, Great Lakes, Ill.; Navy Corps School, Great Lakes, Ill. and Camp Lejeune,



Milton Henry Flowers, HM3, receives the Purple Heart Award from Capt. G.M. Davis, Commanding Officer, U.S. Naval Hospital, National Naval Medical Center. Flowers is the first corpsman to be awarded the medal at the Hospital.

North Carolina. Prior to Fleet Marine Force, Flowers attended Clinical Laboratory Assistant Technique School at the Naval Medical School at the Medical Center.

Awards Ceremony

An awards ceremony was held at the National Naval Medical Center in March and almost 100 people were presented with awards. Rear Admiral C. L. Andrews made the presentation for Center personnel.

Certificates for Outstanding Performance: Russel E. Bacon, Maggie P. Gaither, Upton H. Jackson, James A. Hall, R. J. Nelson, Watson H. Prather, Martha L. Lumpkin, Milton C. Beverly, Percy W. Newman, Earl E. Parsons, Elsie M. Cabanas.

Certificate for Sustained Superior Performance: Ann S. Close, William C. Kuster.

Certificate for Group Superior Achievement Award: Ralph O. Jones, Maynard E. Donn.

Adopted Beneficial Suggestions: Otis Farrar, James A. Davis, Jennie M. Cherry, Walter D. Howes, Clarence W. Staubs, Nicholas J. Szabados.

Certificate for 1000 Hours Earned Sick Leave: Ernest O. Testerman, Eugene A. Mitchell, George Fields, Morris Gerson, Arthur J. Holden, Joseph E. Archer, Cole C. Harper, Daniel K. Louk.

Letter of Appreciation for Significant Supervisor Contribution to the Support of the Beneficial Suggestion Program: Bertha Haymaker, Gault Hoover, Lawrence Green, George Kerns.

Certificate of Training: William V. McKnight, Charles Prather, ENS, Nicholas J. Clem, MSC, Sharon M. Marbley.

Letters of Appreciation for Significant Supervisor Contribution to the Support of the Beneficial Suggestion Program During "Campaign WOW": Rufus P. Britton.

Additional Award for Sustained Superior Performance: Fred R. Johnston, Jr.

Captain R. J. Pearson, U.S. Naval Hospital presented certificates for: Outstanding performance: Thomas J. Buckley, Dottie W. Johnson, Thomas E. Young, Lena B. Warner, Mary A. Webster, Oscar Cleckley, Isabella Copeland, Maggie R. Mathis, Rosemary S. Healy, Yo-

landa F. Cioffi, Wanita Gardner Jesse M. Proctor.

Adopted Beneficial Suggestion: Bibiana Flores, Joseph Thomas, Elsie Holly.

Letter of Appreciation for Supervisory Support of the Beneficial Suggestion Program: Cmdr. L. J. Emery.

Certificate for Sustained Superior Performance: Mattie C. Davenport.

Certificate for 1000 Hours Earned Sick Leave: Sarah L. Smith, Sally Huff, Annie Earstling, Wade R. Gaskins, Annie B. Payne, John C. Thomas, Thomas E. Young, James L. Martin, Howard L. Thompson, Mamie Dandridge.

Certificate and Emblem for 20 Years Federal Service: Ellen G. Cardwell, Mary B. Butler, Ella M. Minnis, Arnetta C. Stringfellow, Martel T. Stanton.

Captain H. C. Sudduth, Commanding Officer, U.S. Naval Medical Research Institute, presented certificates for: Outstanding Performance: Albert L. Coleman, Elden L. Lawson, Mildred C. Moreland.

Outstanding Performance and Quality Salary Increase: Mary M. Matzen.

Quality Salary Increase: Clarence W. Miller.

Patient Awards and Certificate for 1000 Hours Earned Sick Leave: T. H. Benzinger.

Certificate for 1000 Hours Earned Sick Leave: John C. White, Emilio Weiss.

Captain C. G. Bratenahl, U.S. Medical School, presented certificates for: Outstanding Performance and Certificate of Training: Mary R. Williams.

Sustained Superior Performance: William C. Trippel.

Quality Salary Increase: Mary Dixon.

Adopted Beneficial Suggestions: Helen M. Croston, Mildred Monaco, Catherine E. Smith.

Certificates for 1000 Hours Earned Sick Leave: Rolando E. King.

6 Honored

At ceremonies held at the U. S. Naval Hospital at the National Naval Medical Center, six Marines were awarded the Purple Heart Medal. The Medal was presented to each by Major General Richard G. Weede, Director of Personnel, HQMC, in behalf of the Commandant of the Marine Corps. The men were wounded while fighting in South Viet Nam 1st Row: L/Cpl. Ted L. Smoot, Pfc. Michael F. Haynes; 2nd Row: L/Cpl. Robert M. Thompson, Pfc. Bruce J. Schmidt; 3rd Row: Cpl. William L. Morrow and L/Cpl. John W. Thomas.

Wives' Club Benefit Soon

"California Fashions In Cherry Blossom Time" will be the theme for this years Navy Doctors' Wives' Club Spring Benefit. This is one of the clubs biggest events and it will be held on Thursday, April 14th, at the gymnasium of the National Naval Medical Center.

The doors will open at 11:30 a.m. for shopping at the sundry booths. Needlecraft, baked goods and the excellent recipe book "Recipes on Parade" are just a few of the many items that will be on sale. Those who feel lucky will look into the Silver-Voices.

Lunch will be served at 12:30 p.m. followed by a Hecht company fashion show.

All proceeds from the benefit will be contributed to help support the clubs charities. These include Jango, (Soldiers, Sailors, Marine and Airmen Club), Navy and Marine Residence Foundation, Navy Relief Society, Orthopedic Appliance Fund, etc.

Mrs. Frank Ostapowicz is general chairman of the benefit and Mrs. Frank Norris is her Co-Chairman. Mrs. Carl Pruett will head the decoration committee.

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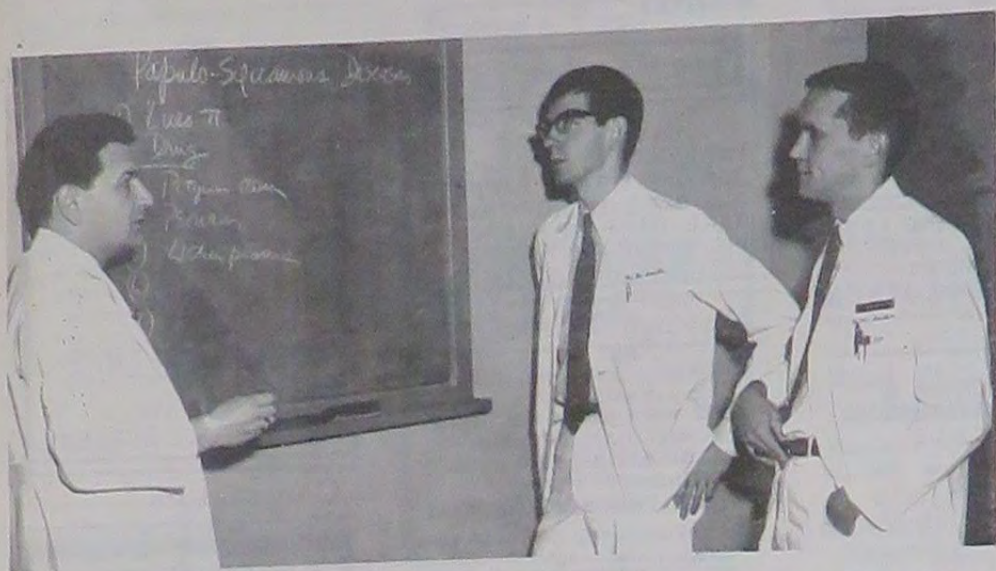
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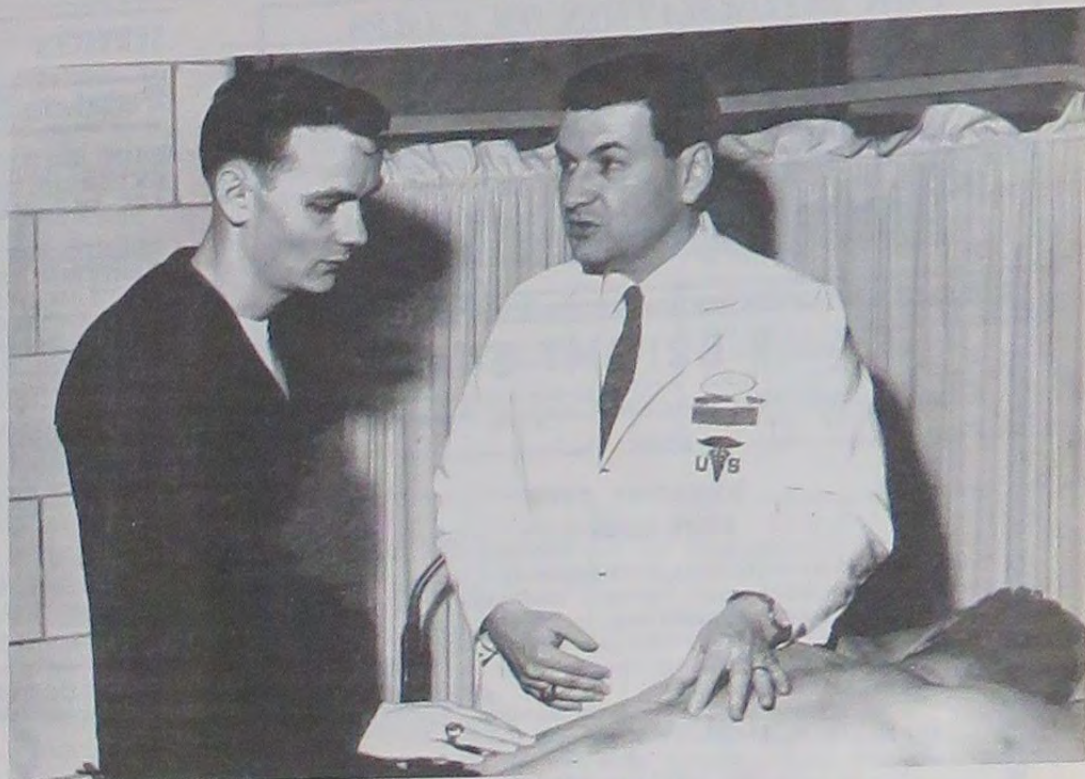
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April 4, 1966

The Busy Dermatology Department



Dr. W. M. Narva instructs Dr. Sachs and Dr. Snider, medical students from Georgetown University. These medical students are part of a Training Program, the students are taught by Dr. Narva two days a week for a 4 week period.



Dr. W. M. Narva explains a particular dermatologic disorder to HN J. Medlin.



Cherie M. Kiser is instructed in the use of a microscope by Dermatology Technician, J. Medlin, HN. Along with her on the job training, Cherie also assists in examinations of female patients, acts as receptionist and does various other things.

One of the busiest departments at the National Naval Medical Center is the Dermatology Clinic. This clinic is a beehive of constant activity, treating approximately 1100 outpatients each month. Headed by Dr. W. M. Narva and his limited staff of one assistant, one technician and one Corps Wave, the Dermatology Service handles cases from simple acne to rare skin diseases.

Dermatology is a branch of medicine that consists of the diagnosis, the interpretation and the treatment of diseases of the skin. A knowledge of the numerous skin disorders, an adequate history and careful examination are fundamentals in dermatologic diagnosis. The skin is a "mirror" which reflects many internal conditions and physiologic imbalances. To classify the various cutaneous disorders, the dermatologist makes use of his clinical knowledge, laboratory tests, histological examinations, serologic and immunity reactions and bacteriologic and mycologic cultural studies.

Lieutenant Commander W. M. Narva is Chief of Service. He is a certified dermatologist to the American Board of Dermatology. A dermatologist requires three years of Residency training, one year of internship and one year of clinical experience in this field.

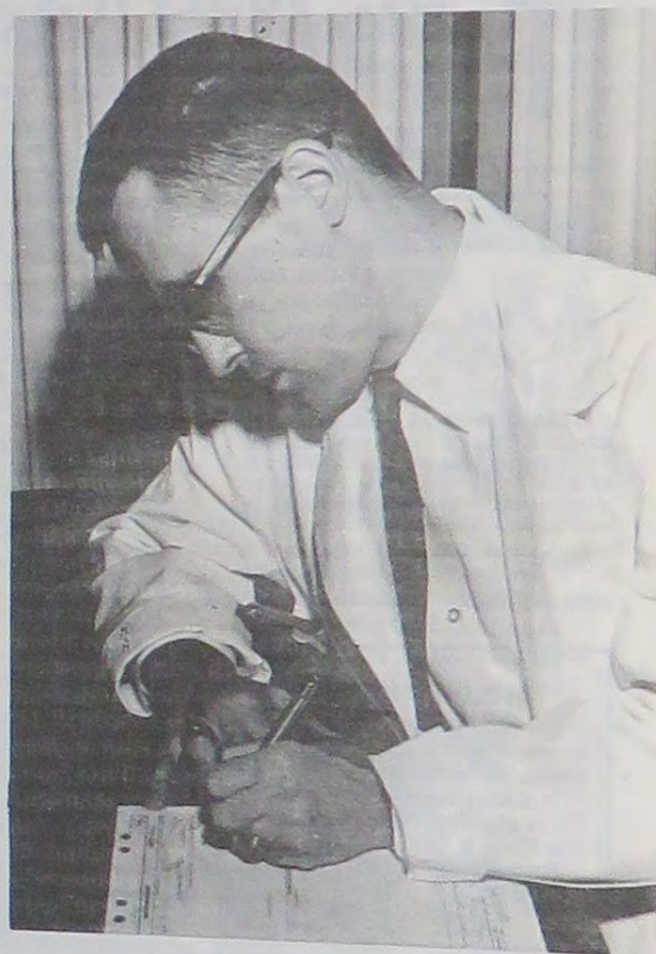
Assisting Dr. Narva is Lt. Cmdr. G. E. Donnell. Dr. Donnell completed his residency training in 1963 at the U.S. Naval Hospital in Philadelphia.

J. A. Medlin, HN, serves as the dermatology technician. He qualified in dermatology by undergoing an intensive 16 week course at the Dermatology Service at the U.S. Naval Hospital, Philadelphia. This course makes the Dermatology Technician proficient in assisting the Dermatologist with the special techniques for making diagnosis.

The technician is able to do all routine fungus studies. He prepares potassium hydroxide slide mounts from skin scrapings. He inoculates fungus cultures and is capable of interpreting results. The technician can also do Darkfield Examinations in cases suspected of having Syphilis. The various cutaneous surgical techniques of tumor removal, wart treatments and acne extractions are an everyday experience for him.

The Corps Waves' duties center around the reception desk and assisting in the examination of female patients. Cherie M. Kizer, HN, is a recent addition to the Clinic. She is receiving in-service training in this technical specialty.

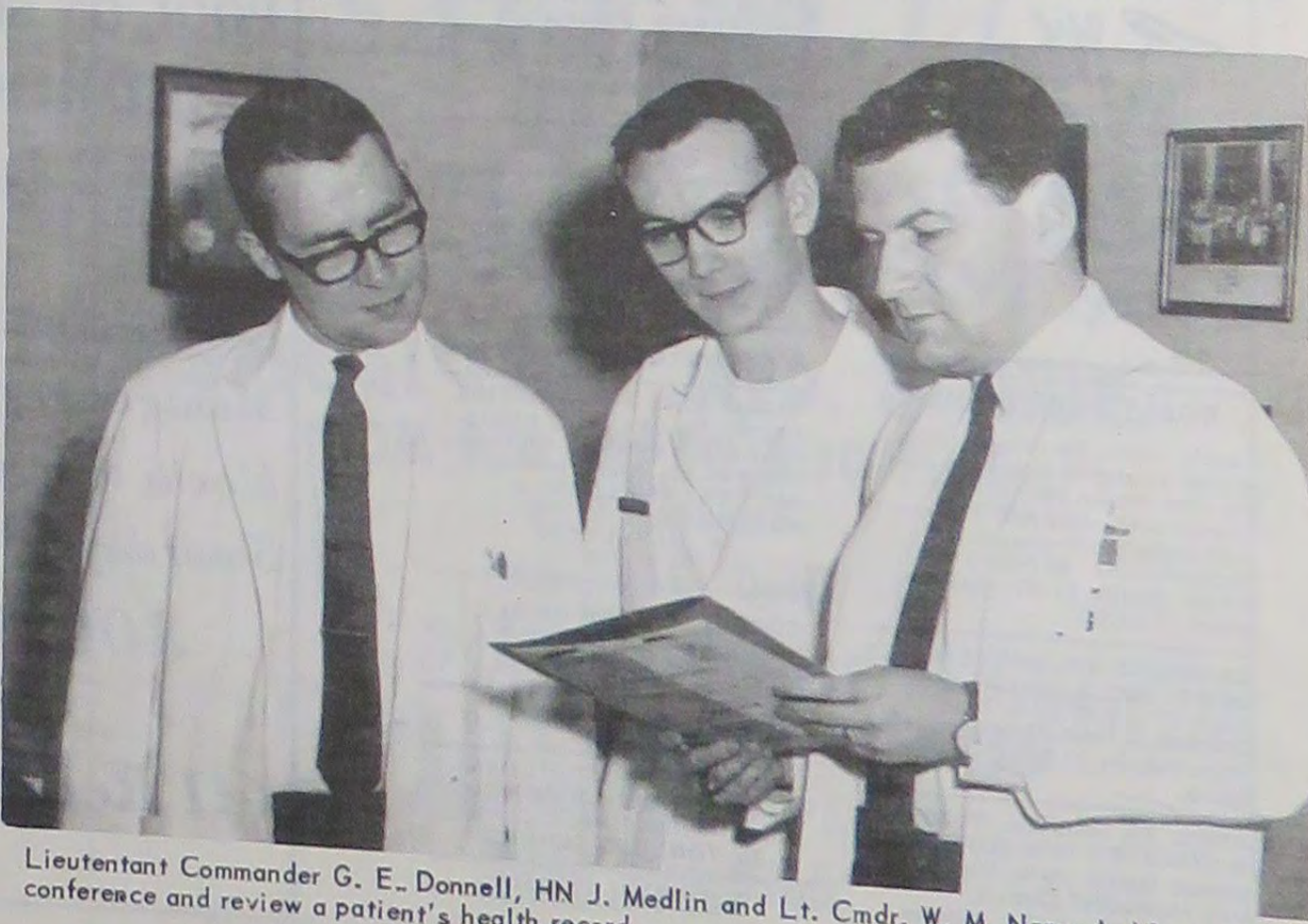
Dermatology clinics throughout the Navy are always the scene of constant activity. Recent reports from Vietnam indicate that 25% of all sick call visits are of Dermatology consequences, revealing the world-wide aspect for adequately trained personnel in this specialty.



Dr. G. E. Donnell enters the results of a patient's examination in their health record.



J. G. Medlin, HN, Dermatology Technician, inoculates a Fungus Culture Bottle in the laboratory at the Dermatology Clinic.



Lieutenant Commander G. E. Donnell, HN J. Medlin and Lt. Cmdr. W. M. Narva hold a medical conference and review a patient's health record.

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NSHA Graduates 27th MSC Class

The Naval School of Hospital Administration graduated its' 27th class of Medical Service Corps Officers. Captain Robert G. Luckie, Head, Correspondence Training Division, U. S. Naval Medical School was the guest speaker. Presenting the certificates to the graduates was Cmdr. Russell E. Hunter, Head, Career Planning and Distribution Branch, MSC Branch, Bureau of Medicine and Surgery. First row, left to right: Ensigns Jeffery L. McDonald, Larry A. Lewis, Merrill D. Bowan, Stanley A. Fox, second row, left to right: Ensigns William B. Woledge, William R. Burton, Paul L. Bash and Delbert E. Evans.

Med. School News

Amberson Responds To an Urgent Plea

Capt. Julius M. Amberson, of Silver Springs, Maryland, has volunteered to return to active naval service in response to an urgent call for assistance by Capt. John H. Stover, Jr., Commanding Officer of the U.S. Naval Medical School.

Capt. Amberson will serve as Chief, Preventive Medicine Division, Laboratory Dept., at the school. Among his responsibilities will be the organization and development of a program in Global Medicine, initiated by Capt. Stover in response to the urgent need for the training of medical department personnel in preparation for assignment overseas.

Captain Amberson first entered the Navy in July, 1917, as an enlisted man where he worked in the communications field. After one year of service, he was commissioned as an Ensign in the line and he continued to serve in the Atlantic Fleet on cruisers and submarines. Returning to inactive naval service in 1919, from which he was later honorably discharged, he continued his schooling at the University of Montana School of Mines, receiving a degree in mining engineering in 1921. He entered

post-graduate training in Business Administration at the University of Chicago following which he matriculated into medical school at that University.

He received his M.D. degree in 1927, and, following his internship, spent one year in a radiology residency. Doctor Amberson entered private medical practice in Chicago and continued in that practice until the commencement of World War II. At this time, he returned to active naval service as a Medical Officer, serving as such until his retirement on June 30, 1959.

Captain Amberson's experiences include the investigation of cholera in India, typhus in Naples, Italy and Cairo, Egypt, trench-foot in Northern Italy, dengue and filariasis in the Pacific, and scrub typhus and Japanese B Encephalitis in Okinawa and Japan.

Following retirement from active naval service in 1959, Captain Amberson participated in clinical trials of new drugs for the treatment of tropical diseases in Asian, Middle-Eastern, African, and South American countries. From January to July, 1962, at

the request of the National Science Foundation, he served as civilian medical officer aboard the USNS ELTANIN in Antarctic waters. He is board certified in Public Health by the American Board of Preventive Medicine.

Capt. Stover said Amberson's background, experience, professional competence, and enthusiastic interest will provide the essential guidance and impetus for the development of a special group of urgently needed training programs. To Captain Amberson, this urgent requirement is "just another job that needs to be done."

Welcome Aboard

NNMC

Connie Hill
Nola Roos
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Wendy Hodge
Susan Oden
Peggy Davis
Theresa Klotz
Leslie Ludington
Florence Tober
Woodrow Robarge
Nancy Seiler
August Becker
Chester Addison
Gaynes Bishop
Lucy Williams
Mildred Hilliard
Geraldine Scott
Marion Harris
William Lochte
Colden Brothers
Dewitt Edwards
John Bealefeld
James Baldwin
Patricia Mead

NDS

Mary Ann Childs
Dolores Vandeck
Albert Galst

NMRI

Elaine Lewis
Jo Etta Hubbard
Cathryn Yarnell
William Clutter
Joseph Miles, Jr.
Ernestine Gendleman

NMS

Sharon Lynn
Mary Allen
Thomas Smith
Richard Pena
Rinaldo Leps

NH

James Driver
Joanne Theon
Bonnie Tingley
Eleanor Smith
Lealan Crosson
Gladys Brown
Diane Wachowski
Consuelo Dykes
Phyllis Atkinson
Willie Bryant
Ada Herring
Maxine Moore
Kathryn Malone
Charles Tibbs
Frankie Eubanks
Sherman Jones
Calvin Prather
Marjorie Williams
James Davis
Albert Armstrong
John Watkins, Jr.

NMDSC

Theodore Grable
Mary Hodgdon
Mary Newland

Rittmeyer Heads Softball Team Here

By Ron Drake

When the National Naval Medical Center softball team reaches the field at the end of March, they will be led by an experienced leader in the big ball circle.

Bob Rittmeyer of the Television Division, Naval Medical School, will head the coaching staff. Most of you may have seen Bob as one of our blue-shirted whistle-tooting officials during the Intramural Basketball leagues this past season.

With experience as the greatest teacher, Bob really qualifies for the job. While stationed at the Naval Air Station at Lakehurst N.J. he coached the softball, basketball and football teams for five years. He also coached at San Diego for nine months then was

transferred here. For the past three years, Bob has been active in most of the sports programs available, particularly in softball, basketball and football.

As manager of the softball team, Bob has this to say, "All positions are open for the team. So far, we've had good participation. The more men we have, the better team we'll have."

Last year the NNMC team made a very good showing at the Naval District Washington softball tournament considering that the "Admirals" did not have a varsity team.

So if anyone of you are ball-swinging, ball-throwing softball players, contact Bill Dwyer at Ext. 672 for further information.

NDW Bowling Tournament To be Held at Ft. Meade

The Naval District Washington Intramural Bowling Tournament will be held at Fort George G., Meade, Md., on May 10-12. The Naval Security Group Activity at Ft. Meade will host the event.

Six games per day, for a total of 18 games will be rolled. All participants will be cut to the top 26 and ties upon completion of 12 games.

If you participate in the NDW Extramural tournament, you will NOT be eligible to compete in this event. Each naval activity may enter no more than five men in the 3-day tournament. You may enter as an individual bowler. All entry letters must be submitted prior to May 1. Late entries will not be accepted, so if you anticipate competing, contact Bill Dwyer, Director of Recreation, ext. 362 or 321.

There will be no entry fee or charge for tournament games. Award for total pinfall of 18 games will be provided for the finalists. You must have an ABC 169 average

Lifeguard Course

The American Red Cross is conducting a course to train men and women of the Armed Forces as lifeguards and teachers of swimming and lifesaving at the U.S. Naval Station, Anacostia, D.C.

All military personnel assigned to the NNMC and component commands interested in taking this course can contact Bill Dwyer, Director of Recreation, ext. 362 or call the American Red Cross at 857-3642.

The course will be held from 0900-1200 daily, beginning April 18 and ending May 6. Each candidate must provide his own attire and transportation. All textbooks will be issued free of charge by the American Red Cross, as well as the Training Course.

NSHA Visits Law Institute

NSHA Hospital Administration Class and Members of the Academic Staff attended the Law Institute on Hospitals and Medicine at the Medical College of Virginia, Richmond Virginia. This Institute was sponsored by the Department of Legal Medicine in conjunction with the Law Department of the School of Hospital Administration of MCV and five outstanding and distinguished lecturers in the Hospital Law Field were presented during the course of the one-day Institute.

NSHA Wins Intramural Championship

Naval Dental School and the Naval School of Hospital Administration squared off in a pin-fall match for the National Naval Medical Center Intramural Bowling Championship. NSHA led by "Bud" Lewis' 226 game and a 571 series defeated NDS in a closely fought match, until the last game. The age and experience of the NSHA bowlers then began to pay off as they steadily opened up a lead. Although they did not bowl spectacularly, they made few mistakes on the lanes. This was the difference at the end of the match. NSHA defeated NDS by a margin of 173 pins.

The members of the Champion-shop team were: Jim Holcombe, Hank Littner, Don Lauer, Ray Wilder, Leroy "Bud" Lewis, Bob Thorpe, Paul Haggard and Walt Basham.

High average for the season went to Paul Haggard with a 181. High Game Scratch was won by "Bud" Lewis who had a 255, followed very closely by D. Faulkner with a 254. Paul Haggard also took High Series (scratch) with a 639. D. Faulkner took High Game (Hdcp.) with a 274 and T. Frick won High Series (Hdcp.) with a 673.

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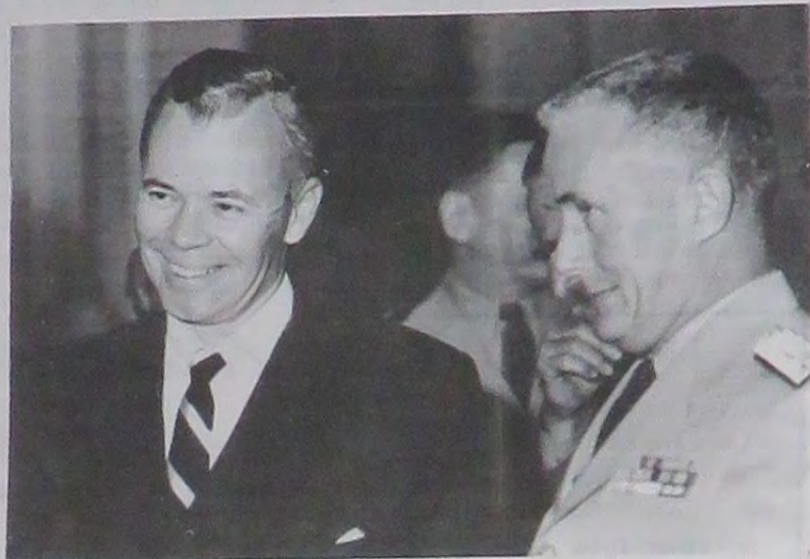
The U. S. Navy Nurse Corps celebrated its 58th anniversary on May 13. Those Navy nurses stationed at the Center and many of the retired nurses and guests in the area met at the Center's officers' club on May 12 to celebrate the occasion.

The receiving line was headed by Comdr. Marion Caesar, Chief, Nursing Service, who introduced the newly appointed director, Capt. Veronica Bulshefski.

It was on May 13, 1908, by act of Congress, that the U. S. Navy Nurse Corps was officially established. At that time the corps was to consist of one superintendent and as many chief nurses, and reserve nurses as necessary.

On August 8, 1908, Esther Voorhees Hasson was appointed as first superintendent. By October of that year, the first 20 nurses, who later came to be called the "Sacred Twenty," had reported to the U. S. Naval Hospital, Washington, D. C., for orientation and duty. (See picture, page 2.)

In reading back through some of the very early historical events leading up to the establishment of the Corps, it is interesting to note Dr. William Barton's recommendation for "conducting



The Hon. Charles F. Baird, Assistant Secretary of the Navy (Financial Management) delivered the remarks of Secretary of the Navy, Hon. Paul H. Nitze, at the Surgeon General's Conference. With Mr. Baird is Vice Adm. R. B. Brown, Surgeon General, U. S. Navy.

hospital and institutions for the sick." In the year 1811, Dr. Barton was a young Navy surgeon who later became the first chief of the Navy's Bureau of Medicine and Surgery. He had been asked by the Secretary of the Navy to submit his recommendation. He wrote: "The nurses, whose number should be proportionate to the extent of the hospital and number of patients, should be women of humane disposition and tender manners; active and healthy. They should be neat and cleanly in their

Continued on Page 2

We have moved, but we haven't gone fishing.... The NEWS office has been relocated in Building 115, second floor. Office telephone remains the same, extension 321. Mail for the NEWS should continue to be sent to the Special Services department, however. Since the NEWS is a communication medium, we are always happy to meet Centerites in person. Drop by the office anytime - even if you don't have a "scoop" to report.

All Major Medical Commands Represented

Over 60 top-ranking officers of the Medical Department met here on April 27-29 for the Surgeon General's Conference. The conference represented nearly every major U.S. Navy medical activity and interest in the world. The symposium covered every facet of the medical establishment of the Navy, from our efforts at saving lives in Vietnam, to fiscal, logistic, and personnel matters facing the several corps which make up the medical establishment.

After a brief word of welcome from commanding officer, Rear Adm. C. L. Andrews, the Hon. Charles F. Baird, Assistant Secretary of the Navy (Financial Management), delivered the remarks prepared by Secretary of the Navy, Hon. Paul H. Nitze, who was unable to speak because of unforeseen and urgent business. The Secretary's remarks covered many areas of interest, but one of the emphatic pronouncements concerned that of our fighting men.

Said he: "The confidence of a marine in his unit corpsman and in his doctor is a determining factor in his willingness to take the risks of war." In further laudatory remarks, he said that the medical department, with its up-to-date equipment, facilities, and skills, was responsible for the lowest death rate in the history of warfare.

In other matters, the Secretary touched on the excellent equation for a high state of morale in the confidence, on the one hand, of the serviceman in his medical department's treatment of his dependents, and, on the other hand, the dependent's reciprocal confidence of her husband's or father's complete and meticulous medical care, should that care be needed.

Rear Adm. R. O. Canada, Deputy Chief of the Bureau, then introduced the Hon. Shirley C. Fisk, M.D., Deputy Assistant Secretary of Defense (Health & Medical). Dr. Fisk's remarks centered largely around the supply of physicians for the several services, touching on the selective service, and the making of a service career attractive as potentials to combat the low retention rate of medical officers. In one specific area, nursing shortage, he diagnosed that many nurses are going on to graduate work in colleges and universities, with an eye towards teaching and administrative careers.

Dr. Fisk also explained briefly the legislative procedures taken, which should generally help service morale. He examined the three DOD-sponsored bills which are now before Congress. The bills (see "In Capsule Form," elsewhere in this issue) are proposals for additions and extensions of

present medicare programs. If passed, the new bills would cost, for the first year, some \$194.8 millions.

Likening his remarks to the purpose of the "State of Union" message, Vice Adm. R. B. Brown, Surgeon General, next took to the podium to exhort the conferees to use their positions as leaders to report "down to the last HN" the results of the conference. The admiral called this "backwards communications," and stressed this aspect as perhaps the prime objective of the conference.

In his message, the prime mover of the Medical Department touched briefly on most of the topics which would be studied at length during the 3-day meeting. In the area of personnel shortage, he revealed a request for 200 additional male nurses, and he mentioned the already approved request of 22 corpsman who have applied for the nurse training program. Still in this area, he covered, briefly, the efforts made in stepped-up recruitment and in the expansion of the civilianization program.

Other topics covered by the SG included new construction, training, and research. In the area of physical standards, the Admiral declared that the Navy was taking another look at the rigidity of its regulations for retention of heart attach personnel, declaring that many of these persons could be salvaged for useful and productive employment within the service structure. On the other hand, he revealed tighter regulations on visual losses, particularly in the area of complete eye loss.

"There is no justification for looking back in complacency," Ad-

Continued on Page 5

Center's New Fire Engine



Rear Adm. C. L. Andrews, Commanding Officer, is given a synopsis of the latest piece of fire-fighting equipment received at the Center. Explaining the different meters and hose connections to the Admiral is Fire Chief L. E. Green. The new engine is a 1965 model, replacing the previous 21-year-old veteran. This truck measures 25 feet, 4 inches in length; it is capable of carrying 1,600 feet of hose, 250 gallons of water, ladders, and breathing apparatus. The cabin of the truck holds three men and, in addition, has two "jump seats" behind the front seat for easy access by the firemen.



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A Matter of Style

Programing is spelled with one m; bylaw is one word, as is ultra-violet; bitter end is two words, bitter-ender is hyphenated, and bitter-sweet is one; a colon follows an introductory phrase before a direct quotation of more than a few words.... These are excerpted from the U. S. Government Printing Office Style Manual which has been adopted as the style guide for the NNMC NEWS.

In the future, the NEWS hopes to present a homogenous publication, to be trusted from one issue to the next, for accuracy of content and uniformity of style. This is not to be construed as an announcement that we have forsaken originality and become a textbook model. On the contrary, we hope to balance these things with progressiveness in reporting, variety in features, and appeal in the visual presentation of the NEWS. In short, we have adopted the standards which combine to make a good newspaper.

Now that we have said it, there remains but one thing: to do it!

Off-The-Job Safety

by HMC L. H. Lundy

The basic purpose of safety management is preserving human resources. Accidents destroy life, limb, and property; and they may happen anytime, day or night.

Safety awareness at NNMC has produced a low on-the-job lost-time accident and frequency rate. Of this record we can be justly proud. But safety is a continuing thing which must follow us wherever we go.

At the end of the working shift, when the work clothes are put away, many put their safety attitudes away in the same locker. Caution and good safety sense are thrown to the four winds. You see these folks every day. Some dash madly down the steps and across the lots to their cars. They try to "wheeze" into the traffic stream, forgetting the common courtesy of the highway. Occasionally, some end up as a scrap-heap beside the highway.

Home is for the lucky ones, but here there is no safety inspector to pat him on the back, or to point out unsafe acts. For instance, Junior was playing with his ball before Pop got home, and somehow it became lodged on the roof. Pop stacks three crates on each other so that he can climb to the carport roof. Good sense to the wind, he retrieves the ball, but nearly falls in the attempt. Success and chance went hand-in-hand. Others won't be as lucky, as hundreds are injured each year by falling from makeshift ladders.

The family car needs some polishing, so Pop decides to use his electric hand buffer. The cord is frayed. Pop never did check it for the proper third-wire grounding. Oh, he meant to, but was just too busy to take the time. Maybe he'll be lucky and get by this one time. Another unsafe act committed. The record shows many people injured each year from hand power tools with defective wiring.

Fido, the family pooch, bounds in from outside and upsets his water dish on the waxed floor. Junior sees it happen. He is too busy to do anything about it. Sister slips and falls. Angels must watch over children! The cost was only a pair of nylons--this time.

These few examples portray that the home can be more hazardous than the shop in which Pop works. A home safety program is needed to eliminate off-the-job accidents. Accident prevention is common sense. Use it, it needs your full attention.

You Have The Floor

Self-appraisal is good therapy for anyone and it is particularly good for editors. Your letters to us are one way to that end. We welcome them. They must be signed by the writer. Names will be withheld upon request. Letters chosen for publication are chosen at the discretion of the editor.

In reference to your article in NNMC NEWS, may I add some information about your first male nurse? (Ed. Vol. 22, No. 3). There were at least three male registered nurses stationed at NNMC from April 1942 to about 1944. They were from St. Elizabeth's Hospital.

William Fairweather, PhM 2/c, USNR, who was the assistant supervisor of nurses at St. Elizabeth's. He has since retired and moved away.

William Reed, PhM 2/c, USNR -- still employed at St. E's.

Paul Alexander, HA 2/c, USNR -- still employed at St. E's.

The latter two... were registered male nurses before entering the service. All three were stationed at the neuro-psychiatric service.

Very respectfully,
J.T. Shotton, HMC, USNFR

Ed.—Of course, we were writing about the new program whereby males are accepted into the U. S. Navy Nurse Corps. Our face is red, and our language was gray on this point.

Bourgea Assumes NEWS Editorship For 4th Time

Ronald J. Bourgea, HMC (Ret), assumed editorship of the NNMC NEWS on April 11. He was transferred from the U.S. Department of Health, Education, and Welfare, where he was editorial assistant on the Rehabilitation Record, the professional magazine of the Vocational Rehabilitation Administration. Besides regular editorial tasks, Bourgea was responsible for the magazine's make-up and layout.

"I claim the title of having edited the NEWS longer than anyone," Bourgea states. In explanation, he said that he was first assigned as managing editor in November 1947, a title which he held for 3 years. In 1953 he returned to the same job and again in 1961. He retired from the naval service in March 1965.

In assuming the editorship for the 4th time, Bourgea said he hopes to make the paper a truly representative organ of the command and of its people. He invites comments and suggestions. Especially, he would like to see develop an awareness in the individual that the NEWS is his public voice.



Continued from Page 1

persons; and without vices of any description...and are to attend with fidelity and care upon all the sick committed to their charge..." This was nine years before the birth of Florence Nightingale!

The events of the 12th at the officers' club were set against a nautical background, with a Navy combo providing the entertainment. Highlighting the evening

was the cake-cutting ceremony, replete with the traditional sword. The ceremony was jointly achieved by Capt. Davis, Capt. Bulshelski, Comdr. Caesar, the most junior ensign and the most senior lieutenant junior grade. Cocktails and a buffet were served. Much of the success of the celebration was due to the committee chaired by Lt. Comdr. G. Halsema.

GYM CLOSED

The gymnasium will be closed from May 31 through June 14 for resurfacing of the floor. Checkout of recreation gear and bicycles will not be affected by the closure.

AFGE Elects New Officers

Newly-elected National Naval Medical Centers officers of local 361, American Federation of Government Employees, attended a "get-acquainted" meeting with military officials of the Medical Center. Thew new officers met with Rear Adm. Andrews, Apr. 14. They were given the oath of office March 30 for a two-year term.

The agreement between local 361 and the Center was originally signed in 1963 under Executive Order 10988, with a renewed union agreement negotiated in November 1965.

The newly-elected officers are: president, Mr. Ralph B. Biser, first vice president, Mr. James P. Key; second vice president, Mr. Carl R. Hahn; secretary, Miss Marjorie A. Shannon; treasurer, Mr. Earnest M. Harding; sergeant at arms, Mr. Henry J. King. The five executive board members are: Mrs. Mary Ainsworth; Mr. Peter T. Sanders; Mrs. Margaret C. Beach and Mrs. Marteel T. Stanton.

In Memoriam

Center personnel were saddened to hear of the death of one of their fellow employees, Mr. John T. Scott, on April 17. Mr. Scott was an auto mechanic in the maintenance department. He had worked aboard the station for 5 years.

Mr. Scott is survived by his wife, Nellie M., and three daughters, Peggy A., Louise V., and Nancy E. The Scott residence is at 1610 N. Quincy Street, Arlington, Va. Interment took place in Marshall, Va.

Memorial Day 1966

by Chaplain Frederick J. Murra

One of the most meaningful holidays in our calendar is Memorial Day. It is also known as Decoration Day because of the custom to decorate the graves with flowers. It is a day set aside to honor all our dead. More accurately it is a day set aside to honor those who have died in the service of their country, or to honor the many other dead who at one time in their lives gave military service.

Our present observance began shortly after the Civil War. In 1863, women in Columbus, Mississippi, laid flowers at the graves of both Union and Confederate dead. The formal observance of Memorial Day actually dates from 1868 when General John Logan, Commander in Chief of the Grand Army of the Republic, issued a general order on the subject, at the suggestion of Union veterans. Gradually the day came to be accepted as a legal holiday in many states. Today it is a legal holiday in all the Northern States and in the territories.

For many years the celebration in the North was dedicated to an oratorical glorification of the victory of the Northern armies. As years passed, men's hearts mellowed and the note of triumph died away. For, in the words of Thomas Bailey Aldrich, "the thought could not but come to us that there were graves laying southward above which bent a grief as tender and sacred as our own. Invisibly we dropped unseen flowers upon these mounds."

The day established to honor the memory of the Civil War dead has come to be observed in memory of the dead of succeeding wars. Thus the day is primarily a military holiday and we in the military should take special note of it. The honored dead were much like ourselves. They include veterans and recruits, volunteers and conscripts, those who liked military life and those who didn't. It matters little, however, for whatever their status they sacrificed their lives when our nation asked it of them. We honor them for they deserve to be honored. They gave their lives in combat or as a somewhat delayed result of military service. We speak of the "supreme sacrifice" for to every man life is a prized possession.

In their honor, we enjoy a holiday. Is it too much to ask that a thoughtful, religious, American take a few moments on the holiday to reflect on its meaning and to breathe a prayer.

To reflect that life and death have meaning; that principle can be more important than life; and that their sacrifice is only partly worthwhile unless we learn lessons from it.

To pray for the courage and conviction to imitate them if called on to do so. To pray for the bereaved families of the military dead of recent conflicts. Above all, to pause on Memorial Day, to pray that our Divine Commander-in-Chief take particular loving care of all our deceased comrades in arms.

"Greater love no man hath than he lay down his life for his friends."

A-Mayin'

May is a month close to the hearts of sailormen and medical people alike. Within its 31-day span, we celebrate Better Hearing Month and allike. Within its 31-day span, we celebrate Better Hearing Month and Correct Posture Week (May 1-7). There is, also, National Hospital Week (8-14), Foot Health Week (14-20), Navy Nurse Corps' 58th Anniversary (13) (See page 1). On the strict Navy side of the ledger, May provided us with Navy Wives' Clubs of America's 31st Anniversary (3), Armed Forces Day (21), Maritime Day (22), and Memorial Day (30). The official chroniclers have forgotten just one thing, the universality of May with its "let's-get-out-in-the-open-air" appeal to people who have been suffering from the winter's "cabin fever" and claustrophobia. We therefore propose that it, henceforth, be called Panacea Month.

Surgeon General's Conference



Pictures above portray working sessions of the Surgeon General's Conference and social functions related to the meeting. It was held in the Naval School of Hospital Administration's auditorium, April 27-29, for the purpose of reviewing and reporting on Naval Medical Corps activities since the last meeting. The conference brought together all of the leading figures of the Medical Corps. In addition the opening session and social functions were attended by many of the past luminaries of the Corps,

including admirals Boone, Chrisman, Cooper, Hernandez, James and Swanson. Principal speaker was Assistant Secretary of the Navy (Financial Management) Charles F. Baird (pictured with Admiral Brown, top right). Also appearing on the program was Deputy Assistant Secretary of Defense (Health and Medical) Shirley C. Fisk, M.D., and Maj. Gen. William R. Collins, Assistant Chief of Staff G3, Headquarters, U. S. Marine Corps.

Monday, May 16, 1966

NNMC

Surgical Team Returns From Vietnam



The surgical team: Mr. Westinghouse, Betty Crocker, John L. Lewis, Comdr. Pojcky, Lt. Comdr. Beeby, Lt. Comdr. McKay, Capt. Troy, HM2 Sweany, Lt. Gondring, Capt. Bearson.



Surgical scenes: At right, the U. S. Team performs surgery upon its arrival in Rach Gia. Only one Vietnamese was able to assist them at this time. The next two pictures show a prep team and a surgical procedure entirely accomplished by Vietnamese, after training by the DOD team.

Scrub Team



Surgical Team



Gunfire ripped through the evening calm. A man crumpled to his knees, then fell to the ground, just beneath the marquee of a movie theatre. A pause. Then the gunfire was answered by the staccato bursts of automatic weapons. But "The Killer" was dead. The Dillinger-type scene portrayed here is not a movie prologue, not a scene from "The Untouchables." It all happened in Rach Xoy, South Vietnam. The "Killer" was Sgt. Houg of the South Vietnamese Army. He had a price on his head, placed there by the VC, because Sgt. Houg and his name, the killer platoon. He had a price on his head, placed there by the VC, because Sgt. Houg and his men had probably bagged more enemy than any other outfit in the war.

This story was told by Lt. Comdr. James L. Beeby, MC, USN, who, just a month before, had proved for and extracted shrapnel from the sergeant's shoulder, while the killer's men, weapons in hand, had ringed the OR table. "These are not optimum operation conditions," the doctor smiled. "I prayed for no slip-ups and sweated some nontheatrical perspiration."

Dr. Beeby headed a surgical team on loan to the State Department for a year's duty in Vietnam. Other NNMC team members were Lt. Comdr. Bernadette McKay, NC, and HM2 Bill Sweany (now stationed at B school, Portsmouth, Va.). The surgical team was one of many which answered the call from AID (Agency for International Development). As part of its health development program, AID had built 26 surgical suites in existing Vietnamese hospitals. The State Department agreed to staff these units and so called on the DOD for some of the teams. Dr. Beeby's was the first DOD party to establish headquarters there. Other teams were drawn from the Public Health Service, Korea, Australia, New Zealand, Italy, and Nationalist China.

In addition to Dr. Beeby, Miss McKay, and HM2 Sweany, the DOD team was composed of Comdr. Ruth Pojcky, NC, from Portsmouth, Va.; Lt. Bill Gondring, MC, from the USS Galveston; Capt. Milton Troy, MSC, USA, from the 82nd Airborne; and Capt. Larry Bearson, NC, USAF, Grand Fork Air Force Base.

Mission

According to Dr. Beeby, their prime mission was "essentially to teach ourselves out of a job." He explained: "We were sent to Rach Gia in Keing Giang province to train the people in the province's only hospital the techniques of OR, general nursing, radiology, anesthesia, and laboratory procedures."

The mission was accomplished on target. Proof of the success was the training of 6 OR technicians, 3 X-ray, and 2 laboratory men. The hospital's doctor, Nguyen Phock An, got a year of intensive training in surgery. Evidence of the workload is seen in the statistics offered by Miss McKay: 7,000 cases seen, 1,700 major surgical procedures, and 2,500 minor surgical procedures.

These astounding feats were accomplished in a 472-bed hospital which often served 700 patients at a time. When asked to compare its facilities with Stateside facilities, Miss McKay mentioned one of the team's favorite sayings: "In the States we are used to semiprivate rooms, here it is semiprivate beds."

Most Unique Case

It may sound like the strangest tale ever told, but it is gospel. One day Miss McKay received a patient and since she could not communicate, she called for an interpreter to translate the routine admission questions. After obtaining the patient's name and complaint, Miss McKay turned to the interpreter.

"Ask him who sent him."

"He say he referred from the Viet Cong hospital!" replied the interpreter.

Angel of mercy that she is, Miss McKay admitted the "suspect," but reported the incident.

"He was picked up by security on discharge day," she added as a postscript.

Under Attack

"Our worst scare came about midnight one night when VC infiltrators started lobbing mortar rounds into our town. Five of them landed in a canal, some 150 feet from our home which we affectionately dubbed the Rach Gia Hilton. Luckily the water absorbed the blasts and none of us was hurt. But things happened so fast and casualties piled into the hospital in such numbers that we went to work and had no time for fear for our own safety." Miss McKay blanched more from the recall of the incident than she had time to do on that September night in 1965.

Domestic Affairs

The Rach Gia hospital, to their knowledge, is one of the most unique in all of South Vietnam. This is so because it has a kitchen capable of diet service to its patients (Diet in the sense of a meal to a patient three times a day. Special diets were unobtainable.). The hospital's ancillary services were tended to by six Vietnamese Catholic sisters.

"One of the funniest sights in all our experience," according to Miss McKay, "is to watch the good sisters accomplish their rare patient-care service. When admissions grew too heavy for the regular force, the nuns would team up, one with a water bucket and one with a towel. They would proceed to wash the patients with assembly line precision. I always got the impression we were running a carwash!"

Unique Hospital

"Language was a barrier," Miss McKay recalled. "But we soon learned to adjust, and, with a smattering of Vietnamese which we picked up, some pidgin English, sign language, and our own phonetic concoctions (bub-a-buba equals coffee, for instance), we managed."

Overseeing the activities of the Rach Gia Hilton was the #1 boy who took pride in his nickname of John L. Lewis. In the same style,



Makeshift is often the word in Vietnam. Here a man's foot is held firmly in traction with the use of a bicycle tire-tube, a chop-stick, and a bag filled with sand.

Continued from Page 1

miral Brown summed up, indicating that success depends on moving forward.

One of the most pressing problems facing our Nation and so, our services, is the war in Vietnam. Here to appraise the medical officers of the Navy-Marine Corps operations in that country, was Maj. Gen. William R. Collins, USMC, Assistant Chief of Staff G-3, Headquarters, U. S. Marine Corps. The General accompanied his remarks with slides and film clips of action in the war. He stressed that our answer to communist coercion is civic action and that our medical programs were real factors, gaining the confidence of the Vietnamese, a confidence absolutely necessary for the successful prosecution of war anywhere in the world.

The last speaker in the morning session was Rear Adm. Walter Welham, Staff, Commander in Chief, U. S. Pacific Fleet. The Admiral gave an overview of medical support in Southeast Asia. He outlined our medical strengths and weaknesses, our potentials, the ideals and facts of logistics, and many other problems and assets of the medical picture in that part of the world. In particular, he spoke highly of the capabilities of the USS Repose and the additional medical support which will be received when the USS Sanctuary joins the fleet early next year.

The Admiral spent some time on one of the major medical problems, falciparum malaria, which has resisted the newer synthetic drugs. The use of quinine, consequently, was employed and, it alone, and in combination with other drugs, has proved better, if not perfect, in malaria control. The hazard remains year around, according to the Admiral, but assumes much greater importance during the rainy season.

Books For Vietnam

Sent By Med School

The Naval Medical School exhibited a hands-across-the-seas attitude recently in response to a Veterans Administration request for medical training material to be used in instructing Vietnamese nurses and corpsmen.

The request came from the Medical Benefits Division, VA Out-patient Clinic, Boston. Capt. Stover, CO, NMS, responded by sending reference material and specific medical and technical publications. Included in the package were publications on physical medicine, clinical laboratory, roentgenology, and training courses utilizing correspondence course techniques.

The Vietnamese medical team will retain possession of the publications, and they will use them in teaching other students upon their return to South Vietnam.

To Air Views

Write the Editor

In Capsule Form

HIGHFLYING SPACEMEN was the subject of a recent "Tester" article (USNAS Pax River). The station paper featured a writeup on Lt. John S. Bull and his family. The Flight Test Division's flyer was one of 19 selected by NASA to further our space program.

COMMUNITY COOPERATION has hit a new high in San Diego. Second year dental assisting students from Grossmont College are now attending a 25-week internship at the U.S. Naval Training Center, San Diego. The students rotate through a complete cycle of dental functions, including X-ray technique, periodontics, oral surgery, endodontics, operative dentistry, and prosthetics.

CIGARETTE SMOKING IS DOOMED, according to Comdr. W.F. Spence, MC, USN, writing in USNH San Diego's "Dry Dock." In a strong indictment, the doctor wrote: "Despite the efforts of many people, and forces are mobilizing to counter the idiotic and deceptive campaigns which seek to swell the ranks of smokers..." The doctor goes on to speak about lung cancer and emphysema and offers some steps for furthering the fight, including good example by doctors and nurses, a progressive program by parents to teach their young of smoking's dangers, and service exchange practices of unlimited tobacco sales. Also, see story on page .

DICK PETTIGREW ("The Gator", U.S. Naval Amphibious Force, Little Creek, Va.), formerly stationed at NNM and 6-time All Navy heavyweight champ, took the 1966 Interservice Championship in Little Creek, after a unanimous decision over the Air Force's Formos White in semifinal action, and knocked out the Army's Bill Walkins in 1:29 of the 3rd round in the finals.

THE AMERICAN BATTLESHIP ASSOCIATION will hold its 3rd annual reunion in San Diego on July 28-31 in the U.S. Grant Hotel. If interested in more information, send inquiries to P.O. Box 11199, San Diego, Calif., 92111.

IF THREE recently submitted medical bills pass in Congress, active duty dependents and retirees would benefit. The bills cover various phases of medicare. One would assure retirees and their dependents the medical privileges provided families of active duty members. The second important piece of legislation would expand medical care benefits within service facilities and permit civilian outpatient care for dependents. Lastly, the proposed legislation deals with mental and physical handicaps of children of active duty personnel.

FOUR STATES now permit nonresident military personnel use of the ballot. Hawaii is the latest to legislate suffrage of nonresidents who are assigned duty within the State. Other are: California, Utah, and West Virginia.

MEDICAL, engineering, signal, and ordnance skills are in short supply in the Army. To counter this, that service is offering one-grade advancements to retired enlisted personnel who volunteer for a 2-year recall to active duty. The Army hopes to attract some 10,000 retirees in this way.

Mr. Cote Not New To NC or To Navy

The second male commissioned officer, Nurse Corps, has taken his place in the NNM community. He is Lt. (jg.) Clarence W. Cote, who reported aboard in late February.

Mr. Cote is not new to the Nurse Corps, nor to service life, however, since he was first commissioned in the U.S. Air Force in July 1962 and remained with it until his recent transfer to the Navy. Also, Mr. Cote previously served in the Navy as a hospital corpsman.

In the Navy, as an enlisted man, he had a varied career from 1951 to 1956. Most of his assignments were overseas: USNH Coco Sola, Panama; Roosevelt Roads, Puerto Rico; and the battleships USS Iowa and USS New Jersey. His background in the Navy covers more territory, with assignments at

USNH St. Albans, N.Y. and FMF school in Camp Pendleton. After Pendleton, he served with the 1st Marine Division in Korea for 2 years.

"Although I didn't know it at the time, my experiences as a corpsman ultimately led me to the decision of a career in nursing." After discharge, he attended Siena College, majoring in biology, but in 1958 he decided on nursing and so transferred to Utica College, graduating in 1961. He immediately joined the Air Force. "As soon as I heard that the Navy had opened its doors to male nurses," he informed, "I requested a transfer."

Mr. Cote finds Navy life "not too changed" from when he was



in before. "I have already met several people whom I knew in the past."

While with the Air Force, Mr. Cote served at Lackland AFB, Tex., and at Westover AFB, Mass. He attended a 3-month course at U.S. Army Hospital, Ft. Sam Houston, where he received special

NNMC

NMRI News

HMC Opens New Door To Research

HMC Wilfred A. Fregeau, received the Secretary of the Navy's Commendation for Achievement for his outstanding work in the department of parasitology. He devised the methodology and apparatus for recognition and demonstration of the penetrating enzymes in schistosomes that has opened a field of human and veterinary parasitology which has not been studied to date because of the inadequacy of the available techniques. Early in June he will be transferred to the Naval Medical Research Unit No. 3, field activity, Addis Ababa, Ethiopia, for duty.

William R. Cotton, DC, was promoted to Commander at ceremonies held in the office of the commanding officer, Capt. H. C. Sudduth, on May 2. A native of Miami, Fla., Dr. Cotton received his education at the University of Miami, the University of Maryland, and the Northwestern University. He is a member of the American Dental Association and the Academy of General Practice of Dentistry, and his current work in the Dental Research Department is in histology and thymidine-H autoradiography.

HMC Charles D. Baggett, Jr., transferred to the Fleet Reserve on April 29, after more than 20 years of active naval service. He was cited in a letter of commendation from Capt. H. C. Sudduth, Commanding Officer, for his excellent judgement, discretion, and initiative in dealing "more" with both military and civilian staff members of the Institute, as well as with the personnel in various bureau's and offices outside of the command, during his assignment in the material and maintenance liaison office.

Library Notes

New books received in the Crew's Library within the past two months:

The Last 100 days, J. Toland, Embezzler, L. Auchincloss, Fantastic voyage (newest science fiction), I. Asimov, Double Image, H. MacInness, Snake water, A. Williams, That summer, A. Drury, Five journeys from Jakarta, A. Williams, Proud Towers, B. W. Tuchman, Vietnam Reader, M. G. Raskin, Underground, M. Tobino, Black hole of Calcutta, N. Barber, Under five Shahs, H. Arfa, Children of Allah, A. N. Keith, Age of Battleships, B. Harris, U. S. Nuclear Navy, H. J. Gimpel, Life of Dylan Thomas, C. FitzGibbon, Missile Crisis, E. Abel, Guide to garden shrubs and trees, N. Taylor, Mahalo, S. Kause, Toward a distant island, L. Wibberley, The Penkovskiy Papers, O. Penkovskiy.

training in the care of burn patients. Ft. Sam Houston is an Army center for burn therapy and research.

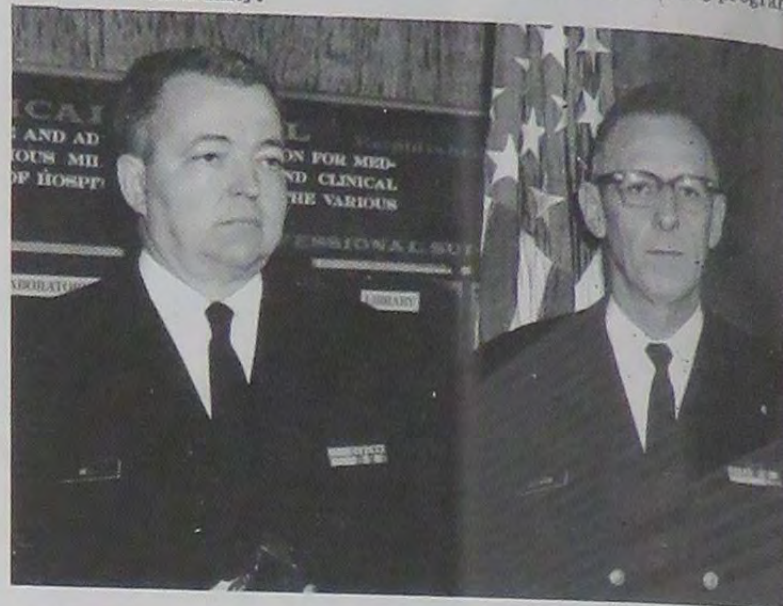
Speculating on the usefulness of male NC officers in the Navy, Mr. Cote ventured: "Although the corps is very small now--I believe only about 10--I can see definite advantages for male nurses abroad major ships and in the FMF where female nurses are not normally assigned. Of course, this does not preclude normal assignments, wherever Nurse Corps officers are needed."

STATION AND Area News

Roundup

• Smithsonian Institution buildings are now open from 0900 to 2200. The new schedule started April 1 and will continue through August 31. Last year's attendance jumped when the buildings were opened during the evening hours and the Regents and Secretary of the Smithsonian have announced a repeat performance. The Washington Monument, as of March 20, went on its summer schedule, which means evening trips to the top until 2300.

• Capt Gordon C. Bell and Comdr. Edmund H. Gleason, both of NMS, received medical self-help certificates from their commanding officer, Capt. J. H. Stover. The presentation was made on behalf of the Division of Health Mobilization, District of Columbia Department of Health, for the officers' contributions to the self-help training program and to the community.



The course provides information and training for survival in potential disasters, when a physician or other medical personnel are not available. The program includes sixteen hours of instruction in radio-active fallout and shelter, healthful living in emergencies, artificial respiration, shock, burns, bleeding and bandaging, fractures and splinting, transportation of the injured, nursing care of the sick and injured, infant and child care, and emergency childbirth.

• The Santa Maria, the exact replica of Columbus' ship of discovery, has found a permanent home on the waterfront in Washington. This is the ship that was at the New York World's Fair. She came in on March 24, and she is now open to visitors.

• Approximately 1500 area worshippers greeted the arrival of Easter Sunday at the National Naval Medical Center. The presiding Chaplain for the service was Chaplain Philip C. Bentley, staff chaplain, NNM. Chaplain W. W. Parkinson, Head, Religious Activities, delivered the sermon.

• The Naval Hospital has been graced with the gift of six beautifully executed oil paintings from the brush of Mrs. Vivian B. Jones. She made the presentation as an in memoriam gift for her husband, the late Lt. Comdr. Leon B. Jones who was a patient here before his death. The land and seascapes can be seen in the dependent's clinic, the Navy Exchange cafeteria, the main waiting room, and on ward T-9.

• The new Navy Exchange toyland and patio shop is located in building 115 (opposite end from the golf shop). It carries a large variety of toys and accessories for the lawn and patio. Typical items are lawn furniture, umbrellas, charcoal grills, charcoal and lighter, thermos jugs, picnic ice boxes, etc. The shop can also duplicate keys and make name plates. Hours of operation are from 9 to 5, Tuesday through Saturday. Closed Mondays. Garden supplies, tools, fertilizers, etc., are still obtainable at the "country store."

• Gomer Pyle had a break of at least one day, May 6, when his rough DI (drill instructor) Sgt. Carter (really Frank Sutton) visited patients here. The TV leatherneck stopped on ward 6C where many of the ambulatory patients had gathered to hear the TV star give some "get well orders." He also visited bed patients in other wards of the hospital.

Helicopters Up; Death Rate Down

NAVNEWS -- "Operation Dust-off," the nickname for the missions helicopter ambulances fly in Vietnam, has been in large measure responsible for America's lowest combat death rate in history--some 400 percent below WWII and 200 percent less than

Korea, where medical air evacuation was first introduced in combat.

Every day field radios crackle with urgency in crowded little huts housing the "Dustoff" crews, and the crews respond quickly and efficiently to each call.

MD Wives' Club

The Navy Doctors Wives' Club of Washington holds its two final events of the year this month.

On Thursday, May 12, there was a luncheon at the NNM Officers' Club. Mrs. John Nardini was chairman. Elections and installation of next year's officers took place.

On Saturday, May 28, a formal dinner-dance will be held at the Officers' Club. Mrs. Roy Brown and Mrs. John Eswein are co-chairmen of this event. Social hour at seven, dinner at eight, and dancing from nine until midnight, to the music of a Navy orchestra.

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A FEW BLOCKS FROM NNM

Monday, May 16, 1966

Admirals "Lookin' Good"

by Ron Drake

With the return of a few of our veterans from last year's team, and a couple of new strong players this year, the NNMC Varsity Softball team will be giving any team they play a run for their money.

On the pitcher's mound will be Bob Rogers. Along with Bob will be Bill Sellers at first, Joe Gonzales playing short stop, Don Word catching, and Ed Sloan in the outfield. The experience of these veterans will prove to be an asset to the team.

Playing along with the veterans will be Bob Lilly and Jan Villanova, two of the teams most promising players. The two are pictured here.



Lilly, who hails from Painesville, Ohio, has had experience only in high school hard ball. His hard ball experience really shows on the softball field. Lilly is a hustler, with quick leg movements and a good arm. And being from Painesville, Lilly will most likely be giving some of the rival teams some pains in spots where it hurts the most.

Villanova, the strong arm boy from Pittsfield, Mass. has had previous Navy softball experience. While stationed at Palo Alto, California, his team won the class "B" City Championship. Villanova covers the outfield using good speed, and he can throw hard into bases. With these qualities, he should prove quite helpful when the NNMC team is on the defensive.

30

Roy Chosen Chess Tourney For Regional To Be Played Bowling Match In Washington

Four Centerites packed their ditty bags (and their bowling prowess), and ventured forth to Patuxent River for the NDW rolloff, held April 19-22. Mustering the 170 or better average to open the gate to the tournament were R. F. Duben, R. R. Roy, R. R. Minton, and F. D. Faulkner.

All but Roy was cut at the end of 12 games. Chief Roy went on for the full 24-game series to be chosen as one of the 5 to represent NDW in the North Atlantic Regional Bowling Tournament, also to be held at Patuxent River, May 3-6. Results of those games were not available at this writing.

Chief Roy is a dental command sailor. He lives in Rockville and belongs to the Metro Merchant's League of Rockville. He entered the NDW with a 185 ABC authenticated average. Once before, the Chief had All Navy competition in his sights; he had taken part in regional action in Port-Lyautey, and again in the CINCEUR tournament, but in this last was just shy of a birth for the All Navy team.

The seventh annual armed forces chess championship tournament will be held in Washington, D.C., beginning on Veterans Day, November 11.

The American Chess Foundation, which sponsors the annual tournament, with the approval of the Department of Defense and the combined cooperation of the USO, American Legion, and U. S. Chess Federation, has invited all the armed forces to enter their foremost chess players in the tournament, which will be held in the American Legion "Hall of Flags."

Anyone on active duty is eligible to be considered for the tournament. Nonrated chess players may obtain U.S. Chess Federation ratings by forwarding command or USO tournament records, with rating fee of 10 cents per game, to the U. S. Chess Federation, 80 East 11th Street, New York, N.Y., 10003.

The weeklong program will include an opening luncheon at the National Capital USO Club, an all-around Swiss system tournament, and American Legion party, side games with Pan American Union Chess Club and National Chess Club leaders, visits to the White House and the Capitol, and the American Chess Foundation reception and awards dinner at the Sheraton-Carlton Hotel on Friday evening, November 18.

For more detailed information write to: Mr. B. G. Lewis, Recreation and Physical Fitness Branch, Bureau of Naval Personnel, 1808 Arlington Annex, Washington, D.C., 20370.

NNMC

Duffer's Dream Comes True For Darrel Welch

by Ron Drake

The golfer's "golden fleece" is the hole-in-one. Some golfers search for it all their lives but never come close. Darrel E. Welch of NMS Laboratory is one of the selected few who attained the sight of the "fleece." It was a typical golf day when Welch arrived on number five. His game was just a little better than usual.

With the 180-yard, par-three hole before him and the prevailing wind at his back, Darrel swung his 3-iron, sending the ball slightly to the right side of the green. The ball glided down to about five yards off the right side, rolled onto the green, and dropped into the cup!

Quite an accomplishment for any golfer! But for Darrel it was even more, for he has been a golf enthusiast for only one year. Needless to say, he wound up the 9-hole round with a 44, his best score yet. But at the rate that he is improving, he'll break 40 before the season ends.

Admirals Take Preleague Game Over Nav. Sta.

The NNMC Admirals opened their season with a preleague 2-1 victory over Naval Station, Washington. Bob Rogers of NH worked from the mound for the full 7 innings, allowing 5 hits and fanning 9 opponents.

The Centerites jumped into a precarious 1-0 lead in the 3rd and padded that with another marker in the 6th. Naval Station got back into the act early in the 7th, collecting one run, but was unable to unleash a last-ditch attempt to even up the ball game.

Admiral hitters were: Rogers, Durbin, Zimmerman, Villanova, and Schmanski. The official WAMAC league opened against the Army's Vint Hill Farm in a night-cap last Tuesday.

Nine Teams Enter Local Golf Play

The intramural golf play sputtered once with rain and cold weather on May 2, opening day, forcing competition firsters AFRRI and NH2 to shoot for a makeup game on Friday, May 6. But the sun shown through on May 3, and the league was launched with play between the Center and Fleet Reserve clubs.

Nine teams have entered the local competition. They are: Dental A, Dental B, Center, NMS, NMRI, AFRRI, NHI, NH2, and Fleet Reserve. Maximum team members is 16, but only 8 players are allowed for each match. Team play consists of the 8 players, using the lowest 6 scores to determine match winners. Games are played Monday through Thursday, with makeup games on Friday.

Handicapper for the events is Lt. Comdr. John Guinn, chairman, Golf Committee.

Cleanup Week

May 22-28

Your Help Needed

Indocrintation Class Number 2



The Naval School of Hospital Administration's Second Indocrintation Class of Inservice appointed Medical Service Corps Officers, Supply and Administration, was graduated on April 1. Rear Adm. H. H. Elghmy, MC, USN, Assistant Chief for Personnel and Professional Operations, Bureau of Medicine and Surgery, was the graduation speaker; Capt. R. S. Herrmann, MSC, USN, Chief, Medical Service Corps, delivered the class charge; Capt. H. G. Edrington, MSC, USN, Director, Hospital Corps Division, Bureau of Medicine and Surgery, presented certificates to the graduates.

This makes the 55th graduation ceremony since the School's establishment, with 26 in hospital administration, 27 in military and medical Department orientation, and 2 in Medical Department and military Indocrintation.

The officers and their future duty assignments are: First row, left to right; Ensigns D. E. Potter,

U.S. Naval Dental School, Bethesda, Md.; W. C. Ludwig, USNH, Guam, Mariana Islands; H. J. Hickey, USNH, St. Albans, Long Island, N.Y.; T. N. Crumley, Field Medical Service School, Camp Lejeune, N.C.; F. K. Cooper, U.S. Naval Aviation Medical Center, Pensacola, Fla.; Second row, left to right, J. R. Blanton, USNH, Yokosuka, Japan; R.A.A. Jeffs, USNH, Bethesda, Md.; J. H. Graham, Naval Submarine Medicine Center, New London, Conn.; G. W. Mathewson, USNH, Chelsea, Mass.; Third row, left to right, W. P. McGrath, U.S. Naval Medical School, Bethesda, Md.; K. W. Snow, Jr., USNH, Portsmouth, Va.; M.G. Hostetter, U.S. Naval Dental Clinic, Norfolk, Va.; D. E. Bradford, Naval Administrative Command, Great Lakes, Ill.; A. M. Thrall, USNH, Oakland, Calif.; D. L. Price, Marine Corps Air Station, El Toro, Santa Ana, Calif. All officers listed are Ensigns in the Medical Service Corps, U.S. Navy.

Golfers, Think About It

Each year, the USGA and the PGA adopt new rules and regulations governing (mostly) the speedup of play. This year, for instance, the new flagstick ruling states that if your ball is off the green anywhere at any distance from the flagstick there is no penalty, if your ball strikes the flagstick, but if your ball is ON THE GREEN, a penalty is incurred. The old rule stated that if your ball was within 60 feet of the flagstick ON OR OFF THE GREEN, and your ball struck the flagstick, then a penalty was incurred. The slowness evolved from players trying to decide whether or not they were 60 feet from the flagstick.

Another point to be brought out is gold etiquette. Before anyone is allowed to walk on or play on a golf course, he should know the etiquette that is involved in the game.

One of the most abused rules of etiquette on our NNMC course is not allowing faster players to play-through, particularly when someone is looking for a lost ball. The USGA golf rules state that 5 minutes is all the time allowed to look for a lost ball. Not 5 1/2 or 6 minutes, but 5.

Now, think for a minute. If you had just bought a new carpet for your home that cost \$5,000 and someone came in and cut a piece out of the center, you would probably be quite mad. Well, the same applies to the golf greens here or on any other golf course. The greens cost about \$10,000 apiece to build and quite a bit to maintain each season. How many times have you walked onto a green and seen divots and ball marks on them that made you sick to your stomach? There is no plausible excuse for anyone not replacing their divots or repairing their ball marks. Even though it may not be yours, repair it anyway. You would be surprised how this will improve your putting. No golfer likes to putt over three or four holes in a green.

Ninety-nine per cent of golf courses over the world have sand traps. And our course is no exception. It's bad enough being in one of these hazards. But it's even worse when your ball lies in a footprint. Rake it!

To Officiate

Bill Dwyer, JO1, NNMC, has been chosen to officiate in the Eastern Seaboard softball league for local games. The league is a civilian organization. Teams making up the league come from Washington; Providence, R.I.; Patterson, N.J., Norwalk, Conn.; and Stratford, Conn. Games will be played at 7 p.m., taped, and televised at 10 p.m. on channel 20. Dwyer is a member of the Greater Washington Softball Umpires Association. League play started on May 14.

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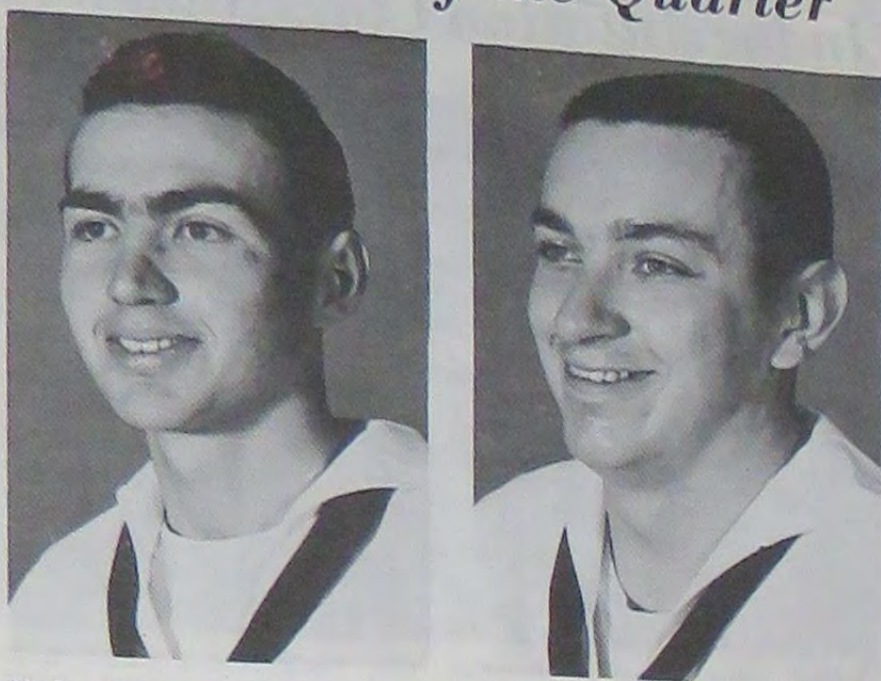
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Corpsmen of the Quarter



HM3 Eugene M. Orner and HM3 Edward D. Dodson were named corpsmen of the quarter by commanding officer, Capt. G. M. Davis. The award was made in recognition of the pair's outstanding performance of duty and other military and personal characteristics. Both were awarded letters of appreciation and U. S. savings bonds.

Promotions Are Order of Day

Congratulations to the following NMS personnel who were advanced in rate on April 16:

To HMC - F. A. Burkhardt; HM1 - F. D. Faulkner, G. R. O'Connor, R. L. Griffin, R. C. Ruffing, D. F. Wilson, D. F. Borek, T. J. Janoski, M. Stevenson; HM2 - J. W. Cummings, H. F. Peters, C. S. Walker, D. E. Welch, D. Dittman, W. T. Harrelson, R. Gonzales, S. Kostelny, R. L. Beckham, E. V. Rice, M. A. Rinell, C. E. Starcher, C. M. Ballard; HM3 - R. Armistead, A. I. Carreras, J. E. Bush, D. R. Cox, M. L. Delaney, G. D. Hayberger, R. J. Rau, D. L. Kimray.

Welcome aboard to the following officers and enlisted men joining the Naval Medical School Staff: LCDR M. L. Rooney, ENS. L. E. Belter, ENS. W. P. McGrath, ENS. W. O. Sherwood, HMC. R. S. Dunn, HM1 R. S. Aitken, HM1 E. J. Otis, HM2 W. P. Glover, HM1 R. C. Ruffing, HM1 D. F. Wilson.

The Naval Medical School bids farewell to CDR B. Munroe and HM3 D. E. Brandon. CDR Munroe was transferred to the U. S. Naval Hospital, Philadelphia, after completing a tour of duty as Head, Occupational Medicine Training Branch, Academic Department.

HM3 Brandon, after completing his tour of duty where he worked in the Duplication and Reproduction Branch, Administrative Services Division, Administrative Department, was transferred to the Naval Communication Station, Naval Security Group, San Miguel, Luzon, Republic of the Philippines.

Chapel Picnic

The annual Bethesda Chapel Picnic (protestant) will be held from 1200 to 1500 on May 22 at the Stone Lake Recreation area. Each family that attends is asked to bring a picnic lunch with enough for the family plus one which will provide for the single persons who attend. Soft drinks, desserts, and utensils will be furnished. Those who are single are welcome, stag or with a date.

Plan to attend and enjoy the afternoon of fun and games.

Hospital Ships Topic of Surgeon General At CPO Lunch

Vice Adm. R. B. Brown, Surgeon General, U.S. Navy, was guest speaker recently at the Chief Petty Officers' bimonthly luncheon. The Navy's top medical officer was accompanied by commanding officers Rear Adm. C.L. Andrews, Capt. J.H. Stover, and Capt. H.C. Sudduth, and various staff officers.

HMCM Marshall introduced Admiral Brown who delivered some pointed and interesting remarks about the history, background, availability, and necessity of hospital ships in the modern Navy.

Pool Provides FMF Pers In A Hurry

Naval activities in the continental United States have been directed to send, on a monthly basis, people in the HM rates to temporary duty under instruction at field medical service schools. The program started in March and is due to last for 5 to 6 months. The philosophy of the move is to create a pool of trained men from which future FMF requirements can be met.

The Naval Hospital sent four corpsmen to Camp Lejeune in March and another five in April. Length of the school is one month. This action was proposed by Chief, Bureau of Medicine and Surgery and concurred in by the Commandant, Marine Corps.

After the men have completed their assignments at the FMF activity, they are returned to their parent command to resume their normal duties.

Navy Relief Fund

Drive May 4

to June 6

Please Give

YOUR DENTAL HEALTH

The following is one of a series of articles being presented by the Station newspaper in cooperation with the dental department.

Thumbsucking and Pacifiers

Will thumbsucking cause a child to have crooked teeth?

Dental authorities now generally agree that it won't -- provided the habit ends before the child reaches age 5. In those early years, any irregularity in tooth position by sucking habits probably will correct itself.

But by age 5, the permanent teeth begin to erupt, and these can be seriously affected by the thumbsucking, fingersucking, lip biting, tongue thrusting, and similar habits.

Sucking is one of the earliest habits a baby develops and is related to his need to obtain his food from breast or bottle. Psychologists believe that sucking also gives a baby a feeling of comfort and pleasure and is a natural and normal habit which should be allowed.

Sucking may increase when a baby is tired, bored, or frustrated, but, from a dental viewpoint, there is not likely to be any harm from this habit during the early years. Some babies prefer a pacifier to the thumb, and a rubber pacifier before age 5 will not injure the teeth, either. In fact, some dentists think it preferable, since it is softer and exerts less pressure on the dental arches and teeth than does the thumb.

At age 5, however, persistent thumbsucking may permanently affect both jaw shape and tooth position -- narrowing the dental arches and forcing the teeth out of position.

Persistent thumbsucking should be brought to the attention of both the physician and the dentist for corrective action.

Above all, don't substitute the lollipop for the thumb. It's a powerful ally of tooth decay.



On April 6 LVIPs (Little VIPs) visited the hospital, bringing with them over 150 candy-filled baskets that they made and filled. They visited about 10 wards, giving candy and bringing cheer to the patients who were unable to get out for the holidays. Many of these patients are Vietnam wounded. The boys are from Pack 621, Arlington. Their den mother, Mrs. William Worth, escorted the scouts.

GENETIC CONFERENCE—Participants in the National Conference on Human Genetics and Biochemistry at Washington National Cathedral visited the tissue bank at the National Naval Medical Center, Bethesda, Md., on Thursday, Mar. 24. Discussing a sample of dried skin that will eventually be used in plastic surgery are (left to right) Dr. John E. Cantelon, (Presbyterian) University of Southern California, Los Angeles, Calif.; the Rev. Henry J. Yannone, (Roman Catholic) St. Margaret's Rectory, Seat Pleasant, Md.; Lt. Edward Krau, MC, of the tissue bank staff; Dr. Louis T. Almen, (Lutheran) dean of the Augustana College Chapel, Rock Island, Ill.; The Rev. Wilfred Cross, (Episcopalian) Nashotah House, Nashotah, Wisc.; and the Rev. James Wall, (Methodist) writer for "The Christian Advocate," Park Ridge, Ill.

He declared himself a staunch supporter of this type of ship which has a medical potential, according to Admiral Brown, lacking in any of the other services. The philosophy of his belief lies in the fact that a complete and sophisticated medical establishment can be virtually brought to the combat doorstep, yet withdrawn easily and swiftly. In support of the hospital's efficiency, Admiral Brown declared that of the first 200 casualties received aboard the USS Repose in Vietnam, only one percent (2 deaths) of the patients were lost. One of the two deaths was the result of such massive injury that lifesaving in any situation would have been nearly impossible.

He stressed over and over again that our Navy should never again be caught without an active hospital ship in service. This was in reference to our deactivation, at the end of the Korean War, of our three ships serving in that war.

Returning to the capability of this type of ship, he quoted the number of its medical staff as being 24 Medical Corps, 3 Dental Corps, 29 Nurse Corps, and 250 Hospital Corps. The 755-bed facility carries such innovations as two portable heart-lung machines, an artificial kidney, and a compression chamber for treating air and submarine ills.

In addition, he signaled the ship's up-to-dateness, reflected in its early ambulation technique of fitting amputees almost immediately with prostheses, so that a man is back walking within hours of the amputation.

Also, in this line, he mentioned the frozen blood program, praising USNH Chelsea's pioneering in this field and Dr. Charles Huggins, Massachusetts General Hospital, for his work in reconstituting frozen blood. He quoted Comdr. Brodine's reports of the good results with frozen blood on the USS Repose in Vietnam. As an aside, he also mentioned frozen blood's quality of being tolerated by patients who had previously received many whole blood transfusions.

The Admiral then presented a new film, prepared by the Marine Corps, entitled "The Corpsman." The film was prepared mainly to show people back home the fine medical care received by military forces in action. It attains its objective and its message that to a wounded man the cry for life itself is: Corpsman! And now, in Vietnam, the same cry is heard, sometimes as Corpsman! Sometimes as Bak Si!

Show, May 25

Movies for Wednesday, May 25, are cancelled. On stage that evening will be a variety review in honor of Vietnam war casualties. All personnel, military and civilian, are invited. There is no charge. The show begins at 7 p.m.

Entertainment will be provided by the Catholic University drama club, by the Marine Corps Band, and by the Marine Corps Drill Team. The program is expected to last about an hour and a half.

Monday, May 16, 1966

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Captain Dwight R. Rowland, Fort Benning, Ga.
Lieutenant Lynn C. Nickerson, Fort Bragg, N. C.
S/Sgt. E-6 James E. Wright, Fort Jackson, S. C.
Captain Charles M. Bull, Jr., Hunter A.F.B., Ga.
Major James A. Quillin, Kelly A.F.B., Texas
M/Sgt. Allen Baxley, Jr., McClellan A.F.B., Calif.

S/Sgt. Anthony M. Mrozik, McCoy A.F.B., Florida
L/Cmdr. W. C. Bailey, NAS Lemoore, California
Major Melvin L. Minnix, Otis A.F.B., Mass.
Captain Logan J. Doub, Randolph A.F.B., Texas
M/Sgt. Jesse W. Ellis, Travis A.F.B., California
M/Sgt. Hugh F. Fantone, Vandenberg A.F.B., Cal.
T/Sgt. Earl W. Denny, Westover A.F.B., Mass.
S/Sgt. Ernest A. Plaughter, Whiteman A.F.B., Mo.

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Artist's Conception

Many families already enjoy fun-in-the-sun living in the growing residential community of Placid Lakes.



Artist's Conception

Placid Lakes' magnificent clubhouse and 18-hole championship golf course are now under construction.

250 Participate In NDS Clinic



Capt. Fedi discusses the periodontics clinic program with Capt. F. J. Fabrizio, periodontics consultant, NDS. Standing by to congratulate Capt. Fabrizio, recently selected for promotion to rear admiral are Dr. C. C. Alpert, president, D. C. Dental Society, Capt. K. L. Urban, CO, NDS, and R. B. D. Mattox, President-elect, D. C. Dental Society.

NDS hosted the D.C. Dental Society members on April 13 at an all-day periodontics clinic planned to stimulate the cooperation of civilian and military dentists in continuing education programs.

Capt. P. F. Fedi, head, periodontics department, chaired the day and evening lecture program presented by the NDS staff.

Comdr. R. S. Leopold, head, removable partial dentures division, addressed 250 participants at the evening dinner meeting in the Commissioned Officers' Mess (Open).

NDS News

ENLISTED: Many presentations have been made to Dental School personnel in the last few weeks, including advancement in rate, good conduct awards, and presentation of honorable discharge certificates.

Men who advanced in rate were Gordon C. Fillmore to DT1, Richard R. Minton to DT2, Daniel K. Wlodarski to DT2, Donald M. Hunter to DT2, Dolphus P. Christenbery to DT3, David T. Logan to DT3, and Charles F. McGill to DT3; men receiving good conduct awards (first) were David R. Morgan, DT3, and Roger C. Suter, DT3; and receiving their discharge certificates were Peter D. Anderson, DT3; and Norbert S. Daczky, DT2.

NDS said goodbye to two staff members this month. Chief Paige M. West was detached on orders transferring him to the Naval Support Activities, Naples, Italy. At a farewell ceremony, a letter of commendation was presented to the Chief for the fine job he did as instructor in the dental technician, general, school.

OFFICER: At a recent presentation ceremony Lt. Comdr. Samuel V. Holroyd received his promotion in grade from Capt. K. L. Urban, Commanding Officer of NDS. Dr. Holroyd is taking 1-year advanced training at Georgetown University under the residency program of NDS, returning thereafter to staff duties at the School. Participating in the ceremony were Capt. H. G. Green (XO), Capt. L. S. Hansen, (HD, Officer Ed), and Capt. P. H. Fedi (HD, Perio).

Congratulations to Carl O. Wesolowski on his promotion to Lieutenant: At a ceremony held March 15, Lt. Wesolowski, Personnel Officer of NDS, put on his new stripe in the presence of his wife and four sons, while the CO, Capt. Urban, expressed for all the sincere pleasure the staff felt in "Ski's" achievement and for the chance to honor him on the occasion.

Others who were promoted recently include Comdr. Robert A.

NMRI Officer Stages "Operation On Faucet - Fix"



"Operation Faucet-Fix" is the self-styled name given by Comdr. Alan C. Pipkin of NMRI to his suggestion for saving money in the Navy Department's cost reduction program. The suggestion netted Comdr. Pipkin the suggester-of-the-month award.

The suggestion resulted from a routine material inspection which he was conducting. In the course of that survey of four buildings, he found five leaking faucets. Conscious of the money going down the drain, he attempted to tighten the faucets, but all five were as tight as could be. The problem then became apparent as not so much the fault of people not turning off the instruments, but as worn parts within.

In his suggestion, Comdr. Pipkin suggested that inspection parties pay particular attention to this problem and that Public Works institute a more regular replacement of worn gaskets and faucets. Additionally, he suggested a sign by all shower stalls, cautioning users to use more care in turning off the spigots.

Cleanup Week

May 22-28

Your Help
Needed

Gaston and Comdr. Henry Muller. CIVILIAN: Dr. George B. Pelleu, Jr., of Microbiology Division and Mrs. Jeanna L. Cox, of Publications Department, will be among the participants in the next Center awards program. Both employees have been recognized for their outstanding performances.

NNMC

The Idea Arlington: Spring 1966

Spring came early to Arlington this year. The even rows of white headstone reflect the warming sun and the fields holding a country's history once again receive the seeds of an Idea.

There, three men dead at Bull Run. Over here, a naval doctor from the Philippines in 1943. Here, the mast from the MAINE, a mass grave for 1,000 Civil War dead, a civilian caught in the retreat from Gettysburg. Below the big house on the hill, the young President and his children. Near the road--six black cars and flowers in the Spring morning.

Just inside the retaining wall a new grave for a man from Vietnam. The freshly-turned earth seems raw against the grey stones of the wall. Covered seats line the graveside and the honor guard waits at parade rest in a nearby grove of birch trees. The family moves across rows of markers. At the cars, the chauffers speak--"Who was he?"

"Just a guy...an officer...his slip is on the front seat."

"Does it say where he got it?"

"Yeah, but I can't pronounce it...someplace over there."

Over there, Over there...the same tune. Is he any different? He is the same as those at Chancellorsville and Belleau Wood. The same as those lying in the Spring sun in the Punchbowl on Oahu or in Norman fields just thawing from the European winter. The same as those who never saw an enemy--or fired in anger--who worked at their desks and shops and died in bed. The same because of their service. All part of the Idea.

A flag is stretched tautly over the casket. The ceremonial guard fires. Taps and its echo roll down the hills to the Potomac. Over the wall from the grave, traffic continues toward the Pentagon. The cars don't stop and yet, a few feet from them everything stops for a moment. Visitors stand, not knowing that a man and the universe that he represents is gone. Though they have been to a thousand morning such as this--the chauffers stop talking at the cars. The flag is furled and given to a woman whose face is hidden. Then...all leave--a solitary mourner remaining.

Spring in Arlington. Spring in South Vietnam. The end of life midst the birth of seasons. What remains constant is the Idea. It is always there....

Meeting

The Washington Society for the History of Medicine Dinner Meeting and Election of Officers, May 20. Place: Blair Mansion Inn, 7711 Eastern Avenue (Georgia & Eastern). Silver Spring, Md. Time: Cocktails (Cash Bar) 6:30 P.M. - Dinner (\$4.50 ea.) 7:15 P.M.

Speaker: Dr. Osweil Temkin, Professor of the History of Medicine and Director of the Institute of the History of Medicine, The Johns Hopkins University, Baltimore, Maryland. Also, Editor of the Bulletin of The History of Medicine. Talk: "Between Medicine's Ambiguous Past and Unknown Future".

Nor Rain, Nor Sleet

Monday, May 16, 1966



The Navy's School for Advanced Prosthetic Dental Technicians must go on--come rain, sleet--or the hazards of physical fitness programs! Anyway this is what DTCS Dominic G. Zaia believes. Chief Zaia, instructor at NDS, severely fractured his leg playing volleyball on March 15. Soon after initial treatment and casting of the fracture, he resumed teaching his regular classes, even though he will be hospitalized (between classes!) for an undetermined time.

Summer Courses To Be Offered By GW Univ.

NNMC and The George Washington University have announced a list of tentative courses to be given here during the summer session. To be given, these courses must have a registration of at least 10 persons per course. Deadline for signing the preregistration list in the educational services office is May 20.

The contemplated courses are: Introductory geology 3; introductory geology 4; history 39,

the development of European civilization in this world context; B & PA 204, quantitative factors in administration; B & Ad 209, seminar: personnel management. Each of these courses carries a three credit-hour value.

For complete information as to eligibility, time schedules, cost, etc., consult NNMC Note 1560 of April 1, or see your personnel officer.

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Monday, May 16, 1966

Defensive Driving Stressed In Safe Driving Course

"How to drive and stay alive," Trooper Howser, of the Maryland State Police Force said wryly at the opening of a driver improvement course given aboard the station. After that bit of rhythmic catchphrase, the officer explained that the 8-hour course he was about to give was in defensive driving, a tested and effective way to train licensed drivers to become better, safer drivers. It is based on concepts and techniques widely used to train drivers for commercial vehicle fleets, and it is sponsored by the National Safety Council.

Two such courses have been given here at the Center. The first ended on April 15, and the second, an evening course, will end on May 18. Fourteen Centerites graduated from the first course, while nine are enrolled in the present course. According to HMC Lundy, who is the station coordinator, the course is mandatory for all military personnel under 25 who possess either a State or Navy driver's license. The course will be repeated monthly in the future.

Assisting Trooper Howser in the course is Trooper Ramsey. To put their material across, the officers use a variety of instructional material: Feltboard, magnet boards, charts, film. The students are provided with a text which is the State of Maryland's "Your Driving Handbook: A Summary of Rules for Safe Driving." Going hand-in-glove with the course is a student's outline upon which the student makes notes of the presentation. Additionally, the participants receive handouts on "Drinking and Driving," "Drugs and the Driver," and "The Mystery Crash." The latter booklet explores, one at a time, the causes of an accident. It touches on such subjects as: The road, the weather, the vehicle, the other driver, and you (as a driver), and how each of these relate to driving.

Some Men Due Calif. Returns On Tax Money

Because of a recent court decision in the case of California vs Buzard, California may not impose a "license fee of 2 percent of the market value of the vehicle on non-resident servicemen who are protected by the Soldiers' and Sailors' Relief Act." This tax is often called the "in lieu" tax and should not be confused with the "use" tax, a 4 percent assessment on new and used vehicles.

The decision could line the pockets of servicemen who were stationed in California during 1964, 65, and 66, and who did not claim California as their residence. These men may now claim a refund (except for \$9 registration fee in 1966 and \$8 fee in 1964 and 1965) of the "in lieu" tax. Complete details are contained in JAG Note 5840.

T-5 Corpsman Babysits With Own Namesake



Old hat is the only way one could describe the handling of newborn infants after having seen, admitted, and cared for over 6,000 young ones. But on April 18, at 0400, Jerry W. Passer, a corpsman on T-5 for the past 3-1/2 years, just could not bring himself to handle the newest addition to the population. He had paced the nursery floor; his hands shook. The nurse asked him "to take a walk," even though he was on duty there.

For Jerry this was the moment of truth. After having cared diligently for countless babies, his own son, Jon Arthur, was brought up from delivery. "He weighed only 5 pounds, 6 ounces," Passer reported, "but he had healthy lungs and a good, solid 18-inch frame!"

When we came to take father and son's picture, Jerry had calmed down and Jon took milk from pappu with avid interest. Jerry is the only male corpsman working on T-5. The nursery supervisor jokingly prodded: "We've been trying for months to get rid of Jerry and now we suddenly find that we have good reason for his staying." All the nurses and assistants on the service have nothing but the finest praise for Passer's work performance.

He is a native of Wells, Minn., and soon is due for discharge from the Navy. He plans to attend Mankato State College, where he will major in speech and English. This curriculum is related to his vocational aspirations of a career in radio and television announcing. Before entering the service, he had completed a course in those subjects at the Brown Institute in Minneapolis.



Mr. James V. Jones, Electrician, Public Works Department, recently reached the one-gallon mark in his donation of blood. Mr. Jones was presented with the Department of Defense Blood Donor Certificate of Recognition. This active participation by Mr. Jones has been accomplished since his employment on July 22, 1963.

NMRI Commander Is Named Aerospace Woman of year

Comdr. Elizabeth Reeves, MSC, NMRI, is the Aerospace Medical Association's "Woman of the Year, 1966." She was named at the 37th annual meeting of the association, held in Las Vegas, April 20. This honor was bestowed for her outstanding leadership and achievement in aviation and physiological research.

Miss Reeves, a native of Portland, Oreg., joined the Navy in 1943, and her first assignment after officer indoctrination school was to the School of Aviation Medicine, NAS Pensacola, Fla., to complete a course in aviation physiology and to train in the operation of the low pressure chambers and other special devices in order to train flight personnel in the physiological problems of high altitude flying and in the use of oxygen equipment. Later, during her tour of duty at the Aviation Medical Acceleration Laboratory, Naval Air Development Center, Johnsville, Pa., she took an active part in the research preparation for testing and training of the first team of astronauts in their flight programs and in the problems of the effects of weightlessness in space.

Miss Reeves might well be called a pressure physiologist because her work has been not only in low pressure and high altitude flying, but also in high pressure and the Navy's deep-diving program. In her present assignment at NMRI, she was a member of the team that established the criteria for the heated suits which



were worn by the aquanauts of Sealab II, and she also has established the duration of immersion time tolerated by subjects under various conditions for survival at sea.

Miss Reeves received her training at the Oregon State College and the University of Pennsylvania and presently is doing research on the factors relating to decompression sickness from positive pressure and the subsequent treatment.

NMRI Scientist Gets High Civilian Award

An NMRI scientist, Dr. Robert F. Steiner, received one of the Navy's highest awards granted to civilians, the superior civilian service award. Presentation was made by the Center's commanding officer, Rear Adm. C.L. Andrews, in recognition of Dr. Steiner's scientific achievements. At the presentation, Capt. H.C. Sudduth, Commanding Officer, NMRI, opened the ceremony with remarks on Dr. Steiner's achievements that won him this honor.



A research chemist in the Physical Biochemistry Division of the Physiological Sciences Department, Dr. Steiner joined the staff of NMRI in 1950. Since that time, he has had a highly distinguished and productive career in biomedical research. His studies are of a very broad scope and are internationally acclaimed.

He is mainly concerned with the basic molecular properties of proteins and nucleic acids. These are the giant molecules upon which all living organisms depend for their reproduction and metabolism.

Dr. Steiner was born in Manila, Philippine Islands, while his father, the late Col. Frank Steiner, was serving there with the Army. He received his A. B. degree from Princeton in 1947 and his Ph.D. degree in 1950 from Harvard.

Cleanup Week

May 22-28

Your Help Needed

Proud Parent Views

Daughter On

National TV

Parental pride was obvious recently when Mrs. Kay Burnett of the pediatrics department told of her daughter Bonnie's recent accomplishments in the world of the stage. Bonnie had just received her first job in a commercial add for the Veteran's Administration. The insurance plug was viewed on National TV and on several of the local TV stations.

Bonnie is an 18-year-old, very attractive blond, who takes her acting interests seriously. She attends Marjorie Webster Junior College in Washington, and is, needless to say, majoring in dramatics. Although she has acted in many plays, this was her first stint in the world of the commercial stage.

Patient Receives Nation's Seventh Highest Award



The Nation's seventh highest award, the Navy and Marine Corps Medal, was presented to GM 3 Franklin Marian by Capt. G.M. Davis, CO, USNH, in a ceremony held in his office. Marian, a patient, received the medal and an accompanying citation from the President of the United States, signed by Paul H. Nitze, Secretary of the Navy.

The citation praised Marian's "courageous actions in the face of great personal risk. . . (in which Marian) undoubtedly saved (a) civilian employee from certain death in the hypoxic void." The heroic action came aboard the USS Shangri-La when Marian descended into an oxygen-deficient void to save an employee who had collapsed there.

Marian is a resident of Alex, Ky. He entered the Navy in 1959, and he had previously served eight years in the Army. His seaduty assignments have been on the Shangri-La and the F.D. Roosevelt.

High School IQ Affected By Smoking

NAVNEWS-Dr. Robert E. Switzer, director of the Children's Hospital at the Menninger Foundation in Topeka, Kans., offers the following little-known facts attributable to smoking:

"Nonsmoking high school students have a higher IQ than those who smoke. And the heavier a student smokes, the lower his IQ. This was found by a Harvard school of public health survey among 6,810 students in high schools in Newton, Mass.

"Cancer caused 17 percent of all deaths in Canada in 1963, compared with 14 percent in 1950, according to the Dominion Bureau of Statistics. More lung cancers made the difference.

"Two young brothers, age 2 and 3, died in Toronto, Canada, recently after swallowing cigarette butts. Their fatal illness was diagnosed as nicotine poisoning, and (it was) proved by chemical findings at the autopsy.

"It was shown more than twenty years ago that repeated injections of nicotine eventually produced arteriosclerosis in dogs, similar in every way to arteriosclerosis found in man. Nonsmokers as well as smokers eventually develop arteriosclerosis, but the smokers get there first with the most."

Patient Care: Saigon

NNMC

Monday, May 16, 1966

by G. David Whittaker, JO3

The sun blazed down from its near noon-day perch as the patrol from the 2nd Battalion, 173rd Airborne, moved cautiously into the village in the "Iron Triangle", just north of Saigon. All was deathly quiet now. Suddenly, the silence was broken by the cracking fire of a sniper bullet. Army Medic Phillip Knowlton dropped to his knees; clutched his chest; cried out and fell face down in the dusty path. Knowlton's comrades rushed to his aid. Blood was gushing from his back and chest. The radio blared out a call for help. Minutes later, an air-evac helo settled down in the artillery - leveled area near the village. Phillip Knowlton, just 20, was a combat casualty.

At the 173rd Command Post, radio operators relayed the information to the medical regulating office in Saigon. Paris Control, as it is called, immediately "came up" on its "Hot Line" to the three medical units in Saigon; 33rd Air Force Dispensary, 3rd Field Hospital and "Saigon General", the Navy Hospital. Acting on information concerning the patient's condition and injury, the assignment went to "Saigon General". A controlled pandemonium, Operation "Dust Off", swung into action. Within seconds, a gray ambulance, complete with doctor and corpsman, roared off to the "Hot Spot", the landing pad for air-evac helos, to pickup Knowlton and give immediate aid. In less than one hour after being wounded, Phillip Knowlton was in surgery

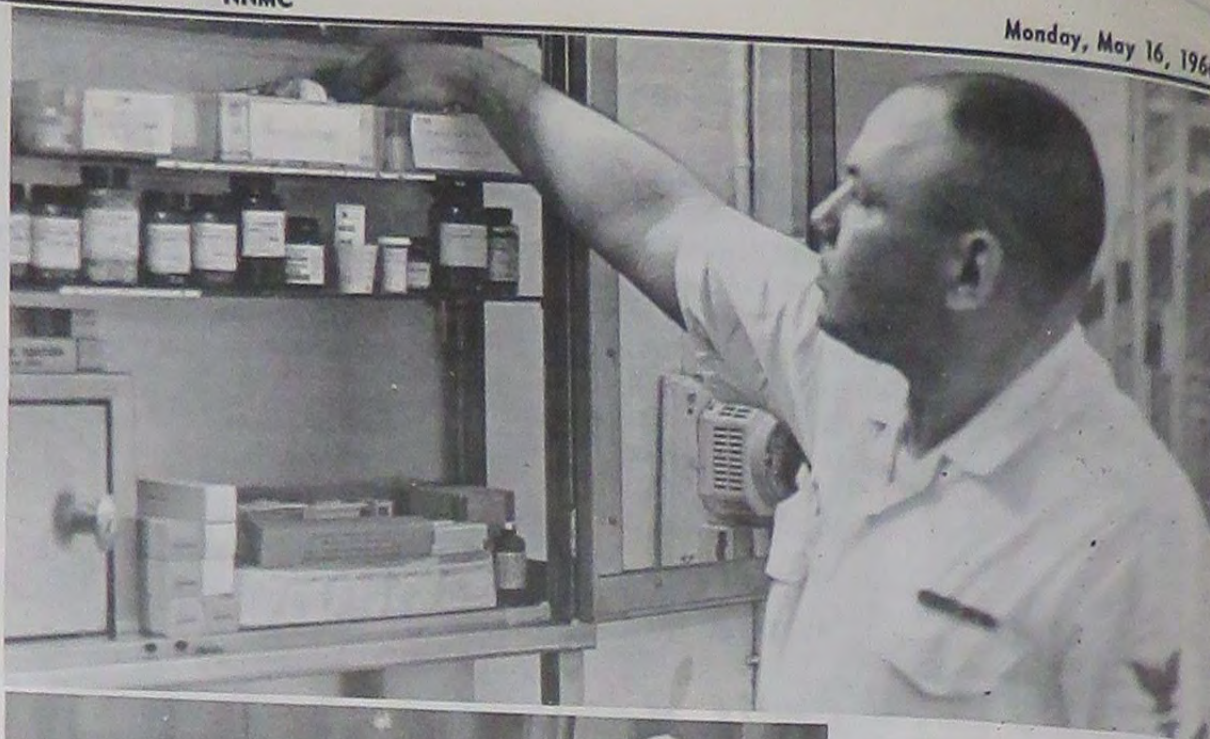
being given the best surgical and medical care available.

For the doctors, nurses and corpsmen of the Headquarters Support Activity, Naval Hospital in Saigon, this was just another every day occurrence. Another incident where they were called upon to give their "best" to care for a person in need.

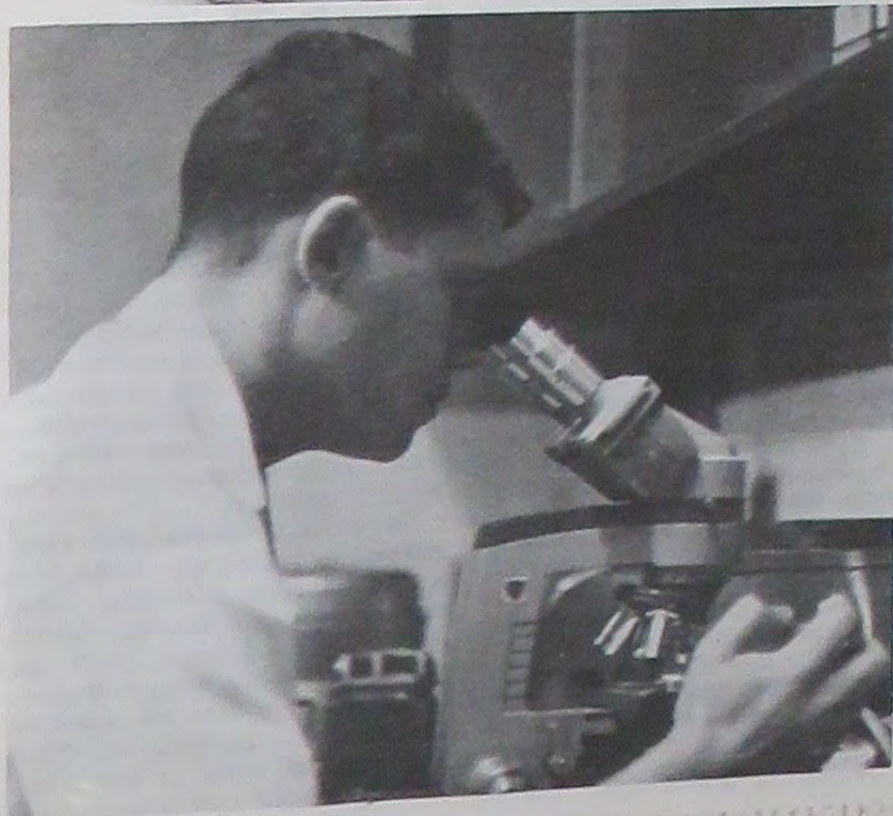
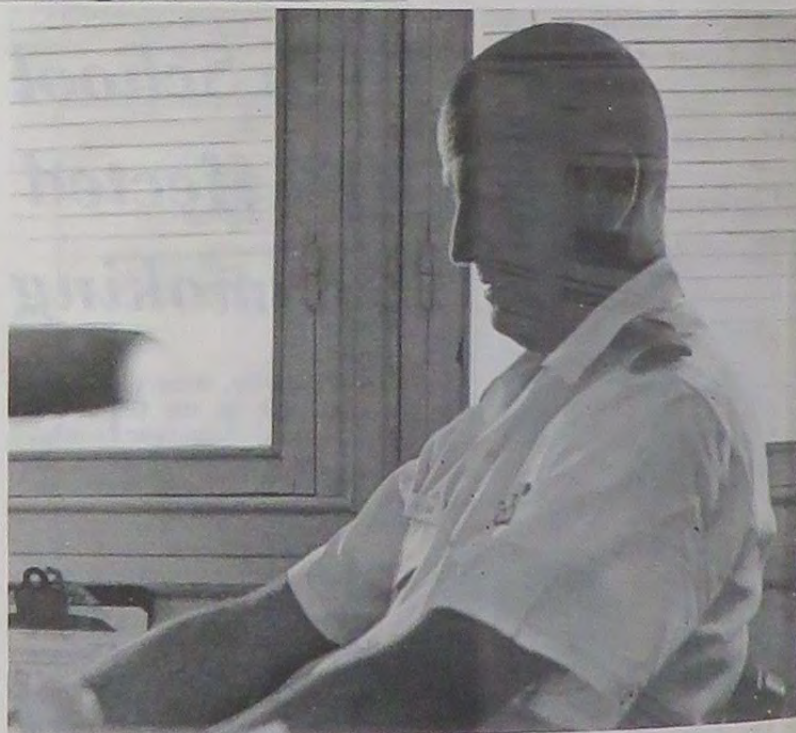
During the past year alone, more than 2,000 bed patients have been treated by the staff of "General". An additional 73,000 out-patients have passed through the Out-Patient Clinic receiving care for abrasions, colds, and any of the other hundreds of maladies that plague nonnationals in this tropical climate. Additionally, the doctors and corpsmen act as health inspectors for all messing facilities in the Saigon area. This entails not only inspections, but also examining the hundreds of Vietnamese laborers that are employed there.

"General" is the most modern and well equipped hospital in the Republic. Its facilities include capabilities for both major and minor surgery, radiological work and blood bank supply. It can accommodate 100 bed patients at a time. Its staff has specialists in the fields of thoracic surgery, psychiatry, and internal medicine.

Staffed by 9 doctors, 10 nurses, 2 medical administrators, and 84 enlisted corpsmen, the hospital has met challenge after challenge since its doors swung open in September 1963. Its staff is devoted, versatile, and well trained.



Modern drugs are used (above) in the treatment of the hundreds of patients flowing through "Saigon General." HM3 Albert Bergstrom is shown here on the intensive care ward, as he prepares the right medicine for the right patient. At left, Lt. Bonnie Green gives oxygen to Army medic Philip Knowlton, who was wounded in a patrol in the "Iron Triangle," just north of Saigon. He was air evacuated for emergency treatment of his chest wound. Below, a man with a big burden and many problems, Capt. A.C. Hering, Senior Medical Officer, ponders over progress reports on patients currently being treated.



Above, Lt. Comdr. Kelly, chief surgeon, and his aide change the cast on M. Sgt. Ben Munsay, USA, in the hospital's intensive care ward. Munsay is one of many combat casualties who have been treated at the hospital since its doors swung open in September 1963. Right, 7 days a week, 52 weeks a year, the doors to the Out-Patient Clinic swing open to care for patients. Daily more than 300 U.S. Servicemen and civilians come to the "men in white smocks" for treatment. Left, HN Eldon Hunt labors with his microscope in the Out-patient Clinic at Saigon General. During 1965 more than 73,000 patients passed through the clinic.



Monday, May 16, 1966

NNMC

Presidential Address

The following address was delivered by President Johnson on March 16 to the Cabinet, Civil Service Commissioners, and other officials of Federal agencies. The Secretary of the Navy, by official notice, directed its wide distribution throughout the Naval establishment. Those paragraphs appearing in boldface type are boldfaced simply as editorial devices.

I ASKED YOU to come here today for a very special purpose. I want to talk to you about a goal of this Government that is very close to my heart. I did not invent this goal. It was established by President Eisenhower by Executive Order, first in the Federal Government. But I want to see, and I intend to do everything I can to see, that the goal is finally reached.

With your help, I want this Administration to be recognized as one in which we finally achieve full and equal opportunity for persons of every race, color, creed and nationality in every part of the United States Government.

As long as any American is denied the chance to fully develop and use his talents, to become all that he can, then every American is less than he should be. If race, skin, color, religious beliefs, sex or national origin prevent anyone from reaching the heights, then we have all wasted a human being. We have failed that person and, finally, we have failed our country.

These plans must tax the limits of our imagination and our creativity. They must go beyond the limited objective of eliminating discrimination. If we are going to have equal employment opportunity in the Federal Government, we must attack the problem on many fronts.

Yet we expect, and get, full participation from Americans of all races, creeds, colors, and nationalities in Vietnam. More than 200,000 Americans of every description are fighting there now, some are dying, to protect our own freedom and to preserve the freedom of others.

If our magnificent young men can die for freedom in a foreign land, how can we refuse any of them a full measure of freedom and opportunity here at home?

Our Government has long been one avenue by which members of minorities have entered into full participation of our national life.

As of June 1965, the Government had about 375,000 members of minority groups on its rolls, of which 308,657 were Negroes. Negroes accounted for 13.5 percent of the Federal work force, while they actually made up approximately 10 percent of our overall population. Negro employment has increased during the three years ending June 1965 by 5.3 percent, while total Federal employment increased by only 1.6 percent during the same period.

During the same time frame, the number of Negroes in high paying jobs has increased significantly. But we must not rest on our laurels. We still have a long way to go before we can claim full and equal opportunity as a fact in our Government life.

The Civil Service Commission, acting under the authority of Executive Order 11246, has issued new regulations which will become effective on and after April 3rd. These new regulations call upon you to undertake action programs. Let me underline that word "action." Action to achieve the great objective of equal employment opportunity. Chairman Macy of the Civil Service Commission will be my eyes and ears to see that we get action.

Too many of our fellow citizens are still restrained by a strait-jacket that was strapped upon them by the mere accident of their birth.

Too many of our fellow citizens do not get the education or the training that they need to become productive members of our society.

Too many of our fellow citizens are prevented from fully using the education they do get.

If members of minority groups can't be employed because they can't find housing, then we must find housing.

If they can't be employed because school systems do not give the necessary education, then we must work with the school systems to see to it that the right kind of training is provided.

If they can't be employed because there is no vocational training available in the community, then we must see to it that we have programs that provide specialized training to help them meet their needs.

These and a host of other actions are open to us. We must take them. Almost a year ago I spoke to the graduating class at Howard University. Last June, I said that, "It is not enough just to open the gates of opportunity. All of our citizens must have the ability to walk through those gates."

When the historians catalogue these times in which we now live, if it is written that we were fair men who tried to bring decency and equality into American life, then, I believe our great-grandchildren will be proud.

It is more than doing what is needed. It is doing what is right.

If there lives somewhere in this great Nation one man or one woman whose talents could advance the cause of our country, and those skills are buried because of discrimination, the tragedy is vast and the nation is the loser.

In the last year, we have tried to do some things to break, for the first time, these barriers in leadership.

A Negro scholar and exceptional Administrator for the first time sits in the President's Cabinet.

A brilliant Solicitor General of the United States is a Negro, the first to hold this high office. An exceptional Negro is now the first of his race to sit on the Federal Reserve Board of this Nation. A most charming and intelligent lady is our first woman to be both an Ambassador and a Judge. For the first time, an able Negro lady is a United States Federal Judge.

These are a few of the breakthroughs in which reason and sanity triumphed.

So I challenge each of you here today, and each of you within the sound of my voice, to try to accept this as your own creed.

With your leadership and with your personal commitment to this objective, I have high confidence and great hope that we can build a government where talent and energy and integrity will prevail and where discrimination will not.

Spare Time? Check SS For What To Do

A NEW ERA IN THE SPECIAL SERVICES DEPARTMENT. If you have paid a visit to building 23 lately, you probably have noticed a complete revamping of the gymnasium. A general issue room has been constructed, allowing you the widest possible selection of athletic equipment and supplies for your personal use. Gymnastic equipment, such as adjusto-bars (for chinning), climbing ropes, peg boards, parallel bars, chest pulleys, have been ordered and should be installed soon.

If you are thinking about taking the family out for a weekend camping trip, pick up a tent, sleeping bag, and cot.

New picnic tables and park benches are being installed in the Stone Lake Recreation area and in certain other areas. New playground equipment (swings, seesaws, sand boxes) will also be installed in the area.

The patients now have an opportunity to utilize the golf course in their spare time (between shots). They may check out golf clubs and caddy carts and play the course free.

Fishing trips in the Chesapeake have been arranged -- trolling and bottom fishing boats have been chartered from the Chesapeake Rod and Reel Club. Call Special Services and keep checking your Special Services bulletin for up-to-date information.

Sailor Helps Survivors



HM3 John F. Crowell, Lab. 42, was honored during a command advancement-in-rate ceremony by his commanding officer, Capt. John H. Stover Jr., on behalf of the Commandant, U.S. Coast Guard.

The Coast Guard commendation was awarded to Crowell for service as set forth in the following citation:

"For meritorious achievement in the performance of duty on 24 July 1965 when he rendered medical assistance to three survivors of the fishing vessel Snoopy, which was destroyed by a torpedo dredged up by its nets, 40 miles off the North Carolina coast. Crowell was on duty at the Naval Air Station, Oceana, Virginia, when the request for additional medical personnel and equipment was received. Despite the hazards of the mission, which required an overwater night flight under heavy haze conditions and the fact that he had never flown in an aircraft, Crowell immediately volunteered his services. He was flown to the scene by a Coast Guard helicopter and lowered by sling to the stern of the USCGC Point Thatcher. He then was transferred to a fishing vessel where he provided effective medical aid to three survivors of the Snoopy. Crowell's courage, initiative, professional skill, and unwavering devotion to duty were in keeping with the highest traditions of the United States Navy and the United States Coast Guard."

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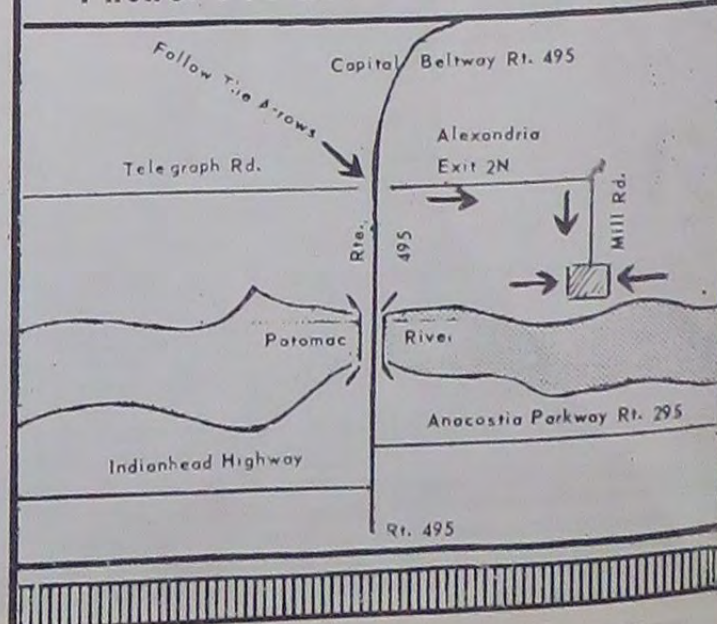
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War: The Woman's Part

War: A conflict of sweat, blood and tears. War, a dirty business; a heart breaking business. War is for men. But what of the women? The women that feel that they must do more than stay at home and offer moral support for the men who daily risk their lives for their country and for those whose freedom they fight to preserve. What part can they play? In World War II and the Korean War, women acted as back line technicians, did administrative work and cared for the wounded. This war is no different.

At the Headquarters Support Activity, Saigon Naval Hospital, there are ten of these valiant women. Everyday they work side by side with doctors and corpsmen caring for the men who have been wounded in the defense of this tiny, but so important Southeast Asia Country.

What do these "Ladies in White" think of the conflict? Of their job? Of our country's place and purpose for opposing the Communist aggression?

Let's pick one nurse from this group. Lieutenant Alvina N. Harrison has been a Navy nurse at General Hospital, Kansas City, Missouri for almost ten years. Miss Harrison calls the little town of Butler, Missouri home. Soon she will celebrate the start of her second year in the city of Saigon. Miss Harrison did not volunteer for duty in Viet Nam, but in her



Lieutenant Alvina Harrison, a Navy nurse at Saigon General, pauses after a hard day in surgery to consider plans for the evening. Miss Harrison, as surgical nurse, coordinates the work of the hospital corpsmen and aids during surgery.

In her own words, "I am glad that I came. I enjoy my profession and this most certainly has been a challenge."

What does Lieutenant Harrison think of our position in Viet Nam? "I've never questioned our place in this war. President Johnson ordered our policy here in defense of the Vietnamese people." As an American, Miss Harrison is doing her part.

Alvina is a surgical nurse. When not in surgery, she works on the hospital's Intensive Care Ward where patients that require immediate and constant attention are placed. She was working in this capacity when the U.S. Embassy was bombed in the morning hours of March 30 of last year. She was there again on December 4, when the VC detonated a 250 pound bomb in front of the Metropole Bachelor Enlisted Quarters, amidst a hail of gunfire. "I was extremely pleased and proud of our young men on both of these occasions. Especially during the Metropole bombing incident when so many of our own corpsmen were injured (15 of the 22 corpsmen billeted at the Metropole were injured) and yet we continued to

function smoothly and efficiently," she said.

What of these women's private lives? Their time to "let down their hair" and relax from all the hustle, bustle and tension that accompanies a job such as theirs. A job that calls for them to work long, difficult hours, on call 24 hours a day.

"I belong to the Cercle Sportif, a sports club in Saigon. I go there to swim and play tennis when ever I can," Miss Harrison says. "I also enjoy shopping." Quite frequently in the one, short day each week of free time that they have, Lieutenant Harrison shops with her fellow nurses. She shares a suite at the Brink BOQ with six other junior nurses and they spend much of their available time together.

With the constant danger of VC terrorist attacks within the city, how do they feel about their local

transport and travel? "We almost always go out together. At night we never go out without an escort," she remarks.

All has not been disagreeable for the little group. "I've had some most pleasant experiences since my arrival and have been invited to many social functions that I would not normally get to attend at any other place," Miss Harrison quipped. She has attended receptions given by the Embassy and high ranking Vietnamese statesmen.

Their job is a very necessary and demanding one. One that offers many rewards, but not all are noticeable. A nurse's smile has brightened the day for many a war, weary young man. She must often play mother, sister, sweetheart and "Joan of Arc", all in the course of a day. Her job is often vastly under-rated. She is a shining light. A woman that can stand tall in a world of men. She has a job to do, a job that she does well. She is a nurse.

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Change of Command Ceremonies Hospital Corps Anniversary, Jun. 19 68th Birthday To Be Celebrated With All Day Festivities

On June 19 the U. S. Navy Hospital Corps will celebrate its 68th birthday. Since the day falls on Sunday this year, celebration here at the Center will take place on Saturday, one day early.

Continuing the tradition of many years, a holiday spirit will prevail with activity designed to please everyone, from the "littlest" dependent to the sports-minded "salt." Festivities will start early with free golf play from 0700 to 1200. Following fast on the heels of the duffer's day, softball games and tennis matches will commence at 0900. Special Services assures us that plenty of free burgers, hot dogs, and refreshments will be available for the sportsmen and spectators.

The climax of the day's activities will start at 1200 with the traditional huge picnic at Stone Lake. Officer, enlisted, staff, student, and their dependents are cordially invited. There will be something for everyone.

In the goodies department, a complete catered lunch will be served, with the traditional hot dog, hamburger, fried chicken, and all the trimmings. The day would not be complete without "sailor's grog." The little ones will have their "grog", too, coke and other soft drinks. And plenty of good humors!

Mother will be able to relax at the new picnic tables in the area, while papa pitches a game of horseshoes at the new pits. For the kiddies, there will be the ever popular pony rides for all the Lone Rangers and Zoros in the crowd. For the travelling set, a merry-go-round and a train will provide locomotion enough to satisfy any wanderlust.

Plan now to enjoy the day, by relaxing, if that is your pleasure; by sporting, if that is your wish.

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If you wish to enter a sporting event and haven't done so yet, call extension 672 for scheduling.



Capt. Davis



Adm. Andrews

CO Message

The merits of the Hospital Corps as a positive factor in the history of the U.S. Navy Medical Department are without question and are well documented, both in writing and in the hearts of valiant men throughout time. On a personal note, I desire to add my appreciation for a job well done, which I have observed through many years of association with the men of the Corps. I cannot call the role for the list could not be contained here, but I do want to emphasize the individual inasmuch as there is no great organization without great and dedicated men.

Although this year has brought the organization to its 68th recognized birthday, I know that its history antedates legislation and its core of existence stems from the inherent desire of man to help his fellow man in his moments of anguish.

Since this will be the last issue of the Center News to be published prior to my retirement from active service on 30 June, I want to express my sincere and heartfelt appreciation to all military and civilian personnel of the National Naval Medical Center. Your loyalty and dedication to the accomplishment of our mission has been a source of joy and inspiration to me, as I know it has to all of the sick and injured patients who have entered the portals of this great institution. I consider it a privilege and an honor to have served with you, and I wish for each of you good health, happiness, and success in your varied fields of endeavor.

C. L. Andrews

C. L. Andrews
Rear Admiral, Medical Corps, U.S. Navy
Commanding Officer
National Naval Medical Center

Hospital Corps "Just Grewed"

The early beginnings of the Hospital Corps could be likened to Topsy who "just grewed." Although the need for the services of a medical officer was recognized from the beginning of the Navy, the role of the medical assistant appears to have been slighted, in that early Navy policy was to assign the least necessary men to assist the surgeons, usually men not able to perform the arduous duties of handling sail and heavy rigging.

Historically, the first official reference to medical assistants was in Navy Regulations in 1814 when they were called loblolly boys. In the 1840's the loblolly became known as the surgeon's steward, and so, enjoyed a little more elevated standing in the crew. It was not until 1898, however, that a definite branch was established for the training of men employed in the sickbay or hospitals ashore. The more recent name given to these men was pharmacist mate, and, in 1948, the present appellation became official.

But, despite the name, the purpose of the medical assistant and his dedication, stretches from the dim past to the present and promises an ever expanding and technically competent future.

If everyone loves a parade, likes to hear a band, and relishes the panoply of a military ceremony, all the ingredients will be provided on June 30 when Rear Adm. C. L. Andrews relinquishes the helm of the National Naval Medical Center into the hands of Capt. George M. Davis, Jr. The ceremony will take on a dual purpose when Capt. Harry S. Etter relieves Capt. Davis of his command as Deputy Commanding Officer, NNMC, and Commanding Officer, U. S. Naval Hospital. Both Admiral Andrews and Capt. Davis assumed their respective commands on January 29, 1965.

The tentative order of the day is as follows: The ceremony will take place on the approaches of building one (in the event of inclement weather, it will transpire in building 23, NNMC Gym).

At 0930, a contingent of the Navy Band will provide martial music as companies from the several military activities of the Center take their designated places.

The principals will arrive at 1000. Following the Invocation to be given by Chaplain W. W. Parkinson, the assembled troops will be inspected.

Surgeon General of the Navy, Vice Adm. R. B. Brown will deliver remarks to the assembly. Admiral Andrews will then address the formation, read his orders, and order his personal flag struck. It then will be presented to him by Lt. A. H. Lovin, Aide to the Admiral. He will be followed by Capt. Davis who will read his orders and render the traditional: "Admiral Andrews, I relieve you of your command."

Next, Capt. Etter will step to the podium to relieve Capt. Davis of his command. The ceremony will terminate as Chaplain P. F. Brudzynski pronounces the Benediction.

From the tri-State views of the Washington Towers in Gaithersburg, Admiral Andrews intends to live an "active" life of retirement. His successor, Capt. Davis, has been selected for advancement to the rank of rear admiral.



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the first Monday of each month at 1500. Phone Ext. 321 or Ext. 362. Advertisements are solicited by the publisher and all queries concerning such should be directed to Morkap Publishing Company, 215 E. Montgomery Ave., Rockville, Md. Phone 424-7700.

CE Newspapers

The NNMC NEWS has bought 1,442 ping pong balls for your use! Or was it 1,000 softballs? Or 500 bats? Well, it wasn't exactly any of these, but the savings wrought by the NEWS, which cost about \$10,000 per year under its old format, could have bought that many balls and bats in one year. Instead, the money saved was directed into strengthening the many activities of the Special Services Department.

But let's turn your attention to the NEWS itself. It is now called a civilian enterprise publication. Just what is this? How does it work? You have already seen what it saves you as a contributor to the recreation fund.

The NEWS is a cooperative effort with a commercial publisher, on the one hand, who pays the cost of publication and who reaps the profit from advertising run in the paper. On the other hand, the Center still has a newspaper, but one which costs it relatively nothing. The venture is contractual and exemplifies the Center as a sharing partner in the community.

The publisher (in our case, the Morkap Publishing Company) has no jurisdiction in the editorial material carried in the NEWS. Coverage of local events, of Navy-wide news, of features, is the responsibility of the editor. Final editorial judgement, as always, rests in the Commanding Officer. In matters of advertising, the commanding officer "reserves the right to review all proposed advertisements prior to publication and to exclude those advertisements deemed objectionable or inimical to the interests of his command."

Newspapers do not rise or fall because they do or do not carry advertisements. They rise as they are editorially competent because editorially competent publications are sought after and read, consequently, the commercial aspects rise with it. They fall as the readership falls, and, consequently, grow even weaker from lack of commercial interest.

It is the view of the editor that the NEWS can be ranked among the elite newspapers of the Naval establishment. To this goal the editors commit themselves. If the goal is attained, everyone will profit.

"Hi, Doc."

Seldom in the history of the military throughout the world and throughout history has a group of men been held in such high regard as has the Navy hospital corpsman. And, of course, he has not actively sought the regard, but it has been bestowed upon him many times on the fields of glory, in the thick of war. It is usually in these times that he gains the most notoriety.

But even beyond this, in times of peace, he tends to the sick and the dying in hospitals, in the air, beneath the sea, on surface ships, in the most modern medical hospitals and centers, on small island dispensaries. He is the link between the misery of sickness and accident and the professional competence of the medical officer. He is most often first on the scene of tragedy, and the men to whom he ministers know this and share a kinship with him and a confidence expressed in the simple greeting, "Hi, Doc."

There is an old saying in the Marine Corps that every marine is first, a rifleman, then a specialist. The same situation exists in reverse in the Hospital Corps. Every corpsman is first a specialist in his field (X-ray, laboratory, pharmacy, administration), but he also knows some of everything involved in caring for the sick—he can carry a bed pan if the task demands it, and he can halt arterial blood flow when life depends upon it. And whichever of the two jobs he happens to be doing, you can bet on excellence in its performance.



By Lil Chitwood

Wouldn't it be lovely if all a librarian had to do was to sit and read and maybe check out a book to someone every now and then?

Take today, for instance. I picked up a good book and decided not to do anything but concentrate on it. This one is called "Women of the People." It is brand new. I thought: "Oh, boy, I'm going to read it first, before anybody else gets his hands on it."

It starts off this little girl is taking some water to her father and brother who are out working in the field -- you know how hard our pioneers had to work. "Crew's library. . . I'm sorry, this is not the gym."

Well, this little girl -- these people who come into the library with those little green pieces of paper are really anxious to leave the hospital so I guess I'd better take care of them, now -- "Yes, you're in the right place. Let's see your name is Jones, X. Oh, you still have 'The Green Berets' out. . . You say you left it on your bedside table and someone walked off with it? Gee, that's too bad, you will have to go back upstairs and find it before I can check you out. . . You have a bus to catch in five minutes. . . Sorry!"

Now, where was I? Oh, yes, this little girl started to the field where her fa. . . "Crew's library. Yes, we have the 'Last Battle' by Cornelius Ryan. Admiral Blank is reading it right now, but I'll be glad to reserve it for you."

This little girl heard this awful noise, see -- the Indians were scalping her father. Suddenly she felt hands picking her up. . . "Crew's library. Captain Hodgepodge wants to know what the proper name for a green headed squiggle is? I wouldn't have the foggiest notion. . . Do you suppose the Almanac would have it? Just a minute, I'll check."

Back to that little girl -- she feels this Indian lifting her up by the hair of the he-e-e-e. "Please give you a list of all our new books? Well, there is: Thirty Years that Shook Physics by Gamow (this is the story of the quantum theory); Willie Mays: My Life In and Out of Baseball; Odds Against Me, an autobiography by Scarne; Forbush and the Penguins by Billings; The Catch by Boland; I Have Friends in Heaven by Catto; Taiwan by Clavell; Incredible Schlock Homes by Fish (no it is not misspelled); Last Lamp Burning by Griffin; H.M.S. Saracen by Reeman; . . . I'm sorry we don't have 'Valley of the Dolls.' We have ordered it, though."

What happened to the girl? What girl?

Divine Services

PROTESTANT

(Bethesda Chapel, Bldg. 8A)
SUNDAY
0800 -- Holy Communion (Episcopal)
*0900 -- Divine Worship
*1030 -- Divine Worship
*1130 -- Holy Communion (other than First Sunday)
1030 -- Church School, Bldg. 137
MONDAY through FRIDAY
1630 -- Holy Communion (Episcopal)

CATHOLIC
(Catholic Chapel, Bldg. 2, Room 206)

MASSSES
Daily -- 1200
Sunday -- 0715, *0830, *1100, and 1200
Holy Days of Obligation -- 0715, 1100, 1200, and 1700
CONFESSIONS -- Fifteen minutes before all Masses.

*Free Nursery Care available in Bldg. 137. Convenient parking in adjacent visitors' parking lot "M".

Chaplain's Corner

We Must Have Fathers

by Chaplain E. H. Campbell, Jr.

June is the month in which Father's Day is observed. Although the observance has been primarily preempted by haberdasheries and sports shops as one more gimmick to raise sales, the idea of Fathers Day is good.

In this age of faceless millions we must have fathers, real fathers. The ideals we cherish, the children we love depend upon a strong father in the family circle. Much is written concerning the husband's abdication of his responsibility as father in the household. It is pointed out that the husband faces increasing pressures and responsibilities both business and social in his job, so much so that he has less and less time to spend with his children. While it is possible that the evils attendant to this situation are exaggerated, it is nevertheless true that where the father is weak or missing the family is unbalanced and off center. In this age of instant communications and instant annihilation, of intense pressure for grades and good colleges, of succeed or be counted a failure, children need fathers who are men; strong, reliable, authoritative, loving, present.

The Bible instructs fathers to rule in their homes. This injunction is just as binding and necessary today as it ever was. There is no replacement for a real father.

Home Booby Trapped

by L. H. Lundy, HMC

Housewives are now busy doing their spring cleaning, removing winter's grime from nooks and corners, basement to attic. Every room in the house seems to undergo a change . . . except the bathroom. Unfortunately, this is where very real danger lurks -- a booby trap for the unwary.

Few housewives bother to check out the contents of this room's real trouble spot, the family's medicine chest. Years ago, the chest only held a handful of home remedies. Today, however, it is usually filled to capacity with an array of potent medicines, first-aid, and toiletries accessories.

Few people think of the medicine chest as being potentially deadly. They fail to realize that the drugs and medicines stored in it can, if improperly used, take lives as well as save them. Yet it's a known fact, that almost all medicines are poisonous to some extent. . . particularly to children . . . when they are improperly used or taken in excess doses.

The most commonly found medicine in any home, aspirin, can become deadly if it is handed casually and taken imprudently. Each year about 15,000 children under the age of five years, require medical treatment because they have swallowed dangerous amounts of aspirin. The figure has doubled since 1961 and is still rising at an alarming rate. At least 150 children will die this year from accidental aspirin poisoning.

Many of the other medicaments you might be keeping in your medicine chest right now are potentially dangerous. And to these medications, the externally applied preparations, which are common in every household, and the care and maintenance of that medicine chest certainly becomes vital to your family's health and safety. With the possibility of numerous killers readily available from your bathroom medicine cabinet, how can you improve the safety of that room?

First, leave only the really essential drugs and toiletries in the cabinet. Remove the rest of the "collection" and dispose of it. Do this by flushing them down the toilet, not in your G.I. can. Do not keep old medicines. And never, under any circumstance, should a medicine prescribed for one member of the family be given to another.

Here's another point you should remember. Store household cleaning fluids in their original container. Toddlers will eat or drink anything they can get hold of and put in their mouths. Recently a two year old youngster picked up a coke bottle his mother had placed on a chair. He took a good swallow of the contents and ended up in the hospital with severe lye burns of the esophagus. Thanks to modern surgery the child is alive today.

Medications with a lost or illegible label should be promptly disposed of. Never trust your memory to recall with accuracy what those strange little pills in the brown bottle are. . . you might be tragically wrong. This precaution is doubly important in homes where there is a youngster in the climbing and prying stage. The possibilities are increasing greatly of becoming confused about which medicine is which and whose medicine is whose. This can be illustrated by the fact that there are some 5,000 different pharmaceuticals now on the market. Add to these, the grand array of liquids, powders, sprays, ointments, and inhalants. . . and you have an ample supply of ingredients for many possible mistakes.

Check your home Booby Trap today. Accidents do happen. Don't let it happen to you. Ideally, you should discard the "deadwood" from your medicine cabinet once a month. After the cleanup, put the remaining items. . . properly labeled. . . out of reach of children, locked if possible. If you keep toiletries in the medicine cabinet, they should be kept distinctly separated from medicines. You know, aftershave lotion makes horrible tasting cough syrup.

Start your home safety program today. . . now. . . before an accidental poisoning or overdose of medicine occurs in your household. Safety off-the-job starts and ends at home. . . your home.

Monday, June 13, 1966

Antarctica: Land of Lure and Nothingness



The air view of the Antarctic reveals a land that is at once beautiful and foreboding, breathtaking and lonely, frozen and changeless, windswept and varied; where every shadow has a hillock of snow to hide behind; where the terrain in front can look even, yet be pocked by crevasses hundreds of feet deep; a land in which man is not native; a land which has been described as the last real frontier on this planet.

(Right) These fine sled dogs belong to the New Zealand station. As they wait for a command to move on, they seem not to mind the bitter cold. (Directly below) Men exit from the warmth of their quarters. When you have to rig yourself in all this protective clothing, you tend to make your exterior jaunts as infrequent as possible. (Bottom, left) The Coast Guard icebreaker Eastwind presents an almost eerie spectre against its background at Cape Hallett station where it is unloading supplies. (Below, right) A bird's-eye view of an



above the snow station. Buildings here are made for endurance and weatherproofing rather than for looks.

All pictures on this page, except for the icebreaker, were taken by Capt. Mullin.



MAN has been termed a "social animal."

His interactions with his society, with his environment are most important to him. Perhaps one of the most demanding appeals to the curiosity of man in general in relation to, say, space travel, is the vision of humankind in an endless nothingness, divorced from all that he knows and holds dear. In a like situation, the apparition of the endless "dead" and foreboding areas of the Antarctic seem to have the same effect on man's imagination.

Recognizing the need for studies in these isolated situations, the Navy has sent teams of psychiatrists and psychologists to this distant frozen land to evaluate the effects of deepfreeze psychology, to screen personnel who would make the long "wintering-over" periods, and to make observations pertinent to psychological stresses existing in and from polar isolation. The end result of these studies is to culminate in recommendations to the Bureau of Medicine and Surgery for personnel and other actions.

Capt. Charles S. Mullin Jr., MC, Chief, Neuropsychiatry, has made four such trips to the frozen land. His reports of life "way down under" are most interesting. According to the Captain, the main stress of isolated living in Antarctica is not cold, nor hardship, nor danger, but, rather, the problem of the individual adjusting himself to a group of individuals of widely different backgrounds, a group that he has to live with, without escape, day in and day out, for a year in a situation of close proximity. Additionally, the deepfreeze person must acclimate himself to the absence of the usual sources of satisfaction which he is accustomed to in his "home territory."

The long winter seemed to produce a reduction in mental alertness and a kind of mental inertia in many personnel of Antarctica. He reports that most of the personnel who arrived on station with plans to utilize spare time to learn a language, to do batches of correspondence courses, master a musical instrument, read "serious" books, etc., during the long winter months, ever really got past a poor start on their projected programs. This phenomena, the doctor noted, was related more to spare time activity than to official duties.

A second problem facing the group was the insomnia that affected many but by no means all the personnel. "The curious thing here," Dr. Mullin related, "was that this affected the men more in the 24-hour-a-day dark periods rather than during the 24-hour-a-day light periods." The manifestation was sufficiently prevalent at one New Zealand station that a "Big Eye" club was organized. The only qualification for membership was insomnia. Despite these manifestations, morale at isolated Antarctic stations was high, and the mission of the station to support and maintain the scientific program was carried out most effectively.

"Despite the close living conditions, overt expressions of hostility here was relatively absent," the doctor reported. "The most important lesson a wintering-over man learns is that he cannot af-



Dr. Mullin girds himself against the cold of Antarctica. He has visited all of the U.S. stations on that continent to conduct psychological and psychiatric studies on adaptation to isolated living by men who would be virtually totally cut-off from society for 6 months at a time. Dr. Mullin, who heads the neuropsychiatry department here, has made three such trips to the land of the 6-month nights.

ford to alienate the group; that in this tight little society he is dependent in large measure upon the goodwill of the next man and of the group as a whole for his vital feelings of security, worth, and acceptance."

Dr. Mullin made these studies at the five polar stations that the U.S. maintains in Antarctica. From his home base at McMurdo Sound on the coast, he would fly to the more isolated stations for interviews with the men manning the stations. Some of the facilities were above ground, some below. The coldest weather Dr. Mullin experienced was at the polar station in October 1963 when the temperature dropped to a "pleasant" 58 degrees below zero. "But I was fairly comfortable inside my many layers of warm clothing."

Life in its most serious form often has its O. Henry-type twists. The incident involves the crash of a globemaster aircraft with about 12 persons aboard near Hallett Station in 1958. Capt. Mullin was flying in the vicinity, and he received orders to land at Hallett and assist the station medical officer. As things turned out, the station medical officer had gone out with a searching party looking for the plane. They were trapped in a crevasse, and they were not rescued for 24 hours. In the meantime, the wreck had been found and survivors were brought to Hallett. Dr. Mullin was preparing to do a surgical procedure on a severely injured Air Force doctor, when the Air Force man asked: "How long have you been a surgeon?"

"I'm not," Dr. Mullin replied. "Then what's your specialty?"

"Psychiatry."

The patient promptly fainted. In this land of no native human beings, of no vegetation and animal life (except for penguins and skua gulls), of miles and miles of nothing but ice and snow, of wind and 60 degree below zero cold, the doctor found that isolated men, though they had social and environmental problems, could live workday lives and leisure time lives, because, despite man's being a "social animal," he is also an adaptive creature and a rational being who can think his way out of problems and then take action against the problems' recurrences.

Administrative Officer's Seminar

More than 130 years of experience in every phase of hospital administration was in evidence on May 26 and 27 in the U.S. Naval School of Hospital Administration when four senior Medical Service Corps officers presented papers before the NSHA student body. The panel, composed of a Bureau of Medicine and Surgery representative and representatives from a small, a medium, and a large U.S. Naval Hospital was officially billed as the Administrative Officer's Seminar. It covered a 2-day span, with the first day devoted to the presentation of papers by the panelists and a short questions and answers period following each paper. The second day was devoted entirely to questions prepared by the NSHA class on the multitudinous facets of finance, personnel management, staffing, training, etc.

The symposium was opened by Captain E. L. Van Landingham, Jr., Commanding Officer, U.S. Naval School of Hospital Administration, who described the meeting as the highlight of the academic year where the student might make a comparative analysis, on the one hand, with the concepts he has learned from books, from hearing authorities on the subjects, from personal research in the preparation of papers; and, on the other, with the extensive skills and on-the-job knowledge of the panelists who are actually putting the "book learning" into practical and every day operational use. He cautioned the students that dichotomies in administration were perhaps non-existing and that today's answer might be tomorrow's dilemma. Following his introductory remarks, the Captain moderated the sessions, introducing the speakers and recognizing questioners from among the students.

"The Proper Utilization and Training of Administrative Staff Officers" was the first paper, presented by Captain William M. Dreitlein, MSC, Administrative Officer, U.S. Naval Hospital, Portsmouth, Va. The scintillating report was based on the officer's personal observations and participation in transition and change, shaped through some 38 years of association with the medical department.

The Captain listed these six traits as being the most important for any officer to bring to his assignment. They are: 1) Too many administrators listen to only what they want to hear, 2) too many fail to create a genuinely permissive atmosphere in which the subordinate feels free to express himself, 3) too many fail to recognize that their real strength rests not in themselves, but in the people they manage, 4) too many permit distractions, petty irritations, and prejudices to divert them from the main track in the discussion of problems, 5) too many fail to recognize the need for getting the subordinates, complete participation, and 6) too many pay only lip service to the principle of two-way communication. These general principles were quoted from an article "6 steps to executive success" appearing in "Nation's Business". Each of the precepts was expounded upon in the light of practical application.

In one of his strongest statements, Capt. Dreitlein asserted: "A man is remembered, the job is not. When you assume an assignment, you bring not only your talents, but your personality to

that assignment. . . you are judged by not only your particular capabilities and abilities, but by your attitude, your willingness, your zest, your interest and friendliness."

In another matter, that of training, he declared: "We fail to identify the MSC potential in our Hospital Corps until the man is first class or chief. This isn't the time! The men should be identified when they are much younger -- say as third class."

The agenda next called for Captain John H. Bing, MSC, Administrative Officer, U.S. Naval Hospital, Bremerton, Wash., to come to the podium to speak on "The Changing Functions and Requirements of the Naval Hospital." The Captain's method was quite effective. He employed a comparative approach, calling forth the panorama of the life in the Naval hospital "in the old days", with pictorial sharpness -- a life in a small, compact corps, which was geared to active duty personnel treatment only, which required maximum work hours from its members, which operated on virtually no money, but which was a haven to its members in that most personnel had had to wait on waiting lists before entry into the service. He described a total Navy of about 85,000, with an approximate 2,000-man Hospital Corps.

Quoting E. B. White in the "New Yorker": "I see a great future for complexity," he then described WWII as a sort of transitional period between the old and the new. According to the Captain, this was a time of rapid expansion of personnel, a time of "revolutionary change, where it had once been evolutionary." This, in turn, caused a rapid dilution of the cadre of "old timers" and, therefore, accounted for the loss of many of the old customs of the Hospital Corps ("Some regrettable, some to our disadvantage").

He identifies these as some of the major changes which account for the present status of Naval Hospital: 1) Dependent Medicare Act as perhaps the greatest single thing responsible for a change of function and requirement in the hospital, 2) an expanding retired population, 3) continuously rising tide of outpatient care, 4) the tremendous progress in medicine which has allowed greater outpatient care, 4) the increasing trend toward specialization, which, in turn, calls for the acquisition of more and more personnel, and 6) the new requirements presented by accreditation.

The afternoon session opened with Captain George J. Sabbag, MSC, Assistant to the Inspector General, Medical, speaking on "The Role of the Inspector General, Medical, in Medical Department Operations." He explained that the normal procedure of an inspection party was to first have a briefing with the commanding officer, followed by a schedule of inspection, the inspection itself, a conference of inspectors, and, finally, a critique.

Capt. Sabbag asserted that the philosophy of inspection has changed with the years. No longer is the inspection party, for instance, "nit-picking." Rather, they expend their energies on uncovering true problems which may be unobserved by the staff because of close association. In other



ADMINISTRATIVE OFFICER'S SEMINAR—The panel, left to right, Comdr. R. M. Tennille, Capt. G. J. Sabbag, Capt. J. H. Bing, Capt. W. M. Dreitlein, and, far right, moderator, Capt. E. L. Van Landingham, Jr.

words, he deems that the procedure is a definite help to the command to better itself. In this light, the Captain declared that final reports recommend only major areas where help might be needed, for instance, in staffing or equipment problems, in the correction of major hazards, or when the inspection party feels that the command is not receiving proper support from area or district offices.

In another area, Capt. Sabbag

spoke about the training programs for hospital corpsmen. He deems the program essential both to the Navy and to the individual. For the one, it means well-trained men, for the other it is "bread and butter" on the table, through advancement. He asserted that there was a high correlation between good training programs and high advancement rates. To be successful, he said a good program needs firm attendance requirements, penalties for unex-

cused unattendance, suitable class space, good instructors, and standard lesson plans.

The last speaker on the agenda was Commander Robert M. Tennille, Jr., MSC, Administrative Officer, U.S. Naval Hospital, Camp Lejeune, N.C. His topic, "The Pro and Con of the Comptroller-ship Function in a Naval Hospital." He declared that the question was arbitrary in many respects; that many comptroller functions were indeed in operation without the formal organization, and that to have a function established just for the sake of having one was nonsense. According to the Commander, the question must be weighed carefully, and decisions reached in the light of reason, dictated on cost and necessity.

In this view, he spent some time on the question of "labels." He declared that job titles, or labels, are only productive when they are meaningful. By way of explanation, he told of the professor riding on a train with his good friend who was an avid and professional baseball player. The professor had placed a book beside himself and the baseball player picked it up, thumbed through it for awhile, and replaced it. "What did you think of it?" asked the professor. "Nothing but woids," the honest reply. Comdr. Tennille said that our programs must be something more than just "woids."

LBJ Visits Congressmen, Ward Patients

Presidential security is a momentous undertaking. If the recent visit to the Center by President Johnson is any indication, the security is excellent. On May 23, the President helicoptered to the Center to visit several members of Congress and to chat with some of the patients on ward 6-C. Except for the officials of the Center, most of the personnel were unaware of the Chief Executive's visit. In fact, many of them read about it the next day for the first time in the morning newspapers.

In his brief stay, President Johnson visited Senator Mike Mansfield of Montana and Representatives Porter Hardy, Jr. (D.Va.), Clark MacGregor (R-Minn.), and John E. Moss (D-Cal.). He renewed an acquaintance with Lance Cpl. Virgil Bohler who, on the President's first visit to him, had been unconscious from a bullet wound in the head. The Commander in Chief left orders that Bohler be brought to the White House before he returns home.

Soap Fights Infection

A corpsman has reduced the number of persons needing medical attention in a Republic of Vietnam village by using his medical skill, a little patience, and a lot of soap.

Reginald E. Murphy, HM2, is serving with a Marine rifle squad in Thuy Lyong near Phu Bai. The 16-year veteran is the only trained medical man available to serve the village's five hamlets.

Upon his arrival at the village more than six months ago, "Doc" Murphy was beset by villagers seeking medical aid for skin infections caused by poor hygiene. Soap was distributed to combat

Area Military Meet Here Center Facilities Described

Commanding Officers and other officers from all of the military establishments of the Naval District Washington met at NNMC on June 3. The full-day meeting was called to acquaint the area military people with the NNMC, its facilities, and its capabilities.

Rear Adm. A. J. Hill, Commandant, opened the meeting with remarks of general interest to the conferees. He spoke about the civilianization program, emphasizing that a comparative guide was needed, but lacking, to compare the civilian rank with the military rank in specific areas of consideration. The Admiral cautioned, however, that a GS-9 grade, for example, must consider factors not solely dealing with pay, but must as well take geographic consideration as a relevant element in the establishment of a grade.

In other areas, the Admiral asserted that commanding officers must have advance planning in areas of civil demonstration. He asserted that they should envisage all eventualities and that they must not be left to last minute and hasty planning. He also touched very briefly on the NDW housing situation and the area of space requirements by the military of the district.

Admiral C. L. Andrews, CO, NNMC, then introduced the conferees to the Medical Center with a short, graphic overview of the Center's operation, facilities, and manpower requirements. He explained the logistic mission of the

Center Command in relation to the several other commands of the Center.

Each of the Center commanding officers and the Officer-in-Charge, NTU, then gave a capsule view of their responsibilities and areas of influence in the medical establishment. Some few of the interesting comments elicited by these gentlemen follow:

- NH -- Outpatient care, since the construction of the DC Beltway, has increased from about 9,000 to close to 30,000 patients per month.

- NMS -- Because of advanced technology and great strides in medicine, civilian medical schools no longer give extensive courses in tropical diseases. The NMS has taken over this task for the Navy.

- NDS -- The School works closely with the Naval Hospital in the area of prostheses for missing eyes, hands, ears, noses.

- NMRI -- Descriptions of catheterizations of mosquito "stingers" (equivalent to the catheterization of a strand of hair) were explained as having direct applications in the search of cures, causes, and related medical phenomena involved in malarial research.

- NSHA -- Growth of the school was described from a component of the Naval Hospital to its tenure as a separate command.

- NTU -- Air contaminants as factors in habitability in small and closed spaces was discussed. Although technical difficulties prevented the first public showing of the new film "The National Naval Medical Center" on 35mm film, the NMS got a chance to show its versatility by hastily providing a 16mm projector for the showing. The excellent color movie tied in all the morning's talk into a very effective coverage of the mission of the NNMC.

the infections.

Patiently, the corpsman kept after the villagers, explaining to them the importance of cleanliness. Slowly, the soap was being used and the number of patients at sick call began to drop.

Doc Murphy does not think soap is a cure-all, but he knows it is the first step in the prevention of many infections. He has proven to the people that his soap and medicine are better than their former homemade remedies.

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Monday, June 13, 1966

Capt. Harry S. Etter To Be New CO, U.S. Naval Hospital



On June 30, Captain Harry S. Etter will relieve Captain George M. Davis, Jr., as Commanding Officer, U.S. Naval Hospital. This assignment brings Capt. Etter back to Bethesda for the third time and to the Washington area for the sixth, having served two previous assignments here and three at the Bureau of Medicine and Surgery. He comes to Bethesda from his assignment of Executive Officer, U.S. Naval Hospital, Portsmouth, Va., the position which he held since February 1965.

A native of Shippensburg, Pa., Capt. Etter received both under-

graduate and medical training at Duke University. He received the M.D. degree in 1939, and he interned at Bellevue Hospital, New York City.

After receiving his appointment in 1940, he interned at USNH Portsmouth, Va., and he followed that with a term of instruction at the Naval Medical School, Washington, D. C. During WWII, he served as division medical officer, Destroyer Division Fourteen, aboard the USS Madison.

In 1943 he headed the physical medicine department here and followed that with a parallel assignment in BuMed. In 1951, after assignment in San Francisco, where he was an instructor in atomic, biological, and chemical defense, he returned to BuMed as Head, Atomic Defense. In 1954 he assumed the duties as Director, Special Weapons Defense Division. His last assignment at the Bureau came in 1961 when he headed the planning division.

Dr. Etter has completed post-graduate instruction at the Mayo Clinic, Rochester, Minn. In 1955, he attended the Senior Officer course at the U.S. Naval War College, Newport, R.I. He followed the R. I. schooling with duty on the staff of Commander in Chief, U.S. Pacific Fleet.

New Dates

Announced For NENEP Applicants

Application dates for the Navy enlisted nursing education program has been extended. Letters now must be submitted after July 1 and in time to reach Chief of Naval Personnel by October 1.

The Navy enlisted nursing program is a college program for outstanding petty officers of the Hospital Corps on active duty. The program leads to appointment to a commissioned grade as a Nurse Corps officer in the Naval reserve. NENEP is a 3- or 4-year nursing program in a college or university designated by Chief, BuMed. There are now some 23 universities in the U.S. which administer the NENEP program.

Upon receipt of the baccalaureate degree from one of the universities, the selectee takes the required State board examinations for licensing as a registered nurse.

NEWS Mail

Guard mail intended for the NNMC NEWS may now be sent directly to the NEWS office, rather than through Special Services.

Material intended for the NEWS must be received by the editor in the morning guard mail on the deadline date. Material received otherwise, especially photographic material, may not be used in that issue.

He or she is then commissioned as an ensign and ordered to officer candidate training. Finally the selectee is assigned duty in a selected naval hospital.

Complete information as to eligibility and methods of application is available from BuPers Instruction 1120.37 in the educational services office.



The topic of the serious looking discussion above should be "Fashions" as the picture was shot during the "Wish I May-Wish I Might" fashion show sponsored by the Chiefs' Wives at the CPO Club on May 5. Shown clockwise around the table are Rear Adm. C. L. Andrews, CO, NNMC; Mrs. C. L. Andrews; Mrs. V. Dunn, vice-president of the CPO Wives Club; Mrs. D. H. Manley and D. H. Manley, HMC. And the outcome of the discussion? It was unanimously agreed that the show was a great success.

NNMC

Graduation Is "In" At Dental



June is a time for graduation at NDS. Here are pictured the graduates of three of NDS's schools. First row: D. D. Sampson, DT2; J. E. Catchuce, DT2; G. C. Fillmore, DT1; B. L. Church, DT2; W. G. Patton, DT1; R. J. Burke, DT2; J. N. Stulz, DTC. Second row: C. D. Legassey, DT1; O. H. Grisham, DT1; D. M. Williams, DT1; D. W. Fowler, DT2; F. R. Garnett, DT2; W. E. Hiatt, DT2; J. B. Hatch, DT2; C. L. McConnell, DT1; J. J. Amos, DT1. Third row: R. C. Suter, DT3; S. R. S. Strychowski, DT3; D. K. Wlodarski, DT2; M. J. Patti, DT2; E. R. Schulthess, DT1; J. H. Cooper, DT2; N. S. Daczyk, DT2; R. L. Thompson, DT1. Fourth row: A. Gaist (Staff); P. W. Richardson, DTCS (Staff); W. J. Young, DT2; E. Diaz, DT2; J. J. Long, DT2; P. C. Sartain, DT2; J. P. Jenkins, DT2. Fifth row: E. R. Huyer, DTC (Staff); P. M. West, DTCS (Staff); R. R. Roy, DTC (Staff); J. T. O'Brien, DTCM (Staff); F. S. McGeary, DTC (Staff); J. W. Keyser, DTC (Staff); D. G. Zima, DTCS (Staff).

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Centerites Receive Awards In Joint Ceremony

Seventy-one civilian and military personnel were honored on May 25 by their respective commanding officers. The awards were made in a joint ceremony in the NNMC auditorium. They were for various categories of achievement, including outstanding performance, quality salary increase, superior performance, beneficial suggestions, longevity in Federal service, and for training courses completed.

The recipients received various recognition in the form of cash, certificates, letters of appreciation, and emblems. The two top cash awards went to Irving Prather, Jr. and William H. Gloyd, both of NNMC, for \$200 each. Raymond L. Grubb and Yolanda Cioffi were third and fourth in line with \$150 each. Mrs. Cioffi is from Naval Hospital, while Mr. Grubb is from Center.

Lt. Comdr. J. R. Reed opened the ceremony. He stated that the role of the recipients in bettering the Center is obvious to see, that's why they were there, but, he said, that the awards committee was the "invisible" hand behind much of the administration of the program, and so deserved recognition for their fine work. He then introduced the various commanding officers who gave the awards to their respective commands.

Featured in this ceremony is Mrs. Pat Mead who received a \$25 award for her suggestion, which simply involved a procedural change. Mrs. Mead noticed that, previous to her suggestion, job advertisements were tacked



Mrs. Mead

helter-skelter on bulletin boards, wherever there was room. This created sort of a maze for the job seeker and, additionally, meant much searching for the personnel clerk who must remove the notices once a job is filled. Her suggestion was to provide each bulletin board with a permanent post-board so that all job announcements could be placed conveniently in one location, permitting easy removal by the job seeker, as well as easy identification by the clerk who must remove notices from the Personnel Office.

A bit of humor was injected into the proceedings when Mr. Reed called Mrs. Ann Close's name. Other recipients had been coming up to the podium from the auditorium, but Mrs. Close was already at the podium, since she had been handing the awards to Admiral Andrews for distribution. The Admiral looked over the audience, then turned and said, "I didn't have to look so far, she's Close at hand."

The awardees were, Naval Hospital: McCabe, Kurzius, Dougherty, Goodwin, Zabrek, Davidson, Moss, Chambers, Tweatt, McKay, Hill, Bind, Cioffi, Elam, DeGroate, Huff, Willis, Fridinger; Naval Medical Research Institute: Altman, Pugh, Roth, Nowicki, Pipkin; Naval Medical School: Swenson, Buonomo, Bowker, Rolf, Boldyreff, Gardner, Croston; Naval Dental School: Pelleu, Cox, Vandek, Moorehouse; Data Service Center: Rawlings, Greenlee, Cyr, Taylor, Lucas, Washington, Capper, Wallace; Center: Callahan, Grubb, Jackson, Prather, Gloyd, Cranford, Armstrong, Shannon, G. Howes, Kenney, Hoover, Stewart, Lynch, Kehring, Siemon, Wightington, Mead, Gray, Green, Johnston, Winchester, Harding, Setliff, Curry, Thomas, Toms, Isreal, Frazier, and Croston.

Admiral Andrews closed the ceremony with a thank you to all the awardees. He commented that this would be his last such presentation, in view of his retirement, but that he wanted to express his sincere gratitude for the fine help extended to him in the demanding task of operating so large an installation.

Question?

"That's a good question" indicates that something pointed and worth answering has been asked. In this issue we have revived the Senter Sensus questionnaire of long ago. It can enjoy popularity only as long as the questions asked are: 1) Interesting and 2) diversified. If you have a good idea for a question, or a suggested area of questioning, please send it to the NEWS. In the meantime, "Do you think that if you thought of a question, you would be taking an active part in your newspaper?"

Round the World Trip Scheduled For Local Ney Awards Official

Comdr. Edmund H. Gleason, MSC, Head, Environmental Health Branch, NMS, has been chosen as an official of the Ney awards committee. He will leave here June 31 on a jaunt that will take the committee members around the world. The purpose of the trip is to select the winners from amongst the finalists in the competition to determine the best general messes afloat and ashore.

The Ney awards program was established in 1958 as a means of giving recognition to those U.S. Navy general messes considered outstanding in management and in the preparation and service of food. For the 9th consecutive year, the program is being sponsored by the Food Service Executives Association (FSEA), a national nonprofit educational and fraternal organization, comprised of executives in the fields of food procurement, management, and service.

The sponsors will provide awards (plaques) for the best small mess afloat and the best large mess afloat, in addition to the best general mess ashore. Plaques also will be awarded to first runners-up in each category. Runners-up will be entitled to send one commissaryman to the Culinary Institute of America, Inc., for a course in advanced culinary art under sponsorship of the Navy Subsistence Office, the Culinary Institute, and the FSEA. The association also is participating with the Navy in publicizing Navy feeding and in providing suitable recognition to all general messes nominated for the awards.

Presentation of awards will be made at the national convention of the association in St. Louis, Mo., during August. The association will



Comdr. Gleason

invite the subsistence officer and one enlisted representative of each winning mess to be the guests of FSEA for presentation of the awards.

The 2-week course at the Culinary Institute of America, Inc., New Haven, Conn., is tentatively

scheduled during August.

Comdr. Gleason's specific assignment on the committee is to review the finalists for sanitation and food service procedures. He is eminently qualified in this area, having had extensive experience, including 6 months with the Atlantic FMF Force Troops, 2 years as Center sanitation officer, Bainbridge; 2 years sanitation officer, COMNAVFE; 2 years in the preventive medicine division of BuMed; and 3 years as public health officer, Preventive Medicine Unit 7, Naples.

Comdr. Gleason earned a B.S. degree in public health from the University of Oklahoma in 1949 and a M.P.H. in sanitary science from the University of California in 1958. He then became the senior instructor in the Environmental Sanitation Technician school in Oakland. He reported to the Center in January 1964. Besides his regular duty with NMS, he is professional assistant in preventive medicine to the center commander.

The itinerary for the trip includes Charleston, S.C.; New York City; Istanbul and Ismir, Turkey; Naples, Italy; Manila, Philippines; Guam; Pearl Harbor, Hawaii; and Miramar and Long Beach, Calif. Finalists in the contest were: USS Gridley, Gilmore, Proteus, Aggressive, Semmes, Skagit, and NAS Miramar, Calif.; NSA, Naples, Italy; and NCS, San Miguel, P.R.

Osteopaths

Now Eligible

For Commission

For the first time in history osteopaths will now be able to apply for commissions in the services' medical corps, according to Secretary of Defense Robert S. McNamara.

The Secretary has instructed the services to change their regulations dealing with medical officer commissions so that qualified doctors of osteopathy who volunteer for military service may be accepted, probably as lieutenants or as Army captains.

Congress passed a law in 1956 authorizing the services to commission osteopaths, but it was permissive legislation and the services opposed it on the grounds that it would endanger their chances for accreditation of military hospitals and of their training program.

Defense officials have investigated the objections and have learned from the accrediting sources that there would be no objection if certain qualifications are met.

Osteopaths will participate in the hospital programs and training but will not be able to become commanders of hospitals or directors of training programs.

Defense says the services will have their new commissioning regulations ready by mid-month. The basic requirement for appointment is graduation from a college of osteopathy whose graduates are eligible for licenses to practice medicine, surgery, or osteopathy in one of the States or territories or in the District of Columbia.

skirts meet all the standards of decency and decorum when the wearer is perpendicular -- there are problems. For example, every girl in a short skirt knows that getting out of a taxi raises hemlines and eyebrows.

In the humble opinion of the "Ag Reporter," short skirts are here to stay, and skirts below knee are just that -- baloney.

Survey Hems, Haws, Skirts Bony Problems

by John Metelsky

Everybody's talking about short, short skirts. With summer's balmy weather on us, every female in Washington, from 12 to 112, faces this serious skirt problem: should she wear her skirt below the knee, at the knee, or above the knee?

For the young girl with a trim figure and a dash of sauce, fashion designers recommend the Brigitte Bardot style -- a skirt four daring inches above the knee. For the mature, well-preserved woman, a discreet knee level length is acceptable. For those unfortunate females with less than beautiful lower extremities, good taste dictates a hemline several inches below the knee.

Does the nude knee enhance the beauty of the lower portion of the anatomy or does it offend the esthetic eye? To answer that question, the "Ag Reporter" conducted a tiny, unofficial and informal poll among male and female employees. We uncovered some interesting facts. Every employee considers himself a bony fide authority on knees. One overfed female flatly stated: "Knees are ugly." She quoted Percy Hammond (1873-1936) who wrote in the "Dramatic Review": "The female knee is a joint and not an entertainment."

A silver-haired economist from ARS violently disagreed. He claims naked knees are not only beautiful but they're also healthy "because the sun's rays bathe the knees with Vitamin D and stimulates the circulation." (He didn't say whose.) Although saucily raised hemlines may add a touch of beauty to the environment -- they can be

dangerous. Last week for example, an REA rake on the verge of retirement observed a lovely young creature in abbreviated hemline climbing stairs in the South Building. Her rouged knees were too much. He collapsed.

The "Ag Reporter" survey revealed that although most men scrutinize the bare knee from an artistic point of view, medical men find that structure scientifically fascinating. They explain that the knee is a hinge joint formed by the condyles of the femur articulating with the superior surfaces of the condyles of the tibia. They call the knee cap the patella.

Psychiatrists are also quite fond of nice knees and use them in their diagnosis. We're all familiar with the knee jerk (not the psychiatrist, naturally) -- the process of tapping the knee with a rubber hammer to determine the patient's mental health.

According to the "Ag Reporter's" definitive study, short, short skirts and nude naked knees can be functional. Girls who like peek-a-boo knees, for example, can while away the time while riding the bus by drawing faces on their patellas. Some enterprising girls from OMS are knitting caps for their undraped knees. The knee caps are handy in cold spells.

Although the survey indicated that the short, short skirts are here to stay, we did not receive a few blistering objections. One furious, knobby-kneed woman with an engineering degree is designing a kneeless leg. Thank heaven it's still on the drawing board.

Even though the short, short

TRUSTED NAMES in BETHESDA

Giuliano
ASSOCIATES

REALTORS OL. 7-9300

POTOMAC
INSURANCE

Walter Cox - OL. 7-2300
Both at 8401 Wisconsin Ave.
Closest to the Center

Monday, June 13, 1966

NNMC

Tennis Team Splits Opener With Arlington

Although the NNMC tennis team split its opening game, 3-3 on May 18, high optimism was evident in team members. Their opponent was Arlington Hall Station, last year's winner of the WAMAC, and the local netsters pressed hard and steadily down to the last ball for decisive win, but were just shy of a definite win.

The match took place on the local courts with doctors E. Klein and D. Baldrige winning their singles play and pairing to loose the doubles match. A complete reversal was accomplished by doctors E. Gilbert and H. Stoecklein who won their doubles and each lost a singles.

Match play is based on a 6-point system. That team with the highest number of points at the end of the year is declared the winner. We are entered in the B divisions of the league. Divisions are based on station population.



Fitts



James



Drake



Matthews

"Four" Score Plus "2" More

TRUDGING DOWN THE LOCAL military courses each Thursday, be it rain, or blistering heat, the NNMC Varsity Golf team plays a six man team that will make the sweat pour from any of their opponents brow.

Along with the regular six man team are two alternates that fill in when one of the regular men is unable to play.

Two new additions to the team this year are HM2 Matthews and Chief James.

Matthews has been stationed here since December 1965. While in Carlo, Egypt, Bob began playing golf and has been playing for 2-1/2 years. And does he ever hit those drives.

Chief James, the sweet-swinging south-paw of NDS has been around for a while. The chief plays for the NDS Intramural team and is captain. LCDR Fitts of BuMed is a 2-year veteran of the team. With his excellent short game, Fitts gives many of his opponents a few fits during a match.

HN Drake, the American Chi-Chi Rodriguez, is still swinging that heavy club. This year, you're able to see Drake when he's playing golf. He has a smaller bag. Before, it looked as though the golf bag was walking down the fairway.

Other members of the team not pictured are Nick Raffelley, Jim Holcombe, Jim Olson, Bob Hughes, Chuck Welch, and Lee Green.



The ball, which seems to be homing in for an easy out, is, in fact, on it's way in the opposite direction. What you see here is the winning (and only) score in the ballgame with Headquarters, U. S. Air Force. The ball has just bounced off catcher Word's chest to allow the Airmen their close victory.

Rogers Sparking Admirals In Close-Score League

The opening homegame play for the NNMC Admirals was cancelled twice because of rain, but finally got out of the muck on May 26 with a heartbreaking and narrow 1-0 loss in extra inning play. The tight 0-0 fracas cracked when catcher Word bounced a ball off his chest to let a flyboy zoom in on home plate (See picture above.). The magnificent pitching of Bob Rogers has held all of our season's opponents in awe and on the "double - ready."

The Centerite's first venture into league play came with a 2-0 shutout at the hands of Vint Hill Farms. We followed this with another close, well-fought game against the Security Station. That game went into extra innings with the score standing at 1-1. The locals managed another marker for a squeak 2-1 victory.

The Admirals came into their own on May 24 against Ft. Belvoir. Rogers shut the Army out with a 3-0 score for the Navy's second league win.

On the 31st, we ventured to Patuxent River for a 4-2 loss handed out by the Naval Airmen who currently are WAMAC league leaders. We then collected an easy 7-0 victory by forfeit over Ft. Myer on June 2. The Army either lost its way or lost track of time, and did not report for play until an hour after the 1800 scheduling.

Our hats must come off to the tight playing of all the Admirals this year. The fine pitching of Rogers is especially commendable. The only thing wrong with the team this season is its chronic lack of backing for homegame turnouts by Station members. Games are at 1800 on Thursdays. Come out, we know you'll enjoy it.

Championship Hopes High For Tennis

The NNMC Tennis Team looks to honors in this year's competition, after having lost only one game in three tries, and after having met all teams but one.

The team's opener is described elsewhere on this page. Second game up, against Andrews AFB, saw the local net men drop a 4-2 match to the fly boys. Drs. Stoecklein and Gilbert combined to take doubles matches, 6-2, 6-4, and Gilbert soloed a 6-2, 6-1 singles victory for the only positive points to our credit.

The pace was fast on June 1 when the Centerites turned in their best game of the season, a resounding 5-1 victory over Security Station. All NNMC players won their matches except Dr. Fackler who succumbed 6-0, 6-0, to Security's Eagen.

Dental Operates On OR For 18-0 Victory

This story is not so much about softball as it is about the backing which a softball team should have. The story opens in the intramural slow-pitch softball league with Dental coming to bat for their first game of the season.

The game was a slaughter with Dental running away from their OR opponents to the resounding tune of 18-0!

In the 6th inning of the 7-inning game, a new Dental player came up to bat for the first time. The OR catcher exclaimed: "This old man's an easy mark!" The ball was pitched. It was gone, safely for a hit. "Say, who is that?" asked the catcher. "Captain Urban," the Ump replied, "CO, NDS. Play ball!"

The NDS Commander spent the 7th in right field where he caught the only ball to come his way to make the perfect game for Dental. We asked DT3 Korte, the team coach, what he thought about giving his CO orders. "Out there," Korte said, "he plays ball, and good ball I might add, and that's the way he wants it."

We tip our baseball caps to Capt. K. L. Urban, Commanding Officer, U.S. Naval Dental School.

Soccer

Advanced planning is now underway for a varsity soccer team. If you will be aboard through November, and you are interested, call Bill Dwyer at Special Services.

Bill says that previous experience is not necessary. He is searching, however, for an experienced man to coach the team. According to Dwyer, the team will play an independent schedule, against area high schools and colleges (fresh teams).

STANDINGS

Varsity

Tennis

Ft. Myer	3	0
Arlington Hall	2-1/2	1/2
Belvoir	2	1
NNMC	1-1/2	1-1/2
USAF	1	1
Andrews	1	2
Nav. Sta.	1	2
WRAMC	1	1
Sec. Sta.	1	2

Softball

Pax River	7	0
USAF	4	1
Nav. Sta.	5	2
Vint. Hill	4	2
NNMC	3	3
WRAMC	2	3
Bolling	2	4
Sec. Sta.	2	4
Arlington Hall	1	3
Belvoir	2	6
Myer	0	4

Golf

Andrews	3	0
Pax River	2	0
Bolling	3	1
Henderson Hall	2	1
NNMC	2	1
Belvoir	1	1
WRAMC	1	2
USAF	1	2
Sec. Sta.	1	2
Ft. Myer	0	2
McNair	0	4

Intramural

Softball

TEAM	WON	LOST
NDS	4	1
NMRI	4	1
NP	3	2
Phys Med	2	2
X-Ray	1	2
CPL	1	3
OR	0	4

Fishing Boats

The next fishing trip is scheduled for Saturday, June 25 (bottom fishing). Plenty of room for everyone. All military personnel are allowed to take one dependent.

The boat departs the Chesapeake Rod and Reel Tackle House, Chesapeake Beach at 0600. If there are enough applicants, the boat will return at 1200 and depart again at 1300 with another group.

You can make reservations at Special Services. The Tackle House will provide you with bait and rod and reel for a small charge, or you can bring your own.

TRAVEL

GET FACTS, COSTS
FROM OUR EXPERTS

TODAY

NO CHARGE

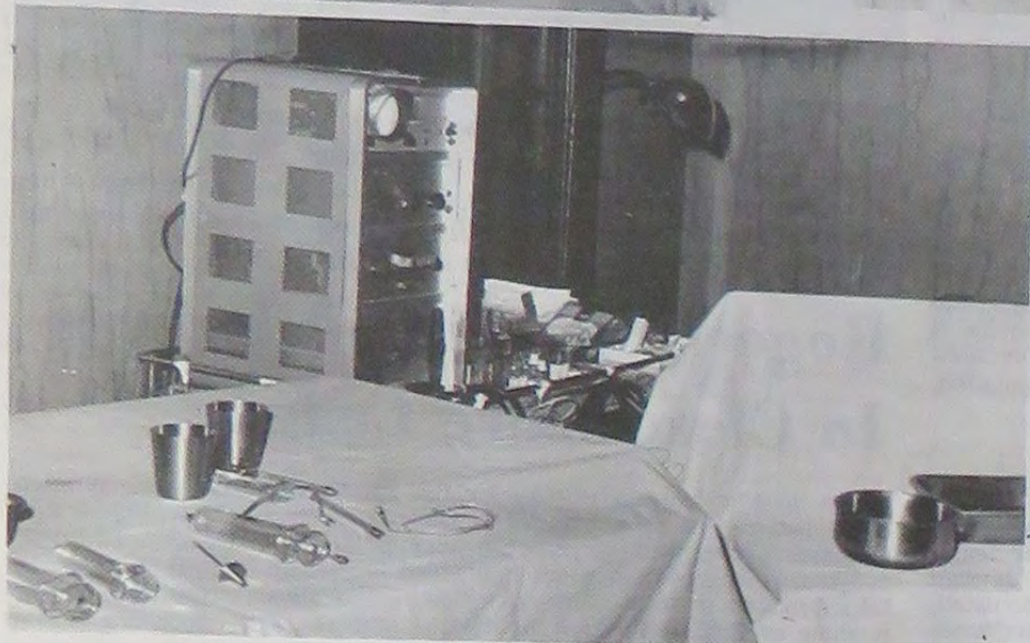
656-1670

BETHESDA

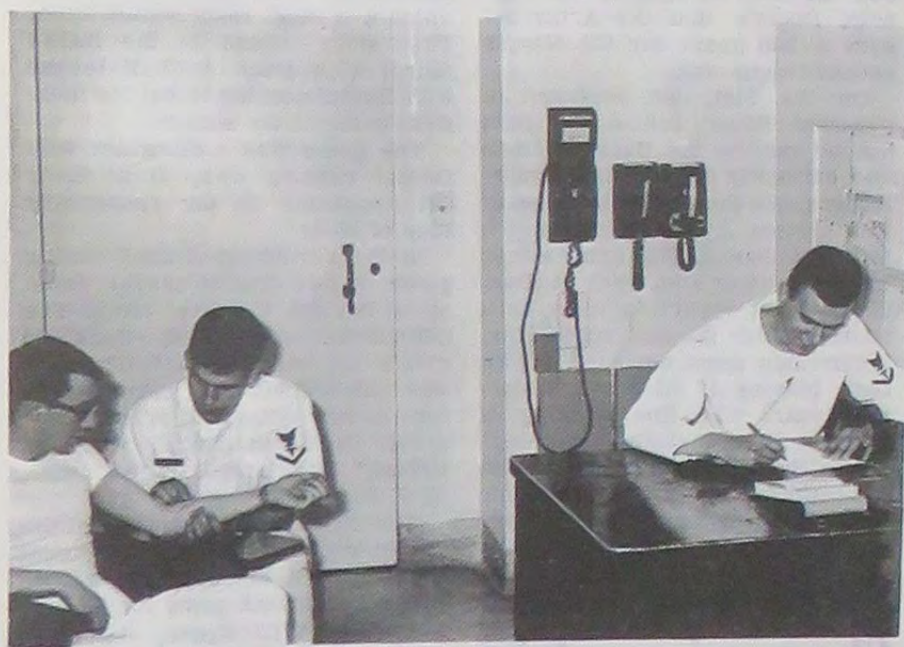
TRAVEL CENTER
7420 WAVERLY ST.
BETHESDA, MARYLAND
A FEW BLOCKS FROM NNMC

GOLF FIELD DAY RESULTS

FIRST FLIGHT	GROSS	NET
R. H. Orrahood	79	76
R. Digicinto	91	80
SECOND FLIGHT		
J. R. Russell	86	78
P. Christenberry	90	82
THIRD FLIGHT		
J. Messer	90	72
B. Kochel	88	80
SENIOR FLIGHT		
R. Rea	87	80
R. Springer	90	83
9-HOLE FLIGHT		
C. Welch	38	36
D. Johnson	48	37

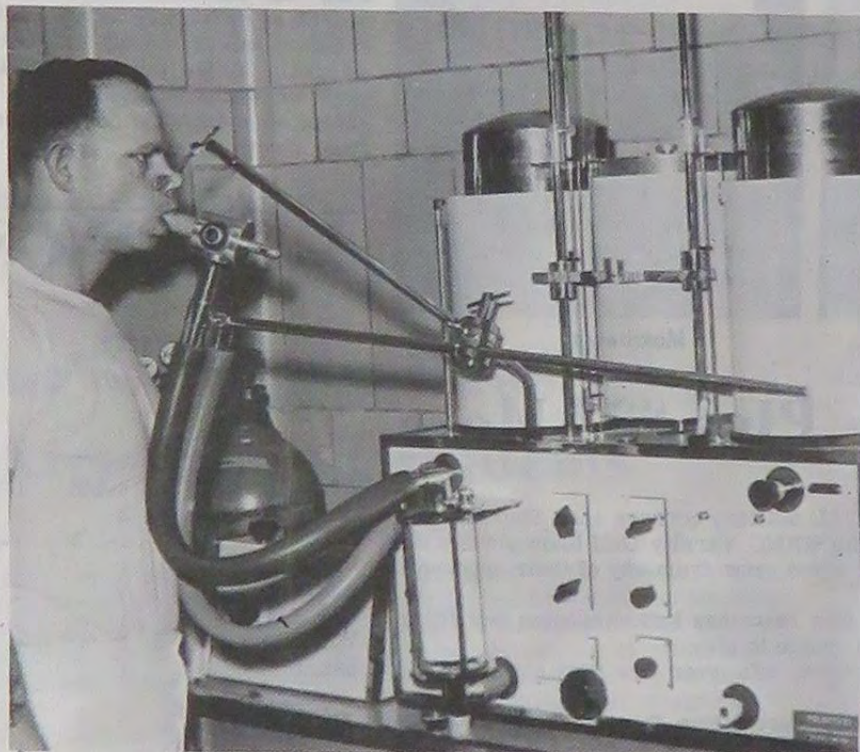


(Above) Scenes from the catheterization laboratory: top left, Dr. S. S. Weglarz, introduces a catheter into the brachial artery, while corpsman observes. At right, the corpsman takes over, while the doctor checks position of X-ray machine (over the patient). Bottom left, some of the "cath" equipment, and, bottom right, a corpsman reads the oximeter to give oxygen content reading to doctor. Below, skin testing for pulmonary diseases. Behind seated corpsman are the emergency telephones.

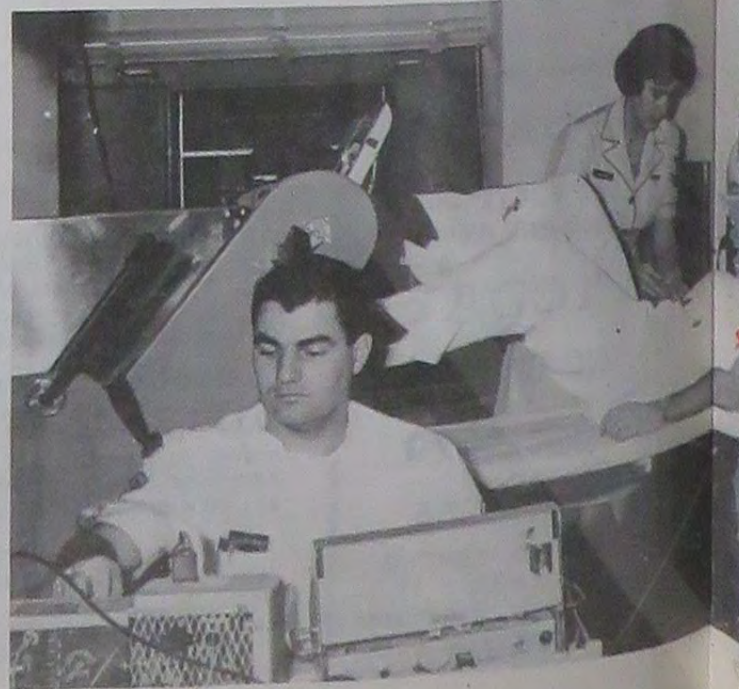


Two students cooperate to give life-saving procedure. Here they practice on an inflatable dummy the fine points of external heart massage (left) and mouth-to-mouth resuscitation (right).

(Below) The micro-Scholander gas analysis test is run on an air sample to determine percentages of different gases in the sample.



(Above) How much air does this man's lungs hold? What is the does he exhale? These and many more questions are answered as a diagnostic aid in the pulmonary physiology branch. (Below) bicycle peddles and, on command, works them while HM2 Kirsch analyzed by Army student at left.



Cardio

"Responding," was the one-word answer given by extension 507 the day One and a half hours later, three members of the cardio-pulmonary laboratory watch were tower 15, administering life-saving procedures to an officer who, not long ago, would have been pronounced dead. The patient recovered and was discharged to his home with a new lease on life. The lease was given by the keen observation of the nurse's ward over the man's part and by the recovery crew's fast and technical competence and up-to-date machinery.

Let's reblock the drama. A patient suffered what looked like a typical heart arrest. The nurse found no heartbeat and respiration. She ordered the corpsman to call 507 for the cardio-pulmonary crew. During the minute and a half which it took the crew to get to T-15, the corpsman initiated mouth to mouth resuscitation while the nurse started external heart massage. When the patient arrived they took over the procedure, adding electric stimulus to the heart. The patient revived. Time was important. They had beat the 4-minute "grace" time that's allowed before brain damage starts as a result of oxygen starvation. And they had been called from the "Twilight Zone."

All the work and training of the cardio-pulmonary laboratory school is not so dramatic, but it is important, all vital. These men work with and study about perhaps the two most important organs in the body -- the heart, symbol of goodness and generosity, and the lungs (breath), symbol of life.

The department is divided into six branches, each responsible for specific functions in the overall operation. The inhalation therapy branch gives direct patient treatment. IPPB (Intermittent positive pressure breathing) treatments are given on the Bird respirator for such maladies as asthma, bron-

Monday, June 13, 1966

Pulmonary Lab and School

chitis, and emphysema. The principle of the treatment is to introduce aerosol medications and gases into the lungs. Oxygen tent therapy is also conducted from this branch as well as all insertions of nasal catheters for oxygen therapy. P. J. Dunne, HN, is in charge of the section and is one of the few registered inhalation therapists in the Navy. He did specialization study at the University of Pennsylvania and holds his boards from the American Registry of Inhalation Therapists. He states: "Our branch aims at maximum patient therapy through proper instruction in the use and maintenance of the equipment which we have available."

• The Van Slyke analysis branch, headed by J. A. Wright, HM2, performs blood analyses for oxygen content in the blood. These diagnostic tests may be called for by other branches of the department.

• The surgery monitoring branch provides constant electronic monitoring of heartbeat and arterial and venous heart pressure to the anesthesiologist during major surgery. The technician, from his booth overlooking the surgical suite, transmits the monitor's reading to the anesthesiologist via a microphone. This information is also shared by the surgeon who often assesses procedures by the resulting blips recorded on the electronic screens. In charge here is J. D. Harris, HM3.

P. C. Holiday, HM2, is in charge of the catheterization branch. Here, various heart studies are undertaken by passing a catheter through arteries and veins either in the arm or leg, and into the heart of major vessel being studied. Once the doctor has verified the position of the catheter, blood samples are drawn through the catheter and studied. A variety of studies is made in this laboratory, including work with radioactive krypton. (One of the technicians reminded us that krypton is the gas which is Superman's undoing. . .). Cardiology medical officers who perform cardiac catheterizations are: Lt. Comdr. S. S. Weglarz and Lt. Comdr. T. B. Beach.

Modern medical language has made the word "pacemaker" standard in hospitals. Pacemakers have been implanted by this unit in its facility on the second floor of building 1. The "power package" is the pacemaker which takes the place of the sinoatrial node which sends electric impulses through

the heart, causing that muscle's contraction and relaxation.

• The pulmonary physiology branch, under the direct supervision of Lt. Comdr. J. W. Brackett, Chief, Pulmonary Diseases, and in the charge of C. A. Kirschner, HM2, and J. P. Hinckley, HM3, conducts various tests of the lungs. They include tests of gases breathed, arterial blood taps, and skin testing (not to be confused with allergy testing). In charge of the skin testing unit is P. C. Pomeroy, HM3.

• Last but not least is the property and accounting branch, the only branch not directly dealing in patient care or diagnosis. Under the supervision of J. A. Wright, HM3, the branch sees to the needs of the rest of the department, ordering anything from a needle costing but a few cents, to sophisticated apparatus costing as much as \$10,000.

In addition to these working units, 2 classes of students progress through 52 weeks of cardiopulmonary technique. The classes are triservice in nature, and their students rotate through didactic and practical phases of learning. Some of the subjects studied are: anatomy and physiology of the heart, lungs, and vascular system; physics; mathematics; electrocardiograph monitoring; X-ray technique; surgical technique; and cardiac catheterization procedure. The burden of most of the didactic instruction here falls under the purview of T. J. Tingley, HM2.

The department maintains a 24-hour a day watch. The cardiac arrest crew, described earlier, is drawn from this watch. A direct line telephone system allows this team to report anywhere in the hospital in crash time. The telephone extension 507 is listed in all the major clinics and wards and the telephone links C-P and the OD directly. Standing by in the passageway is a cart with all the medications and equipment needed in the cardiac arrest situation. An intermittent positive pressure breathing apparatus makes up part of the package. The equipment and medications are kept up to effective levels and up to date with daily inspections.

Another direct link telephone brings the surgery monitoring unit in direct contact with the laboratory. Should a malfunction of any of the equipment develop or an emergency of any other type, the technician can receive immediate assistance from the laboratory.

The responsibilities and impact

of the department are far-reaching. Even newly arrived ward corpsmen are instructed in cardiac resuscitation and artificial ventilation by members of this section; and corpsmen on the wards receive

instructions whenever any of the C-P equipment is installed for patient use on the wards.

Coordinating all the various functions of this department is W. Z. Jones, HMC, chief in charge.

The entire operation is under the direct control of Capt. L. M. Fox, assistant chief of Medicine for Cardiovascular Study and Research and Comdr. G. F. Gorsuch, Chief, Cardiology.



Two technicians (above) monitor patient's heartbeat and pressure from their booth overlooking the surgical suite. Microphone at right of seated corpsman is to relate findings to the anesthesiologist. Cardiac arrest crew starts out on a mission, left. Corpsman at left provides a Byrd resuscitator, while the two at right push cart loaded with emergency gear and medication, including electric shock pacemaker (visible on upper level of the cart). Below, a typical classroom scene. Chief Jones points to a part of the heart under study during an anatomy and physiology class. At left can be seen a model for study and, to its right, a Van Slyke gas analysis machine. The students are introduced to their material with every kind of visual aid, including movies, slides, mock-ups, dummies, audio sounds, charts, etc.



tidal flow of air? With what force with the use of this machine used A patient has his feet strapped to inner draws samples of blood to be



Navy Reports Accomplishments in 1965

During the last year the U.S. Navy showed dramatic proof of President Johnson's statement that: "The mobility and versatility of our naval forces manifested each day are a constant reminder to any aggressor that this country has the means to act quickly and decisively to protect the interests of the United States and the free world."

Navy Combat and Support Operations in Vietnam

The broad-shouldered sealift capability of the Navy's Military Sea Transportation Service and U.S. Merchant Marine forms the basic for logistic support of all our Vietnamese operations. These ships carry 98 per cent of all military equipment and supplies shipped by the Department of Defense to Vietnam. They carry practically all aviation gasoline, jet fuel, and bulk petroleum products to U.S. forces in Southeast Asia, a task involving over 1 million barrels a month.

Naval and Marine Corps aviators flew more than 61,000 combat and support sorties in Southeast Asia during 1965. Carrier-based aircraft made 37,000 strike missions between March 1965 and January 1966. Fourteen thousand strike flights against North Vietnamese targets were flown from the decks of the 10 attack carriers which have taken part in the conflict; these strikes constitute roughly one-half the total U.S. strikes north of the 17th parallel. During a typical month, Navy pilots struck Viet Cong targets with more than 5,000 tons of bombs and near 30,000 rockets; Marine Corps pilots added 1,600 tons of bombs and 14,000 rockets. Individual highlights of the air war were the destruction of an enemy MIG in air-to-air battle by U.S.S. Midway's propeller-driven AD's and the first destruction of an occupied SAM site, accomplished by AG's and A-4's of U.S.S. Independence.

Naval tactical gunfire support has proven essential as it was during World War II and in Korea. During 1965, some 90,000 5-inch, 6-inch, 8-inch high explosive shells were fired on enemy targets by U.S. Navy destroyers and cruisers. In a typical operation, the destroyer O'Brien fired 48 tons of ammunition during a continuous 26-hour mission. Call-fire was delivered within 100 yards of Australian troops under attack.

The Navy-Marine Corps team exploited its ability to strike from the sea, conducting five amphibious landings and a number of amphibious raids. Each major landing operation was completed successfully within 48 hours of initial order to land.

The Navy is also active in MARKET TIME coastal surveillance operations conducted in cooperation with the South Vietnamese Navy. More than 15,000 junks have been inspected and over 7,000 boarded, strangling infiltration of supplies and men by sea.

In Vietnam itself, some 3,000 navymen serve alongside the Vietnamese Navy in hazardous missions with the river assault groups. Some 2,700 Seabees and 1,400 Navy doctors and medical corpsmen work alongside the fighting forces, treating casualties, assisting in construction contributing to civic action programs. An additional 3,000 navymen provide logistic support ashore.

While Vietnam dominated the headlines, the disorders half a world away in the Dominican Republic sparked another demonstration of the rapid reaction of the Navy-Marine Corps team. An amphibious task group put 8,000 marines ashore during May and June, and assisted in evacuating civilians from the danger areas.

For the first time in naval history, nuclear-powered ships entered combat on 3 December 1965, with the carrier Enterprise and the destroyer Bainbridge joining the Seventh Fleet off Vietnam. Completing the 16,000-mile trip from Norfolk to the South China Sea at a sustained speed in advance of 20 knots the nuclear task group arrived on the scene ready to conduct flight operations. The Enterprise set a new record of combat sorties 2 days after arrival. No fleet oilers were needed enroute, as would have been the case for conventionally powered vessels. In action, distinct advantages have been felt: endurance of the carrier for combat operations is significantly greater, responsiveness of the frigate to submarine incidents out of her area is increased considerably, maneuverability and sustained speed are increased and substantial benefit has even accrued in freeing embarked aircraft from the serious corrosion problems which accompany the stack gas of a conventional powerplant.

President Johnson in his budget message for fiscal year 1967 included funds for the construction of a second nuclear-powered aircraft carrier, and the Secretary of Defense has indicated two more have been tentatively scheduled for later years.

The construction phase of the fleet ballistic missile program will be completed later this year with the launching of the 41st Polaris submarine, U.S.S. Will Rodgers. During more than 200 patrols of the nuclear-powered submarines,

the entire weapons system including all 16 missiles has been ready to fire within the required 15 minutes more than 98 percent of the time. Twenty-seven consecutive live firings of Polaris A-3 missiles have been conducted successfully. Not one Polaris submarine has failed to meet its commitments since deployment. Extensive development work is now going into the follow-on missile Poseidon, which fits standard Polaris firing tubes, although twice the payload and twice the accuracy are expected.

Outstanding missile reliability and the inherent survivability of nuclear-powered submarines guarantee that the fleet ballistic missile system will remain a vital part of this Nation's credible retaliatory force for years ahead. An additional 58 nuclear-powered attack submarines exploit nuclear technology for antisubmarine purposes.

In the United States, a Navy helicopter set a new record for distance flight from carrier deck across the Nation exceeding by 700 miles the previous helicopter record. The newest U.S. day-support aircraft, the Corsair II (A-7), made aviation history for its speed in moving from concept to production; it is scheduled for fleet introduction next October. The professional performance of aviation units of the Seventh Fleet produced an accident rate in combat conditions even lower than that expected during peace.

Attack on Personnel
Faced with a serious problem

of retention of skilled, technical personnel, the Navy's retention task force attacked the problem from every aspect. Its recommendations were publicized in February, and many already have been instituted. Perhaps the most important among these is the recently implemented, variable reenlistment bonus applicable to all services. Additional improvements in the fields of career management, living conditions, separation from home, medical care, and inport watch standing are expected to follow.

For the Navy-Marine Corps team, this has been a demanding year, characterized by long and difficult deployments, stretching to make resources suffice, and the impact of personal tragedy in combat. Nonetheless, the devoted service of officers and men has made this a year of inspiration. In the words of the Secretary of the Navy:

"I am sure that any veteran who could see our young men in Vietnam today--as I saw them this summer -- would proudly realize that the ideals of his own sacrifices were again being preserved. . . He would see men who take on the burden of a stifling climate, the treachery of the Viet Cong, and the hazard of violent death in the same defiant and gallant spirit that has been the hallmark of American servicemen since Lexington and Concord."

Ship Construction and Conversion

The fiscal year 1967 shipbuilding budget totals nearly \$2 billion and lists construction and conversion of 51 major vessels. New

ships include: a second nuclear-powered aircraft carrier, 2 guided-missile destroyers, 5 nuclear attack submarines, 10 destroyer escorts of a new class, and 12 amphibious assault ships. Work also has begun on the important, new fast-deployment logistic ship program.

The fiscal year 1966 ship construction and conversion program presently concluding involves 222 vessels--57 being new construction, including 5 nuclear Polaris submarines and 15 major amphibious assault ships as part of a \$2 1/2 billion amphibious modernization program to be completed in fiscal year 1969. Major conversions include: an attack aircraft carrier to provide increased air support capability, a guided-missile cruiser, 2 guided-missile frigates, and 5 destroyers. Also 101 Navy ships have been reactivated from our moth-balled reserve fleet since June 1965 for direct support in Vietnam.

Naval Aviation Developments

Several significant new naval aircraft were put to the proof of combat during the last year. Navy, Marine Corps, and Air Force pilots alike fly the popular Mach 2 Phantom II (F-4 series) in all-weather interceptor and tactical air support missions. The Nation's only all-weather tactical support aircraft, the Intruder (A-6), made a successful combat debut with particular success in missions against SAM sites. The Vigilante (RA-5C) proved to be one of the Nation's most versatile operational intelligence collection systems.

Movie Schedule

Monday June 13	The Quick and the Dead Victor French, Majel Berret
Tuesday June 14	Station Six Sahara Carol Baker, Ian Bannan
Wednesday June 15	Wake of the Red Witch John Wayne, Gig Young
Friday June 17	The Nanny Bette Davis, Wendy Craig
Saturday June 18	The Nanny
Sunday June 19	Do Not Disturb Doris Day, Rod Taylor
Monday June 20	Do Not Disturb
Tuesday June 21	Move Over Darling Doris Day, James Garner
Wednesday June 22	Zorba the Greek Anthony Quinn, Alan Bates
Thursday June 23	Zorba the Greek
Friday June 24	Seven Women Anne Bancroft, Sue Lyon
Saturday June 25	Seven Women
Sunday June 26	The Road to Denver John Wayne, Mona Freeman
Monday June 27	The Road to Denver
Tuesday June 28	Hush. . . Hush Sweet Charlotte Bette Davis, Olivia de Havilland
Wednesday June 29	It's a Mad, Mad, Mad, Mad World Spencer Tracy, Milton Berle
Thursday June 30	It's a Mad, Mad, Mad, Mad World

Your Dental Health

Your child may well take his first step on the road to artificial dentures when he is only two.

It has been estimated that 50 percent of all 2-year-olds have one or more decayed teeth, and that by the time a child starts to school he is likely to have one or more cavities. Thus, a pattern of decay-and-fill-and-extract is established, and before too many years have passed the child is man, and the man has joined the one in five Americans who have full dentures by age 35!

Good dental health habits must begin when your child is born -- attention to proper diet, to good oral hygiene at home, to regular dental care as soon as all the first teeth have erupted.

Early care not only prevents decay but helps to avoid those conditions which lead to crooked teeth, faulty bite, and the major dental disorders that mean expensive and extensive dental treatment in later life.

As your child approaches 6 years of age, good dental habits become more important than ever; the second set of teeth that begins to erupt at this time is the last natural set your child will ever have. They should -- and can -- last as long as he lives.

Regular visits to the dentist during the years from 3 to 12 assure that the first, or "baby," teeth are shed at the right time and that the permanent teeth come in properly aligned. During these years, the roots of the primary teeth slowly dissolve to loosen them, while the permanent teeth that have been forming in the jaw begin to push their way through the gums.

Occasionally, the roots of a baby tooth do not dissolve quite fast enough. Your dentist may want to help along the loosening process. Or, if the first tooth has been lost too soon, he may insert

a simple appliance called a space maintainer to preserve the space for the incoming tooth.

Early loss of either primary or permanent teeth will cause neighboring teeth to drift into the vacant space and either prevent normal eruption of a new tooth or disturb the position of erupted teeth.

The 6-year molars -- first of the permanent teeth and the most important -- require careful attention. These four teeth often are not recognized as permanent, because they do not replace a baby tooth. The 6-year molar is the sixth tooth back from the center of the mouth and is needed to preserve the shape of the dental arch while the other teeth are coming in. Six-year molars often develop cavities just a few months after they erupt and yet these teeth must last 60 or 70 years!

By the time a child starts school, the habit of toothbrushing immediately after eating should be well established. A child's toothbrush should have a small head so that it can reach all surfaces of the teeth; it should have a flat brushing surface and firm bristles. As for diet -- a growing child needs adequate amounts of calcium during the years when tooth enamel is forming on the jaws (up to about age 8). A quart of milk a day should provide an adequate amount of calcium. A balanced diet is needed for maintenance of the gums and bones of the jaws -- just as it is needed for the health of the rest of the body.

Sugar and sweet foods form weak acids which affect tooth enamel. Repeated acid attacks due to between-meal snacks of sugar-containing foods are a prime cause of dental decay.

Topical application of fluoride by a dentist is recommended to strengthen teeth against acid attack.

Conquest of "Inner" Space" Underway; Report From Surgeon General's Conference

The following are reported notes abstracted from a talk on underwater research given by Capt. G. F. Bond, Assistant for Underwater Test and Evaluation, Bureau of Medicine and Surgery, at the Surgeon General's conference held here April 27-29.

Capt. Bond reported on long-period, deep sea research related to the Sealab II project conducted off the California coast in which teams of men lived and worked under the sea for periods in excess of 30 days.

The program has a history which dates back to 1957. Some of the first problems facing doctors in this field were: 1) How to decompress a man who has been working in depths of up to 600 feet, and 2) at these depths, what will a man breathe. Compressed air, for instance, was ruled out because of the lung damage experienced on long exposure. Consequently, experiments were conducted in 1957-61 with helium-oxygen mixtures.

When the right proportions were found, attention was turned to man at research facilities here at NMRI, at EDU, and at New London, Conn. Exhaustive physiological studies were conducted on the persons undergoing the tests--up to 125 tests were run on each person each day to determine the effects of the gas mixture and the long exposure to pressurized conditions.

The solution of one set of problems often begets new ones. In this case, the scientists found that the high concentration of helium presented a problem to oral communications. The same gas is an excellent heat conductor and so, body heat-loss was a problem to overcome for the divers and their scientific mentors.

Sealab II was lowered to the bottom of the sea and the project got underway with Scott Carpenter heading the team of divers. Visibility for the men was about 6 inches without light and a maximum of 20 feet with the strongest lights. The divers acclimated themselves well to their new environment, conducting experiments, performing work outside Sealab. They all became excellent navigators, using bottom topography as guide. Excursion diving from the underwater base became routine, and life in the capsule took on the routines of daily living, such as musters for work assignments, gathering their own food from the "garden" at their door (plankton and raw fish), and, yes, there was even time for recreation, watching the myriad fish with Sealab's 12 portholes.

The experiment lent invaluable data to the 10 civilian scientists aboard who were able to study marine life in its natural state. The presence of many scorpion fish (poisonous) pointed up the lack of man's knowledge about dangerous marine life. But the use of Tuffy, the porpoise, was an example of harnessing the friendly denizens of the deep to further man's scientific conquest of "inner space." Tuffy was used as a "messenger boy" from the surface to Sealab.

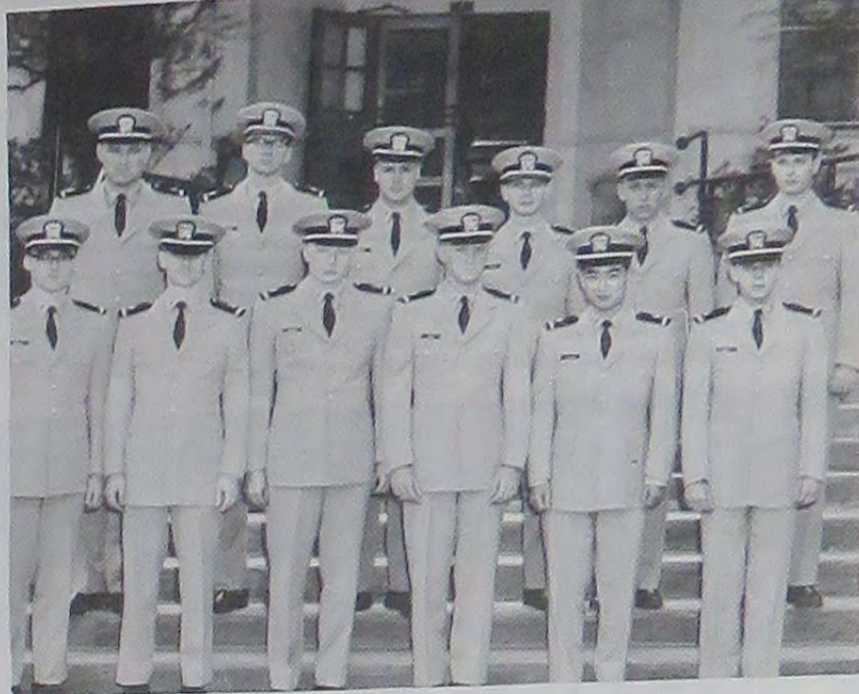
Dr. Bond concluded his remarks by saying that man would one day "gain dominion over the seas." One of the significant hypotheses derived from the experiment is that man "saturated" at deep levels beneath the sea can make deeper dives more readily than he can directly from the surface. The Captain also touched on the feasibility of someday having mobile undersea laboratories deposited on the continental shelves anywhere in the world by submarine and their being retrieved without surfacing.

Promotions

Forty-four NNMC civilian personnel are positive that the merit promotion program works, and well. Names of the Centerites and the grades to which promoted were released recently by the civilian personnel office. The promotions affected both general service and wage board employees.

By commands, the Naval Hospital topped the list with 20 raises, followed by NNMC with 16. NMRI and NMDSC had four each. Top raise for general service rating went to Carlis Taylor of NMDSC. Mr. Taylor's new position is as digital computer systems administrator.

Personnel interested in learning more about this program should contact the civilian personnel office.



Orientation Class 28

The Twenty-Eight Class of Medical Service Corps officers assigned to the U. S. Naval School of Hospital Administration for their military and medical department orientation was graduated on May 27. Captain Robert S. Herrmann, MSC, Chief, Medical Service Corps, Bureau of Medicine and Surgery was the graduation speaker, and Captain David J. Mc Lellan, MSC, Administrative Officer, NNMC, presented the certificates to the graduates. The officers and their future duty assignments are, first row, left to right: John M. Quarles, Jr., U.S. Naval Medical School, Bethesda; Thomas E. Bookout, Marine Corps Recruit Depot, San Diego; Paul G. Eklund, U. S. Naval Dispensary, Washington, D.C.; John W. Young, U. S. Naval Training Center, Great Lakes; George K. Hanasono, U. S. Naval Medical Research Institute, Bethesda; John M. Doty, U. S. Naval Medical School, Bethesda; second row, left to right: Marvin L. Wall, The Disease Vector Control Center, U. S. Naval Air Station, Jacksonville; James C. Warren, U. S. Naval Medical Research Institute, Bethesda; Conrad G. Heede, U. S. Naval Medical Research Institute, Bethesda; Kenneth D. Murrell, U. S. Naval Medical Research Institute, Bethesda; Ronald R. Aldrich, U. S. Naval Hospital, Oakland; Vincent L. Mc Manaman, Bureau of Medicine and Surgery, Washington. All the officers are Medical Service Corps USNR.

Checks May Go Directly To Businesses

If they wish, civilian employees now may have their pay checks mailed directly to a financial organization. The new instructions are contained in NNMC Notice 7200 of April 22. To accomplish this the NNMC will use the power of attorney procedure. In order to have his check mailed, an employee must:

1) File with the financial organization a Standard Form 231, Power of Attorney for the Collection of Checks Drawn on the Treasurer of the United States.

2) Complete NAVCOMPT Form 2103, Mailing/Authorization form and forward it to the office of the Comptroller, NNMC.

The amount to be remitted to the financial organization must be the full amount that would otherwise have been paid by check drawn to the order of the individual. Checks forwarded to financial organizations will be mailed not later than the date of the check.

Individuals may cancel the remittance authorization in writing at any time. Such authorizations are automatically cancelled upon transfer or separation.

Necessary forms may be obtained from the NNMC Civilian Payroll Office.

The word "chit," used for many years by the U.S. Navy and meaning a letter, note, voucher, or receipt, came from the old east India Company and is derived from the Indu word "chitti." The word has wide use in the Far East and is used throughout the British Army and Navy.

Machine Available To Teach

The autotutor (teaching machine) is now available for use. It is a supplementary training device which permits personnel to learn at their own pace.

Courses available include: Improving your writing, ratio and proportion, and English grammar and usage, vols. I, II, III, and IV.

This machine will assist NNMC personnel in improving required periodic examinations. It is available for inspection in the conference room, Civilian Personnel Division.

Appointments to use the device may be made at one hour intervals, from 0800 through 1600. Arrangements may also be made to utilize the machine during off-duty hours, and it may be moved to any site requested. Appointments for using the machine may be made by telephoning the Training Branch, extension 7018, or extension 585.

Thanks

The editor would like to take this opportunity to thank medical illustrator Charles W. Norman, HM3, for his art on the "Station and Area News Roundup" which first appeared in the May issue and for this issue's head on items of medical interest.

Triumphs, Tragedies Displayed In Naval Memorial Museum

A chronometer and other gear of the battleship Maine, a bullet-pierced Rough Rider's hat, a death mask of Admiral Dewey and a \$30,000 fold cup presented to the Admiral by the City of New York depict the Teddy Roosevelt era.

The World War I section includes paintings from which famous recruiting posters were made, and a rack of cutlasses manufactured at the Navy Yard itself in 1917 in case the new struggle were to be fought on War of 1812 terms.

Admiral Richard E. Byrd's polar expeditions are given a substantial documentation and this exhibit has been recently expanded.

Two big guns, notably a main battery from the cruiser Reno which fought in the Philippines Sea engagement, and the deck cannon from the submarine Tigris, which is believed to have fired the last shot of the World War II conflict, highlight this era. Also prominently displayed are two battered rifles given up by 19 Japanese hold-outs in the Marianas in 1951--six years after the war ended.

The exhibit dedicated to the submarine Thresher, which sank in the Atlantic with 129 aboard in April, 1963, is where many visitors linger the longest. The most poignant items in the Thresher display of photographs and parts of the submarine's hull, is the simple crayon drawing of the Thresher resting at the bottom of the sea with her ensign still waving. The work was done by 8-year-old Bruce Harvey, son of the dead skipper.

The late Commander-in-Chief John F. Kennedy is likewise accorded a well-deserved place of honor as a former naval officer who succeeded to the Presidency. A special section is devoted to naval moments which President Kennedy kept in the White House. The sailing ships, bust of the late President, and a sailfish he caught in Acapulco will stay in the museum until after the Kennedy Library is completed at Cambridge, Mass.

Echoed throughout the museum are the words of many famous Navy heroes who fought valiantly for America so that we might live free today. Atop a diorama of the 1779 battle between the Bon Homme Richard and the British frigate Serapis, is John Paul Jones' report to the British captain's suggestion of surrender: "I have not yet begun to fight." Over the section devoted to the War of 1812 is Commodore Oliver Perry's famous message, "We have met the enemy and they are ours." Inscribed on a

plaque attached to a piece of timber from the frigate Chesapeake of 1812 fame, are the dying words of Captain James Lawrence as his ship was being overwhelmed by British sailors, "Don't give up the ship."

Director of the museum is Captain Slade Cutter, and old Navy football star and World War II submarine hero. He reports directly to the Navy's Curator and Director of Naval History, Rear Admiral Ernest M. Eller.

The museum has been developed as part of the Navy's program of internal instruction and morale. An objective might state, "the more one understands the great heritage of the Navy, the better he will seek to serve as well as those who went before him."

Thousands of Americans go to the nation's capital each summer to visit and revisit some of the most famous historical attractions in the United States.

One of Washington's newest and most intriguing sites, but also one of its least known, is the Naval Memorial Museum located in the 116-year old Washington Navy Yard waterfront in Bldg. 76, and is open to the public from 9 a.m. to 4 p.m. Monday through Saturday. There is no admission charge.

The museum, established in 1961, has collected and chronologically arranged exhibits and relics which depict the Navy from the Revolutionary period to the present nuclear and space age of seapower. Highlights include dioramas which dramatically portray historic naval engagements while taped explanations recount them to the viewer.

Here the true story of the Navy, its triumphs and tragedies, can be found. Within each of the hundreds of the mementos displayed is a story.

For example, there is the recently discovered canned food (still edible) left by Captain Robert F. Scott on his first expedition to the Antarctic more than 50 years ago. His return to the Pole a few years later ended in disaster for he and his men.

From the Revolutionary War era are exhibits that range from Paul Revere's commission as a messenger to a rum bottle salvaged from a ship sunk at Yorktown. From the Civil War era is a diorama of the first battle of Ironclads, the Monitor and Merrimac, and a commission signed by Lincoln.

STATION AND Area News

Roundup

• The comic team of Marty Allen and Steve Rossi, had patients "out of their stitches" laughing at their antics as the two visited the Naval Hospital wards recently. Busy as they are, they still find time to lend their untiring efforts on behalf of such worthwhile causes as the National Epilepsy Foundation from which they were recently awarded the Foundation's distinguished service award.



If laughter is the best medicine, then the therapeutics of Allen and Rossi is having its instantaneous effects. The comic pair entertained on wards here recently to the delight of the patients and staff.

• Ten Washington Redskins scored heavily with hospitalized patients here on May 27 when the pro-ballers huddled for "locker room pep talks" with Vietnam veterans and other service patients. The football stars included Sam Huff, Sonny Jurgensen, Bobby Mitchell, Lonnie Sanders, Pat Richter, Vince Promuto, Rickie Harris, Dick Shiner, Jim Steffen, and Jim Snowden.

• Doctor Man Singh, retired brigadier of the Indian Army Medical Department, visited the hospital on June 1. He was conducted on a tour of Naval Hospital and Naval Medical School facilities.

• About 30 Centerites took advantage of a "give away" of obsolete textbooks by the Information and Education department on May 20. Although the volumes are still good (condition and content), they have been either replaced or renewed by USAFI. According to I&E personnel, the most numerous give aways were in the languages; however, shorthand, work books, and old Hospital Corps handbooks were also given out.

• Membership in the USO-All Service Postal Chess Club is open to all active duty personnel, reservists, and retired members of the Armed Forces. The USO-ASPC club provides correspondence course lessons, solutions to practical chess problems, and participation in matches and tournaments by mail. Annual dues of \$2.00 includes a chess rating for all members, regardless of experience, and receipt of the club's paper, "King's Korner." For further information contact the national office of the National Catholic Community Services, 1312 Massachusetts Ave., N.W., Washington, 20005.

• Dr. Arthur R. Upgren, Ph.D., Director, The Bureau of Economic Studies, MacAlester College, St. Paul, Minn., presented a lecture entitled "Our Experimental Economics: How Is It Succeeding?" on May 20 in the NSHA auditorium.

• The Naval Historical Foundation, on the occasion of its 40th anniversary, presented a special exhibit on May 11 at the Truxtun-Decatur Naval Museum, 1610 "H" Street, N.W., just around the corner from the White House. The exhibit will remain on display for approximately one year with small modifications being made periodically during that period.

The Naval Historical Foundation, founded in 1926, is a nonprofit organization which has, through the years, dedicated its efforts to the collection, preservation, and display of documents and other memorabilia of America's great sea inheritance. It has a large and growing collection from which all of the museum displays are selected.

• Shady Grove Music Fair opens its season tomorrow night at 8:30 with "Oliver!" The production will star Walter Slezak and Gloria DeHaven and will run through the 19th. "Oliver" will be followed by "Gentlemen Prefer Blondes" with Jayne Mansfield proving that "diamonds are a girl's best friend." Special Services department can reserve tickets for military personnel at reduced rates. Call in person at the Special Services department.

• The Surgeon General has sent Rear Adm. Andrews and the staff a letter of appreciation for the planning and assistance provided for the Surgeon General's Conference. The letter was promulgated by NNMCNOTE 1650 of 12 May with the Commanding Officer's congratulations and appreciation.



QUESTION: What do you hold to be the most important quality of a good hospital corpsman? And why?



Lt. Edward C. Gilbert, Urology, USNH.

The answer must certainly be-- the corpsman's desire and ability to learn. It has always amazed me how diligent and effective these young people are, considering the fact that their introduction to the complex vagaries of medicine consists of their brief tenure in Corps school. Under these circumstances all Navy physicians would welcome the chance to salute the corpsman and the commendable job they are doing and always have done.

Lt. Thaddeus F. Levandowski, MSC, Administrative Assistant to Head, Academic Department, NMS.

With professional competence comes an assurance and confidence which creates a confidence in a patient and facilitates treatment.

Too many times we get engrossed with and in our own personal problems. The patient's needs and deficiencies should always come first with the hospital corpsman.

A corpsman can have both the qualities above and never have them recognized by a patient if he doesn't keep his uniforms and bearing immaculate. Cleanliness and patient care are synonymous, and most corpsmen take up the gamut in this regard.



Michael E. LaCombe, HMI, Finance Liaison Office, USNH.

A Hospital Corpsman must possess skill, daring and initiative. Skill in order to give the correct aid and treatment; daring to meet the challenges of his job; initiative because he must have the ability to think and act without being urged. World conditions are going to require that today's Hospital Corpsman exhibit these qualities in a greater measure, just as past corpsmen have valiantly done.

Comdr. J. Turner, Assistant Chief Nurse, USNH.

An individual who is well prepared technically in any field of endeavor is a desirable person to have on a team. Other qualifications are needed, however, for one who is in a work situation where he comes in contact with many people.

A Corpsman should do his own work enthusiastically and help to promote interdepartmental harmony. He should show empathy and courtesy toward his patients and to visitors.

In summation: He should be sharp in appearance and in action. He should be a person one likes to be around.



Gwendolyn A. Poole, HM3, Physical Rehabilitation, USNH. Personally I feel you can't find one most important quality of a

Personnel Shortages NDS News:

NNMC, along with other Federal agencies, universities, businesses, and industries, face persistent shortages of people to fill jobs in professional, technical, and kindred occupations. Labor Department projections indicate that these shortages will continue. In addition, other studies indicate that these shortages will continue. In addition, other studies indicate that the demand for both office and skilled trades workers will also rise. A 1 personnel at NNMC are requested to continue in helping fill vacancies by recommendations to the employment branch, extension 658 or 684.

CIVILIAN: Mrs. Dorothy L. Moorehouse, Publications Department, and Mrs. Dolores G. Vandek, Officer Education Department, are among those who received outstanding awards at the recent awards ceremony.

OFFICER: Two more officers put on their commander stripes this month -- Comdr. Emilio J. Collevicchio and Comdr. John R. Russell. Both officers are attending the Graduate Officer course.

ITEM: Chief J. C. Robinson and his wife welcome a new son, Byron Franklin, 7 lbs. 8 oz., 21 in. Born May 21.

ITEM: Lt. Comdr. Ruby Brooks, NC, USN, paid a return visit to NDS last week and was warmly welcomed by her many friends. Miss Brooks left Oral Surgery in 1965 after serving as charge nurse there for 3 years. At present Ruby is stationed at Newport, R.I., where she reports all is well, but adds plaintively, "there's no place like Bethesda." Lt. Comdr. Ellen Lindgren replaced Miss Brooks in Oral Surgery and is making her own contributions to the stature of NDS.

ENLISTED: Four students of the Dental Technician, General, class were presented good conduct awards: DT1 C. D. Legassey, 4th award; DT1 C. L. McConnell, 3rd award; DT2 E. G. Grace, 1st & 2nd awards; DT2 B. L. Church, 2nd award. Norbert S. Daczyk, DT2, reenlisted for a period of 4 years. Daczyk is one of the students graduating from the Advanced Prosthetic Dental Technician Class.

On June 17, 31 dental technicians will graduate from advanced and specialized training courses in the enlisted schools, NDS. Among this group are the graduates from Dental Technician, Advanced General School; Dental Technician, Advanced Prosthetic School; and Dental Technician, Repair School.

Discrimination

New changes in discrimination complaint processing regulations, issued by OIR Notice 12713 of March 28, set forth new processing requirements for submitting and processing discrimination complaints filed after April 3. For complete information on these changes, contact the Employee-Management Relations Branch, Civilian Personnel Division, NNMC.

good hospital corpsman. He should have the ability to know and understand his patient's problems, and be able to cope with them in a professional manner.

I feel the corpsman should know his job well and enjoy doing it. Ray Durbin, HMI, Personnel Office, NMS.

The most important quality of every Navy man or woman should be dedication to their job. This is especially true in the medical profession and the Hospital Corps. All of us in one way or another deal with the well being of our Navy people. Without true dedication we cannot perform this job with the pride and satisfaction that has become a tradition of the Hospital Corps.

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TOPS

Thirty-five minutes was all it took NMRI on June 6 to crowd Dental in the top slot of the Intramural softball standings. The Researchers are now tied for first, after downing Dental, 6-4, in what might prove to have been the classic of the season.

ALCOHOL AND DRIVING

Three ounces of 100-proof whisky can reduce night vision 50 percent.

A Wisconsin testing of 77 drivers who died in traffic crashes the first six months of 1965 revealed that 70 percent had been drinking. Thirty-nine percent had alcohol concentrations ranging from 0.15 to 0.32.

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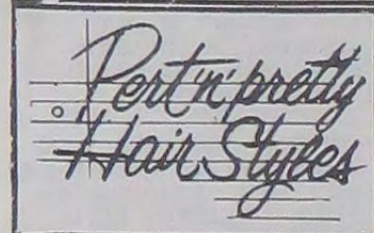
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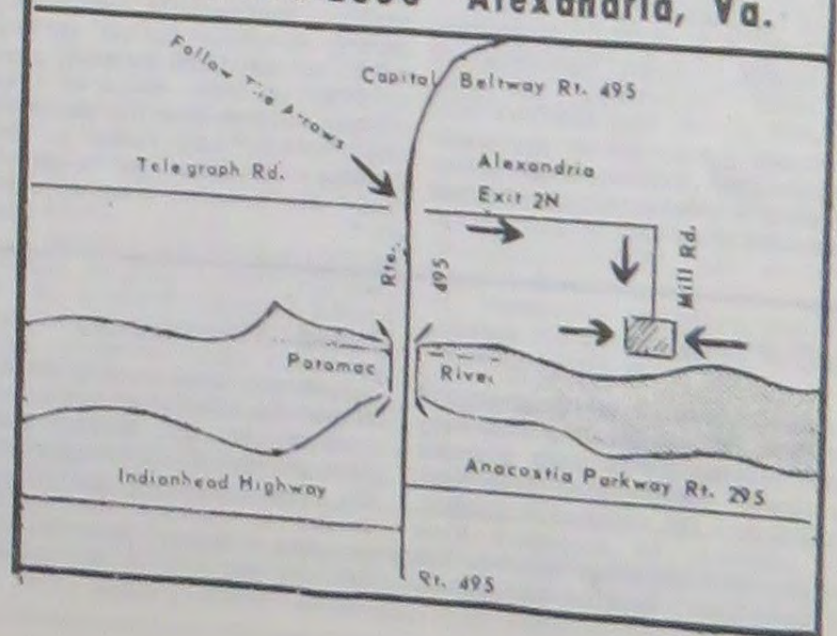
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Patients Hosted At Lawn Party



The U. S. Air Force Pipe Band performing for the hospitalized servicemen and veterans from the Washington area at a garden party held on the NNMC grounds May 22. The party was sponsored under the honorary chairmanship of Mrs. Robert McNamara and the wives of the Joint Chiefs of Staff.

by Sharon Cosgrove, J03

Approximately 250 area hospital patients were the guests at a garden party held May 22 in "B" Parking Lot at the Medical Center. The social gathering, sponsored by Mrs. Robert S. McNamara and wives of the Joint Chiefs of Staff included hospitalized servicemen and veterans from the naval hospital; Walter Reed; Quantico; Fort Belvoir and St. Elizabeth's.

Also present for the affair were: The Honorable Mr. Cyrus Vance, Deputy Secretary of Defense; General Earle G. Wheeler, USA, Chairman of the Joint Chiefs of Staff; Captain G. M. Davis, commanding officer, NH and Commander J. P. Ray, Administrative Officer, NH. Master of ceremonies for the party was Mr. Bob Kelly of WRC-Radio and WRC-TV NBC.

Patients were treated with a buffet luncheon and a variety of entertainment which included: vocalists Roy Hamilton and Marilyn May courtesy of R.C.A. Victor Records; music by ensembles from the U.S. Marine Band; the U.S. Air Force Pipe Band with Pipe Major Sandy Jones; Ballet Petite Company and Harry Kehr & his companions. Also taking part in the affair was the American Veterans National Guard of Honor. Hostesses for the occasion were provided courtesy of the Patricia Stevens Modeling School, Inc., Washington, D.C. Members of the Red Cross were present to supervise the patients.

In Capsule Form

PUBLIC WORKS department at the USN Training Center, San Diego ("The Hoist" reports) made all kinds of money for Navy Relief, while making lots of people happy. They washed cars for the low price of .50 cents. While waiting, patrons could enjoy free coffee, play ping pong, throw darts, or have their shoes shined for a quarter!

NATION'S LARGEST, most modern and completely automated ship built in the U.S. to probe secrets of deep sea has been delivered to the Department of Commerce's Coast and Geodetic Survey Agency. Named the Oceanographer, it will be followed later this year by a sister ship, the Discoverer. The Oceanographer "floating laboratory" cost seven million dollars.

AMERICAN RED CROSS assistance to servicemen in South Vietnam has increased considerably in the past year. The number of cases handled each month by Red Cross workers in RVN jumped from 2,000 during the first three months of 1965 to 11,000 monthly during the same period this year.

TWO STRANDED BOYS were rescued by Andrews Air Force base helicopters recently, according to an article carried in the station's newspaper, "Gateway." The boys had been canoeing on the Potomac when their boat overturned. They made it to the safety of a rock, just avoiding getting swept over a dam.

"DRY DOCK", USNH San Diego, reports that former Centerite Lt. F. J. Redding, MSC, had won the W. Glenn Ebersole Merit award. His paper, "The AFL-CIO and Health Care" was the paper which won the award. It will be featured in this month's issue of "Hospital Forum." Lt. Redding is scheduled to be transferred to NSHA here as an instructor.

COMFORT says the "North Islander" (NAS, San Diego) is the word at the station's dental clinic with the installation of 3 S.S. White revelation chairs. The paper says: "With piped-in-music and those beautiful chairs, we of the 'North Islander' staff are actually looking forward with eager anticipation to our next appointments."

ALSO, the "Dry Dock" reports on a pilot program in clinical training for chaplains which is designed to assist chaplains in their skills of ministering to the sick and working more effectively as members of the healing team.

AIR FORCE personnel will get a break from KP the base paper at Andrews Air Force Base says with imminent civilization of their messing facilities. Forty-five civilians will be hired to complete this job.

VIETNAMESE VETERANS ("Service Stripe," Walter Reed Army Medical Center) unexpectedly were the guest of President Johnson recently. The men were on a tour of Washington one Sunday morning. They spied the President's car at the National City Christian Church, where he was attending services. The group waited to see him -- he did, and he invited them to the White House where they chatted and received Presidential medallions.

ARTHUR GODFREY is scheduled to spend August in South Vietnam, Guam, and the Philippines visiting American servicemen. During his trip, he will tape-record timely interviews to be jet-flown to the U.S. for airing on his broadcasts over the CBS radio network and world-wide Armed Forces Radio and Television Service.

PICKETS MARCHED and the band played ("Ag Reporter", U.S. Department of Agriculture), but to a different tune and a different theme than most of the picketers that you hear about today. To spark their U.S. Bond drive, the department got hold of the 3rd Infantry Honor Guard Fife and Drum Corps, Fort Myer, to provide music while pretty secretaries sported placards bearing such slogans as: "Strengthen your BOND with your fighting men" and "Serve your Country YOURSELF."

Not There? Where, Oh Where?

Recently, a baseball fan learned that Hank Schmidt, Navy reserve infielder, would be playing in a "B" squad game with Trenton Junior College. The fan journeyed to Annapolis from Cambridge,

Mass., to watch Hank in action. Arriving at the ballpark, the fan found no Hank. A late addition to the varsity roster, Hank was in Cambridge, Mass., for the Navy game with Harvard. (NAVNEWS)

"New Guy" Tag Dropped For "Doc"

NAVNEWS -- Navy Hospital Corpsman Richard G. Savage of Lancaster, N.H., attached to the 3rd Marine Division at Da Nang, Vietnam, with less than three weeks in Vietnam was known as a "new guy."

Now the name doesn't fit. "Doc" Savage moved out with the Marines from "E" Co., 2nd Bn., Third Marine Regiment, on a recent search and clear mission 15 miles southwest of Da Nang.

As two platoons swept through a small village, Viet Cong snipers opened up, pouring accurate, deadly fire into the Marine ranks. Almost immediately the call for "Corpsman" came from the platoon to the left.

Disregarding his own safety, Savage moved across an open area exposed to intense VC fire to treat a Vietnamese Army interpreter. Again came the call for corpsman.

Sniper rounds kicked up dirt around the young man as he raced across an open rice paddy to treat three wounded Marines.

After the wounded were moved into a safe area, he continued to administer aid until they were evacuated by helicopter.

At night, when the company had a chance to rest and talk over the day's activities, the "new guy" tag was dropped, when "Doc" Savage's name came up.

The first recorded instance of a woman christening a U.S. Navy ship occurred on October 22, 1846, when a "Miss Watson of Philadelphia," using a mixture of water and wine, christened the warship "Germantown."

In Memoriam

William J. Branz, BTI (Ret.) died on May 7 after a long illness. He was a patient on Ward 4-C. Mr. Branz, before his illness, worked in the station's power plant since June 1961. He was a power plant controlman.

Funeral services and interment were held in Mount Carmel, Pa. He was a native of Atlas, Pa., residing at 222 W. Saylor Street.

Mr. Branz is survived by his wife, a son, and two daughters.

Shark Study

COMDR. H.D. Baldrige, MSC, NMRI, was on TAD at the Lerner Marine Laboratory, Bimini, Bahamas, and the Cape Haze Marine Laboratory, Siesta Key, Fla., recently. As part of the continuing studies on sharks, Dr. Baldrige assisted in the testing of an anti-shark device invented by Naval personnel at Point Mugu, Calif. This device, called the "shark screen," consists essentially of a plastic bag filled with sea water and suspended from the surface by means of attached flotation rings. A survivor at sea in such a device does not put blood or other stimulant chemicals into the water. The large dark under-water shape appears to act as a visual deterrent, and, to some extent, body heat is conserved within the volume of the bag. Studies of the biting forces exerted by feeding sharks were continued also in the pens at Bimini. With Lt. S.L. Schwartz, MSC, NMRI, who accompanied Dr. Baldrige, experiments were conducted on sharks of various sizes to establish guidelines for future studies on rapidly acting shark poisons.

Unmarried Higher Psychiatric Risk

THE risk of needing psychiatric treatment is much higher for the single or the formerly married than for the married person, according to a new National Institute of Mental Health study.

Dr. Morton Kramer, Chief of the Institute's Office of Biometry found that first admission rates of the unmarried to State and County mental hospitals are "excessively high" when compared to rates for married persons.

Dreams Trigger Angina

Dreams are now seen as a trigger factor in nocturnal angina. This view is supported by a recent study of rapid eye movements indicative of dreaming observed in 32 of 39 episodes of chest pain arising during sleep in patients with a history of this disease.

Ovale Malaria May be Common

RELATIVELY rare African form of malaria may not be as rare in the United States as current reports indicate. Instead, the nature of ovale malaria-- generally a rather mild, self-terminating disease-- and its varying effect on individual victims, plus a delay in some cases of 1 to 4 years between infection and primary attack, may result in the disease's dismissal as "a cold," "flu," or "fever of unknown origin."

Bond Allotments

Authority has been granted to disbursing officers to continue allotments for U.S. Savings Bonds when personnel are transferred to the Fleet Reserve or retired list, unless the person desires this payment stopped. The new regulation is carried in NAVCOMPT Notice 7220 of 19 April.

Early Ambulation For Hernia

THE "Washington Post" reported on a new technique that lets groin hernia patients ambulate immediately after a herniotomy. According to the article by Robert Kleckner, many patients are able to return to their homes within 24 hours. The doctors who developed the technique credited the use of local anesthesia, the elimination of external sutures to close the incision, and immediate ambulation as the factors involved in the technique. The doctors also report that most patients experience less pain postoperatively because of the early ambulation.

Cardiac Symposium

NEARLY 200 doctors attended the May 12 annual cardiac symposium held at NIH. The conference was sponsored by the Montgomery County Heart Association, and it featured some of the County's top medical and surgical educators in the cardiovascular field.

One of the most medically controversial topics reviewed at the Symposium was that presented by Benjamin M. Baker, M.D., Professor of Medicine at The Johns Hopkins University in Baltimore.

Speaking on diet and its relation to heart disease, Dr. Baker said: "as physicians and scientists, I appeal very strongly that we have a responsibility to settle this matter," adding that "the public should expect us to do so."

He emphasized that long term prospective studies, such as the National Diet Study, will give answers to the issue in a "pure practical approach."

Medicare Program

THE military MediCare program is slated to go into effect one year ahead of schedule if approved by the House.

July 1 is the date, as approved by the House Armed Services Committee, for providing these new benefits, amounting to \$216 million for active duty families, retired families and reservists.

About 6.2 million dependents of active, retired, and deceased military personnel, and about 100,000 active duty families with mentally retarded or physically handicapped children would be immediately eligible for the new and expanded benefits.

HC Vietnam

As of April 13, there were 1,879 Navy corpsmen serving with Navy and Marine Corps units in South Vietnam. Twenty-four have been killed and 190 wounded in combat. In addition, 88 corpsmen have sustained noncombat injuries and 5 have been reported as noncombat fatalities.

AFRRI Change Of Command June 24

WAVES Director Praises Women In U.S. Navy

by Captain V. B. Sanders
Director of the WAVES

As we approach the 24th Anniversary of Women in the Navy, I welcome the opportunity to bring greetings to all of you. I have had the wonderful privilege, particularly during the last four years as Director of the WAVES, of meeting and talking with many of you personally. In so doing, I have had the opportunity to pay tribute to a group of young women who voluntarily have asked to lend their efforts and energies, their loyalties, and their dedications to this country and to its Navy. Inherent within this willingness to serve is the acceptance of a great deal of responsibility and trust not usually accorded to women of such youthful ages.



Col. Brennan



Capt. Burkle

5-Year Directorship Ends For Colonel James Brennan

Captain Joseph S. Burkle, MC, USN, has been appointed director of the Armed Forces Radiobiology Research Institute (AFRRI), replacing Colonel James T. Brennan, MC, USA, who has served as AFRRI Director since the Institute was chartered in May 1961. Colonel Brennan retired from military service on June 30.

The new Director was officially sworn in by Lt. General H. C. Donnelly, USAF, Director, Defense Atomic Support Agency, during change of command ceremonies held here Friday, June 24. The Defense Atomic Support Agency (DASA) is the joint services organization which plans and coordinates the Defense Department's nuclear weapons programs. Its DOD responsibilities include nuclear weapons effects research and underground test programs, monitoring of the nuclear stockpile and maintaining readiness to resume atmospheric testing should it ever become necessary.

The AFRRI, a command of the Defense Atomic Support Agency, investigates the effects of ionizing radiation on biological specimens with particular emphasis on better understanding its effects on man. The Institute's research programs range from studies of injury and recovery mechanisms at the cellular and subcellular level to an evaluation of behavioral patterns. AFRRI is physically located on the grounds of the National Naval Medical Center.

The AFRRI currently employs over 200 military and civilian scientists and technicians and encompasses close to 90,000 square feet of research and support facilities.

Capt. Burkle

Capt. Burkle has served as AFRRI's Deputy Director since September 1965. His 20 years of professional experience in the Navy includes general and nuclear medicine, clinical research, teaching, and administration. Most recently he spent two years at Subic Bay, and three years as Director of the Radiation Exposure Evaluation Laboratory under the Radiology Department of the Naval Hospital here.

A native of Philadelphia, Capt.

Burkle received his medical training in that city, graduating from the Medical School of the University of Pennsylvania in 1943. He interned at USNH Philadelphia and received residency training there as well as at the Pennsylvania Hospital.

He is a diplomate of the American Board of Internal Medicine and a fellow of the American College of Physicians. He is a member of the Society of Nuclear Medicine, the Radiation Research Society, the Association of Clinical Scientists, the New York Academy of Sciences, and an affiliate of the Royal Society of Medicine. The author of several articles in medicine, isotopes, and bone marrow transplantation, Capt. Burkle has also served on the faculty at Georgetown University, and at the University of Santa Tomas, Republic of the Philippines.

Col. Brennan

Before assuming the Directorship of AFRRI in 1961, Col. Brennan was Chief, Radiation Therapy Section at Walter Reed General Hospital for one year. He served there as a resident in radiology from 1954 to 1957. Stationed in Europe from 1957 to 1960 as a consultant in radiobiological defense to the Chief Surgeon, U.S. Army (Europe), he also was Commanding Officer, Nuclear Medicine Research Department.

During WWII, Col. Brennan served as a battalion surgeon and commanding officer of a medical detachment of the 101st Airborne Division. From 1946 to 1954 he was involved in a wide range of research activities, encompassing the biomedical effects of ionizing radiation.

After retirement Col. Brennan joined the faculty of the Medical School, the University of Pennsylvania, Philadelphia.

Vietnam Marines Receive Purple Heart Decorations

There are no battles raging on the solarium between Wards 4 and 6C; no snipers; no land mines. Yet, the quiet confidence of the 14 Marines who gathered there on June 16 was evidence that, had there been a battle, the enemy would have been hard pressed. This, even though one of the men was in a stryker frame, paralyzed in his mid section; one was in a bed, paralyzed from the waist down; and several were in wheelchairs and on crutches. All were the victims of war. All were Vietnam veterans. All were to receive the Purple Heart certificates for wounds received a world away, in a steaming jungle. Few were over 20. Few regretted their having served in Vietnam. All would return--if they could.

For all of the 14 the shooting war is over, but the war against crippling injuries must continue. If their coolness under fire is unquestionable, their spirit to get well is no less gallant. The embodiment of this spirit could be symbolized in a diminutive Pfc with a shock of bright red hair. The records list him as J. W. Partridge, "B" Company, 2nd Battalion, 9th Regiment, 3rd Marine Division.

The young man was taking part in an operation with his fire team. The dense jungle held its enemy, but they were elusive. Finally the men rested, smoking a cigarette. Then the call "saddle up" came and the search for VC was to continue. Pfc Partridge took two steps forward and no more. Six days later he was admitted to the hospital here, a double amputee, having lost sight in both eyes and the use of an arm. But since that land mine exploded on March 30, partial vision has been restored to one eye with a good

chance that the same can be done for the other. Doctors are hopeful for the return of function in the arm. He will get new legs from USNH Philadelphia. This was one among 14 stories represented by a diminutive purple medal, bearing the picture of another American hero, George Washington.

Here to present the medals was Brig. Gen. Frank E. Garretson, Director of Information, Headquarters, U. S. Marine Corps. As the General went from one to the other, the men explained the nature of their injuries in even, descriptive language, much the same way that they might describe the operation of an M14. Even here, and under these circumstances, they are U.S. Marines.

The other 13 to be honored were: 1st Lt. A. P. Tokarz, S/Sgt. B. R. Lane (gold star in lieu of a second purple heart medal), Cpl. D. L. Grove, LCpls, B. Hill, R.

P. Johnston, J. R. Kingston, J. D. Shores, and Pfc. V. W. Berg, G. B. Givens, S. R. McClung. Those who were able stood at attention while the General came amongst them. Yes, there was no war on the solarium that day, but there was much evidence of it and many memories...

A sequel to the above story was written on July 6 when Lt. Col. W. W. Koenzig promoted Givens and Partridge to Lance Corporals. Also promoted on the same day, but not taking part in the previous ceremony, were Vietnam veterans Bobby Bates (advanced to LCpl) and Billy Hill (advanced to Cpl).



Nowhere is this acceptance of trust more evident than in young women of the Hospital Corps. No other group better proves the need for young women in the Navy today. The manner in which you perform -- the jobs you do -- during long and arduous hours -- is the proof. But as important as this professional talent is, it is no more so than the personal example you set.

Always keep in mind that your fine appearance, performance, enthusiasm and esprit de corps will sustain the confidence of others in you. These attributes will continually renew your confidence in yourselves and in your abilities to do a task well.

As women in today's society, you have never before been in so favorable a position to bring your talents forward and have them recognized. You are being offered full partnership with our Navy men in facing this Nation's most urgent tasks during these difficult and trying times.

I know that you will give no less than your best.



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Vacation Safety

by L. H. Lundy, HMC

Vacation time is upon us once again. Schools are closed, and all the pupils are camping on the doorsteps in hope that the trip to the seaside or the cabin in the woods will be forthcoming. How about you, parents? Are you ready to depart for unknown spots, hopeful that others won't overcrowd them?

First, check before you leave for safety. Has your vehicle been given the OK. Be sure tires, lights, steering, and brakes are ready to go. Inflate tires two pounds over normal. Pack flashlight, emergency flares, and first aid kit. Did you check your home before leaving, or did you notify the thieves you were leaving? Prowlers spend their spare time watching for empty homes. Stop all deliveries--milk, newspapers, mail. Lock doors and windows, but leave the shades up. Take only what you need. If the load will block rearview mirror, use a cartop carrier.

Next, check your driving habits for safety. Don't speed (loaded cars take longer to stop). Take your time and take time for rest stops. Plan a reasonable number of driving miles for each day. Is your view all right? While driving keep your eyes on the road. Stop to enjoy the scenery or to check a map. Always pull well off the road, shift into "park." Visibility is very important. Night driving is far more hazardous. Stop before dusk. Slow down in rain or fog. Be alert for deer or other vacationland risks.

Reached your destination? Good! Now check your play for safety. It's no place for vanity. Why be a showoff and overdo? Trying to climb higher, walk farther, or play longer than anyone else isn't a healthy change of pace. Don't ever swim alone or too far. Setting fire to woods with a campfire or cigarette threatens life as well as property. Protect yourself and others. Douse fires when you're through with them. Expect Violence. Sudden, violent storms over water can trap landlubbers. Head for shore when clouds gather. Always have approved flotation cushions or life jackets. Constant vigilance must be maintained. Keep a watchful eye on the kids. Be sure of water depth. Set strict camp safety rules. Put limits on children's wanderings.

Some folks will spend their vacation time at home. So...check your stay-at-home safety, too. How's the veranda? A front porch vacation's fine for rest. But don't take safety for granted. It's hard to relax with a do-it-yourself electrical job. Use three-wire cords to ground power tools, especially outside. Leave vaudeville to the professional. Don't try a balancing act when you tackle home repairs. Use a sound ladder long enough for the job. Set it up solidly, and don't overreach. It may take a little longer to paint the house, but climbing ladders with a cast on your leg just isn't done. Remember the home vapors. Avoid smoking near solvents or gasoline. Keep all flammables in safety cans. Don't allow a fire or explosion to spoil your vacation. Your vision is an expensive item. You cannot afford to lose it. There's no vacation from the rules of safety. Protect your eyes with safety glasses at home, too. Be sure to check the immediate vicinity. Familiarity breeds contempt, at least on familiar roads. Stay alert--and use seat belts--on short drives. Half of all traffic deaths happen within 25 miles of home.

Check for vim and vigor. A safe vacation should send you back to work fine and fit. At home, on the road... never take a vacation from Safety.

Jazz From Newport



Patients and staff were treated to a rare exhibition of jazz hot, jazz cool, and jazz dixieland recently when the Newport Jazz Festival All Stars appeared on the NNMC stage. The group played here and at Walter Reed Army Medical Center. Sponsored by Senator Claiborne Pell of Rhode Island, the group then moved to the Old Senate Building to entertain Congressmen and their guests. Butch Warren on bass delighted the crowd when he "took off" on a rhythmic solo on the big instrument. The audience could not

contain itself and interrupted him several times with loud applause. The coronet of Ruby Braff, the drums of Eddie Phye, and the piano of George Wehn also combined to make a swinging auditorium. Vocals were provided by pert Mrs. Eddie Phye.

Also on the program was Elizabeth Cotton, composer of "Freight Train," who sang and played folk songs. She commented that she had written the hit song when she was just 9 years old.



By Lil Chitwood

Your librarian has just taken her first jet flight. Needless to say I was a "little bit" nervous. The thing to do is pretend this is something you do everyday. Get a book or magazine and read. This will make you look nonchalant. I looked out and lo! and behold I was sitting right on top of the wings. If it crashed, I wouldn't have a chance!

Well, I decided to close my eyes and pretend to be asleep. I heard the pilot say we were up 35,000 feet, so I opened one eye and saw a sign that said Laboratory Occupied. Gee, I didn't know they worked on a plane. Then I opened the other eye -- oh, that word is spelled with a v--never mind, I was not about to unbuckle my seat belt anyway.

I opened my magazine to read and staring me in the face in big bold letters was "GOD IS DEAD." If that is true, who is holding up those beautiful cloud formations? I'm falling -- that was a what? Air pocket -- oh! So I threw the magazine away. By this time I was ready to say my own prayer. "Lord save this airplane." I knew if he saved the plane, he would save me too.

A stewardess came by and asked if I wanted to eat dinner. Well, I should say -- I never pass up an opportunity to eat, besides I wanted to see what it was like to eat 35,000 feet up in the air. Do you know there is not a bit of difference.

Suddenly I felt a big jolt and looked out -- there we were on good, solid ground again. I couldn't believe that in just three hours I was standing in Jackson, Miss.

So you see the new books are not ready for this publication. One reason is because we haven't received them yet. You can always come in and read an old one, though.

How would I travel if I had another long trip to take? I'd fly, of course.

Oops!

The last issue of the NEWS erroneously carried the announcement of the Hospital Corps' Anniversary as June 19. The correct date is June 17.

Next deadline for the NEWS is August 3 for the August 15 issue.

Divine Services

PROTESTANT

(Bethesda Chapel, Bldg. 8A)

SUNDAY
0800 -- Holy Communion (Episcopal)
*0900 -- Divine Worship
*1030 -- Divine Worship
*1130 -- Holy Communion (other than First Sunday)
1030 -- Church School, Bldg. 137

MONDAY through FRIDAY

1230 -- Devotions

THURSDAY

1630 -- Holy Communion (Episcopal)

CATHOLIC

(Catholic Chapel, Bldg. 2, Room 206)

MASSES

Daily -- 1200

Sunday -- 0715, *0830, *1100, and 1200

Holy Days of Obligation -- 0715, 1100, 1200, and 1700

CONFESSIONS -- Fifteen minutes before all Masses.

*Free Nursery Care available in Bldg. 137. Convenient parking in adjacent visitors' parking lot "M".

Chaplain's Corner:

Try Giving Yourself

by Chaplain W. W. Parkinson

The principle which lies at the heart of the Bible is that of sharing, which centers not merely on sharing one's possessions but one's self. Upon this depends the happiness of our coming days. It means a happy home, a happy hospital ward, a healing patient, or an effective staff meeting.

By the deliberate act of will, we learn to share ourselves. Most of us need to take ourselves in hand and to insist on a change of attitude. We need to resolve that the next time we shake hands with a friend, we will give more than our hand; that the next time we say "good morning," we will give more than our voice; that the next time we go to work, we will give more than the ritualistic and required motions. We will determine that wherever we are we shall be all there.

What can we share? We can share character. All of us can be people of quality and principle. Character is truthfulness, honesty, sobriety, generosity, humility and self-reliance.

We can share kindness and courtesy. Today we are in a world which is dying for lack of friendship. Nations, groups, and individuals are spending much time snarling and growling at one another. The humblest of us can help keep his little world friendly and sweet. No man needs to be uncouth, brusque, rude, or inconsiderate.

Finally, we can all share this high thing--religious faith, which people need more than anything else. It is religion that is the fire and force which gives unity, drive, and direction to life. The simple truth is that one man of faith can electrify a generation and alter an age, as St. Francis, John Wesley, Phillips Brooks, or Dwight L. Moody did.

Youth Returns To NNMC To Celebrate Bar Mitzvah



After 13 years, Ralph Goldstein returned to the Medical Center. Originally he came here to be born, but this time his attendance was of a religious nature.

Election First For Center Blue Collar Worker

With all the new devices and aids to help one get to sleep nowadays there may be comfort in the manner in which Ralph Biser slips into a comfortable rest each night. It is a variation of the old counting sheep trick, only instead of sheep, Ralph counts votes. Of course, if one hasn't won a landslide union election for National 14th District Vice-President of the American Federation of Government Employees, as Ralph has, this method may not be of much use.



Employed at the Center as a painter, Mr. Biser has always been very active in the American Federation of Government Employees. He was an officer in the outside trades before coming to the Center. He was liaison officer of AFL-CIO Local 1632.

Since coming to the Center he has served a total of 10 years as president of Local 361. Moreover, he served for 2 years on the Metal Trades Council and 3 years as

The son of Comdr. D. A. Goldstein of Bureau of Naval Personnel, Ralph celebrated his religious coming of age in the Jewish faith. Officiating at the Bar Mitzvah was Capt. Sam Sobel, USN, Senior Jewish Navy Chaplain. The ceremony was attended by friends of the Goldstein family. The temporal side of the day was celebrated at COM (O) where Ralph cut a cake and received the comments of well-wishers.

Essentially, the ceremony consisted of Ralph's being called to read the scrolls of the law for the first time as an adult member of the congregation. He then participated in the service by reading an interpretation of the law to the congregation and by reciting prayers. The climax of the ceremony came when the young man delivered his personal comments to the congregation, declaring that he accepted his religious responsibilities.

first vice-president of the Defense Council of the union.

The election of Mr. Biser as National vice-president marks the first time that a blue collar worker has attained such a high and prestigious position. This achievement is one of which the Center and Mr. Biser himself may feel justly proud.

Monday, July 18, 1966

Admiral Rickover Is Principal Speaker At NH Intern Graduation

Seventeen doctors completed their internship at NNMC on June 30. The culmination of their effort became fact with the presentation of certificates by Rear Adm. G. M. Davis, who had just that morning relinquished command of the Naval Hospital for that of the Medical Center.

In his introductory remarks, the Admiral said that the medical officers would be "universally able to meet all that was required of them" as professional men. He cautioned them, however, that internship was not an end in itself, but that their medical education must continue. He then introduced Vice Adm. H.G. Rickover, USN, as the principal speaker for the occasion.

The Deputy Commander for Nuclear Propulsion spoke on "The Effect on our Institutions of Science based Technology." He graphically delineated the course of freedom and democracy from its ancient roots in olden Greece. The history of our political freedom, the Admiral recalled, stemmed from the Renaissance when our classical heritage was rediscovered. Many of the woes of the world begin in "segmented society," where power grasps become the leading motives of societies, rather than the betterment of mankind in general. These principles he declared were antithesis to the Athenian principles of government by and for the people, of public dialogue climaxing in public consensus.

"Liberty is never gained once and for all," the Admiral emphasized. It must be sought after anew by each succeeding generation.

Admiral Rickover made a strong indictment of technology "running wild" to the detriment of mankind. He emphasized strongly the difference he made in the terms technology and science, declaring that the two were often semantically confused. He categorized science as the facts and phenomena related to nature. Their discovery is pure knowledge and harms no one. Technology, on the other hand, is the apparatus through which knowledge is put to use. It is action, and it is action which has potential danger when applied by those segmented societies seeking power or by groups absorbed in strict commercial advantages.

As examples of technology dangerous to man, he gave the pollution of our air, soil, and water; the destruction of the contour of the land through strip mining; the heedless slaughter of our animals. As a concrete example of this last item, he decried the wholesale slaughter of the world's whale population.

How we use technology will shape the future of our world. He called for preventive public action, just as we have in the health fields. He called for the engineering pro-

fessions to pattern themselves upon those of medicine and law.

Following Adm. Rickover's address, the senior intern, Lt. J.R. Collins, announced the intern's choice of Capt. A.M. Margileth, Chief, Pediatrics, as their favorite staff instructor and Lt. Comdr. L.N. Brettschneider as their choice of the ideal resident instructor. He then thanked, on behalf of the class, all the various personnel who had a hand in their final molding as medical officers.

Before adjournment, the new commanding officer of the Naval Hospital took the podium to express his thanks to the graduating interns and to welcome the 17 new men who would commence their year of medical training. Capt. Etter said that the massive clinical experience was here for the new men, but that they must themselves undertake the quest.

NDS News

CIVILIAN: The Appointment Desk in Building 1 is now being staffed each Monday by Mrs. Betty Gambatese, a member of the Gray Ladies of the American Red Cross. This is a welcome aid and her help will benefit NDS in its endeavor to give attentive service to patients.

Mrs. Jeanna L. Cox left the Publications Department early this month after 54 months in the Editorial Division. Mrs. Cox came to NDS in November 1961 from the Naval Medical School.

OFFICER: Two officers in the June graduating class are wearing new commander's stripes: Charles N. Clark, III, and Joseph J. Lawrence, Jr. Comdr. Clark is staying at NDS for a residency in periodontics; Comdr. Lawrence has been transferred to the 5th Marine Division, Camp Pendleton.

Nothing quite like a vacation, says Comdr. R. H. Howard, of the Publications Department, after 2 weeks of Virginia sunshine—not to mention swimming, fishing, and boating—in other words, just RELAXING.

CONGRATS to Comdr. E. P. Klecinc, who just received the good news that he is now a Diplomate of the American Board of Prosthodontics.

ENLISTED: Four instructors left the NDS staff in June for various new assignments due to the inactivation of the schools for advanced general and prosthetic technicians: DTCM J. T. O'Brien to H&S Battalion, Hdqtrs., FMF, Pacific; DTC O'Connor to the USS Sanctuary; DTC F. S. McGeary to NTC, Bainbridge; and DTC J. W. Keyser to the Naval Dental Clinic, Washington. Capt. K. L. Urban, CO, presented commendations to the four men for their performance and contributions while serving as instructors in the advanced schools.

Two awards were presented last month for Good Conduct, William J. Young, Jr., DT2, and Lois V. Sharps, DT3, each received their 1st Good Conduct Award.

No United States man-of-war has ever mutinied or been in the hands of mutineers, while, in other navies, whole squadrons and fleets have mutinied.

NNMC NEWS

Admiral Davis Speaks At US Nav. Academy

by Jack A. Minzey, JO3

Annapolis, Md., July 12--"Now, regardless of what the newspapers have to say about the bearded beatniks and the great unwashed demonstrators; in the past years I've seen over 600 of these boys (hospital corpsmen) come through the National Naval Medical Center, from the age area, let's say, 18 to 25. They are the finest I've ever seen. They have more moral scruples; they are bright; they are alert; they are highly anxious to please; and, if you give them half an opportunity, they'll work their hearts out for you."

Rear Admiral George M. Davis, speaking at the U.S. Naval Academy yesterday before 85 doctors just entering the Navy's Medical Corps, emphasized these remarks in drawing a professional review of the hospital corpsmen that the newly-commissioned officers would find throughout the fleet.

Most of the 85 doctors have just completed internships or residency in hospitals throughout the United States; some have just graduated from medical school. The majority of the group has joined the Navy for 2- or 3- year tours of active duty; others have reported for active duty as part of reserve programs they entered in medical school; and others have been drafted. The group is undergoing 2 weeks of military indoctrination at the Academy, comparable to the curriculum at officer candidate school. During their training, they will study subjects ranging from military law and naval orientation to counter-insurgency and damage control. On July 22, the entire group is headed for various medical corps billets in the Atlantic Fleet.

Admiral Davis referred to the medical officer's role in the fleet as that of "the family doctor." He said: "In the past two decades, we have heard considerably about the family doctor. It seems that with our advancement, that there is less of an emphasis on the family doctor. With group practices, with the hospitals doing all of our emergency care, with the great trend toward specialization, the family doctor has become less and less. . . . Because each and every one of you who will go up aboard ship, will be serving in a small community at sea, you will be the family doctor and you will participate in their civic and community affairs."

The Admiral outlined four specific points for the officers to follow throughout their Naval careers. They were: 1. Learn your job, 2. become a part of the team, know your fellow officers, 3. be a teacher, and 4. organize and plan your time at sea to guard against monotony.

In explaining the point of learning the job, Adm. Davis emphasized that there are things in naval medicine that represent quite a transition from what doctors experience in civilian life.

"We have in America a great tendency to jump into things without really getting ourselves firmly educated about how to do them. You know, this gives the old saying: 'when everything else fails, read the instructions,'" said the Admiral.

SAVING FOR RETIREMENT?

Save yourself! Obey safety regulations. Safety costs you nothing and deprives you of nothing while you are working. When you retire you can enjoy your retirement and your family can enjoy you--their most precious asset.

Congressman Wilson Speaks At NDS Officer Graduation



Rep. Wilson congratulates Lt. Comdr. Wirthlin who won both the Operative Dentistry and the Research awards. Capt. H. G. Green, Executive Officer, beams his approbation. At left, Capt. K. L. Urban, Commanding Officer, examines the Army Commendation Medal proudly worn by Capt. H. H. Scofield. The NDS dentist got the award for his work at the AFIP.

The atmosphere of the NNMC auditorium became academic on June 24 when 36 dental officers graduated from various classes under Naval Dental School auspices. The military blended with the academic, when the graduates, resplendent in immaculate white uniforms, marched to their places to the accompaniment of the U. S. Marine Band string ensemble.

Mr. Wilson's address captured the immediate attention of the students and guests with his remarks on legislation affecting the service population. As a minority member of the Armed Services Committee, he is current with all the problems of the military. He praised committee chairman Mendel Rivers for his efforts in legislating for the armed forces and recalled that the chairman authored the bill which gave the dentists a corps of their own.

Commenting on the recently passed medical bills, Mr. Wilson pointed out that dental care was not in the package. He stated that he was aware of this lack and felt that this would be instituted in the near future. He pointed out that the medicare package would cost \$216 million for the first year, some \$20 million more than that recommended by DOD. This, he said, was in itself one reason why dental care had to bow to the more demanding presence of medical needs. He also pointed out, as another reason, that few, if any, comparable civilian plans bear dental expense, but that this too, he felt, would be obviated in the future.

The Representative spent some time discussing the draft and other related items of military interest. In good humored jest he said that "everyone is against the draft when it affects him, but can tolerate it when it affects his neighbor." The Congressman declared that one of the guiding principles

of his committee was to legislate in the light of making the services more attractive for the retention of both officers and enlisted personnel.

The 7th Operative Dentistry Award was presented to Lt. Comdr. Milton R. Wirthlin, Jr. Capt. Urban made this presentation and deviated from normal procedure by asking Comdr. Wirthlin to remain on the stage. The CO then announced that the first presentation of a Research Award was about to be made. "The committee deliberated long over this task and just made the deadline." An ovation greeted the announcement that Lt. Comdr. Wirthlin had also been selected for this honor. The Captain then asked the top scholar, Lt. Comdr. James Charles Jr. to arise for the acclamation of the audience. Comdr. Charles had attained the commendable numerical rating of 96.4.

Rear Adm. F. M. Kyes, Assistant Chief for Dentistry, Bureau of Medicine and Surgery, then presented the diplomas to the graduating officers. Graduate and post-graduate courses in general dentistry and graduate courses in endodontics, oral pathology, oral surgery, periodontics, and prosthodontics; and residencies in endodontics, oral medicine, oral surgery, periodontics, and prosthodontics.

The Surgeon General of the Navy, Vice Adm. R. B. Brown then de-

Continued to Page 4

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The Submarine Medicine Program

The following is another of the papers presented at the Surgeon General's Conference, April 27-29. It was presented on April 28, at the afternoon session.

by Lt. Comdr. Raymond L. Sphar, MC

One of the most vital areas of support provided to the operating forces of the Navy by the Bureau of Medicine and Surgery is to our submarine fleet.

The rapid growth of our submarine fleet since the inception of the nuclear submarine as a true submersible has created an increased demand for medical officers trained in pulmonary physiology, toxicology, atmosphere contamination and control, environmental medicine, radiation medicine, and radiation protection.

Since most of these subjects are covered to only a limited extent in medical school, it is necessary to provide a 6-months course of instruction at the U.S. Naval Submarine Medical Center, New London, Conn. The course is recognized as partially fulfilling the requirements for board certification in preventive medicine, internal medicine, and anesthesiology. It is also recognized for graduate degree requirements at the Ohio State University, University of Cincinnati, Michigan State University, and the University of California.

There are presently 82 Polaris submarine medical officer billets. This results from having two crews assigned to each of 41 submarines. Polaris duty is unique in many ways: medical officers react differently to it; but to a man, they have gained self-reliance.

Many of the doctors leaving

submarine medicine for a tour of duty. By this stage in their career, they will most likely be a lieutenant commander and the billets to which they may be assigned include Polaris squadron medical officer, instructor at the Submarine Medical School, and BuMed.

After such a tour, some go to clinical medicine, some to research billets, some to even further training, and a few leave the service.

Some continue with submarines and, as a commander, may be assigned duty as a flotilla medical officer, as a department head at the Submarine Medical Center, or to BuMed. Many choose this point in their career for clinical training and after a tour of such duty, return again to submarines. Captains are assigned as force medical officers, as commanding officer of the Submarine Medical Center, or as Director, Division of Submarine and Radiation, BuMed.

The career plan in submarine medicine is extremely flexible but at every stage in the career of a submarine medical officer, he is encouraged to seek the opportunity of further training.

To be of true and lasting value to the Navy, a medical officer must have versatility. And--we, in submarine medicine, believe that our program creates a medical officer that is versatile, resourceful, and a distinct credit to Navy Medicine.

Polaris go on with other submarine or diving billets; these include submarine squadrons, underwater demolition teams, SEAL teams, duty at the Deep Sea Diving School, Underwater Swimmers School, or with the Man-in-the-Sea Program; some go on to further training within the Navy; others leave the service. We, like aviation medicine, are proud of our retention record. Better than 70 percent of submarine medical officers remain in the Navy beyond their 2-year service agreement.

Graduate training programs exist in the areas of diving medicine, occupational medicine, and radiobiology. It is possible to obtain a Master's or Doctor's degree from one of a number of leading universities in these fields. Most of the medical officers completing one of these courses come back into

Dignity of Man Stressed To X-Ray Technicians

On July 8, 23 students completed 26 weeks of didactic instruction in X-Ray technique. The ceremony was held in the NMS conference room. The graduates will go on to various Naval hospitals for an additional 6 months of on-the-job practical work to complete a year's training program.

The Medical School course is a high-level instructional establishment, evidenced in its unique position of being the only Navy school of its kind accredited by both the American Medical Association and the American Registry of Radiologic Technology. Technicians who complete the training and serve an additional year in a technician's billet are then eligible for registry examinations by the ARRT. According to school officials, a very high percentage of school graduates eventually attain registry.

Two students were singled out in particular for scholastic honors. F. M. Stafford, HM1, and N. R. Mead, HM3, finished first and second in the class. Commanding officer J. H. Stover congratulated the students and presented them with letters of commendation.

Captain L. T. Brown, Chief of Radiology, addressed the students, charging them "to do their utmost for their fellow man." Forcefully, he reiterated the theme later when he asserted that the students should

"remember the dignity of man." "Treat your patient efficiently," he said, "but also treat him with kindness." He also reminded them that they had an obligation "to make each radiographic study an opportunity for excellence" and "to handle the tools of your trade with care. The best machines can perform no better than the technician operating them."

Lt. T. F. Levandowski, MSC, departing Head of the X-Ray Training Branch, then congratulated the students and thanked them and the staff for their support during his four years with the school.

After presentation of the certificates by Captains Stover and Brown, a course resume, in the form of a narrated slide study, was given. (The excellent study, we hope, will be brought to you as a feature article in the August issue of the NEWS.) An open house of the department followed the ceremony for the guests, students, and staff.

Hon. Wilson

Continued from Page 3

livered his remarks to the assembly, praising Rep. Wilson's address and his and Rep. River's fine work and positive action on the House Armed Services Committee. He congratulated the graduates, and he delivered a charge that the dentists have good luck--"not necessarily good chance, but, as defined, luck is a blending of preparation and opportunity." He acknowledged the preparation of academics and urged them to seek the opportunity which their profession affords them.

In a surprise conclusion to the ceremony, Capt. Urban called for Capt. H. H. Scofield from the audience, who was presented with the Army Commendation Medal for his exceptional work at the Armed Forces Institute of Pathology at Walter Reed Army Medical Center. Capt. H. G. Green, XO, NDS, read the citation which accompanied the medal and Adm. Kyes made the presentation.

The ceremony was concluded by Chaplain Murray who gave the benediction and by the playing of the National Anthem.

The first Navy aircraft carrier to be equipped with the capabilities of launching and landing aircraft simultaneously was the USS ANTIETAM, in 1952.

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STATION AND Area News

• Dr. Roland Radloff of the Behavioral Sciences Department received the Navy Meritorious Civilian Award from Rear Adm. J. K. Leydon, Chief of Naval Research, for his contribution in the Human Performance Program of Sealab II. Dr. Radloff played a vital role as his exceptional competence, perseverance, and enthusiasm enabled him to take full advantage of the rare opportunity to study human behavior under stress in an operational setting. As a result of this the Navy has the largest set of behavioral data available on divers. This data will be invaluable in planning future programs involving groups of men living under stress, especially in an underwater environment.

• Mr. D. W. Heinlein, employee of the Naval Security Station, received a certificate of commendation for having donated over 10 gallons of blood to the DOD Blood Program. He is a retired chief communications technician who presently resides in Rockville. Presentation was made by Rear Adm. C. L. Andrews.

• Military personnel on leave or visiting the Nation's capital may be interested in a new pocket guide, "Your Washington," available from the Superintendent of Documents, GPO, Washington, D.C., 20402, 15 cents per copy. The guide includes illustrations of historical sites plus a map of downtown area.

• Dr. Wallace P. Rowe of the National Institute of Allergy and Infectious Diseases received the Esther Langer-Bertha Teplitz Award for 1966 and a check for \$1,000 from the Ann Langer Cancer Research Foundation at a ceremony in Chicago June 5 for his work in the field of virus-cancer research. He joined the Institute staff in 1952, after three years as a virologist here at NMRI.

• Jack Dempsey, HN, Special Services, was recently notified that he had passed the New York State Police examination. Over 3,000 people took the test. Dempsey is due to be discharged in September when he hopes to take a physical and interview and then await assignment to the police academy. His home is in Frankfurt.

• Oil paintings and pencil drawings were on display in the Edward Stitt Medical Library from 1 through 29 June. The works were by local artists of the NNMC.

• Capt. J. M. Amberson, MD, gave a health education review before a capacity crowd of physicians, nurses, and educators at the Sheraton-Eastland Hotel in Portland, Me., recently. Capt. Amberson is a member of the Naval Medical School.

• The office of the Surgeon General, Public Health Service, and major units of his immediate staff were relocated at the NIH from the HEW building in SW Washington.

• At the National Housing Center, 1625 L Street N.W., Washington, free: The Row House Revival -- a photographic exhibit showing the rebirth in this housing style after WWII. Examples in cities across the Nation on designs by some of the top names in architecture will be shown.

• The Commanding Officer expresses his sincerest thanks and a hearty "Well Done" to all those who assisted in making the Hospital Corps' birthday picnic the tremendous success which it was on Saturday, June 18. The effort of the Special Services Department in conducting the picnic is worthy of the highest praise.

• Members of the Washington Senators baseball club visited ward patients on June 21. Among the big leaguers were Easy Cox, Pete Richert, and Mike McCormick.

The masts of the Coast Guard training barque Eagle support 21,350 square feet of sail and 20 miles of rigging.

The Coast Guard celebrated its 175th anniversary August 4, 1965, and is the United States oldest continuous seagoing service.

NMRI News

Three NMRI Officers Retire



Commander Dominic J. Deriso, MSC, (left) retired from the naval service on June 30 after 31 years of active duty. He has served as Administrative Officer of the Institute since reporting aboard in July 1962. He is a native of Branford, Conn., and holds many military awards, including the Purple Heart. He has accepted the position of administrative officer for the newly established Joint Commission on the Mental Health of Children, Inc., with offices in the Barlow Building, Wisconsin Ave., Chevy Chase.

Captain Stanley Wing Handford, MSC, (second from left) retired after more than 24 years of active duty. At NMRI, Dr. Handford served as Head of the Environmental Stress Division, Physiological Sciences Department, and as Special Assistant to the Commanding Officer. He was also affiliated with the Georgetown University Graduate School as an adjunct professor in physiology. A native of Batesville, Ark., he received the B.A. degree from the University of Illinois and the Ph.D.

D. degree from Yale University. He has accepted a position as a program director of the extramural division of the National Institute of Arthritis and Metabolic Diseases, NIH, Bethesda.

Captain Gloconda R. Saraniero, MC, (second from right) Special Assistant to the Commanding Officer, retired on June 30. She earned the B.S. degree in biology and chemistry from New York University and the M.D. degree from the Woman's Medical College of Pennsylvania. She also did post graduate work in diseases of digestion at the College of Physicians and Surgeons and in clinical hematology at Columbia University. Dr. Saraniero, a native of Brooklyn, was the recipient of the Amita Award in 1958, and she is a member of the American Medical Association and the Association of Military Surgeons.

Joining the three honored guests at their farewell party held on June 29 was Captain H. C. Suduth, MC, Commanding Officer of NMRI.

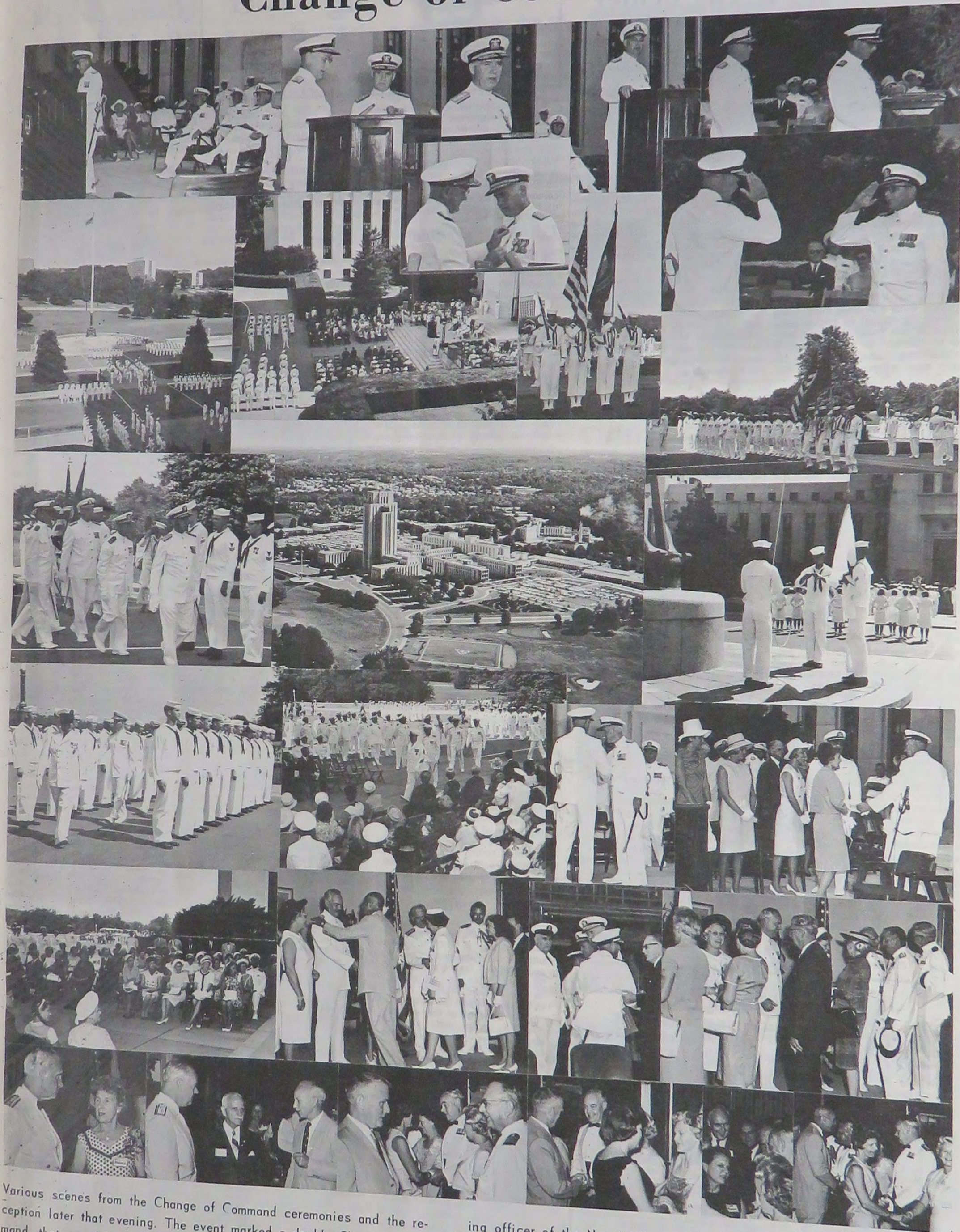
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Change of Command



Various scenes from the Change of Command ceremonies and the reception later that evening. The event marked a double Change of Command, that saw Admiral Andrews relinquish the Center helm to Admiral Davis. Captain Etter relieved Admiral Davis of his duties as command-

ing officer of the Naval Hospital. A high point in the ceremony came when Vice-Admiral R. B. Brown presented retiring Admiral Andrews with the Legion of Merit.

Youth Opportunity Campaign Waged Here At The Center

As one walks down the corridors of the Center nowadays, he notices a sudden increase of bright young faces. This is not a new psychological gimmick to brighten up the patients or the staff--nor is it the sudden onrush of laborers resulting from the post-World War II baby boom. It is a new force of young workers who are here for the summer under the auspices of the Youth Opportunity Campaign.

Originated in 1964, the campaign is part of the President's program to encourage constructive activity and provide many young persons with some financial assistance in continuing their education.

After their initial processing, the Youth Trainees met at 1100 on June 22 and were briefed by Mrs. Helen Martin, Chief, Civilian Personnel and by Mrs. Muriel Upton, Head, Employee Relations Branch.

The YOC program will have the young people working in various commands, doing various jobs. The greatest number are assigned to NH, Center, and NMRI. The experience they will gain here might be very significant in encouraging certain of the young people to pursue a career in medicine or in familiarizing others who may already have chosen medicine with

certain basic principles of hospital activity.

In the summer of 1965, some 37,500 young people were employed in the Federal Government under the program. The Washington agencies last summer employed young persons to the extent of one percent of their permanent positions. This year the quota has been raised to three percent. The President's directive concerning the YOC specifies that the jobs filled are to be extra jobs, over and above those normally filled during the summer months.

In 1965 the Youth Opportunity Campaign was successful in helping to avert a critical youth employment problem. It is hoped that by raising the quota for this summer even greater results will be forthcoming.

DOD Official Visits With NNMCM Women

With the current scarcity of civilian personnel in government positions, many a new and unprecedented program is being adopted in an effort to win more and better qualified personnel to the government service. Furthermore, the recruitment programs are becoming extremely specialized.

An example of such specialization is Dr. Alva C. Copper, who has recently been appointed a consultant to the Assistant Secretary of Defense for Manpower on the employment and utilization of women in civilian positions. The appointment of Dr. Copper to this position is designed to help the government make more efficient use of woman-power.

On a recent visit to the Center, Dr. Copper spoke to Admiral Andrews about the program she is heading and also interviewed several of the top-level female civilian employees here. Among the persons Dr. Copper spoke to were Elizabeth Broomhead, psychologist; Marion C. Northrup, publications editor; Mary A. Dixon, medical and biological science librarian; Nancy B. Cummings, research medical officer; Ann B. Snodgrass, research physiologist; Esther Hardenbergh, research physiologist; and Joan M. Emerick, supervisory clinical nurse.

Dr. Copper is visiting in-



stallations and talking to female employees. As an important first step in her program, Dr. Copper is scheduled to make an extensive, cross-country tour of defense installations.

Advancement Schedule

Advancement in rating examinations will be given in the enlisted mess hall at 0730 according to the following schedule:

Pay grade E-4: Tuesday, August 2.
Pay grade E-5: Thursday, August 4.
Pay grade E-6: Tuesday, August 9.
Pay grade E-7: Thursday, August 11.

NNMC NEWS



Twenty-five percent more Pap smears have been received by 21 laboratories in the Washington metropolitan area, compared to the same period last year, according to the first evaluation report of the Washington Metropolitan Area Uterine Cancer Project Committee. The American Cancer Society has just released its first evaluation report for the first quarter of this year. One hundred and forty-eight physicians report a 38 percent increase in pelvic examinations, including a Pap smear. A number of physicians reported greater interest in having the Pap test done as a result of the area-wide publicity on conquering uterine cancer.

Leukemia Investigators Heartened by Treatment

National Cancer Institute study demonstrating the increased effectiveness of a new schedule for combination drug treatment of acute leukemia was reported recently to the American Association for Cancer Research by the study's chief investigator, Dr. Edward S. Henderson.

In the study begun January 1964, children with acute leukemia were treated intermittently with massive doses of 4 anticancer drugs for 15 months. The children's symptom-free remission periods lasted twice as long as those reported in earlier studies of 4-drug combinations and, in most cases, drug resistance did not occur.

CO2 Studied by AF Scientists

Four volunteer airmen at the Air Force School of Aerospace Medicine, Brooks AFB, Tex., have completed a 15-day test to evaluate effects of increased carbon dioxide on human systems in a ground-based space cabin simulator. The volunteers began the test under normal conditions while being put on a special powdered food diet, used to keep their systems operating at the same level throughout the test.

After five days the airmen were put into an atmosphere containing three percent carbon dioxide, almost 100 times normal content. After another five days, the volunteers were returned to normal conditions where they spent five days in postexperiment control.

Mental Patients Adjusting Well

A study of 299 schizophrenic patients from nine hospitals one year after discharge reveals that many have made surprisingly good adjustments to community life. The results of the study were reported to the annual meeting of the American Psychiatric Association in Atlantic City, May 12, by staff members of the National Institute of Mental Health who compiled results of the investigation.

Of the patients studied, 85 percent were living in the community a year following discharge, although 78 patients had been hospitalized during the interim and had been discharged a second time. A total of 59 percent avoided rehospitalization during the year.

While only 11 percent of the former mental patients were deemed to be functioning as well as the average person in the community, a large majority had returned to their own best previous level of social functioning.

Navy Cosponsors Antiviral Study

The Navy is cosponsoring medical research that shows promise against any virus in existence. The program was started in 1961 by Dr. Samuel Graff, Columbia University, under Office of Naval Research contract. It is now jointly supported by ONR and the National Institutes of Health.

Dr. Graff devised a method of mass-producing pure cultures of healthy, living cells to obtain an antiviral substance. Other scientists' efforts resulted in abnormally developed cells yielding only small quantities of the substance.

Rehab of Addicts Starts in Hospitals

THE May-June issue of the "Rehabilitation Record" (professional magazine of HEW's Vocational Rehabilitation Administration) contains a 20-page report of an institute on rehabilitation of the narcotic addict, held last February at Fort Worth. In the section are papers by authorities in medicine, research, and vocational rehabilitation on the present state of drug addiction in the United States and on what is being done and needs to be done about it.

In a forward of the section, Miss Mary E. Switzer, Commissioner of VRA, calls drug addiction "one of the most grievous ills of our society. She says that "in rehabilitation, we are making a start, especially in our largest cities, with counseling, job training, and other service during the addict's hospitalization, and with such aftercare programs as halfway houses and followup work in the community."

Monday, July 18, 1966

Bank Robber Being Sought By Authorities



The FBI is still searching for a man who resembles the above composite sketch. If you have any information about the suspect, call the Security Officer or the FBI immediately.

The NNMCM Branch of the Bank of Bethesda was robbed of \$37,788 on Friday afternoon, Feb. 8, 1966 by a lone gunman posing as an electrician checking on electric lines. After making a telephone call to the Branch Manager, at about 1230, the robber arrived at approximately 1330 and checked outlets, lights, and various electrical lines until 1445.

The women employees who had worked on tallying their money from 1400, when the bank was closed, were then held at gun point in the vault room where they were ordered to fill a pillow case with bills. The robber was convincingly dressed as an electrician, with the usual tool belt and tools. He wore grey pants, a grey quilted-type windbreaker jacket, waist length, and no hat.

DOD Reviews Mil. Pay System

The Defense Department is engaged in quadrennial review of the total military pay structure required in the Uniformed Services Pay Act of 1965.

A section of the act states the President would submit to Congress by Jan. 1, 1967, a detailed report concerning recommended adjustments and changes in the principles and concepts of the compensation system established for members of the uniformed services.

Assistant Secretary of Defense (Manpower) Thomas D. Morris has informed the House Armed Services Committee that DOD is reexamining the whole range of pay and career incentives needed to attract and retain the numbers and types of skills required at every level-officer and enlisted. He also said the review includes professional specialists required to have advanced degrees before entering the service.

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Pharmacy: Pills, Prescriptions, Preparations



Comdr. T. W. Tober, MSC, is in charge of the hospital pharmacy. Under his direction the intake and outflow of many thousands of dollars worth of medication passes every year. Aiding him in his work are a CPO and eight technicians. Comdr. Tober is himself a registered pharmacist. He is well acquainted with the operation of this particular establishment since this is his second tour here as the pharmacy officer.

Whenever we think of a hospital, we automatically choose as a representation of our thought either the surgeon gown and masked, the technician behind a microscope, or the pharmacist displayed against a backdrop of row on countless row of medications. This last symbol is our topic and, true to concept, it is one which embodies the essence of what a hospital is. Few, if any, of the hospital's patients are not affected by the work which is carried out here.

We will not belabor the point further that the Pharmacy is the

repository for all the drugs and medications used in the establishment. The crux of this story lies in an operational modus operandi.

The Pharmacy is strictly a service function of the hospital. It is the watchman, as it were, between the inanimate of drug and medication and the patient, which sees that the cliché of "the right medication in the right amount to the right patient" stays a cliché and does not become a deadly epitaph. This "detective" function of the Pharmacy is, perhaps, the most overlooked aspect of the Pharmacy by those outside its direct sphere. Since medicinal substances are all potentially dangerous and since so many prescriptions are filled daily, the responsibility of strict accounting, of stringent dispensing regulations, of exacting preparation formulas are never overlooked and are constantly being re-examined to assure that the final product is, indeed, what was called for and is in the amount and dosage requested by the medical officer.

This service of the Naval Hospital is headed by Comdr. T. W. Tober, MSC, a registered pharmacist. Until recently, Comdr. Tober was assisted by W.R. Balenberger, HMC. Since the Chief's retirement on July 13, R.F. Duben, HMC, has assumed his duties. Nine pharmacy technicians round out the complement of the division. Besides the main pharmacy in building 1, these men are also responsible for the Outpatient Clinic Pharmacy located in building 8.

The upwards swing of patient workload has affected this division as well as all other hospital divisions. The average prescription

The three photos to the left and the one below represent the path of the typical prescription. In the first, the prescription is received and read and passed on to the next corpsman who locates the desired medication, checks to make sure that is what is called for, and passes it on. The script is again checked for kind and dosage and the tablets are counted out to the amount called for. Finally, the prescription is checked a last time and a label with directions for the patient is applied. If there should be a question about dosage or strength or medication called for on the paper, the corpsman will call the issuing doctor for instruction. Finally, the patient receives his tablets or capsules.

At right, top, many hundreds of bottles of standard dose medication are dispensed each week. This labeling machine saves much time at the typewriter. Below, the Chief and an indoctrination officer, go over a list of supplies needed to bring the shelves "back up to compliment."



This compact machine has an voracious appetite. With its electronic eye, it counts and fills bottles of tablets or capsules by the hundreds each day. Much valuable staff time is gained in this way.

All photos on this page by R. L. Hershey, HM3, Photo Lab

volume has steadily increased until it now hovers close to 50,000 per month. Of this, according to Comdr. Tober, more than 50 percent is accounted for through the outpatient services. Much of this volume is handled by the Outpatient Clinic Pharmacy, established about 2 years ago and manned by three men. "Perhaps these statistics will help our patrons understand the occasional necessity of a few minutes wait in the filling of their prescriptions," Comdr. Tober said.

Automation

Although most of the drugs are now purchased in capsule or tablet form, they are purchased in bulk and must be broken down into

smaller, dispensable units. To help the technicians in this chore, a prepackaging machine was recently purchased. This apparatus automatically dispenses the right amount of capsules or tablets into individual containers. The technician simply keeps the bin filled with the proper medication and provides containers for the machine's insatiable appetite (an appetite often not satisfied until a million capsules has passed through its electronic eye.).

Labeling is another very important but time consuming operation. In this area, the Pharmacy has an automatic labeling machine. The technician is able to set his own type for the machine.



Bumed Technical Director Has Offices At NNMC

Dr. George H. Reifenstein's office is located on the second floor of building one, just across the hall from the commanding officer's office. A sign outside his door indicates that he is "Technical Director, Clinical Research and Medical Education, U. S. Navy." In August he will have been on the job for a year, although his appointment dates from March 1965. He is a civilian consultant to the Surgeon General but is located at the Center for record purposes.

The office is a highly complex and unique one. Its complexity arises in the fact that much of the doctor's work is philosophical, analytic, projective, yet it affects and is affected by all the functions of the medical department (personnel, research, training, placement, for example) in a concrete way, today and in the future. It is unique in that it is a pioneer project for the Navy and the only one of its kind within the several uniformed services.

"Is our function, in a broad sense, in the making of a doctor to give him great amounts of knowledge, or is it to make a scholar of him?" The doctor asks this question. The practical implications of the question are, of course, that medicine has grown so vast in knowledge content that specialization is inevitable, yet that generalization is still demanded and needed. The two cannot be equated satisfactorily, then one must ask what can be done. Dr. Reifenstein's answer is to make a scholar of the man, based on a fine foundation of general knowledge from medical school and internship and a specialization through residency, continuing in the growth process of the individual through this scholarship which allows the doctor to go beyond specialization. "In other words," Dr. Reifenstein asserts, "a doctor must look at a patient as more than an angina case, more than a t.b. victim. He must see Bill or John as a whole person affected by this particular ailment or disease which he happens to have."

This type of definitive questioning bears direct relations with the Navy's training, procurement, and placement programs. In his analyses, the doctor has traveled to most of the medical facilities of the Navy, assessing the status of our educational and clinical research activities and advising the Surgeon General about our future courses for action. These long-range views on where we are going and how we should develop our programs are vital to the Navy's mission of delivering the best possible medical care to all of the people who are eligible to receive it. It is no less vital to the direction of some 450 residents and 184 interns of the Department.

"Our involvement with the many medical schools of the country is ever increasing," the doctor states, "and it is vital that we have Bureau liaison with them." "After all," he said, "our doctors come to us from these institutions. We have no medical



school in Navy, but we are interested in what and how and how much of what is taught them before they are assigned to us. And we must have these answers before we can proceed to develop our medical officers into people who have more than just a trade skill."

Dr. Reifenstein's area of interest, as his position title describes, also encompasses all the facets of research, both clinical and basic. He points out that the establishment of a diagnosis is a research process involving logical reasoning and planning, such as, what is the best method of treatment?

His interest in basic research is no less great. Although the chemistry of the malarial parasite, for instance, may seem far removed from malarial treatment, the answers to the basic question may solve the more proximal questions of destroying a flourishing disease. These directions in both aspects of research are therefore of vital interest to him and to the long-range goals and plans of the Navy Medical Department.

Dr. Reifenstein is well qualified for his position, having graduated summa cum laude from Syracuse University College of Medicine in 1936. His formal education continued in Peter Bent Brigham Hospital where he was Medical House Officer from 1936 to 1938; at Harvard Medical School in 1946 where he was a Fellow in Medicine; and in 1947 as a Graduate Fellow in Cardiology, Massachusetts General and the University Hospital, Ann Arbor. He is certified by the American Boards of Pathology, Internal Medicine, and Cardiovascular Diseases.

His teaching experiences cover more than 20 years. In 1938 he taught pathology and medical jurisprudence at Syracuse University College of Medicine where he was, successively, Francis Hendricks Research Fellow, instructor, assistant professor, and associate professor. From 1946 to 1955, at the State University of New York, he taught internal medicine as an instructor, assistant professor, and clinical professor.

His former positions include: Director of Medical Education and Research, St. Mary's Hospital, San Francisco; Lecturer in Medicine, University of California School of Medicine, San Francisco;

1st Cash Awards To Be Made Here To Military

by Sharon Cosgrove

The first two service personnel to receive cash awards for beneficial suggestions will receive a total of \$75.00 between them at an awards ceremony to be held at a later date. This brings about a historic first for military personnel in the cash awards category. Although the plan had been approved for some time, funds for payment were not available until now.

Robert M. Phipps, HM1, staff personnel, NH, will receive a total of \$60.00 for the following beneficial suggestions: That a glass window be installed in the staff personnel office of the Naval Hospital to alleviate traffic hazards; also a suggestion to improve a Standard Form.

Douglas R. Sanders, HM2, NTU, will receive \$15.00 for his suggestion for using plexiglass jars in certain experiments, rather than glass ones. The glass jars, if continued in usage, might have represented an annual loss of approximately \$1,000.

The cash awards were approved by the Performance Rating and Incentive Awards Board of the Medical Center. All personnel are encouraged to join the system--everyone can benefit.

Thirty-Six MSC Officers Grad From NSHA

Thirty-six officers of the Medical Service Corps completed the program of instruction in hospital administration on June 10.

Shirley C. Fisk, M.C., Deputy Assistant Secretary of Defense (Health and Medical), addressed the graduates, presenting a most enlightening and stimulating talk on the current and proposed legislation and other dynamic factors challenging the military hospital administrator of today. He stressed the need for highly trained Medical Service Corps officers with leadership responsibility and imagination to meet this demand.

The commanding officer, Rear Adm. C. L. Andrews, awarded the graduation certificates, and the chief of the Navy Medical Service Corps, Captain Robert S. Herrmann, MSC, delivered the class charge.

Rear Adm. R. O. Canada, Deputy Chief, Bureau of Medicine and Surgery, presented the United States Navy Surgeon General's Annual Award for Scholastic Achievement to Lt. John R. Kozlik, MSC. He is the ninth to receive this high recognition. The award is based on academic achievement, overall application, and qualification.

Established on August 2, 1945, the U.S. Naval School of Hospital Administration, commanded by Captain E. L. Van Landingham, Jr., MSC, has as its primary mission to provide advanced instruction in the modern theory and practice of hospital administration, for the Medical Service Corps officers of the U.S. Navy and such other officers as may be assigned. Since its inception, 1,102 students, consisting of 1,023 U.S. Naval, 9 U.S. Army, 56 U.S. Air Force, and 14 foreign officers have graduated from the school.

and Research Associate, University of California, Davis, Calif. He is a captain in the U.S. Naval Reserve, having completed three years on active duty.

CIVILIAN NEWS

by Harry Fox

CIVIL SERVICE HITS THE ROAD -- Good news for all you civilians who have dreaded going down to Washington to take a driver's test. The Center has two qualified persons as U.S. Civil Service Road Test Examiners. They are: William O. Hackey and Bishop W. Melvin, Jr.

STRANGE BIRDS -- Is the Center strictly for the birds? According to one strict interpretation, that could be maintained. Listed in the telephone directory, for instance, we have a Hawk, a Martin, a Byrd, a Drake, a Nightingale, and a Cote.

NNMC IQ OK -- With society crying out for the best brains our country can produce, never let it be said the Center personnel have been delinquent in turning out bright young scholars. Several of the sons and daughters of our employees have recently won college scholarships.

Barbara Winchester, daughter of Billie Winchester of personnel, has received a full scholarship to Montgomery Junior College. Barbara was a finalist in the National Merit Scholarship Program. Janice Hartgrove, daughter of Lt. Comdr. A. R. Hartgrove, has been the recipient of a \$1300 scholarship to Rice University.

Virginia Carol Monaco, daughter of Mr. and Mrs. Samuel Monaco, has been named to receive the Hood Scholarship, given by Hood College in Frederick. William H. Otey, Jr., son of Bill Otey of Food Service, has been granted a scholarship to Boise Junior College, Boise, Idaho. Dr. Peter G. Sendroy has been awarded an NIH post-doctoral Research Fellowship in Orthodontics at the University of Washington, School of Dentistry, Seattle. He is the son of Dr. Julius Sendroy, Jr., Chief Chemist at NMRI.

It would seem inevitable from such a rich field of intelligence that soon the NNMC will replace Harvard as the institution which produces the geniuses of tomorrow!

THE NNMC PEOPLE FAMINE -- Never has the Center faced such a critical shortage of staff personnel in certain occupational areas. While this certainly encourages job security, it has other repercussions. One such is the fact that the current shortage encourages rapid career development.

Nicholas Szabados, Employee Development Branch, is not only willing, he is anxious to provide educational and career counseling services. Remember, the employee can enhance his personal development by planning further education. And education need not be of the costly, outside variety, either. And what are the occupational areas that allow for rapid development? Career ladders will be established in automatic data processing; general, executive and administrative, and personnel management; clerical skills, basic trade skills; helper program; and in other areas as well.

See Mr. Szabados; he can help you plan your educational future.

Dental Techs Hear Military Can Get Tax Refund

Capt Ostrom At EM Graduation

On June 17, 31 dental technicians graduated from advanced and specialized courses at NDS. The graduation address was delivered by Capt. C. A. Ostrom, Head of the Professional Branch, Dental Division, who spoke on "Strength, Quality, and Passion--or the Facts of Life."

Capt. Ostrom told the graduates to develop qualities that would make them independent, bring them personal satisfactions throughout life, and help them to become leaders. "The five most important qualities of yesterday, today, and tomorrow: Save your money; continually build on your education and skills; keep your honor clean; give yourself wholeheartedly to quality of thought, service, and product; and develop a passion for responsibility."

DTC J. N. Stutz was honor man in the Advanced General class and was also the winner of the Thomas Andrew Christensen Award, which is awarded from time to time to a graduate of an enlisted course in recognition of his loyalty and devotion to duty in the U.S. Navy.

DTI Ernest R. Schulthess was honor man in the Advanced Prosthetic class.

The U.S. Naval War College was established at Newport, Rhode Island, on October 6, 1884.

Marines have been landing as sea soldiers from ships of war on foreign shores since the dawn of recorded history, for it is written that the Marines of Phoenicia, Egypt, Greece, Carthage, and Rome had similar duties to the Marines of today, in that they were the soldiers on board fighting ships and were usually the "spear head" in landing operations.

Many NNMC military personnel will receive an unexpected "bonus" by the simple process of filling out an application for it if they paid an excise tax to Maryland on an automobile and have their permanent home address in another State.

Based on recent decisions of the U.S. Supreme Court, the Maryland Attorney General has ruled that the State of Maryland may not tax on automobiles registered in Maryland by military personnel who are present in the State solely in compliance with military orders.

This means that if you are a permanent resident of another State and are assigned here on military orders, you can register your auto in Maryland without paying the three percent excise tax. If you have previously registered a car in Maryland and have paid the excise tax, you may obtain a refund, provided you file your claim within three years from the date you paid the tax.

Forms for exemption from the tax and for refund of tax previously paid are available from the Legal Office, room 225, building 1. Also, see NNMC Notice 5840 of 20 April regarding a similar refund by the State of California.

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Monday, July 18, 1966

NNMC NEWS

COMING EVENTS

3C



SAT. July 30. Fried Chicken and Country Ham Dinner, served family style by the W.S.C.S. of the Damascus Methodist Church. Begins at 1:30 P.M. Price \$1.75. Also Bake Sale.

FRIED CHICKEN and Country Ham Supper, Mt. Tabor Methodist Church, Etchison, Md., Aug. 6, 1966. 2:30 on. Home-made rolls, hot vegetables, family style. \$1.75 adults, \$1.00 children. Brownsville Band.

AUG. the 6th. 3 to 7 p.m.—Chicken Barbecue Dinner, St. John's Hall in Olney Md. Sponsored by the Young Men's Club. Also Olney Jets' ball game.

ANNUAL SUNDAY SCHOOL SUPPER and Picnic, Kemptown Church Hall, Aug. 13, suppers 2-7 P.M. Fried Chicken and Country Ham served family style. Adults \$1.75 - children under 12, \$1.00. Refreshment booth - Brownsville Band.

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4

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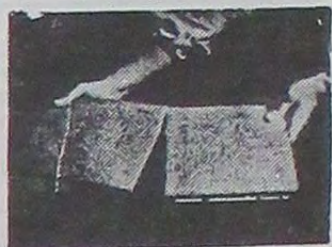
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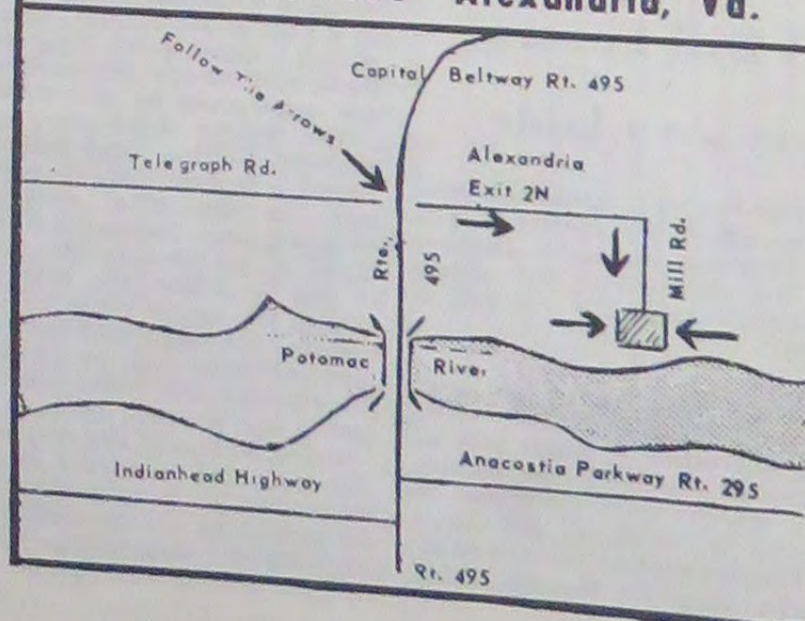
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Care of Athletic Department

X-Ray Slow Pitches Past Stunned NMRI

Shutouts just don't happen in slow pitch softball, but it did here in a game between X-Ray and NMRI. Underdog X-Ray came out strong to humiliate the strong Research team 3-0 in a well-contested ball game. Research had been smarting from a previous loss to the same team during the big HC Anniversary Tournament. (X-Ray downed the NMRI's 4-2 in that contest.)

Westbrook of X-Ray held the opponents to a zero score, allowing only three hits in the ball game, those in the 1st, 6th, and 7th. The Radiologists took an early lead, collecting their winning three runs in the fourth off of four hits. They managed two more hits in the seventh, but were unable to muster enough zoom to march their players across the plate.

Losing pitcher was Hickman. This is the first year for slow pitch ball at the Center and it has really caught fire. At this writing there has not been a single forfeit, whereas, at this same time last year, the score sheet reveals eight forfeits.

Judge Fisher Tourney Results

18-Hole Open	Gross	Net
1st		
Lewis	134	69
2nd		
Matthews	77	71
3rd		
Bouman	90	71

Matthews had more pars than Bouman, therefore putting Matthews in second place.

9-Hole Open	Gross	Net
1st		
1st		
Buchanan	73	32
2nd		
Greene	39	33
3rd		
Holcombe	39	34

Holcombe had more pars and birdies than Kursitzky thus eliminating Kursitzky for third place.

9-Hole Seniors	Gross	Net
1st		
Schindles	70	34
2nd		
Swiggum	40	35
3rd		
Callagan	46	35

Swiggum maintained second place by getting more pars than Callagan.

9-Hole Ladies	Gross	Net
1st		
Murray	73	38

Mrs. Murray was the only lady participant.

Bob Matthews of NMRI won the tournament with a low gross of 77.

GI Bill Forms Now Available

The Center's educational services office has received application forms for active duty men to use in applying for college training under the GI bill of 1966.

Before applying for aid under the bill for educational benefits, the serviceman must have the titles of his anticipated courses, the date of enrollment, and the school in which he will enroll. Further information may be obtained from P. Burgess, PN1, ext. 585.

Ocean Fishing Free For Staff, Student, Patient

"Gone fishing" is a good sign to tack to your front door. To help you with your plans, Special Services has chartered boats from the Chesapeake Rod and Reel Tackle House. There is no charge, except for a nominal fee if you want to use their rods and bait. You are welcome to bring your own.

One trip is scheduled for July, two for August. On August 6 a boat will depart Chesapeake Beach at 0600 for bottom fishing. If you prefer trolling, July 23 and August 27 are the days you want for deep sea fishing. Make your reservations early at Special Services, in person. All military staff and students are invited. One dependent is allowed to accompany each eligible military man.

Transportation Here at NNMC



You just can't make Bishop W. Melvin, Jr., believe that grown men don't cry. "I see them every day," he asserts. "Oh, maybe not with tears, but they give them words the sobs."

Mr. Melvin is dispatcher at the transportation division, and he was referring to the men who request a vehicle and just will not understand that it might not be available at that precise moment. "We do our best," he declared, "and sometimes that's good enough and sometimes not.... You almost get to be a psychiatrist around here after awhile.... Our business is service and it's hard, sometimes, to say that service is not available or will have to wait."

Mr. Melvin has direct control over 26 vehicles ranging from tractor-trailers to sedan. Additionally, he has minimal control over 21 vehicles which are checked out to various departments on the base. Perhaps the most valuable equipment in his charge is a fleet of six Pontiac metropolitan ambulances. Operating these vehicles are 20 drivers who are supervised by Mr. Melvin.

The veteran of 24-years government service, first reported aboard in January 1942. The buildings, at that time, were not occupied, and Melvin had been hired as a laborer whose job it was to follow the builders, making the spaces ready for occupancy. His long tenure has been interrupted only once, and that was for a 2-year tour with the Army during and just after WWII.

Melvin is one of two civil service road test examiners aboard the station. He is responsible for the scheduling and dispatching of all vehicles, timekeeping, watch list, and records management.

STANDINGS

Varsity

Softball

TEAM	WON	LOST
Patuxent NAS	11	1
US Nav Station	10	3
Headquarters USAF	7	4
Vint Hills Farm	8	5
Bethesda NNMC	6	5
Walter Reed AMC	5	5
Bolling AFB	5	5
Nav Security Station	4	7
Fort Myer	2	6
Fort Belvoir	3	11
Arlington Hall	1	8

Tennis

TEAM	WON	LOST
Fort Myer	6	0
Arlington Hall	5-1/2	1-1/2
HQ, USAF	4	1
Walter Reed, AMC	3	2
Fort Belvoir	3	2
US Naval Station	2	4
Bethesda NNMC	2-1/2	4-1/2
Andrews AFB	1	4
Nav Security Station	1	4

Intramural

Softball

TEAM	Won	Lost
NMRI	8	3
P.T.	8	3
NDS	6	4
X-RAY	4	3
N.P.	3	6
CPL	3	5
O.R.	1	7

Golf

Team	Won	Lost
NNMC	7	1
Fleet Reserve	7	1
NMS	5	2
AFFRI	4	4
NDS "A"	4	3
NDS "B"	3	5
NH. #1	3	5
NMRI	1	7
NH. #2	0	7

Auto Club Free To Military Personnel

Although the spectator grandstands at auto racing events around the country are generally well filled and the pit areas are buzzing with activity as a new season of competition begins, an important segment of the high performance fraternity is obvious by its absence. Because of the world's tense politico-military situation, more and more young Americans are putting aside their automotive projects to serve with one of the branches of our armed forces.

In recognition of their contributions and sacrifices, George H. Hurst, president of Hurst Performance Products, has recently formed the Hurst Armed Forces Club. This project is designed to keep servicemen around the world informed about things automotive during their period of military service.

A monthly newsletter is mailed to each club member. Every issue is loaded with highlights from the nation's leading automotive events. Releases on new performance and prestige cars from Detroit, and the latest accessories from speed and equipment manufacturers throughout the country are also included.

And it's all free to military personnel anywhere in the world. Relatives and friends of "car nuts" serving with our armed forces can include them---free of any costs---in the Hurst Armed Forces Club simply by sending their name, rank, and complete military address to Hurst Performance Products, 50 W. Street Road, Warminster, Pa. 18974.

Admirals Continue Short On Hitting Power

Varsity softball continues to see the Admirals just short of the mark for lack of consistent heavy sluggers. All divisions of the team are in champion form except for this last one. The final scores (except for USAF Bolling's 11-2 drubbing) show close ball games all the way.

The Admirals, on June 30, shut out the Army, 1-0, in a very close ball game. Walks, hits by the Admirals, and errors by the Army men allowed the NNMC to pass one man over home plate. Later, on July 5, the Navymen returned to the Air Force, this time Headquarters, to suffer a 3-2 short-end of the score.

A game against Patuxent River on the 7th fired the local team. Remembering their 4-2 defeat previously, the Admirals went to win and did. Rogers, for NNMC, was hero all the way, pitching a 2 hitter and scoring the only game marker on a 5th-inning homerun.

Naval Station defeated the Admirals, 5-4, on the 8th.

Admirals Drop Tennis Match

In the only tennis action to report since last issue, the Tennis team lost a heartbreaking 4-2 match to the Army men from Walter Reed. Coach Gilbert stated that duty assignments held several of the regulars back.

NNMC collected their two points from Gilbert's 6-2, 6-0 singles win, and from Stoecklein's 6-2, and Gilbert's 6-2 doubles victory.

Soccer Players

Interest Sought For New Team

In the last edition of the NEWS we issued a call for would-be soccer players. Only 12 people have indicated a desire to play, so far. The S. S. D. must have a firmer basis to go on before expending funds for the necessary equipment.

"Because it's summer many people draw back at the idea of all that physical exertion," said sports director Dwyer. "But when football season comes around, the interest should skyrocket. Yet, we have to know now about the interest."

Dwyer points out that every college and university in the area has a team and that a majority of the metropolitan area high schools also field teams. He also points out the excellent opportunity for physical fitness which the game provides.

If you are interested and do not anticipate receiving orders before November, call him at extension 672 or 362. "Both officer, and enlisted, staff and student are eligible," Dwyer announced.

Basketball

Latest Word! The National Naval Medical Center has been chosen as the host for the Naval District Washington basketball tournament. The big event will take place in February. Later editions will carry additional information.

"Blue Angels" To Perform At Patuxent

Precision flying, acrobatics, and displays of new and experimental aircraft are all part of this year's annual air show and open house at U. S. Naval Air Station, Patuxent River, on Saturday, July 23.

On hand for the air show will be the Navy's internationally famous precision flying team, the "Blue Angels," the low-level antics of the "Flying Professor," and displays of the world's most advanced jets, helicopters, and transports.

Also scheduled are breathtaking leaps by Navy Sky Divers performing in a huge glass tank. Many other attractions are being scheduled.

Last year over 100,000 attended the all-day event. Free parking will be provided and the Navy will permit cameras on the station for photographing aircraft.

The Patuxent Naval Air Station is located southeast of Waldorf, Md. in St. Mary's County on highway 235.

Bethesda Auxiliary Of FRA Formed

Twenty-nine ladies were initiated into the ladies auxiliary of the Fleet Reserve Association on June 30, by Evelyn Redden, Regional Vice-President. Assisting Mrs. Redden were Agnes Martin, National Organizer; Anna Lou Seager, Sergeant-at-Arms, from Norfolk, Va.; and Mary Prophet, Francis Klimes, and Margaret Zadera of Klimes, and Margaret Zadera of Unit 24 Annapolis Md. Following the initiation, Mrs. Redden officially instituted the new Chapter as Unit 182 Ladies Auxiliary Fleet Reserve Association, Bethesda.

Mrs. Martin then officiated at the installation of Marilyn Kamaromy, Pres.; Francis O'Connell, Vice-Pres.; Thelma Rush, Sec.-Treas.; and Carol Knapstien, Chaplain. The Charter was presented to Mrs. Kamaromy by Shipmate Joe Walker, President, Branch 182, F.R.A. Among the guests were Theola Glezen and Jean Medbick representing Unit 181, Arlington.



The first prisoner of WWII was the skipper of a Japanese midget submarine. The sub beached off Bellows Field, Army Air Base, on the island of Oahu, Hawaii, shortly after the December 7, 1941, attack on Pearl Harbor.

Antarctica is the fifth largest continent, embracing almost 6 million square miles of territory and equaling in size the United States and Mexico together, or being almost twice the size of Australia. Having an average altitude of 6,000 feet, it is the world's highest continent.

Triple Med. Department Anniversary



Vice Adm. R. B. Brown
Surgeon General, U. S. Navy



Rear Adm. F. M. Kyes
Chief, Dental Division



Capt. R. S. Herrmann
Chief, Medical Service Corps

The month of August is a month of anniversaries for the Medical Department of the Navy. In its span, the Medical Service Corps, the U.S. Naval Dental Corps, and the Bureau of Medicine and Surgery all add "hashmarks" to the sleeve of their distinguished careers. Interestingly, the dates of celebration fall in chronological reverse to their age, with the youngest, the Medical Service Corps, having celebrated its 19th birthday on August 4. The U.S. Naval Dental Corps will become 54 on August 22, and the Bureau of Medicine and Surgery, on the last day of the month, will attain the venerable old age of 124 years.

The three entities form a major part of the Medical facilities of the Medical Department which has cognizance over the health and welfare of the entire Navy. Their representatives are to be found throughout the world, wherever Navy or Marine personnel are serving.

The Bureau

Known to its personnel as "The Bureau", the Bureau of Medicine and Surgery is currently headed by Vice Adm. R. B. Brown who is Chief of the Bureau of Medicine and Surgery and Surgeon General of the Navy. He has held this position since February 1965 when he became its 28th Chief.

As stated, the Bureau's major peacetime mission is fourfold: to support the Navy's operating forces; to maintain a strong regular component within the service; to train its regular corps and reserve members to an effective state of readiness; and to keep abreast of advances made in medicine, science,

and research, and to disseminate such information.

It can readily be seen that any one of these missions is the nucleus of vast enterprises requiring a myriad personnel and tons of equipment and logistic support for their functioning.

Briefly, contemplating the research portion of the mission alone, this reporter envisages the enterprises undertaken here: The NMRI with projects underway in submarine medicine and biological and chemical research; the NTU with its studies into the special environmental conditions found in submarines and confined spaces. These are but a few of the projects under study, but, Navy-wide, the research program encompasses every field of research, from research on rare diseases in remote areas of the world, to studies in space and astronautical medicine.

The Bureau's history began in 1842 when it was established by an Act of Congress. Before 1842, the surgeon serving with the Navy Department was virtually without a central guiding institution for medical purposes. But a gradual evolution toward a centralized medical department took place with first, the establishment of a hospital in Norfolk, Va., in 1830, and the Bureau's creation in 1842.

Navy Dental Corps

In 1844, Dr. Edward C. Maynard, a Washington, D.C., dentist advocated the establishment of a Dental Corps, but it took another 70 years before the reality was born by an Act of Congress. Since that momentous occasion, the Corps has enlarged, both in personnel and in the pervasive scope

of its service to the Naval community.

But, even then, the Corps went through its growing pains. When the U.S. entered WWI, the Naval Dental Corps consisted of 35 officers. Not until after the Armistice was the Dental Division established in the Bureau of Medicine and Surgery. In 1923, the Naval Dental School was created to provide postgraduate instruction to officers and technical training to enlisted personnel.

The vast growth of this Corps can be viewed statistically in the fact that in 1909 the crew of a single battleship spent \$3,000 of its own money ashore in one port for vitally needed dental repair.

The Dental Corps is headed by Rear Adm. F. M. Kyes who has commanded the Corps for over three years. In addition to his title as Chief, Dental Division, Rear Adm. Kyes is the Assistant Chief of the Bureau of Medicine and Surgery (Dentistry).

Medical Service Corps

The youngest of the Medical Department corps is the Medical Service Corps which was established in 1947 by the Army-Navy Medical Services Corps bill. The organization is under the aegis of the Chief, Medical Service Corps, Capt. R.S. Herrmann. The Captain has held this position since September 1962, when he relieved Capt. L.J. Elsasser.

The necessity of such an organization had been recognized for a long time, but an acute awareness of its value was evidenced in both WWs I and II, when personnel strength

Continued on Page 2



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MONDAY, AUGUST 15, 1966

A PICNIC

STONE LAKE
NOON TO 1800

20 AUGUST

(See story, page 3)



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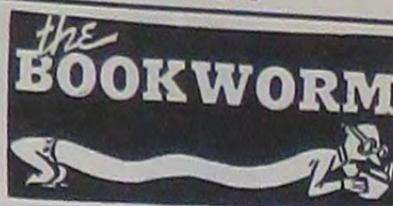
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VOL. 22 No. 7

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By Lil Chitwood

Briand, P. - In Search of Paradise: The Nordhoff-Hall Story.
Hotchner, A.E. - Papa Hemingway; a personal memoir
Tanham, G.K. - War Without Guns
Adams, A.K., ed. - Favorite Trial Stories - Best From Fantasy and Science Fiction, 15th Ser: 1966
Burman, B.L. - Sign of the Praying Tiger
Cheshire, G. - Wenatchee Bend
Daniels, H.R. - House on Greenapple Road
Gallery, D.V. - Stand By-y-y to Start Engines
Hempstone, S. - Tract of Time
Henry, W. - Last Warpath
Lehrer, J. - Viva Max
Livingston, A.D. - Sky's The Limit
Llewellyn, R. - Down Where the Moon is Small
Lyll, G. - Shooting Script
McBain, E. - Eighty Million Eyes
Sanford, A. - Mission in Sparrow Bush Lane
West, E. - Night is a Time for Listening

NSHA News

NSHA Welcomes aboard Lt. Francis J. Redding, MSC. He reported on July 15 as a regular member of the academic staff. He recently completed an administrative residency at the U.S. Naval Hospital, San Diego.

In April of 1966, while serving as an administrative resident, the lieutenant received the annual W. Glenn Ebersole Merit Award from Hospital Forum Magazine, the journal of hospitals in the west. His article, "The AFL - CIO and Health Care," is scheduled for publication this month. In 1964 Lt. Redding graduated from NSHA with high distinction, receiving the Surgeon General's Award for scholastic achievement. He holds a Bachelor of Arts degree in Social Science and a Master of Business Administration degree in Health Care Administration from The George Washington University. Lt. Redding will teach the course in hospital administration.

Lt. Richard J. Buxbaum, MSC, USNR, returns to civilian life. He was released from active duty on August 4, after serving a regular three year tour in the Navy. As a member of the academic staff since October 1964, Lt. Buxbaum was an instructor in hospital administration. He has accepted a position with the Blue Cross Association, as Assistant Program Director in the Research and Planning Division, at Chicago.

Divine Services

PROTESTANT

(Bethesda Chapel, Bldg. 8A)
SUNDAY
0800 -- Holy Communion (Episcopal)
*0900 -- Divine Worship
*1030 -- Divine Worship
*1130 -- Holy Communion (other than First Sunday)
1030 -- Church School, Bldg. 137
MONDAY through FRIDAY
1230 -- Devotions

THURSDAY

1630 -- Holy Communion (Episcopal)
CATHOLIC
(Catholic Chapel, Bldg. 2, Room 206)

MASSES

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Sunday -- 0715, *0830, *1100, and 1200
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CONFESSIONS -- Fifteen minutes before all Masses.
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Chaplain's Corner

"My Brothers' Keeper?"

by Chaplain Philip C. Bentley

The screech of brakes, the dull thud of twisted metal and then the awful quiet of suspended motion which awaits the ominous drone of the siren-all of this routine has become too frequent in our daily living. Some readers even take notice of the news reports with detached interest thinking-- "It'll never happen to me!"

What is lacking? Where is our responsibility? WHO will be next?

The aim of the chaplains who write this column is clear. The subject matter deals with topics that are designed to help each of us weather the voyage of our lives with the best effectiveness. Here at the Naval Hospital we have brought in patients due to the tragedy of the lack of moral common sense. Many who read this column represent the Navy. When are we, as a unit or as individuals, going to wake up to personal responsibility to ourselves and to our shipmates, yes, and to our civilian neighbors?

At this season of the year many are thinking in terms of their children or their friends returning to school, so we focus our attention quite naturally toward education. This program of education is not only for children and the youth of our communities--it is for all. In the process of learning, both secular and religious, we grasp the Laws of Life and realize that a person's life is his most precious earthly possession; his right to enjoy it must be protected from idle irresponsibility. Let us each drive with the thought uppermost--the respect for human life and reflected highway courtesy should temper and sober our driving habits.

We ARE our brothers' keeper!

Correspondence Course Marks Golden Anniversary

Today approximately 2,600 students are enrolled in 26 different courses administered by the Correspondence Training Division of the U.S. Naval Medical School. Numerous assignments arrive with APO/FPO Postmarks; a good portion of these are received from 400 military personnel deployed in the Viet Nam area. Courses in "Tropical Medicine in the Field" and "Combat and Field Medicine Practice" have the highest number of enrollees in these overseas areas. In addition to the Viet Nam area, foreign Navy Armed Forces Medical Department Personnel from such places as Argentina, Columbia, Peru, Chilly and Thailand have completed many of the courses.

In the past five years over 23,000 courses have been completed by medical department personnel in this extension program which began 50 years ago this August. "This self-study program has served the Navy and its personnel well during the past half century," said Capt. John H. Stover, Jr., MC, USN Commanding Officer of the U.S. Naval Medical School. "It has enabled Naval personnel to enhance their knowledge and proficiency through independent study during off-hours. It has provided excellent opportunities for individuals (both active & inactive status) to become familiar with a broad spectrum of medical specialties and it has provided opportunities for individuals to prepare for advancement in rank/rate. In considering the importance of medical training," said Capt. Stover, "it must be remembered that medical training today results in better patient care tomorrow."

Although officially designed as courses for officer personnel many petty officers are enrolled. In fact, the majority of the present enrollees are enlisted personnel.

The courses are available to: Members of the regular Navy; Naval Reserve (both active and inactive); members of other Armed Forces; friendly allied forces as well as to authorized civilians. The first course, prepared in 1916, was developed by BUMED to indoctrinate Medical Department Personnel newly reported for active duty and as a correspondence course for officers of the Naval Reserve. After World War II, BUPERS, in conjunction with BUMED, began pre-

paring courses to step-up the training of the Reserve Training Publications Project came into existence. Its main responsibilities were to furnish BUMED with additional training facilities and to assist reserve personnel of the Medical Department in obtaining points for promotion/retirement.

In 1951, this project, renamed the Correspondence Training Division, was transferred to the Naval Medical School. At that time 14 courses were being administered with an enrollment of just over 1,000.

Among the comments on the U.S. Naval Medical School Correspondence Training Courses is the following from a civilian attorney concerning the course in Legal Medicine. "In my opinion this is a brilliant piece of work and the Department of the Navy is to be congratulated on its excellent educational technique."

Hotels Offer Military Rates

Sheraton hotels and motor inns now offer a weekend military rate-rooms at half price - for members of the Armed Forces in more than 100 stateside hotels.

Servicemen will be roomed at half-price on Friday, Saturday, and Sunday nights, in uniform or civilian clothes, based on availability of space. Armed Forces identification cards are sufficient recognition.

Reservations can be made through Sheraton's electronic reservations network. The 50 percent discount will be applicable upon registration.

Ernest Henderson III, president of the Sheraton Corporation of America, announced the weekend military reductions are effective immediately in 85 cities. The hotel's reduced rates were planned to parallel the servicemen's 50 percent discount granted on a standby basis by domestic airlines.

Henderson said the programs offered military personnel comfortable, economical travel and accommodations, and the opportunity to further "Discover America" in keeping with the President's national program.

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Everyone Reads the NEWS



Anniversaries

Continued From Page 1

sharply rose. During these holocausts, chief warrant and warrant officers were promoted to commissioned rank for temporary service in the Medical Corps in WWI, and in WWII, several hundred scientists in fields allied to medicine were enrolled in the Hospital Corps reserve component in specialist classifications.

As originally established, the Medical Service was composed of

a Pharmacy Section, Supply and Administration Section, Medical Allied Sciences Section, and Optometry Section. The Secretary of the Navy has subsequently established a Women's Specialists Section composed of physical therapists, occupational therapists, and dietitians, and a Podiatry Section.

Approximately 300 landings on foreign shores have been made by Marines since the Corps was established in 1775.

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Monday, August 15, 1966

A Career Development Program

For Hospital Corpsmen And Dental Technicians

by Lt. Comdr. C. "B" Longest, MSC

HERE is a career development program for hospital corpsmen and dental technicians who aspire to a career in commissioned status in the Navy Medical Service Corps.

As the need for administrative and managerial skills continues to increase within our society, it also increases within the military setting. As a result, a commission in the Supply and Administration Section of the Navy's Medical Service Corps is attainable by energetic and competent Hospital Corpsmen and Dental Technicians planning to pursue a military career. Officers of the Supply and Administration Section are trained and experienced in the many facets of medical and institutional supply, personnel management and patient affairs, food

This article was originally written for and carried in "All Hands" magazine. The article from the subhead "Recent Change" was especially written for the NNMC NEWS by Lt. Comdr. Longest, who is Head, Procurement, and Training Branch, MSC Division, Bureau of Medicine and Surgery.

lines for the Hospital Corpsman or Dental Technician who desires a commission in this section of the Medical Service Corps.

How does one apply for such an appointment? By meeting the criteria outlined in BuPers Instruction 1120.15 series. No instruction, however, can outline in specific detail the combination of all factors that ultimately lead to such an appointment. The most significant factors are controlled by the individual concerned, and without proper career planning, you will be at a disadvantage in appointment. You, as a junior HM or DT whose ultimate goal is commissioned status, should develop and pursue a well-planned, self-improvement program early in your career. This may be done in various ways, such as through Navy or USAFI correspondence course programs or by enrolling in part-time, off-duty courses at civilian institutions when possible.

In your quest for a commission under this program, the first, and generally considered to be the most difficult, hurdle to overcome is the Officer Selection Battery Test (OSB). During each of the past three years, for example, approximately 600 candidates applied for an average of 50 vacancies in the S & A Section of the Medical Service Corps; about 50 percent failed to achieve a sufficiently high score on the OSB to continue in the program. It is therefore important to begin preparing early in your career for this examination which measures educational background and ability.

The mathematics section of the OSB apparently proves the biggest stumbling block for many candidates. This section includes a wide variety of mathematics, progressing from simple arithmetic through algebra, geometry, and trigonometry. A complete, basic knowledge of mathematics is a prerequisite to successfully completing this portion. Prepare yourself through a program of self-study, utilizing USAFI courses or other available means mentioned earlier. One particularly useful tool of study, and an enjoyable one, is doing mathematics for fun. The quiz in "Navy Times", for exam-

ple, provides an excellent means of gaining proficiency in this area.

Another area in which some candidates have encountered difficulty is the English section, which emphasizes reading comprehension and word study. Reading can be the key to this problem, for it is through reading that man gains knowledge. As you read, make an effort to learn and if you encounter a word you do not recognize, look it up. Do word problems, crossword puzzles, or avail yourself of special self-study texts on this subject.

In addition, the Officer Selection Battery Test covers such subjects as naval knowledge, history, social sciences, and physics. In short, as described earlier, it is a comprehensive evaluation of the candidate's general knowledge. By thorough preparation you can fortify your knowledge and participate in the OSB test series with more self-confidence. The BuPers Instruction 1120.15 series previously mentioned also lists a recommended course of study in preparation of the OSB.

In any adventure we might say that the PPPPPP factor applies: "proper preliminary planning prevents poor performance." This philosophy can well apply to the development of naval career.

Although the OSB is an important factor in the MSC in-service procurement program for Supply and Administration officers, you will also take a written professional examination to determine your knowledge in all fields related to Medical Department administration. This examination covers general Navy organization and administration, customs and usages of the services, and Medical Department administration, including (but not restricted to) personnel administration, patient affairs, fiscal and supply, food service, military justice, and general Navy orientation.

You should be prepared to write an essay-type examination where, given a set of facts, you display the ability to recognize the problem, think of the concepts involved, and write a logical solution. It is in this examination that preliminary planning and experience are vitally important. As you prepared for the OSB by studying particular subjects, so must you ready yourself for the professional examination. However, this examination is specifically related to your duties within the Medical Department. You may study the Manual of the Medical Department, the Bureau of Naval Personnel Manual, Navy Regulations, the UCMJ, and numerous other manuals and publications. The most important single factor in successful completion of this examination, however, is in long-term planning. Study should begin at an early point in your career through such efforts as correspondence courses and off-duty study.

The professional examination is largely concerned with the manner in which you think, reason, and the intelligent, practical application of your knowledge. The ability to think, reason, and apply sound judgement to practical problems is not learned overnight, or in a concerted session of "cram" study. Only through study and planning over a long period of time can you develop your ability to make sound and logical decisions based upon facts.

The future outlook for appointment as MSC Supply and Administration officers is most encouraging. It is anticipated that there will be a requirement for at least 50 new officers each year for the next five years in order to fill vacancies caused by attrition. Each HM and DT interested in this program is strongly urged to make preliminary plans at an early stage in his career so that he will avoid a poor test performance when

eligible for the program. Too much emphasis cannot be placed on the fact that planning properly (and well in advance) pays rich dividends. The man who takes advantage of the opportunities offered to him can experience a truly rewarding and satisfying career as an officer in the Medical Service Corps, U. S. Navy.

Recent Change

Personnel interested in applying for appointment for the FY 67 program should carefully review BuPers INST 1120.15G wherein recent changes to this program are reflected. Two of the most significant changes reflected in the above instruction are the (1) educational qualifications and (2) FY 1967 application and examination procedures. To meet the educational requirements for appointment as Ensign, MSC, USN, the candidate must meet one of the following:

- (1) Have successfully completed at least 21 semester hours, or equivalent quarter hours, at an accredited college or university, or
- (2) be a high school graduate with a GCT or ARI score of 60 or above, or
- (3) have completed at least three years of high school, with a GCT or ARI score of 60 or above, and possess a high school GED score of not lower than the 75th percentile in each area.

The following information may be helpful in determining the educational requirements as outlined in Section C1, paragraph 9h of the instruction. If the candidate has not completed three years of high school but has earned at least 21 semester hours credit, he meets the educational requirements for appointment regardless of his GCT or ARI score. (College level equivalency tests do not fulfill this academic requirement.) All high school graduates must have either a GCT or ARI score of 60 or above, or have successfully completed 21 semester hours of college work. (Only a few candi-

dates are expected to be in the latter category.) Candidates who have completed only three years high school, did not graduate, and who have not completed 21 semester hours college must show evidence of having completed the USAFI high school GED tests with a score of not lower than the 75th percentile in each area. Based upon a recent review of applications for the FY 1966 MSC program, several candidates did not meet this requirement; therefore, they were not considered for appointment. It is emphasized that the high school GED equivalency diploma does not fulfill the high school requirements for this program, and waivers in this regard should not be requested. Credits earned through correspondence courses offered by colleges and universities through the United States Armed Forces Institute are acceptable toward fulfilling the 21 semester hours requested above.

Significant dates pertaining to application and examination procedures are outlined briefly as follows:

- (1) Prior to August 1 -- applicant submits request to CO.
- (2) between August 1-15 -- command requests Officer Selection Battery (OSB) tests from Naval Examining Center, Great Lakes.
- (3) November 15 -- OSB administered.
- (4) January 1 -- OSB results submitted to BuPers.
- (5) February 1 -- notify Naval Examining Board of non-receipt of professional exam.
- (6) professional examination will be administered on third Wednesday and Thursday in February 1967.

Careful consideration should be given to furnishing all forms and documents listed in the basic instruction. Specifically, detailed preparation of the information required in items (12) and (13) is most important in evaluating an application. Legible documentary evidence of educational achievement is also necessary.

Based on known retirements and other attrition factors, it appears that fiscal year 1967 will be a most productive year for new MSC Ensigns.

CPO Reception For National FRA President

An informal reception was held in the Chief Petty Officers' Club on July 25 in honor of Mr. Eddie King. King is the national president of the Fleet Reserve Association. The reception was attended by many of the FRA chiefs from the station and Washington area. Officially representing the Center was Capt. H. S. Etter, Commanding Officer, NH.

Although the organization's central headquarters are in Washington, the president (an elected official) usually operates from his own home territory. In this case, the 1965-66 president resides in Seattle, Wash.

Mr. King's visit to Washington included visits to Vice Adm. Brown, Adm. McDonald, Rep. Mendel Rivers, Sen. Henry Jackson, Vice Adm. Semmes, Mr. C. J. Brickford of the VA, and Secretary of the Navy Nitzé. On July 29, he departed the area for Norfolk where he visited the seven branches in that metropolitan locale. While there he also called at the several Naval commands.

In the performance of his duties as president, Mr. King, a retired Chief Commissaryman, recently completed an 18-day tour of FRA branches overseas. The junket took him to Hawaii, Japan, Formosa, the Philippines, and Hong Kong.



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Big August Picnic

The second big gala affair of the year is scheduled for August 20. All-day festivities will be in order on that Saturday as the doors to relaxation, sports, good food, and good fellowship swing open for the Mid-Summer Picnic. All military staff (officer and enlisted), students, and their dependents are invited. And, of course, all activity is absolutely free.

The usual wide-open policy on sports will be in effect, with golf (register now by calling 477) free to all participants. The softball diamonds will also get their share of activity, with all the intramural teams scheduled to play. Bill Dwyer, Athletic Director, emphasized, however, that individuals not on a team may form their own for that day. "We will also accept single requests to play," Dwyer said. "If we get enough of them, they can be formed into teams." This also holds true for dependents," he added. If the "big stick" is your cup of tea, call 672 and ask for Dwyer.

Children young and old will have fun in the Stone Lake area from 12 noon until 1800. The area has been newly refurbished with swings

large and small, merry-go-round, slide board, and seesaw. New and colorful tables and benches are available for the picnickers.

In the "delectable delights" column, crisp Southern fried chicken should satisfy the inner craving. But, if that is not sufficient, the traditionally popular burgers and hot dogs will be available. Of course, there will be beer for the adults and plenty of soda for the youngsters, along with ice cream bars.

If activity is possible after a large meal, horse shoes and volleyball should satisfy the bill. If you've a mind to, bring along a fishing pole and try your luck in the lake. Activity for the small fry will center on several rides and on the ever-popular pony ride.

Metropolitan Luminaries Meet Here

Driving Safety Conference Hears Governor J.M. Tawes, Duncan, Fallon, Sickles

Over 200 persons gathered at the NNMC Officers' Club for the all-day meeting of the Metropolitan Washington Military-Civilian Traffic Safety Conference. The conferees represented all walks of life involved in safety and law enforcement and Federal government and military officials from the Greater Metropolitan area. Sponsored by the State of Maryland, it was hosted by the Naval District Washington and the Naval Medical Center.

A highpoint of the conference came when J. Millard Tawes, Governor of Maryland, delivered an address at the noon luncheon. The Governor stressed many points which his State is undertaking to make the highways safe places to travel. He signaled the Governor's Holiday Accident Program which requires that a motorist who has had an accident to personally appear before a committee to defend his right to drive. The head of Maryland stated that he had been severely criticized for this program because of the inconvenience caused the driver. "But," he emphasized, "I feel keenly obliged to explore every proposal to reduce the rate of highway accidents."

The Governor further pledged the cooperation of the State in Federal programs and pointed out that much of the Tires Act now before the Congress grew out of basic work conducted in his State. He also highly stressed intergovernmental cooperation as a key factor in solving many of the problems besetting drive safe policies.

Sharing the rostrum with Governor Tawes was District of Columbia Commissioner, Hon. John B. Duncan, who declared that "people are having accidents, not for lack of laws, enforcement, or highways, but for lack of understanding and respect for the critical nature of their vehicle."

Commenting on conditions as they are and as they should be in the future, the Commissioner said: "Perhaps it is time to face up to the facts of life that people do drink and drive, do speed and will continue to do so. . . I feel that education is the only answer . . . and enforcement should be necessary only when education has failed. . . Our traffic programs for the future must be based on knowledge. . . knowledge coupled with respect for the rules of the road . . . Future engineering and legislation must be designed to support such a program and must never be considered an end in themselves."

The morning session was opened by Dr. Anthony L. Ellison, Chief, Office of Traffic Safety, Washington, D.C., and Chairman of the conference. The Chairman said: "All States with a substantial military population are either participating or in the process of developing a coordinating medium of civil and military highway safety activities tailored to their particular needs."

Dr. Ellison stated the objectives of the meeting and stressed its

ual in safe practices was needed.

The keynote address was delivered by the Hon. George H. Fallon, U.S. Congressman from Maryland, who described the anatomy of the passage of a highway construction bill in Congress. The Legislator explained the historical progression of legislation on the bill from 1953 to 1955, when it was defeated in the House. He recalled the public media's copious reaction to the defeat of a measure so blaring and obviously needed, and he stated that it finally passed into law the following year. "Yet," he declared, "if we could have mustered the obituary remarks of the press before the floor action in 1955, it certainly would have passed at that time." He suggested that this pointed to the necessity of

education of the public as a prime requirement in programs of this nature.

The Maryland Congressman then explained the Highway Safety Act then before Congress which will require each State to have a highway safety program by December 1967. Penalties could result in reduction of Federal highway funds of up to 10 percent for noncompliance. As written, the act provides 215 millions to be allocated to States and another 55 millions for research in the next three fiscal years.

Conference objectives were discussed by four eminent persons. Mr. Nelson Bortz, Director, Bureau of Labor Standards, discussed the Federal Government program. State Government top-

ics were introduced by Mr. John R. Jewell, Commissioner of Motor Vehicles, Maryland, who discussed the relation between motor vehicle codes and how they

affect the people who use them. The Hon. Carlton R. Sickles, U.S. Congressman - at - Large, Maryland, spoke about the three Acts now before Congress; the Tires Standardization Act, the Highway Safety Act, and the Transportation Safety Act. Maj. Gen. F.J. Clarke,

Commanding General, U.S. Army Engineer Center and Ft. Belvoir, presented the military aspects of the program. The afternoon session concerned itself with committee reports on traffic legislation, traffic accident reporting, driver motivation, and traffic courts.



Fluoride Treatments

One of the first recipients of the stannous fluoride treatments at NDS this summer was Rear Adm. George M. Davis, CO, NNMC. He expressed interest here to Capt. R. T. Blackwell in the fluoride which was applied to his teeth by Miss Lori Kadehjian, Registered Dental Hygienist. This excellent example by the Admiral is a reminder to all NNMC personnel that topical application of fluoride to the teeth is an effective agent in preventing dental caries in adults as well as in children, and that such treatment is recommended under the preventive dentistry program practiced at the Dental School. Treatments are available at the Graduate Officers' Clinic, Building 122. Appointments may be scheduled by calling Extension 7076. Staff members who received fluoride application last year should return again this year for another treatment. An oral prophylaxis is given before stannous fluoride is applied.



Students Visit NMRI

(front row) Leah Thorpe, U.S. chaperone; Chantana Chanbunjong, Thailand; Marianne Jensen, Denmark; and Paola Malpezzi, Italy. Left to right (back row) Carol Hetrick, U.S. chaperone; Asa Jonsdottir, Iceland; Ann Larsson, Sweden; Sheila Legg, South Africa; These American Field Service students and their U.S. chaperones visited NMRI's Behavioral Sciences Department on July 18.

nature as an action program. Specifically, he pointed out that committees had been formed in four areas: traffic legislation, traffic accident reporting, driver motivation, and traffic courts.

Captain H.S. Etter, NNMC Deputy Commanding Officer, officially welcomed the group to the Medical Center. "This is perhaps a fitting place for such a conference," Capt. Etter declared, "for we are easily reminded of the awesome effects and increasing problems which motor vehicles occasion." The NNMC official dwelt on the preventive medical aspects of the safety program, declaring that it was indeed a pity that, since vaccines have been found for polio and measles, an inoculation for safe driving had not yet been discovered. In the remedial side of his remarks, Capt. Etter said that "since human nature cannot be legislated," training of the individ-

MEDLARS

MEDLARS (Medical Literature Analysis and Retrieval System) of the National Library of Medicine is explained in the exhibit on display in the Edward Rhodes Stitt Library, August 15th - September 15th. A MEDLARS search is available to any doctor or scientist at the National Naval Medical Center. Plan to visit the Library and see the arranged exhibit. The Edward Rhodes Stitt Library is open from 8:00 a.m. - 10:00 p.m. Monday - Friday and Saturday 8:00 a.m. - 12:00 noon.

Cancer Answers

Cancer's Seven Warning Signals will be the subject on "Cancer Answers," the lifesaving 24-hour telephone information service for area residents who call 223-2600 from July 17-August 31.

Mr. Leonard J. Emmerglick, president of the local American Cancer Society said that promotion of these warning signals is an attempt to educate the public of the important role the individual plays in helping his physician in early detection of cancer.

"About 95,000 cancer patients will die needlessly in 1966 unless," he said, "through cancer control activities, such as heeding cancer's warning signals, we can reverse present trends and bring these patients to physicians in time for early diagnosis and treatment."

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Class 28 Convenes At NSHA

The twenty-eighth class in Hospital Administration will assemble at the Naval School of Hospital Administration for the formal opening of the fall semester on August 16. The student officers and their families will be welcomed to the Center by Rear Adm. George M. Davis, Commanding Officer. Capt. Robert S. Herrmann, MSC, Chief of the Medical Service Corps will address the class concerning the excellent opportunity represented by the program offered at the Naval School of Hospital Administration.

This class of 36 officers will assemble from a good cross section of the Navy and Marine Corps, including ships and activities in Vietnam.

The average student in Class 28 will have had fifteen years of service, of which slightly over four years has been performed as a commissioned officer. As in previous classes, the range in ages will be from 29 to 39, with the average being 34 years. In terms of formal education, the average student will have completed approximately one year of college prior to reporting to NSHA.

During the 10 month program, students completing the course will earn 45 semester hours credit through the affiliation program with The George Washington University.

Following the purchase of Alaska by the U.S. from Russia in 1867, the first government vessel into the territory was the Revenue-Marine (forerunner of the Coast Guard) cutter Lincoln.

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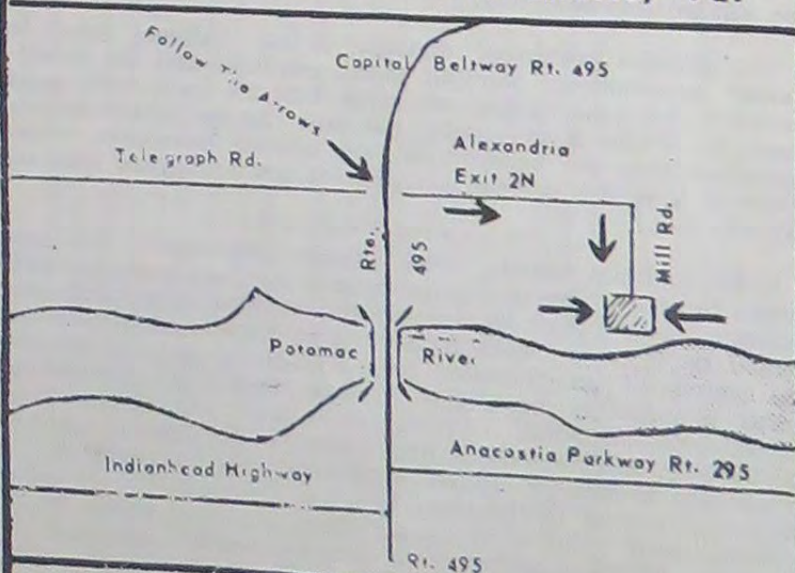
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Admirals Fighting For First Slot In "B" Division

Rain has not been a big factor in the softball season, but when the showers started to come down they washed out the last game of the post-season. The game would probably determine the first slot team for the "B" division in the WAMAC league. The NNMC shares a 10-9 standing with Vint Hill Farms and Walter Reed, which also gives them a fourth slot position in overall league standing. The last make-up game was to be played on August 5, but was rescheduled too late to bring results in this edition. Overall league leaders are Patuxent River, HQ USAF, Security Station, and the three tied teams in fourth place.

The regular season ended in two victories for the Admirals. Anatomy of a win: The Admirals met the Army Medmen of Walter Reed on July 14, revengeing a previous defeat by 2-1. The close duel went into extra innings with a 1-1 score until the 11th when Word collected a hit, followed by a walk from Sloan. Rogers then stepped to the plate, clouted a hit which scored Word to win the game. Rogers further distinguished himself in the game by working 14 strikeouts on the Army.

Rogers repeated his 14 strike-out routine on July 21 when the Admirals met and defeated Security Station, 7-1. Two NMRI players, Schemenski and Fair, both collected two hits apiece to add to the total 8-hit game. The opponent's Hutton slammed a homer in the 5th with nobody on for the only Security tally. Rogers retired the side one, two, three in the 2nd and 4th and allowed the Nebraska Avenue boys only 3 hits.

Post-season play got underway with make-up games. The Admirals met and fell to the Security Station, 4-2, on July 28 and picked up a win by forfeit over Arlington Hall on August 4. The only game remaining to play is with Bolling AFB.

Following the purchase of Alaska by the U.S. from Russia in 1867, the first government vessel into the territory was the Revenue-Marine (forerunner of the Coast Guard) cutter Lincoln.

Town Drivers Neglect Belts

Two-thirds of the people who have seat belts use them during highway driving, a California study showed. However, in town, only one-third of them used their belts.

Dr. Joliet, Chief of the Public Health Service's Division of Accident Prevention, which supported the study, said:

"Many more motorists need to be made aware of the great importance of wearing seat belts whenever they ride in cars. All the research we have supported shows that collisions, even at low speeds, can produce severe injuries to occupants. Seat belts can lessen the severity of injuries."

The study, conducted by Dean Manheimer of the Family Research Center in the California Department of Public Health on a group of 1,850 Oakland drivers, found that 28 percent of the drivers interviewed owned seat belts.

"The big need now," said Dr. Joliet, "is to get everyone in the habit of using belts all the time. We could save as many as 5,000 lives and spare a quarter million hospitalizations per year if everyone wore seat belts."

The statue near Washington, D.C., depicting the historic flag-raising on Iwo Jima, weighs 100 tons. The figures are 32 feet high.

Golf Champ

NNMC intramural golf team wins first half of the league matches, defeating the Fleet Reserve 182.5 to 194.0.

Low net scorers for the center team were:

Decesaris	28.5
Kovarik	29.0
Raffaelli	29.5
Olsen	31.5
Guadagno	31.5
Drake	32.5

Low net scorers for Fleet Reserve were:

Gray	30.5
Springer	31.5
Brown	32.5
Folsom	32.5
Reber	33.0
Jacobs	34.0

As of this printing, the Center team hasn't lost a match. And they have but a few more matches to play. So things are really looking good for the Center team.

NMS Team Presents Latest On NBC Defense

Student flight surgeons at the Naval Aerospace Medical Institute, Pensacola, were introduced to current practices and new concepts of nuclear, biological, and chemical warfare defense by a group of "traveling professors" from the Naval Medical School.

The NMS team, headed by Capt. John H. Stover, MC, spent a week (July 25-29) at the installation, supplying the neophyte flight surgeons with an intensive and comprehensive review of the highly technical subjects. Other team members were: Capt. G.C. Bell, Comdrs. E. H. Gleason, W.E. Beam, and G. W. Werner, Lt. Comdr. J.E. Spahn (all MSCs), and Mr. E. R. Shappell, education specialist. Heading the audiovisual section was Lt. Comdr. W.B. Pitzer, MSC, assisted by HMC F.B. Vane and HM2 E.V. Rice.

This was the team's second visit to the Institute, and it is slated for a return engagement in October. The traveling group has presented its course at the



Capt. Edward U. Austin (right) is the first participant in a new program of Summer training for Reserve dental officers at the Naval Dental School, Bethesda, Md. Officers of outstanding ability will come to the School for 2-week courses in dental specialties.

Capt. Austin, who will study oral surgery, is being briefed on oral surgical procedures by Capt. H.G. Green, Executive Officer of the School. Capt. Austin practices in Charlotte, NC., and is Secretary-Treasurer of the Southeastern Oral Surgery Society and a member of the Hospital Service Plan Committee of the American Society of Oral Surgeons.

PT Takes Play-off, 6-3, For Intramural Laurels

The chips were down to the tune of 9-3 for both NMRI and PT at the end of the intramural slow pitch softball league that required a play-off to determine 1st half champions. If you had listened to the bookmakers, NMRI was an easy favorite, with five varsity players on the team, to take top honors. But slow pitch being a "different breed of ball," the contest was wide open, and the bookmakers were to the tune of a PT 6-3 play-off victory.

Winning pitcher was Gish; losing pitcher Uy (pronounced Wee). NMRI jumped into a 3-0 first inning lead, but was unable to score runners from then on. PT, taking an easier stride, worked four men around the diamond in the second, then continued for additional tallies in the fourth and sixth.

PT, in winning first half honors, assures itself a birth in the league honor section when it faces the winner of the second half. If PT should also clinch second half honors, they will be declared champs, thumbs up, with runners-up of both halves battling for the second slot title.

Also in intramural activity, we anxiously await the outcome of the August 20 picnic duel, X-ray,

which holds the midline in the league, came out strong to defeat NMRI in the Anniversary play. Speculation centers around the notion that they can again do it. At least that is X-Ray pitcher Westbrook's contention. Time will tell.

Softball

The Admirals will journey to Patuxent River on August 20-24 for the NDW softball competition in a double elimination event that will send the winners to Philadelphia to compete in the North Atlantic Regional play.

Photo Contest Open To Mil.

The contest will be conducted jointly by each service and will be hosted by the Department of the Army. The contest is designed to afford both the amateur and experienced photographer serving in the military services an opportunity to compete on a worldwide basis and to have their work judged by leading authorities in the photographic field.

All entries must have been taken on or after Dec. 1, 1964, and must be submitted as either black and white photos or color transparencies in one of the following seven categories: people, babies and children, animals and pets, action, scenic, military life, and experimental.

Black and white photos may be enlarged from a minimum of 80 square inches to a maximum of 480 square inches of print area, not to exceed 24 inches on the

longest dimension. A contact print must be submitted with each enlargement. All color transparencies may be up to 4 by 5 inches maximum in size and must be mounted.

Each service (Army, Navy, Air Force, Marine Corps and Coast Guard) will be authorized to submit 100 entries (50 black and white and 50 color) to the 12th Interservice Photography Contest. Appropriate awards will be provided for first, second, and third place winners and three honorable mentions in each category of both black and white and color groups. The winning service will receive the Perpetual Interservice Photography Contest Trophy.

Each service will soon publish letters promulgating details and specific instructions for the preliminary photo contests to be conducted within its own organization. The 12th Interservice Photography Contest was announced by BUPERS INST. 1710.7.

All military personnel serving on active duty for 90 days or more will be eligible to submit photos for the 12th Interservice Photography Contest, to be held in October 1967.

CIVILIAN NEWS

by Harry Fox

How delighted Susan B. Anthony would have been had she been able to see the Federal government, and how it has been hiring women in droves. Not only is it true that the government is allowing women to be hired on an equal plane with men, but it is actually encouraging the fair sex to enter the Federal Service. And the result of these programs have been very promising. In the last 3 years the number of women in Federal jobs paying \$10,000 or more has increased 26%. But there has been no curtailment of the program to get more women into Federal jobs because it is felt that the present proportion of 76 men to 24 women in the Federal service constitutes an imbalance which the government is trying hard to alter.

The Department of Defense recently announced that a flat rate of \$16 a day will be paid Government employees who are on out of town business for the government. This would appear to be a decided improvement over the old "graduated scales" which paid from \$12 a day to \$16 a day. The new flat rate should simplify accounting procedures concerning business trips.

With September just around the corner it seems appropriate to remind the employees of the National Naval Medical Center that voting is a privilege which should not be overlooked. Perhaps more than other citizens, we who work for the government should understand the importance of elections. Now is the time to register with your county election board so that when the elections roll around you will be allowed to vote.

The civilian personnel division of the National Naval Medical Center is constantly working to fill positions that are vacant and to perform the hundred-and-one tasks that the personnel department must do. While it is usually the case that the accessions are more numerous than the separations, the civilian personnel division hit a new all time high in June, taking on 141 new employees while separating only 23.

NNMC bulletin boards, while always informative, have also been known to be a source of consternation in the past. Confusion as to what bulletin boards were located where and what information should be posted on them has made it difficult to disseminate information with any degree of effectiveness. Now a centralization of bulletin board locations is taking place, with the main three locations to be the Bank of Bethesda, the NNMC Federal Credit Union, and the main Mess Hall in Building 2. The information likely to be found on these boards, in addition to current official regulations, might include: the Attorney General's list of totalitarian, Fascist, Communist, or subversive organizations; political activity poster; personnel policy for civilian personnel in the Department of Defense; appeals systems; standard schedule of disciplinary offenses; code of ethics for government service; and equal employment opportunity poster.

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- 2 Marathon Sedans

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Navy Exchange Starts Lay Away Plan; New Expansions Extend Facilities



A view of the new mobile canteen that brings refreshments to barracks and sporting events. This is only one of the innovations instituted by Navy Exchange to modernize and updating service to its patrons.

Exciting is the only way to describe all the changes and proposed changes that the Navy Exchange anticipates within the next year, many to be initiated in the near future. The changes involve relocations, additions, and innovations.

Funds have been approved for the relocation of the laundry and dry cleaning establishment from its present location to building 115, above the Toyland. This move is many-faceted. First of all, it will free much needed space in the main exchange building. This space will be utilized to expand the men's shop. According to Lt. Morgan, Navy Exchange Officer: "We will then be able to provide better selections of both civilian and military attire." The target date for completion is October.

With the relocation, much added space was gained in building 115. "Although we have plans for future development of this space", Mr. Morgan said, "we can use the space for storage." Since Christmas is on its way and since the Toyland has made a concentration of adding new toys to its shelves, the storage space makes possible a new first in NNMC Navy

Exchange history. A layaway plan for a minimum purchase of \$10 or more for toys is now authorized for patrons. According to the Navy Exchange Officer, the plan is only designed for the Christmas period, but may be adopted on a storewide and permanent basis, depending on the results of this "pilot project." The plan will allow patrons to put as little as 1/3 down and pay the remainder before pick-up of the items in December.

Incidentally, the stock of toys available has skyrocketed. Items available, for example, are chemistry sets, powered racing sets, dolls and doll's clothing, doll's dishes, and a myriad other items to entice and please the young set.

In the "future department" Lt. Morgan was talking about the anticipated moves of the optical and tailor shops to building 115. This also envisages the creation of a small food store in the same building. Mr. Morgan, emphasized that these were plans and could be rejected at any time. The monies for the projects have been requested, but not as yet approved.

Present plans call for the creation of the food store in the location of the Patio Shop and Toyland and moving the latter to the space directly above, in building 115. The store would carry such items as bread and pastries, beverages (coffee, tea, milk, juices, for example), canned and jarred

meats, packaged meats (ham, salami, frankfurters, etc.), meat spreads, canned fish, dairy products, pre-packaged salads, and miscellaneous items such as canned beans, potato chips, condiments, salad dressings, etc.

Centerites should be overjoyed to hear that approval has been won for the expansion of the main Navy Exchange cafeteria in building 2. Work on the expansion will commence as soon as contracts are let, and it is anticipated that completion of the job should come sometime after the first of the year. Plans call for the removal of the walls now enclosing part of the patio and for the entire patio area to be enclosed. This will add an additional 1,200 square feet of dining area. Access to the new area will be provided by opening the wall area between the two existing double doors. The expansion has been needed for a long time, according to Navy Exchange Officer, but the need has steadily increased and such influx of personnel through hiring and clinic visitors has made the situation acute.

Not least in the Navy Exchange programs was the recent addition of a Mobile Canteen that has been in service since late July. The white truck can be seen stopping at the baseball diamonds to provide snacks for players and spectators. The truck also makes the nightly round of barracks. It sells soft drinks, sandwiches, and snack items.

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VOL. 22 No. 8

BETHESDA, MARYLAND

MONDAY, SEPTEMBER 19, 1966

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DEADLINE: 1 NOVEMBER 1966

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EDITORIAL

Write Right Now!

"I know that when my Country calls I must go. For each time the aggressor stalks the weak, and goes unchallenged, the hobbled boot of oppression treads one step closer to me and mine."

TECHNICAL Sergeant Gerard R. Eder, USAF, wrote the above lines. They were included in his 500-word letter, "I Am An American," to Freedoms Foundation last year. He collected \$1,000 for his winning letter.

And now it's time for the 1966 Freedoms Foundation Let-



ter Awards Program. The official "kickoff" is July 1, 1966.

As a serviceman or woman on active duty, YOU are included in this program. YOU TOO can win a cash prize and a trip to Valley Forge, Pa.

Here are the simple rules. The subject this year is: "Defending Freedom Safeguards America." Write or type no more than 500 words on this subject using only one side of the paper. Be sure to print or type your name, rank, military address and home address. Mail entries to Freedoms Foundation, Valley Forge, Pa., 19481. The deadline is Nov. 1, 1966.

The top award is \$1,000. There are 50 awards of \$100, 50 more of \$50. Runners-up will receive the George Washington Honor Medal or Honor Certificate.

What is the Freedoms Foundation? Basically, it is an independent, nonprofit organization not affiliated with any sectarian religious group or political party, dedicated to creating and building an understanding of the spirit and philosophy of the Constitution and the Bill of Rights... (AFNB)

Has Man Created A Metal Frankenstein?

by Ron Bourgea

On the sixth day God created man, and since that day, his creatures have often maligned Him in word and deed. Man may himself be on the brink of a taste of his own medicine. He has created the wonderful machine, the computer, but has suffered a shock to his dignity, as well as to his employability, thereby.

This was brought crashingly to my attention when I recently sent for a replenishment of checks from my bank. The desired items came back to me presently with the following note attached: "In processing many thousands of orders daily on automated equipment, due to the human element involved, there is always the possibility of error, so please verify the account title...."

A radio announcer had this anecdote about the automated world we live in: It seems that a certain man, who was billed monthly by automated processes, received his statement with his name spelled incorrectly. He was proud of his name and, therefore, wrote the manager about the error. The next bill arrived without change. He again wrote the manager. With the arrival of the third incorrect bill, our friend's temper grew short. He penned the following note:

"Dear IBM machine:
For three months now you have spelled my name incorrectly. This

must stop! If it does not, your next bill will be returned to you folded, spindled, and mutilated."

Now that's programming that any self-righteous machine should understand.

A former boss of mine told me this story: A friend had received an automated billing from a store in which he had never entered. Realizing that an error of this magnitude would surely be caught, he simply threw the bill away. Presently he received an automated reminder, followed by several other notices, each more persistent and more bellicose than the first.

His temper was growing short, so when another billing arrived, he sat down at his desk with that fiendish card with its little rectangular holes peering at him. Finally he took a razor blade and very neatly cut a little rectangular hole in the card, just above those that were already there. He returned the card to the company and has never heard from them since....

New Pamphlet On Mouth Cancer

Routine examination of the mouth by a dentist or physician, or even the alertness of an informed individual, may lead to the detection of oral cancer, cause of approximately 4,000 deaths each year in the U.S.

Symptoms, causes, treatment, and research on the disease are discussed in a pamphlet, "Cancer of the Mouth," issued by the Public Health Service.

Most common oral cancer symptoms, according to the pamphlet, are a sore that fails to heal, a lump or thickening, a whitish patch, bleeding, sore throat, difficulty or pain in chewing or swallowing food, or the sensation of something in the throat. The pamphlet warns that many persons delay getting medical attention because problems in this area are so common. However, oral cancer usually progresses rapidly, and a doctor should be seen when a problem persists for 2 weeks.

Pipe smoking and consistent exposure to sunlight are cited as chief factors associated with cancer of the lip, the most frequently occurring form of mouth cancer. Cancers inside the oral cavity are often associated with the use of cigarettes, cigars, pipes, chewing tobacco, and snuff. Chronic irritations caused by jagged teeth or badly fitting dentures, and the excessive use of alcohol, are also believed to have some relationship to mouth cancer.

Previous pamphlets in the NCI series have dealt with cancer of the breast, uterus, skin, bone, lung, stomach, larynx, colon and rectum, and prostate.

Single copies of "Cancer and the Mouth" (PHS Publication No. 1461) are available without charge from the Public Health Service, Washington, D.C., 20201.

The U.S. Navy still has 81 wooden-hulled ships in commission. They are part of the Navy's mine force.

The statue near Washington, D.C., depicting the historic flag-raising on Iwo Jima, weighs 100 tons. The figures are 32 feet high.

Divine Services

PROTESTANT

(Bethesda Chapel, Bldg. 8A)

SUNDAY

0800 -- Holy Communion (Episcopal)

*0900 -- Divine Worship

*1030 -- Divine Worship

*1130 -- Holy Communion (other than First Sunday)

1030 -- Church School, Bldg. 137

MONDAY through FRIDAY

1230 -- Devotions

THURSDAY

1630 -- Holy Communion (Episcopal)

CATHOLIC

(Catholic Chapel, Bldg. 2, Room 206)

MASSES

Daily -- 1200

Sunday -- 0715, *0830, *1100, and 1200

Holy Days of Obligation -- 0715, 1100, 1200, and 1700

CONFESSIONS -- Fifteen minutes before all Masses.

*Free Nursery Care available in Bldg. 137. Convenient parking in adjacent visitors' parking lot "M".

Well, take heart, things are not all that bad. I recently heard that a computer team had been so successful in mate-matching in New York City, that they are now contemplating offices in all of the major U.S. cities, including Washington. We have but one question: We wonder whose decision that was, the man's or the machine's?

A Chance To Know Happiness

by Chaplain J. D. Yetch

God established laws to control the world which He made. He also created laws to govern the lives of the people He placed on the earth. The world, unlike people, does not revolt against God's laws. The earth continues to rotate on its axis and revolves around the sun to give us warmth and regular periods of light and darkness. Winds are born, temperatures change, rains fall, and crops grow according to the laws of nature created by God. We can count on consistency in God's world.

It is quite a different thing with the laws which God made to wisely govern His people. Man can, and does, revolt against and disobey them. Without question man's failure to obey God's laws for his life has wrought heartbreak, hatred, divorce, prejudice, murder, robbery, adultery, and war. Additional evils could be named but these are enough to give us the picture.

The family of mankind would be much happier if men and women would obey the commands God had made clear to us in His Holy Word. We would love our fellowmen, be faithful to our wife or husband, respect the property of others and safeguard it, honor God's Name and worship him faithfully, and we would not slander one another by speaking lies, to mention only a few.

The troubles in our world cannot be blamed on an imperfect world, but rather on the imperfect humanity that inhabits it. We will never be perfect in this life, but there is no reason why we should not try to do better in living happier, more fruitful lives.

It all begins with checking in with the One who created you and the world in which you live. The Education Services Division doesn't have a course in a happy purposeful life, but your Chapel or Community Church offers the basis for it. Go to church every Sunday.

Camp Carefree With Safety

By L. H. Lundy, HMC

If you hesitate to join the millions of Americans who have been caught up in the camping craze this summer because you're afraid of the wilds or the elements found there, forget it. You're probably as safe in a typical state or federal campsite as you are at home -- maybe safer, after you make a few simple adjustments. Statistics from state park records and the National Park System show that you and your family actually have little to fear from nature in the raw. Most camping accidents, an unofficial survey shows, are imported from civilization. What's the most common accident in our national parks? It's the same as back home--the car crash. People, who normally practice safe defensive driving in the home towns or on the highways, once they enter a state campsite become an offensive driver. And consequently, accidents will happen. Next to motor vehicles, the biggest accident causer is the man-made fires. These range from the small campfires over which the absent minded camper is preparing his meals and burns himself on a hot utensil or scalding soup to the supposedly unlit campfire which when left alone spreads into a sprawling forest fire.

Also high on the list of hazards in the outdoors is the animal bite. Want to guess the chief offender? Bears? Skunk? Bats? Snakes? Believe it or not, your fellow camper's dog is statistically the most dangerous beast in the wilderness. The city dog, turned loose (legally, some owners think) to roam the back country at will, often gets into trouble sampling his new freedom. He can cause problems that might mean fines for his master, as well as causing discomfort or even danger to his victim. Not long ago in one state campsite, a vacationer tried to extricate a fellow camper's dog from a tangled leash. For his trouble, he got a painful bite from the excited animal.

Another recent sampling of mishaps befalling campers shows that modern man (or woman) has yet to master the age-old axe. It's not hard to understand that axe accidents are usually serious and that they rank high among the accidents that happen to people in the woods. Campers have bled to death, developed gangrene, suffered serious infections or died from shock and exposure following accidents simply because of their remote location. So keep it in mind when you're "way off somewhere"--any accident will be more serious than it would have been back home.

Camping has always been fun, and now it's even more so. However, nature has allowed some plants, namely the poisonous type, to take root in worked over ground. Exposure to these will dampen your spirits and make you mighty uncomfortable in warm weather. Two of these poisonous plants are poison ivy and poison sumac. The latter grows in the damp areas of almost every state, but mostly east of the Mississippi. Grows as a coarse, woody shrub or as a small tree. Has 7 to 13 leaflets in pairs along a central midrib with a single leaf at the end. Leaves have a velvet smooth texture, bright orange in the spring; glossy green in summer; red orange and russet in the fall.

Poison Ivy grows in all parts of the U.S., except the Southwest. Grows as a woody vine. Stems look like fuzzy ropes. Also grows on the ground as a trailing shrub like a ground cover. The leaves always grow in groups of three. The lateral leaves have short stems. The terminal leaf has a longer stem. Each leaflet is about 3" long. The edges may be quite smooth or they may be notched. Green in summer. Orange, red, and yellow in the fall. Small white flowers grow in clusters above the leaf groups. Fruit is creamy white and wax-like. Distinctive lines like a peeled orange. The poison principal in these plants is five lines like a peeled orange. The poison principal in these plants is the same. Both are of the same genus: Rhus. Treatment for dermatitis caused by them is the same. No one can assume he is immune. While man is not naturally sensitive to the poison and may not develop a rash on his first contact, sensitivity is created by repeated contact. In some cases, one or two; in others, a great many. It is important to recognize those poisonous plants like sumac and ivy. And learn to recognize those poisonous plants like sumac and ivy. And while away from home, you'll stay supremely safe if you manage to avoid the common home-type accidents and traffic mishaps that are, after all, the greatest threat to your safety.

For a safe and carefree camping trip go by the rules. Always drive defensively even on the campsite. Keep the children in sight at all times and organize their games. A new danger lurks behind every tree. Watch your campfire and handle pots and pans with the same care you do at home. Dampen the fire to ensure its out when you're through. And learn to recognize those poisonous plants like sumac and ivy. And while away from home, you'll stay supremely safe if you manage to avoid the common home-type accidents and traffic mishaps that are, after all, the greatest threat to your safety.

Over The Next Hill

Home is a very important word in the language and in the thinking of all peoples. In our own culture, we have the home glorified in such slogans as "home sweet home;" in song with "My Old Kentucky Home;" in literature in such novels as "Home Country;" in poetry, Robert Frost has sung about the concept; and, even in the Navy, many an Attack Transport has boasted that they were "your home away from home."

The slogan that "anywhere I hang my hat is home" presupposes that you want to hang your hat somewhere, even if that might be several thousand miles away. This is the story of the search for that peg upon which Steven Balogh wanted to hang his hat. It covers many years of searching, of wanderlust, of heartbreak; it covers a trek across four countries; and, although the peg has been found after 22 years, his hat has not yet been hung.

Budapest, Hungary, in the 1920's and early 1930's was a pleasant place in which to live. For Steven, time was occupied with all the normal activity of a boy. There was high school and later college where he was studying engineering. Political life was far from his mind and, under president Horthy who had repulsed the Communists in 1919 and become a National hero, things were going on smoothly.

But Steven's father, a successful motion picture director, saw the overtures of war which would one day put all of Europe on the wrack of ruin. He encouraged his son to study English as an extracurricular subject (a move which later proved very beneficial). In 1937 he came to America for a visit and returned with glowing accounts for his family. He was determined that the family should move there, but, the crisis being what it was, his pass-

port was revoked and he was inducted into the army. The War is recorded and needs no amplification. One step ahead of Communist takeover, the Balogh family evacuated Budapest. In December 1944, Steve left school, alone, with a few dollars in his pocket, and headed west, with the idea of joining his mother and sister in Vienna, where, once arrived, he found none of his relations. "My only thought then was to move West as fast as I could."

By train, truck, shank's mare, anyway he could, Steve moved out. He made it to Passau, Austria, and, along with thousands of other refugees, lived as best he could. In Bayreuth, Bavaria, about two months later, he met his first American soldiers. His knowledge of English served him immediately. He met an American soldier of Hungarian descent, and with his new friend's help, he was allowed to work for the occupation forces. In payment for his work in the motor pool, Steve got food and cigarettes. He lived in a converted restaurant which housed many people like himself.

Until the arrival of the 9th Air Corps, Steve's life was tenuous. But the men of the 389th fighter squadron "adopted" him and even gave him a place to sleep in their barracks. He was allowed to work on truck motors rather than restricted to repairing flats as he had been. When the unit moved to Fritzlar, Germany, Steve moved with them and started to enjoy a rather comfortable position. He was officially recognized and given a salary in return for his labor in the pool.

Time went by and Steve worried much about his family. He had heard that they had returned to Budapest. He asked for and got leave to return, but when he got to Vienna, he found that his father and eldest sister had gone to Genoa, Italy. Returning to Germany he found that the situation had altered. German administration had taken over and he was regarded as a displaced person.

What to do? He could not return home. Yet, he could go nowhere else—he had no passport. His father's descriptions of the U. S. haunted him. He knew enough of the Americans by now to like them. He would go to America! He and a friend made their way through Germany and Austria. Italy was just across the Alps. They met Tullio, an Italian smuggler who promised to show them into Italy, but the Austrian authorities caught them and threw them in jail.

Steve felt that his case was hopeless, when a brilliant flash crossed his mind. In those days refugees were everywhere, and it

was the policy of the police to send the refugees back to the country from whence they came. He explained to the authorities that he had been living in Italy and, when caught, was attempting to reach Vienna where his family was. The ruse worked. Very apologetically the Austrians shook their heads and told him that he must return to Italy. They even showed them how to cross the Alps without being detained by the Italian authorities!

By this time Steve and his friend were penniless. They lived from hand to mouth, in constant fear of being apprehended and sent back. Meeting Tullio (the smuggler) again, he helped them make their way to Genoa where Steve learned that his father and sister had immigrated to Argentina. He sent letters and waited. In the meantime he slept on the beaches and frequented the docks for odd jobs.

Steve affects the "look of an American merchantman," or so he thinks, in order to throw off suspicion that he was a refugee, without passport or money. It was not too long after this picture (in front of the Christopher Columbus statue in Genoa) that he set sail for the Americas of his dreams.

The situation was intolerable, and he was just about to sign on a merchantman bound for Australia when a letter arrived for him with his passage to Argentina. The new world opened new horizons. He stopped in Buenos Aires only long enough to learn Spanish (He speaks Hungarian, German, and English fluently and comprehends French and Portuguese). Then he headed for Salta where he worked for a mining company. Eventually he became part owner of the Andes La Poma Mining Co. He enjoyed the area very much. It was here he met and married Ada Napoli. The Baloghs now have a daughter and a son. Eventually he gave up the mining interests and moved to Rosario where he went into sales and advertising for a technical supply company.

But the U. S. was still on his mind. He had applied for admission when first arriving in South America, but he was placed on a 10-year waiting list. In the meantime he found that he was able to enter the States on his wife's nonquota status (Monroe Doctrine). So in 1959 the Baloghs headed for the U. S. Promptly Steve applied for citizenship, and he started his 5-year wait. But unfinished business in South America had to be attended to so in 1963, they returned.

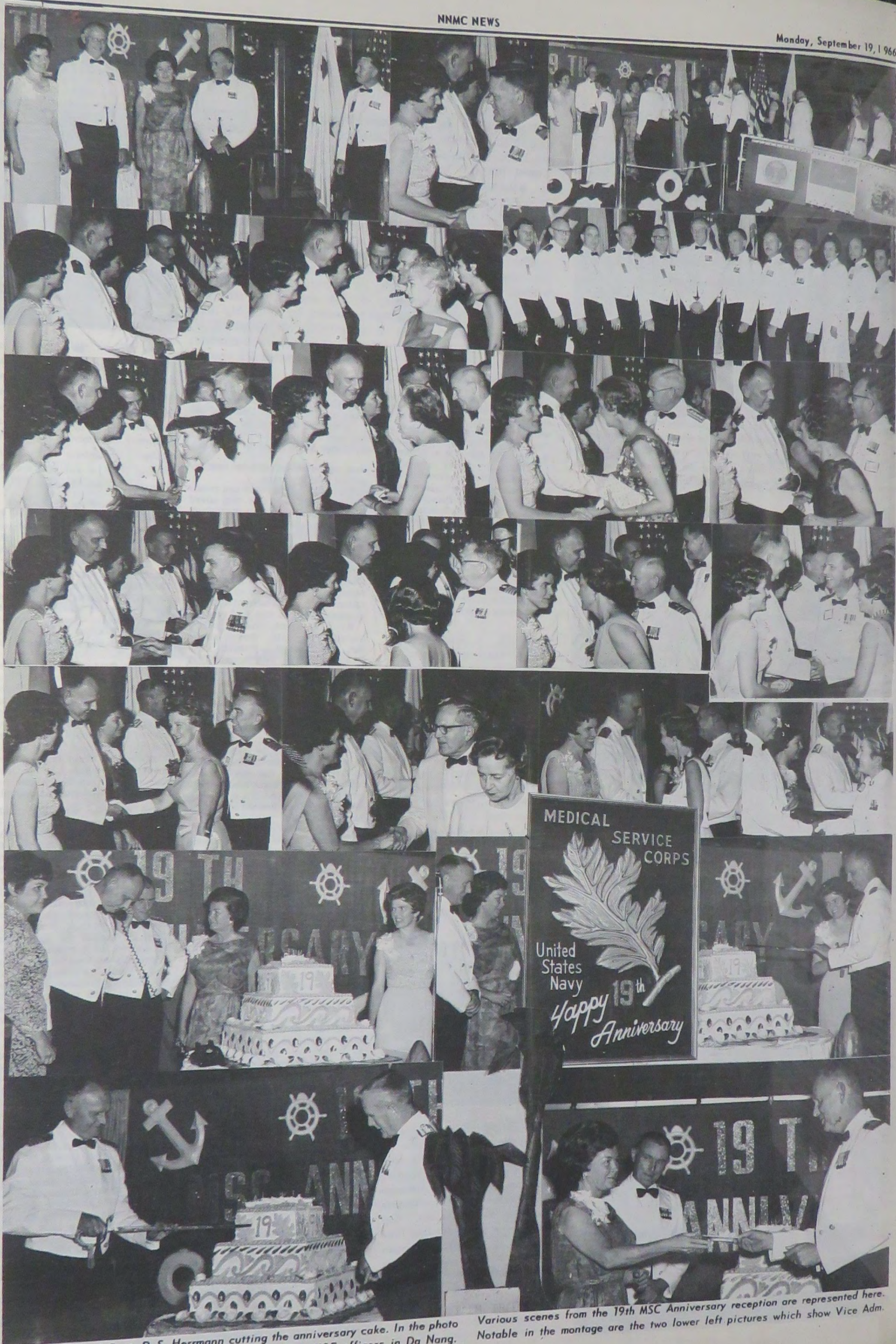
It was not until 1965 that he was able to come back. "I'm back to stay, this time," Steve said. "It's been a long trip!" He found, that in leaving the country in 1963, he lost his time-towards-citizenship requirement. "I've started the waiting period all over again," he announced, "and it is worth it. I feel that I am finally home."



Although Steve Balogh was born in Budapest and the city life was all he knew, scenes such as these were common enough to him. This is a scene at harvest time, not too far distant from the Hungarian capitol. The ladies, bedecked in native costumes, were on their way to make hay in the surrounding fields.



Steve Balogh as he appears today. He presently works for the Navy Exchange. He handles the department's vending machine department. Although his whole family has become citizens, Steve has not. Circumstance has prevented this, but he is patient and knows that in a few years his time will come and his lifelong dream will have come true.



R. B. Brown and Capt. R. S. Herrmann cutting the anniversary cake. In the photo above, Capt. Herrmann makes a "hot line" call to MSC officers in Da Nang. Various scenes from the 19th MSC Anniversary reception are represented here. Notable in the montage are the two lower left pictures which show Vice Adm.

MONDAY, SEPTEMBER 19, 1966

NNMC NEWS

"While We Die On A Hill For That Freedom You Abuse..."

by Jim G. Lucas
Scripps-Howard Staff Writer

CHU LAI, Viet Nam--"What is peace without freedom, or existence without future? I'll tell you, and show you, in Viet Nam, China and Cuba . . . Wave your banners of protest, student, and throw your paint and rotten eggs, demonstrators, while we die on a hill for that freedom you abuse. In 10 years, this broken body would be yours, protesting unheard. A turned back invites only bullets, and cowardice buys fear."

Marine Cpl. Lester Wesighan of Branchville, N.J., wrote that before he died. He did not mean for it to be prophetic, though his buddies, who found it in his locker, believe it was and is. Nor did he write it for publication. It expresses an editorial judgement, and these are for civilians, not Marines.

First CC to Die

Les Wesighan was a Marine Combat Correspondent. By all accounts, a good one; certainly a brave and honorable one because he died trying to save another Marine. Les Wesighan was the first Marine Combat Correspondent to die in Vietnam. He joins Dick Murphy, Sol Blechman, Bill Key, John Barberie, and the others in an illustrious company of fighter-writers.

Les Wesighan was 25 years old. He attended a small college somewhere in New Jersey--biographical facts are hard to obtain about a dead man 10,000 miles from home--and was a Naval Aviation Cadet before he decided he would rather be a Marine Combat Correspondent. He told his friends he had a newspaper job lined up in New York when he left service. That would be when the war was won. He also left a poem. He wrote it last fall.

"Fighting men clash and die amidst gloryless pools of blood. . . Raw trigger fingers sleep eternal for foes unseen,

As softer memories of distant homes bring lapses of mind at times,

Following paths that never exist. I ask, where is his glory?

Not here, But in the hopes of those who trust him dearly."

The Marine Combat Correspondents of 1966 are inclined to stand in awe of us old-timers. This is natural enough, for we are part of their tradition. Our exploits have been drilled into their consciousness, our failures glossed over. We are amateurs, they say, you were the pros. What they cannot now know is that, in our day, we were amateurs, too.

Marine Cpl. Ken Henderson of Imperial Beach, Calif., was Les Wesighan's partner and friend. Together, they constituted a Writer-Photo Team. Where one went, the other went. They were together on Operation Utah.

Ken is 21 years old. He came into the Marines directly out of high school. He is a baby-faced boy who looks even younger than he is. Ken did his best to save his friend. But when he got to him, Les Wesighan was already dying. He was dead before Ken left. Ken Henderson killed the Viet Cong that killed his friend. There is scant satisfaction in that, because the awful fact is that Les is dead and nothing can alter that. You never expect it to happen to anyone that close to you, Ken Henderson says.

Henderson talks in the stilted phraseology of professional fighting men. He seldom leaves any place; he "exits" it. His account is terse, laconic. Emotion shows only in his eyes, and an occasional break in his voice.

"We hold-ed in," he says. "Les and I were a team. One chopper

was shot down. We had done about 500 meters when we were hit. We moved up on a line. We were being hit with everything."

Here Ken Henderson becomes no longer just a professional Marine, but also a frightened boy.

No Time For Story

"We were having to fight for our lives," he said. "We didn't have time to take pictures or think about the story."

Wesighan and Henderson fought for a long time alongside other Marines. There were dead and dying all around them. A Lance Corporal named William W. Brown was hit behind the left ear. Wesighan and Marine Pfc. John D. Rose of Chicago, another photographer, dragged him 15 yards to the partial security of a Vietnamese burial mound. They burrowed into the grave. The battle raged all around them.

Rose started for help, and Wesighan stayed with the wounded man. Brown was alive, but delirious.

"Three were Viet Cong behind us and on our left flank," Henderson recalls. "Rose went a few feet and had to take cover in some tall grass."

Wesighan stood up and waved his arms, yelling for a corpsman.

"That was foolish," Ken Henderson says, "but it was brave. It was foolish because no corpsmen were available. We had six at the beginning. Three were dead and three had been wounded. Les was killed because he waved his arms and drew their attention. He was a perfect target."

Wesighan was shot in the back of the head.

"When I got to him," Henderson says, "he was lying on his face and still moaning for a corpsman."

Ken Henderson doesn't say how he got there. Others say he jumped and ran to his friend.

Wesighan died minutes later. Brown was still conscious, but out of his head. Henderson had trouble keeping him down. He ordered Brown to "play dead" and he would try to get him out. Brown must have understood, for he became quiet. But Henderson found it impossible to move. He lay there, he thinks, 45 to 50 minutes. Then:

Had To Play Dead

"I saw this VC coming out of the bushes maybe 30 yards away. I whispered to Brown to be still. Then I shot him, the Viet Cong. I emptied half my magazine and he fell. These were the last rounds I had."

Henderson remained with Brown at least two more hours. He "could hear them talking all around us." Finally, he felt it was safe to move. He again told Brown to play dead. But he'd done but a few feet when he heard a shot. That was when he believes the Viet Cong finished off Brown.

"Our own mortars were coming in on us," he recalls. "I lay there shaking. Eventually, I went back to Brown. He and Les were both dead. He'd been dead quite a while."

Darkness was coming on. Henderson and Rose were in tall grass. They were, as far as they could determine, the only living Marines around. Just before dusk, they heard someone shouting "Hey, Marine!" They did not answer. The Viet Cong also used that call.

"We Were Out of Ammo"

After a few minutes, they spotted five Marines and answered. The two groups joined up. They de-

The author was one of the first Marine combat correspondents in World War II. In four years, he saw action in eight island campaigns, including Tarawa and Iwo Jima. On Tarawa, he received the Bronze Star and the National Headliners Award for the best combat reporting in 1943. In Vietnam--23 years after Tarawa--he has met a new generation of CC's. In this article, he describes a few of them.

cided to make a break for it. Henderson and one other made it to a tree line.

"But," Ken says, "the VC saw where we had come from and opened up. The awfullest part was being without ammo. We were; I was, anyhow. They seemed to have everything."

Rose and four others were pinned down. Eventually, they crawled to safety. They had to. A white phosphorous mortar hit nearby and set the grass on fire.

It was dark now. The party eventually crawled into our lines and there spent the night under sniper fire. After what they'd been through, that wasn't too bad, Ken says. Rose discovered he had been nicked by shrapnel.

Ken Henderson, Bob Branham, John Rose and the others took very few pictures on Utah; Les Wesighan never got to write his story. That job in New York will be filled by someone else.

"I'll go out on the next one," Ken Henderson says. But it won't be the same. You don't expect it to happen to someone as close as Les."

One thing I'm sure of: These boys aren't amateurs any more, if they ever were. They're pros. And they're every bit as good as we were. Damn it, they're better.

Vietnam Boy

by Sgt. Bob Barry

Tuy Hoa, Vietnam--In the small operating room of Tuy Hoa Province Hospital an 11 year old boy was given his first chance at being one of the boys. For the first time in his young life he had complete use of his left hand.

Nquine Long was burned when he was just a baby. His left hand could be moved but that was all, he had no control of it. Doctor (Captain) William H. Mitchell saw the boy and compassion and professional know how did the rest.

The 27 year old plastic surgeon approached the boy's father for permission to operate. "I was convinced I could help him," Mitchell said. At first Mr. Long was apprehensive, but after a detailed explanation of the operation, he consented to let the doctor operate.

Nquine now has at least 90 percent use of his hand, and its not completely healed. "I believe the operation was a complete success" said Doctor Mitchell not long after the procedure.

People of Tuy Hoa whom he has never seen before shake his hand as a gesture of thanks and friendship.

Vietnam Corpsmen



Maj. Gen. Lewis B. Robertshaw, commanding general, 1st Marine Aircraft Wing, wipes the brow of a Marine wounded during Operation Hastings. HN D. J. Breton holds a bottle of glucose being administered to the wounded man. Corporal Richard C. Perkins (center) does minor surgery on a boy from a Viet Cong 60mm mortar barrage. (Bottom) HM2 Charles Lawson plays with his two-year-old patient "Little Eddie," who weighed only 14 pounds two months ago. Since then, doctors and corpsmen at the 1st Bn., Third Marine Regiment's Hoa Khanh Children's Hospital have been working with the child, and he has more than doubled his weight, appetite, and strength. He recently took the first steps of his life. (Official USMC Photos).

QUOTES Secretary of Defense

"The planet is becoming a more dangerous place to live on -- not merely because of a potential nuclear holocaust--but also because of the large number of de facto conflicts and because the trend of such conflicts is growing rather than diminishing. At the beginning of 1958, there were 23 prolonged insurgencies going on about the world. As of Feb. 1, 1966, there were 40's."

"Security is not military hardware -- though it may include it. Security is not military force -- though it may involve it. Security is not traditional military activity -- though it may encompass it. Security is development. Without development, there can be no security."

"Military force can help provide law and order -- but only to the degree that a basis for law and order already exists in the developing society: a basic willingness on the part of the people to cooperate. The law and order is a shield, behind which the central fact of security-- development -- can be achieved."



Vietnam Rat Problem

SINCE U.S. Forces landed in Vietnam one of the problems has been conquering the overwhelming population of rats. It is doubtful that there is a single camp anywhere in this war-torn country that is free of these disease-carrying predators.

The Marble Mountain Air Facility in Da Nang is no exception. However, due to a recent operation launched by corpsmen there, the rat problem is being obliterated. The medicalmen have captured and executed 120 rats over a three-day period. A total of 300 wire spring traps are emplaced throughout the living area of the camp and some 200 more are on order.

Uric Acid Linked With Mental Retardation

A field study team of medical investigators from the general clinical research center at the University of Miami, recently began tracing victims of a strange, gout-like syndrome that causes severe mental retardation and cerebral palsy in male infants, the U.S. Public Health Service announced.

The team, composed of pediatricians, social workers, and nurses, has traveled through Alabama and Florida to examine members of several families in whom almost half of the male children are suspected of having the disease.

The primary symptoms of the syndrome, which appears at about the age of four months, are severe mental retardation coupled with abnormally high levels of uric acid in the blood. High uric acid levels in adults produce a different disease called gout, a painful arthritic condition caused by the accumulation of urate crystals around the joints. In infants, elevated uric acid levels or metabolic abnormalities that cause high levels apparently have toxic effects on the developing brain and bring about mental retardation and cerebral palsy. Usually the condition becomes so severe that victims must be institutionalized by the age of puberty.

Hypertension Most Common

A nationwide survey of American adults revealed that hypertension is the most commonly encountered form of cardiovascular disease. An estimated 17 million Americans, ages 18-79 years, have definite hypertension.

The survey further showed that 10.5 million adults suffer from definite hypertensive heart disease which is a consequence of hypertension. The study was conducted by the National Center for Health Statistics in 42 areas of the Nation from October 1959 through December 1962.

Men were found to be more susceptible to definite hypertension than were women, under 50 years of age. Above this age, the relationship reversed.

The study indicated that for every age group the prevalence of definite hypertension was approximately twice as great for Negro adults as for white adults. Single copies of the report may be obtained from the Office of Information and Publications, National Center for Health Statistics, Public Health Service, U.S. Department of Health, Education, and Welfare, Washington, D.C. 20201. The report is "Hypertension and Hypertensive Heart Disease in Adults, United States, 1960-1962" (PHS Publication No. 1000, Series 11, No. 13).

Skin Test Sought For Heart Disease

A group of patients--some with too much fat on their bodies, with too much in their blood--are aiding in a search, in the hope that a simple skin test may be developed to find a susceptibility to heart disease. Regularly, they give skin samples to Dr. Robert Griesemer, a Dermatologist who is conducting a Heart Association research project.

They are valuable to the study because they are under carefully controlled conditions, and eating medically-manipulated diets. Their personal and family histories are painstakingly noted and studied, since there is evidence that heart disease susceptibility may be familial.

Dr. Griesemer is studying the work of the skin in manufacturing squalene, a substance much like cholesterol, and fatty acid. Because there is not only great variation among patients, but in individuals, the skin must come from the same part of the body in each instance.

Dr. Griesemer believes a difference exists between the way in which fatty substances are made or used in the skin of healthy persons, and those with coronary attacks.

There is already a high-cholesterol level, the skin fails to manufacture much more of it, turning instead to the generation of fatty acids.

The skin has an outer and inner layer which provides information on how the body handles fatty substances. Since abnormalities in making or using fat are widely thought to play a role in some forms of blood vessel disease--especially those involving the coronary arteries--Dr. Griesemer uses skin taken with punch biopsies. The bits of skin are exposed to solutions of simple food substances "tagged" with Carbon 14.

The skin uses the "tagged" food elements in producing fatty substances, and the tracer allows Dr. Griesemer to measure the radioactivity of the fatty material produced.

He has found that patients on diets consisting largely of fats will synthesize fatty acids more rapidly than others. When they are fasting, the process diminishes to zero. And when the patients are on fat diets and also take a thyroid hormone called tri-iodothyronine, the system again fails to synthesize the fatty acids.



Dr. Wyckoff Is New AFRRI Deputy Dir.

Dr. Harold O. Wyckoff, internationally known scientist in radiation research, has been named Deputy Director (Scientific) of the Armed Forces Radiobiology Research Institute (AFRRI). He began his duties Monday, August 8.

In his new position, Dr. Wyckoff will be responsible for overall management of the current programs of the four AFRRI research departments and for initiating new phases of the radiobiology research program of the Institute.

The AFRRI conducts research to better understand the effects of ionizing radiation on biological specimens, particularly as related to man. The Institute is physically located on the grounds of the NNMC, although it is an integral part of the Defense Atomic Support Agency.

Dr. Wyckoff comes to the AFRRI from the National Bureau of Standards, where he was chief of the X-ray Standards Section. While there, he was responsible for international comparison of national standards in this area.

Dr. Wyckoff had been with the National Bureau of Standards since 1941. He has dealt with a wide variety of radiation research, especially in X-ray.

Born in 1910, Dr. Wyckoff holds a B.S. degree (1934) and a Ph.D. degree (1940) in physics from the University of Washington. He is a member of the Radiological Society of North America, the American Association of Physicists in Medicine, the American Physical Society, the Health Physics Society, the Radiation Research Society, the Philosophical Society of Washington, and the American College of Radiology.

He serves on a variety of governmental and international committees related to radiobiological research. He has authored numerous papers, primarily in the areas of radiation measurement and radiation protection.

Changes in hyperlipidemia patients resemble those in the obese, but to a greater extent.

Process Yields 3 Kinds of Recordings

In a joint effort with NIH, the National Naval Medical Center recently made use of a system of motion picture production known as Vidifilm.

This system produces several types of visual records at once. A video-tape is made that can be played back immediately. Concurrently, a regular motion picture film is produced, as well as a kinescope which may be used as a rough-cut, work-print for a motion picture.

This combination of recording techniques is made possible by mounting a television camera and a motion picture camera side-by-side on the same tripod.

The result of both cameras using the same optics and working together is the simultaneous production of a videotape, a motion picture and a kinescope.

During military personnel inspection at NDS on August 19, the School's Commanding Officer, Capt. K. L. Urban (right) presented letters of appreciation and commendation to (from left) Comdr. Roger H. Howard and Mr. Melvin W. Lackey, both of the Publications Department, and DTCS Dominic G. Zaia, formerly of the Enlisted Education Department. Comdr. Howard was commended for developing an outstanding new officer correspondence course, "Diagnosis of Lesions of the Oral Mucous Membrane," and Mr. Lackey for his work on the assignment book for the course, while Chief Zaia was commended for superior performance as an instructor in the advanced prosthetic school despite the fact that he was hospitalized for a broken leg shortly after the class convened last February and still has to use crutches.

Also commended, for presenting the most outstanding military appearance in their respective companies, were DT3 Patricia Borth of the Periodontics Department, DT1 R. A. Lewis of the Publications Department, and DT3 J. L. Novak of the Material Liaison Office.

Honorary members of the inspecting party were Capt. J. J. Jacobs, Administrative Officer, and Capt. S. E. Tande, Head of the Audiovisual Department, both of whom are being transferred during the month of August. Guests witnessing the inspection

ceremonies include staff members' families and civilian employees of the School.

Center News:

August was a busy month for the Center Personnel Office. Congratulations go to HMCS William Evans and SH1 Felino Federe for their advancements to their present rate. Good-byes were said to HM2 William Huelsdonk and HM2 Carlos Ortiz; both were transferred to 3rd Marine Division. Ortiz received a letter of commendation from Rear Admiral Davis for his work in Operating Services. A letter was also presented to SD1 Herman Collins, upon his transfer to the Fleet Reserve, HN Stanley Pielicha and HM3 Nicholas Diluzio received letters of appreciation upon their release from active duty. Also leaving in August was Lt. (jg) Nicholas Clem; he is attending Cornell University in New York.

Welcome aboard to: SAs Thomas Ballinger, Lawrence Manley, Richard Pendolphia, John Harvey; HNs Richard Alberti, Vidal Fresquey; TA Francisco Alcasid; TN Jaime Escano; HM1 Donald Lawrence; SHC Lewis Moore; and SDC Pedro Sablan.

The term "Sundowner" derived from strict Navy ship captains who once required that all officers and men be aboard by sunset; now used for a martinet or strict disciplinarian.



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Monday, September 19, 1966

Civilian News

by Harry Fox

With an "open season" just around the corner (14-30 November) it might be a good idea for the civilian employees to check over their Health Benefits Insurance to see if they want to change any of the aspects of it. Not only can employees change the option of their policy from "high" to "low" or "low" to "high", but they can also change from "self only" to "family and self" or the opposite. Finally, the very policy itself can be changed, if the employee is not satisfied with it. Indeed, so many aspects of an employee's Health Benefits Insurance can be changed that this period is very accurately called "open season."

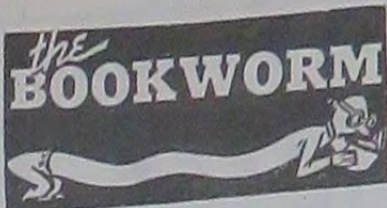
Quite often one hears the cry that in purchasing U. S. Savings Bonds the citizen is exercising responsible judgment and good citizenship. Quite right. Savings Bonds help the United States to be strong, militarily and economically. But there are some who don't respond as well to patriotic appeals as they do to requests of a more materialistic nature. Therefore, let me take this opportunity to mention that Savings Bonds are not only patriotic, but profitable as well. As a matter of fact, the interest rate on Series E and H Bonds is now up to 4.15 per cent, the highest in history. So, if increasing the solidarity of the United States doesn't appeal to you, how about improving your own financial status? Buy bonds. Everybody profits.

HAVE YOU BEEN TRAVERSING AN OUT-OF-BOUNDS AREA? Certain areas on the NNMC reservation are out-of-bounds to personnel. Try the following list of out-of-bounds areas and if you haven't been guilty of a single time give yourself a pat on the back:

1. Wooded areas (except the Recreation Area and Golf Course) are out-of-bounds without written permission from the Security Officer, NNMC.
 2. The area surrounding the Commissioned Officer's Mess (O) Building 11 is out-of-bounds to all civilian and enlisted personnel.
 3. The area surrounding WAVES quarters (building 125) is out-of-bounds to all civilian and male personnel (naturally). Similarly, the area surrounding Male enlisted barracks is out-of-bounds to all civilian and female personnel.
 4. The area north of Taylor Road from Van Reyden Road to the greenhouse entrance area is out-of-bounds to all personnel except those on official business and residents of the area.
 5. The entire area surrounding the Naval Medical Research Institute and Navy Toxicology Unit complex is out-of-bounds after 1700 except to certain authorized persons.
 6. The area surrounding building 115 is out-of-bounds after the Navy Exchange Facilities close except to certain authorized persons.
 7. The area surrounding building 23 is out-of-bounds after the various activities in the building have closed for the day except to security and Fire Patrols.
- Wandering about these areas during the out-of-bounds periods is likely to provoke unfriendly behavior from some of the Security guards.

Angela Bonello of 3200 16th Street, N. W. (near Park Road and Columbia) is interested in getting a ride to and from the Medical Center. If you live nearby and would be interested in giving her a ride she can be reached in Out Patient Clinic, ext. 7111.

Unable to reply on the varied and conflicting reports that one hears concerning pay rates of clerks and typists in private industry, the Bureau of Labor Statistics undertook a survey to find out the pay rates of non-government employees in the Washington labor market area when compared to the pay rates of the government. According to this survey of May, 1966, 70% of the non-government employers hired office clerks at a salary below GS-1, step 1. Moreover, 60% of the typists in private employ are paid on an average of GS-2, step 3. Anyone for government employment?



By Lil Chitwood

READING IS THE BEST MEDICINE FOR A SICK MAN THE BEST MUSIC FOR A SAD MAN. THE BEST COUNSEL FOR A DESPERATE MAN AND THE BEST COMFORT FOR ONE AFFLICTED

New books for your enjoyment in the Crew's library:

One Minute of Time - Hickling
Crusades - Oldenbourg

Fine Art of Hypochondria - Goodman (This is a delightful book.)

Ninety and Nine - Brinkley
Case of the Worried Waitress - Gardner (Our mystery enthusiasts will like this one.)

Indian Summer - Knowles
Come Back, Geordie - Walker

If you prefer brushing up on your electronics or integrated data processing systems, come in and browse. There are very few subjects we do not cover.

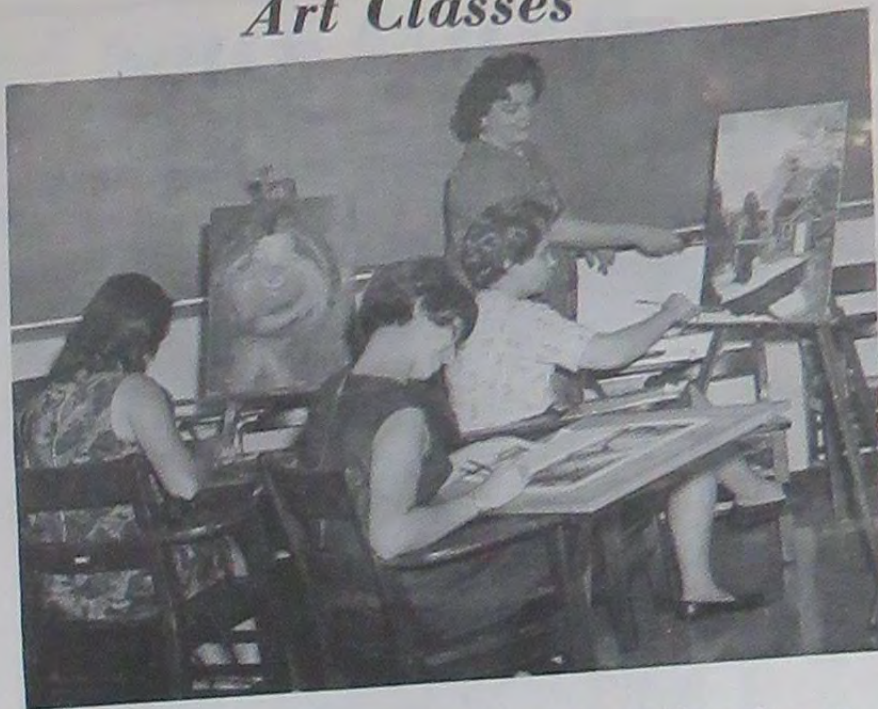
Health, Retirement Benefits Contained In Salary Act

An important part of the recent Federal Salary and Fringe Benefits Act concerns the changes in the Health Benefits program. Due to the fact that the Federal Government has assumed a larger share of the costs of the Health Benefits plan, employees covered under the Federal Employees Health Benefits program will pay \$.98 less if they have the family coverage and \$.38 less if they have the "self only" enrollment. Another change effective at the same time concerns the raising of the age of covered, unmarried children from 21 to 22 years of age.

In addition to changes in the pay rates and Health Benefits plan the Federal Salary and Fringe Benefits Act also liberalized certain provisions of the retirement regulations. Previously, a Federal employee with only 20 years experience could not make use of the retirement option until he reached the age of 62. Now, however, the age has been lowered to 60. Thus a Federal employee with 20 years experience who has reached 60 years of age may voluntarily retire with an immediate annuity.

Another improved aspect of the retirement program is that voluntary retirement is now allowed for employees 55 and older with 30 years of service. The reduction in annuity that was formerly a feature of retirement at 55 is no longer in effect. Finally, starting 1 September 1966 the survivor annuities currently being paid will be increased by 10 percent.

Art Classes



ART CLASS—Instruction in oil painting for staff members on Wednesdays in Room #45, Bldg. 7, from 1800 to 2000. Great fun! Beginners Welcome! Individual instruction in small congenial class. For additional information, call the Instructor, Mrs. Alma W. Alderson, Senior Chaplain's Secretary, ext. 423.

Position Management Defined To Select NNMC Audience

A very enlightening discussion of a relatively new program, position management, led by Mr. Samuel Masse of the Office of Civilian Manpower Management resulted in a much better appreciation of what the new program is all about for a select number of military and civilian personnel at NNMC. The meeting took place on August 17.

In his address, he defined position management simply as an intelligent utilization of our most valuable resource--manpower. Mr. Masse was quick to point out the program was more than just another name for "grade escalation control;" that the major thrust of position management program was to place responsibility more squarely and firmly on the shoulders of the manager/supervisor. However, in order that he may carry out this responsibility in a more effective manner, the program provides for assistance and expertise from several alternative solution. In effect, "the seat of the pants" approach commonly used will be replaced by a more sophisticated "analytical" approach.

Although Mr. Masse concurred that cost reduction was a major goal of position management, he pointed out that increased effectiveness, enhanced career patterns, increased motivational aspects of positions, etc. was of

equal importance. The big payoff equal importance. The big payoff, however, could be the removal of "meat" controls and restrictions which, as most every one will agree, difficult to live with. He stated further that we must shed out the non-professional work performed by our top level employees and channel it to the proper grades.

In closing, Mr. Masse stated that Navy field activities could expect increased emphasis on position management from SECNAV and Office of Civilian Manpower Management levels.

The first naval officer to become an admiral was David Glasgow Farragut, so appointed on July 25, 1866.

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Mrs. Headley Tells Story of Nursery



Mrs. Headley and some of her charges. "More like Chargers," she would say. If patience is the mother of all virtue, then Mrs. Headley is surely the most virtuous of all women!

"Never a dull moment" or rarely a quiet one is certainly an apt description of the Day Care Nursery. Here are some of the stories, filled with diapers and humor, one simply cannot forget. I remember one little boy kicking and yelling because someone had taken a toy away from him. "Temper, temper," I gently admonished him. He looked at me disgustedly and yelled: "My name isn't Temper, it's Peter."

Then there were three little boys proudly telling of the new baby brother at their house. The third little boy, who had been listening patiently, suddenly burst out with "and we have a new baby kitten at my house." That one will never be outdone in this world!

I have to fill in some of the background for this next story. "Sore throat" had touched nearly every member of a little girl's family. You can just hear this child being told not to get too close, or she might get it too. She and another little girl were happily engrossed with dolls and dishes, but were becoming quite annoyed with one boy who kept trying to intrude. Finally, she advised him: "If you don't get away from us, I'll give you a sore throat."

Many terms are used by the children; they all boil down to: "I have to go to the bathroom." I remember the day one little

girl kept whispering to me. "I have to spend a penny." I kept telling her that there wasn't a thing she could buy in the Nursery. Imagine my chagrin a couple of hours later when I learned from her mother what she really wanted.

Most of the children call me teacher; some even call me grandma. One child in particular looked forward to his visit at the Nursery because he loved the teacher's grey hair--couldn't understand why his mother's hair wasn't grey also.

I must tell you about one of my bright little boys. I love to tease him because he always brings such a substantial lunch--two sandwiches, just about two of everything. I would say: "Good, honey, you brought lunch for me, too." Now when I help him to open the baggies he hands me a pop tart and says: "This one's for you. That's all you get!"

Very often mothers will ask: "How do you stand it?" This question always reminds me of one toddler's first visit to the Nursery. About three weeks later, I was shopping at our Ship's Store, when I suddenly felt a pair of little arms around my knees. I looked down to see this child who had only seen me once before, smiling up at me with affection. This, of course, is the answer.



Question: What do you think of the current talk about drafting women for military service?



Leslie A. Burke, HN, Eye Clinic, NH.

With the situation the way it is in Vietnam, we are going to have to have someone to replace all the men that are being shipped over there.

I feel that many of the service rates could be filled by the women of the country as well as the men, with proper training. And if the women really want to serve their country this would be a good way.

Also I feel that women in the hospital field, in particular, who are specially trained in special departments, should be permitted to serve in field hospitals and aboard hospital ships.

Lois V. Sharps, DT3, Operative Dentistry, NDS.

I think that any such discussions about drafting women for military service will terminate in the circular file. Unless this country declares itself at war, I personally do not think that it would be a good idea.

I think that in a state of emergency all able young women would respond to the needs of their country without coercion from the government. Drafting women could only end in more expenses being put out and very little profit coming in. By this I mean that if a young lady has to come against her wishes, by the time she finished an "A" school, she probably would have found some way of getting an "early out."



Anita L. Leonard, HN, Eye Clinic, NH.

I think women should be drafted into the service if needed. It is our country too, therefore, why shouldn't we have to serve it? While the men are overseas, there are many jobs we can take over; for example, in hospitals and in offices.

Janice K. Draus, YNSN, Educational Services Office, NNMC.

It's ridiculous! What woman wants to go through the first eighteen years of her life wondering if she's going to be drafted on graduation day? Is it getting so bad that they have to draft women to take the place of the men who are trying to dodge the draft? In my opinion, the majority of the women of America would not take it sitting down.



Sharon Cosgrove, JO3, Public Affairs Office, NNMC.

Stone Lake



If you missed the last gala picnic, there is still enough good weather to let your family enjoy the new Stone Lake "new look." Above, top, a view of the kiddie swings and seesaws; middle, the new, colorful tables and benches invite the picnickers, below, the "grown up" swings, slide board, and merry go round.

In Capsule Form

LIFE SAVING was the subject of two station newspapers, the "Pacemaker", USNH Charleston, and the "Gator", USN Amphib. Base, Little Creek. The "Pacemaker" reported on two HA's efforts to stop arterial blood flow as the result of an auto accident that they witnessed. The attending doctor stated that if the young men had not rendered aid, the patient "would not have made it to the emergency room." The other incident involved a medical officer and a warrant officer from the USS Yancey in New York City. The pair found a woman lying unconscious on the sidewalk of 5th Avenue. "Her heart stopped beating and she stopped breathing," the report goes. "Dr. Brennan and Mr. Woolson quickly applied mouth-to-mouth resuscitation and closed cardiac message."

ATTACKING MILITARY personnel might become a federal offense under resolution Representative Glenn Andrews (R-Ala) intends to introduce. The Congressman cited need for such legislation after the recent attack and robbery of a serviceman aboard a subway train in Chicago.

PRESIDENT JOHNSON has proclaimed Fire Prevention Week beginning Oct. 9. The Chief Executive directed Federal agencies to assist in efforts to reduce needless waste of life and property caused by preventable fires.

FOUR-LETTER WORDS are common according to an article carried by the Camp LeJeune "Globe." The article carries a Camp Pendleton date line and tells that many of the base telephone numbers equal letters which spell the main function of the office concerned. Thus, the officer concerned with gathering money-saving ideas adopted a telephone extension of 4332, or I-D-E-A, and legal assistance (4357) became H-E-L-P.

A VIETNAM RIVER patrol boat has been assigned to the Naval Ordnance Laboratory (The "Oak Leaf"). It is the only craft of its kind on the East Coast. NOL has been designated the Navy's lead laboratory for small craft armament by the Ordnance Systems Command.

SPACE AVAILABLE is unavailable tells in short, concise sentence the story of a serviceman's chances these days to hitch a ride aboard Military Airlift Command transport planes. MAC officials point out they are booking only those with orders on overseas aircraft and "over-booking" to insure efficiency.

I haven't heard anything specific in regard to the drafting of women but at the present time I think it would be okay within limitations. That is, I feel the United States has enough manpower without using its women in combat as do many other countries today. I do feel, however, that perhaps a two-year draft, freeing men for duty on the seas and in such areas as Vietnam would be acceptable.

Back in the pioneer days of our country, women fought alongside the men to ensure their freedom and the freedom of their children. In the later history of the United States many nurses lost their lives while caring for the wounded of two major wars. Much is being done today at the plaintive request of women to give them equal rights with the opposite sex but what about giving women equal responsibility in regard to the military aspect?

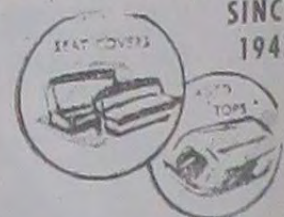
Stella J. Kroeze, HM2, ENT-OR, NH.

I believe they should be drafted just like the men. This is their country too, and they can be a great asset to the military. We are fighting for freedom and why should the men do it alone?

There are many jobs that can be done by Waves as well as men. I also feel that those in specialties like lab, X-ray, OR, etc. should be sent to field hospitals and also put on the hospital ships.

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Monday, September 19, 1966

100,000th Outpatient



One hundred thousand is a lot, no matter what you are counting! Since the Outpatient Service deals in patients, they recently counted their 100,000th patient under the new central records system established in May 1963. On hand to welcome Mrs. R. J. Milot, wife of a Canadian sergeant stationed in Washington, was Outpatient Service Chief, Capt. M. M. Driskell, MC.

Reading List Open Letter To Published All Navy Wives By SecNav

A new reading list has been published by the Secretary of the Navy. The list is compiled by an Advisory Committee of naval and civilian specialists. The inclusion of a book or article on the reading list does not imply official endorsement of the publication or the views contained therein, nor any obligation on the part of naval personnel to read it. Reading lists are merely guides to current publications and are intended to encourage individuals to develop their own reading programs to keep abreast of new knowledge, rapid changes in the world situation, and scientific and cultural progress. Recommended books are:

Yankees and Samurai by Foster Rhea Dulles, Harper and Row, 1965.

The Proud Tower by Barbara W. Tuchman, Macmillan, 1966.

The Liddell Hart Memoirs by Captain Basil Liddell Hart, Putnam, 1965.

The Crisis Game by Brigadier General Sidney F. Griffin, USAF (Ret), Doubleday, 1965.

The Missile Crisis by Elie Abel, Lippincott, 1966.

Decision-Making for Defense by Charles J. Hitch, University of California Press, 1965.

Soviet Military Policy by Raymond L. Garthoff, Praeger, 1966.

Obligations of Power by Harlan Cleveland, Harper & Row, 1966.

Beyond the Cold War by Marshall D. Shulman, Yale University Press, 1966.

The Scientific Estate by Don K. Price, Harvard University Press, 1965.

Naval Review, 1966, U. S. Naval Institute, 1965.

The Naval Profession by Rear Admiral James Calvert, McGraw-Hill, 1965.

The Security of Southern Asia by D. E. Kennedy, Praeger, 1965.

Southeast Asia's Second Front by Arnold C. Brackman, Praeger, 1966.

The Dimensions of Conflict in Southeast Asia by Bernard K. Gordon, Prentice-Hall, 1966.

The Vietnam War: Why? by M. Sivaram, Charles E. Tuttle, 1966.

Brain Washing by Edward Hunter, Pyramid Books, 1966.

China and the Peace of Asia edited by Alastair Buchan, Praeger, 1965.

A Businessman Looks at Red China by James S. Duncan, Van Nostrand, 1966.

Eye on Cuba by Edward Tetlow, Harcourt, Brace & World, 1966.

Many Personnel Work on NNMC Guide

One often wonders what it must be like to be a Hollywood producer of one of those multi-million-dollar Greek or Roman spectacles which are "years in the making" and offer the moviegoer a spectacle "far surpassing anything ever filmed." Never to be outdone by a mere Hollywood film extravaganza, the Training Branch of the Civilian Personnel Division has recently produced a "spectacular" of its own; namely, the new Employees' Handbook.

Truth compels us to admit, however, that Nick Szabados, the Head of the Training Branch, did not have what one would refer to as a "cast of thousands." As a matter of fact, a one-armed man would have no trouble counting on his fingers the number of people who were instrumental in the production of the handbook. But what the handbook's staff was lacking in quantity it amply compensated for in quality.

First of all, Nick Szabados and his assistant, Virginia Stewart, spent many hours poring over other handbooks, extracting the most valuable ideas and adding a few of their own. When they had completed the rough manuscript, Mrs. Marion Northrup, an Editor from Naval Dental School, edited the copy. HM1 Donald D. Martin illustrated from the manuscript and Chief Donald E. Lauer, Naval School of Hospital Administration, did the entire design and layout. Photography was completed by Leroy Lewis.

And the finished product truly deserves to be called "spectacular." Not only is it covered and printed in a beautiful blue, but the illustrations, diagrams, and pictures are singularly attractive. And the information within the handbook is both selective and significant. There are, for example, sections concerning such diverse topics as "NNMC Publications," the "Saving Bond Program," and "Health and Safety on the Job." Individual employees who are interested in obtaining copies of the Employees' Handbook for their own personal use may do so by appearing in Room 32D, Bldg. 7.

NEWS Wins Chinfo Award

The NNMC NEWS was one among 32 service publications honored by Chief of Information for the second quarter 1966. The NEWS received the coveted Merit Award. The awards are made in the following categories: Offset State-side, Offset Overseas, Letterpress, Magazine, Multilith, Mimeograph, Civilian Enterprise (in which the NEWS won its award), and Special Editions.

The 32 newspapers and magazines were chosen from a Navy-wide field of about 500 publications. The award is offered quarterly to promote excellence in Station newspapers. They are judged on the basis of news content, layout and reproduction, overall interest for the reader, utilization of photographs and artwork, balance of coverage of all aspects of the command, and utilization of available technical resources.

Although credit for awards is usually bestowed upon the editor (and it is not misplaced), a large share must be acknowledged to belong to the many writers whose

6115; Vice President; Ann Blanks, 336-2482; Recording Secretary; Mary Del Rosa, 562-2302; Corresponding Secretary; LuLu Smith, 561-7941; Treasurer; Terry Froitzheim, 248-5843; Jan McElwaney, 562-8073; Diane Bennett, 562-7571; Barbara Robbins, 562-0022; or Jean Lyles, 561-1555.

NSHA Class Convenes, New Students Honored



Capt. E. L. Van Landingham, Jr., CO, NSHA, presents Lt. (jg) Allen O. Wood with the Secretary of the Navy Commendation for achievement. The presentation was one of four made to newly arrived students.

Thirty-six Medical Service Corps officers of the 28th Class in Hospital Administration and 16 students of the 29th Orientation Class were welcomed to the National Naval Medical Center and the Naval School of Hospital Administration on August 16. For many of the students, the transfer here was a return "home," for some previously had served here in enlisted capacities, some in officer status. But for all the students, the day marked the opening of perhaps the most rigorous and intensive in-service course of study available to Medical Service Corps Officers.

During the course's 10-month span, the students of Class 28 will review every aspect of hospital and medical department administration; they will absorb the latest theories in financial and personnel management; they will learn the techniques of "the manager", be it in food service or in data processing.

Notwithstanding their intensive service-related studies, the students will carry many academic subjects which will round out their over-all ability to serve the Medical Department in accomplishing its mission. Satisfactory completion of the course should net them 45 semester hours credit towards a degree from the George Washington University, with whom NSHA is academically affiliated.

In his opening remarks, Capt. E. L. Van Landingham, Jr., CO, NSHA noted the almost complete cross section of the Navy and Marine Corps represented by the ships and stations from which the students had reported. The widely diversified experiences being brought from hospitals, ships, operating Marine Divisions and other activities were welcomed for the added substance to be brought to the classroom.

Rear Adm. G. M. Davis, Commanding Officer of the National Naval Medical Center, welcomed the students to the Medical Center. He was followed by the Chief of the Medical Service Corps, Capt. R. S. Herrmann, who charged the students to take full advantage of

bylines appear regularly in the NEWS, by the persons whose interest is evident enough that they have tendered suggestions or contributed ideas for stories or features, and by the officials of the various commands whose interest has been either expressed verbally or in acts of backing the NEWS in its stories.

The only other area publication to be so honored was the "Oak Leaf", publication of the Naval Ordnance Laboratory. This is the third such award won by the NEWS. The other two were received in 1964.

the splendid opportunity offered by the school.

Conventionally, such a ceremony would have terminated at this point. The new class, however, was already setting a new mark by having two of its officers report aboard and receive honors earned and forwarded from their previous commands. Captain Van Landingham delivered a letter of appreciation to Lt. (jg) Bob L. Ozment from the 1st Medical Battalion, 1st Marine Division, and delivered to Lt. Thaddeus A. Juda a letter of commendation from the CO, U. S. Naval Medical Research Unit #3, Cairo.

The Executive Officer, Cmdr. T. G. McMahon presented the staff instructors including representatives from the George Washington University, and following the benediction, everyone enjoyed an informal, get-acquainted coffee.

A sequel to the above ceremony was conducted on the following day when two additional presentations were made to students from the new class. The Nation's 16th highest award was presented to Lt. (jg) Allen O. Woods. The Secretary of the Navy Commendation for achievement cited Mr. Woods for his work in medical supply while serving in Vietnam. The second award was a letter of appreciation to Lt. Marvin R. Houk for his "outstanding qualities of organizational skill, attention to essential detail while manifesting grasp of the broad scope of his responsibility, and expertness in public relations."

In war, the Navy does not wait for an enemy to come to our shores. We seek him out in his homeland or wherever he may choose to hide: on, in or near the seas. In peace, the Navy deploys its ready forces toward the frontiers of our potential enemies or in other distant areas chosen to thwart those nations who, by their own intentions or at the suggestion of others, would disturb the peace of the world.

STATION AND Area News

Roundup

• The Secretary of the Navy has approved a plan establishing an Academic Board of Advisors to the Superintendent of the U. S. Naval Academy.

The Board will advise the Superintendent on academic affairs. Academy officials had been considering such a board for some time and its need was underscored by recent findings of the Middle States Accreditation Committee. Air Force established a similar board in 1965.

• National Earthquake Center which will quickly inform American public of sizeable earthquakes anywhere in world has been established in headquarters of Environmental Science Services Administration's Coast and Geodetic Survey, Rockville, Md.

• New Electronic Device has been revealed by Navy. Named Ordnance Locator Mark 15, device is used in detecting contraband hidden aboard "junk fleet" off coast of Vietnam. Cylindrical device, designed by Naval Ordnance Laboratory, White Oak, Md., is about size of broomstick. Navy said rapid probes with Mark 15 detect rifles, automatic weapons, grenades and munitions in varied cargoes without antagonizing innocent Vietnamese.

• Lt. Comdr. K.W. Sell, Director, Tissue Bank, presented a lecture entitled "Current Status of Tissue Banking and Treatment of Military Casualties" to the hospital staff of USNH Philadelphia. In other matters related to his work, the doctor visited London and Edinburgh and presented a lecture, "The Role of Tissue and Organ Banking in Clinical Transplantation" in Lyon, France.

• Have your child start brushing his teeth himself, when he is about two. His first visit to a dentist should be a friendly one, before an emergency arises. These are but a few of the suggestions tendered in the Children's Bureau publication, "The Care of Your Children's Teeth," available from GPO for 15 cents.

• If you are contemplating requesting a tax refund for the registration or taxation of your vehicle from California, Maryland, Mississippi, or Virginia, check NNM Notice 5840 of August 19 for information.

• Two exhibits at the National Housing Center, 1625 L. St., N.W.: Sept. 6-25, "Housing in the City" --a photographic essay on our increasing urbanization; Sept. 26-Oct. 12, "New Landscapes for Recreation" --new and exciting settings for increased public enjoyment of recreation.

• Responsibility for the operation of the First and Second Class Petty Officers Mess (Open) has been vested in the Head, Navy Exchange Department as of Aug. 26.

• Class No. 9, Medical Photography, graduated Aug. 26. The Honor man was HM3 Robert L. Hershey who was awarded a letter of commendation by acting commanding officer, Capt. J.J. Humes, MC.

Quesenberry Corpsman of The Quarter

Utility Jacket Air Conditioned By Viet Cong

A North Vietnamese machine gunner put five holes into the utility jacket of a Navy Corpsman.

The corpsman had the last laugh.

He didn't get a scratch.

It happened on the third day of Operation Hastings, a multi-battalion 3rd Marine Division operation, which took place near the Demilitarized Zone.

"E" Co., First Marine Regiment, was on a sweep near a thickly wooded ridgeline. Hospitalman Third Class Geoffrey M. Pearson (Hemet, Calif.), the 2nd platoon's corpsman, moved with his platoon to the top of the ridgeline. They came under heavy fire from a North Vietnamese force.

The enemy was firing from bushes and camouflaged positions 30 yards to the Leatherneck's front.

The Marines and VC tore into each other with machine guns and grenades causing casualties on both sides.

Pearson ran to an injured Marine and dragged him to the side of a bank which offered some protection from the flying projectiles. While he administered aid to his patient, a burst of enemy machine gun fire ripped into his utility jacket, just above the left breast pocket, and came out just over the right pocket.

The corpsman was too preoccupied with the needs of his patient to realize what a close call he'd had.

Ten minutes later--after the VC had been chased off--Pearson reached for a cigarette and noticed the five holes, plus a tear about four inches long.

Pearson then uttered a comment which was probably the understatement of his life.

T.O. Jordan Takes AFRRI Admin. Post

Lt. Comdr. Thurman O. Jordan, MSC, has been appointed head of the Operations and Administration Department, AFRRI. His appointment was effective August 23.

In his new post, Mr. Jordan will direct one of the major support departments at the AFRRI. Included under his supervision are the Institute's administrative functions and the biological, engineering, and electronic activities in support of research done at the Institute.

Lt. Comdr. Jordan comes to the AFRRI from the Armed Forces Institute of Pathology, Washington, where he was chief of the Management Services Division for four years.

He has had many years of Navy experience, joining that service as



an apprentice seaman in 1943. He saw action in the Pacific Theatre during WWII and has served in a variety of stations as an enlisted man, including a tour of duty in Korea.

In 1955 he was commissioned an ensign in the Medical Service Corps. Since that time he has served as personnel officer at USNH Annapolis, and at USNH Chelsea.

Ex-corpsmen To Be Trained In Orthopedics

The Public Health Service has awarded a \$41,472 contract to the Presbyterian Medical Center in San Francisco to establish a program to train former military medical corpsmen to become assistants to orthopedic physicians.

In announcing the contract, Surgeon General William H. Stewart said that former corpsmen represented an untapped source of skilled health service personnel who can be further trained to assist the physician both in his office, and the hospital.

The program is aimed at alleviating the shortage of orthopedic physicians by having some of their routine duties absorbed by these trained technicians. The Center's project will serve as a model for other programs in enabling veterans and other qualified personnel to apply their earlier training and experience towards pursuing a career as orthopedic technicians.

The Presbyterian Medical Center will select six trainees on the basis of experience, aptitude and level of education. Their curriculum will include courses in the handling of fractures and immobilization, utilization of special orthopedic tables, frames and emergency equipment and instruction in the latest plaster-cast techniques.

"No tailored jackets for me--please!"

Youth Campaign Registers Season of Success at Center



Never let it be said that the Government is tackling the Youth Opportunity Campaign in a haphazard manner. Indeed, so active and varied has the "YOC" program been this summer that our young employees could often be seen either departing for or returning from some seminar, orientation, or occupational planning program.

On July 26 the first White House Seminar was held for the YOCs and for all the summer employees. The seminar at the Sheraton Park featured a number of interesting and informative speakers, including Senator Stuart Symington. On July 29 the YOCs journeyed to the Department of the Interior where they received Department of the Navy Orientation. This included not only an informative discussion of employment possibilities with the Government and the Navy, but also an instructive film entitled "Plymouth Rock to Polaris." This was followed by a question-and-answer period during which the Naval Medical Center YOCs fired a number of penetrating questions on the Youth Opportunity Campaign and related matters at a panel of experts.

The highlight of the summer program for the YOCs and the summer employees came on August 17 when they went to the Sylvan Theater on the grounds of the Washington Monument to be addressed by the President of the United States. He spoke about the immense scope of the summer intern program and, as if to mirror the truth of his remarks, some 14,000 young government employees listened attentively. The theme of the White House Seminars, of which President Johnson's Washington Monument speech was

the last, was "The Role of Youth in an Evolving Society." The work that the young people did was designed to familiarize them with what it is like to work for the government while the discussions with our Nation's leaders are considered part of their education.

In addition to the White House seminars and the orientation program, another special series of programs was provided for those Youth Opportunity Campaigners who would be high school seniors this year. This consisted of several special tours of Government and private institutions with a view toward educating the young people as to the occupational possibilities. On August 2 this program featured a tour of the Government Printing Office. On August 9 the Sheraton Park Hotel was the scene of the tour. August 16 featured a visit to and tour of the Smithsonian Institution.

The final tour, which occurred on August 23, was the National Park Service.

It is through programs like these that the Youth Opportunity Campaign, so actively waged both at the National Naval Medical Center and around the country, helps our young people to know, grow, and learn.

NMS Lab Techs Graduate With High Honors

On August 26 NMS's Clinical Laboratory Technic Class No. 41 graduated with a class average grade of 89.15, one of the highest scholastic averages ever recorded for this course. The course, which spans 60-weeks of intensive training in bacteriology, serology, hematology, pathology, medical parasitology, blood, and clinical chemistry, urinalysis, blood collecting, blood donor center technic and blood processing technic, has been conducted at the Naval Medical School for more than 20 years. Successful completion qualifies graduating HMs for the NEC HM-8417 and constitutes 2,625 hours of training per student.

The honor man of Class 41, HMI Thomas J. Janoski, was awarded a letter of commendation and a "Well Done" by the acting commanding officer, Captain J. J. Humes, MC, not only for his indicated scholastic achievement, but also for the leadership characteristics he demonstrated in encouraging his fellow students



Expressing his sincere appreciation for services rendered to the Center through the Navy Exchange, Rear Adm. G. M. Davis presents Mrs. Violette Locklear with a letter and plaque marking her long tenure with the service.

to strive for record heights. Every member of the graduating class is a career Navy man--each looks forward to a challenge in the years ahead, not back to the solutions of the past. The Navy will greatly benefit from the investment made in training this outstanding class of laboratory technicians.



The second quarter 1966 Corpsman of the Quarter is HM3 Emmett W. Quesenberry. The NP Tech received the award as the result of nomination by his division officer and selection by a committee appointed to judge the nominees from the Naval Hospital staff.

Quesenberry received a letter of appreciation from commanding officer, Capt. H.S. Etter. The letter signaled his outstanding performance of duty. Included in the honor was the receipt of a U.S. Savings Bond.

A member of Ward 7D, Quesenberry first reported to the Naval Hospital in February. His previous active duty was spent at USNH Philadelphia and at Great Lakes. Before entering on active duty in 1964, he was a U.S. Naval Reserve since Nov., 1962.

Equal Employment Opportunity Topic For Supervisor's Meeting

An official of the Equal Employment Opportunity Commission (EEOC), Washington was the guest speaker at NNMC on August 10. Mr. Ben Segal, Chairman of the Community Advisors on Equal Employment and Director, Office of Liaison, EEOC, addressed a group of military and civilian supervisors from all levels of management at the Medical Center.

Mr. Segal, who has received a number of awards for his work in civil rights, spoke on the topic "The Case for Equal Employment Opportunity." His talk mentioned many of the serious problems we face in our metropolitan areas around the country today such as the increasing trend of business, trade, and industry in moving into the suburban areas of Washington where the majority of whites are living, leaving the Negroes with a high unemployment factor in Washington.

Mr. Segal stated that: "if we are really serious about wanting to make a dent in the low utilization and unemployment among Negroes and other minority groups...we will have to take into account the following: First, as most of the unemployed today in the Washington area are in the category of undereducated, underskilled, and undertrained we need to adjust the standards now being used for hiring purposes such as the Wonderlich Test." These tests according to Mr. Segal, "measure the absorption by the Negro of middle class cultural values rather than his ability to do a job." Secondly, he mentioned the fact that many times the requirement of a high school diploma is arbitrary and unnecessary. His third factor was the question of arrest records which have the effect, in

many cases, of barring Negroes from jobs because no distinction was made between arrest and conviction.

He stated that the obligation of adapting procedures resulting in the hiring, recruiting, and training of additional Negro workers rests with the Federal Government as well as private industry, unions, etc. In summing up, Mr. Segal added: "Today a policy of non-discrimination is not enough. This must be accompanied by a program of affirmative action which will be judged successful because it results in a genuinely effective equal employment opportunity."

The continuing effort to provide an equitable assignment rotation for personnel in the Navy's two top enlisted pay grades is being accomplished through centralized detailing in the Bureau of Naval Personnel. These procedures, similar to those programming commissioned officers, ensure that the Master and Senior Chief Petty Officers fill only authorized billets. It is expected that job satisfaction and an enhanced prestige will result from this more effective utilization of skill and leadership abilities.

More Units In Vietnam Than Is Apparent

The United States Navy, along with other U. S. and Free World Forces, is deeply involved in the war in Vietnam.

Most widely known are the actions and accomplishments of Seventh Fleet units flying air strikes against targets in both North and South Vietnam, and firing gun support missions up and down the coastline.

But the Navy has also committed a force of some 10,000 men in the country whose roles range from operating small boats on counter-infiltration missions to supply and support.

Navy elements in the country are under the operational control of the Commander U. S. Naval Forces, Vietnam. Forces under this command include:

The Coastal Surveillance Force (Task Force 115), which conducts Operation Market Time patrols to prevent infiltration by sea of men and supplies by the Viet Cong;

The River Patrol Force (Task Force 116), which conducts Operation Game Warden patrols to prevent VC movement and resupply along the mouths of the Mekong Delta rivers and on the rivers themselves, and throughout the Rung Sat Special Zone south of Saigon;

The Naval Advisory Group, MACV, which is charged with advising the Vietnamese Navy on all phases of its operations;

The Naval Support Activity, Danang, which provides primary logistics support for all services in the I Corps area;

The Seabees of the 30th Naval Construction Regiment;

And, the Naval Support Activity, Saigon, responsible for providing Navy elements in the II, III, and IV Corps of South Vietnam with logistic and administrative support.

NDS News



CIVILIAN: On August 24 the civilian staff of NDS enjoyed the hospitality of Capt. and Mrs. K.L. Urban at a lively swimming party held in the gracious couple's backyard at their home in Bethesda. The party was given in honor of Capt. and Mrs. J.J. Jacobs who were leaving the next day for NTC, San Diego. Capt. Jacobs was the Administrative Officer of NDS from February 1963 to August 1966.

Arriving after work, the guests were prompt to adopt the mood of informal fun set by the host and hostess. The dressing room bulged for the moment it took to change; then the splash into the pool. Capt. Jacobs' back problem prevented him from joining in the water sports, but Mrs. Jacobs was in with the best of them, enjoying the beauty of the surroundings and the comfort of the pool.

Four YOC's (people employed under the Youth Opportunity Campaign) have been helping out in the School during August. Kathy Wilders and Linda Glickman were in the Publications Department, while Bruce Carter and Ronald Ratliff were assigned to the Administrative Office. They each did a good job in meeting the Dental School's standards.

Mrs. Mary Dailey, of the Correspondence Course Division, is still in the Naval Hospital after an operation on her back. She is visited frequently by her co-workers who many times skip lunch in order to slip in and say "Hi." Mrs. Esther Musson is leaving the Personnel Office after 4-1/2 years. Esther is moving to the same job (Military Personnel) in the Hospital Command. Mrs. Mary Thorne is leaving the Audiovisual Department. Mary came to NDS from Med School in February 1962 and is leaving now to go to NIH's Dental Research Department.

After what seems a long wait, NDS welcomes its second Dental Hygienist, Mrs. Nancy McCauley. Mrs. McCauley stems from Massachusetts and has newly arrived in the Washington area. Based on the pleasing association between NDS and Lori Kadehjian, her counterpart, Nancy is going to be an asset to the staff, adding more charm and cheer to our patient care program.

OFFICER: NDS welcomes the graduate and postgraduate officers who have reported aboard to begin their year of study.

Capt. J.J. Jacobs, MSC, Administrative Officer, left his duties at NDS on Aug. 25. Taking his place is Lt. Comdr. H.B. Campbell, MSC. Capt. H.G. Green, DC, Executive Officer of NDS will be transferred on Sept. 28 to the Administrative Command, NTC, San Diego. There, he will be the Assistant Dental Director for the Center. Capt. L.S. Hansen, DC, Head, Officer Education Department, NDS, will be the next Executive Officer.

Welcome is extended to Comdr. H.C. Pebley, who reported on Aug. 16 from USS Boxer to Operative Dentistry Department; to Comdr. N.K. Luther, DC, from USS Sierra to work in the Oral Surgery Department; and to Comdr. W.B.

Center Film on Retarded Takes Award At Film Festival in Ky.

The Medical Graphic Arts Department, NMS, captured 2nd place in the institutional motion picture category at an international photography festival, August 25; their winning entry: "The Montessori Approach to Early Learning."

The 30-minute, color and sound film, which deals with the approaches to teaching mentally retarded children competed in the 36th annual meeting of the Biological Photography Association, Lexington, Ky. Founded at Yale University in September 1931, the association is dedicated to the "science, teaching, and photographing of all things which live or have lived." Each year a committee of judges, who are experienced in some phase of medical photography, is appointed to select the winning entries submitted from such places as England, Canada, and India. The different categories include: Monochrome prints: clinical, specimen, photomicrography, natural science, and general illustrative; while the motion picture categories include professional and institutional class awards.

Prepared by Mr. John T. Stringer, Head, Photographic Department, Naval Medical School, and by Mr. H.G. Zaritsky, Head, Film Division, both of the Medical Center, the film was shot at the Crippled Children's Hospital in Washington. Mr. Zaritsky wrote the script and the filming was accomplished by Mr. Stringer and the following medical photographers: HM1 Mark McGee, HM2 Thomas Gill, and HM3 Jerry Ellis. A former student, HM2 Arthur Souther, placed an entry for St. Alban's Hospital in New York. First place in the motion picture

Shreve, DC, who reported on Aug. 30 from the Naval Support Activity Naples, to work in the Operative Dentistry Department and later in the Research and Sciences Division.

ENLISTED: Edward R. Huyer, DTC, transferred from active duty to the Fleet Reserve on Aug. 30. At a ceremony held in his honor Chief Huyer was presented with a letter from Rear Adm. F.M. Kyes, DC, the Chief of the Dental Division, and a letter of commendation from Capt. K.L. Urban, CO, NDS. Lawrence A. DiBari, Jr., DT 2, was honorably discharged from the Navy on Sept. 8. Denis B. Kelleher, DT3, was released to inactive duty in a ceremony held Aug. 29.

institutional class awards went to Cedars-Sinai Medical Center in California; their winning entry, "Treatment of Dysphonia by the Intraoral Injection of Synthetics." Other entries came from veteran's hospitals and other institutes throughout the United States.

Some of the entries for the motion picture contest included medical teaching on cardiac arrests and on the application of prosthesis immediately following

amputation. Included in the still category entries were photomicrographs (pictures taken through the microscope) and clinical and gross pathological specimens.

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Card Punch Operators, GS-2/3
Editorial Clerk, GS-5
Editorial Assistant, GS-6
Nurse, GS-5
Clinical Nurses, GS-6
Nursing Assistants, GS-3
Medical Aids, GS-2
Technical Publications Writer-Editor, GS-9
Statistician (General), GS-13

Interested applicants should send Standard Form 57 or resume (including salary desired) to the Employment Branch, Civilian Personnel Division, National Naval Medical Center, Bethesda, Maryland, 20014, or call (301) 497-4658.

Parking Poses Pesky Problem

The time is 0800 as you swing into the main gate-and that is bad. The weather is hot and humid-and that is worse. You swing into a parking lot and there are no spaces-and that is worse yet! In fact, it's almost enough to make you join the Army...

Parking irritations are acute on the base. They are real. And they are not getting better; they are getting worse. 3,800 cars are registered, and there are 2,100 parking spaces, and these include reserved spaces for individuals and for services, such as Navy Exchange.

The Security Department is doing all it can to alleviate the problem. The Security Officer points out that some of the "outlying" lots are often not full, such as "C" lot. He also recommends that reserved spaces not be transgressed. When this is done, the effect is that of an atomic explosion--temperatures are lost, tickets are written, and friends are lost. Please help by obeying the base rules--don't park in reserved spots, don't park on yellow curbs.

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Year In Retrospect Is Year Of Achievement For Dental

While celebrating the U.S. Naval Dental Corps' 54th anniversary on August 22, its members looked back on another year of substantial achievement. Less than 2 years ago naval dental research showed that a single professional stannous fluoride treatment, consisting of a prophylaxis and topical application, would reduce dental caries by as much as 73 percent when supplemented by daily use of a stannous fluoride dentifrice. Hoping to reduce its overwhelming burden of treatment needs, the Corps set itself the ambitious goal of providing a million of these treatments annually by the end of 1967.

That goal has already been achieved, for the number of such treatments increased rapidly and presently totals 250,000 each quarter. At most naval dental facilities, including NDS, the same treatments are now being provided for dependents. They are especially recommended for children, who are more susceptible to caries attack than adults and who also derive greater benefits from the treatment.

In meeting this challenge, the Dental Corps did not neglect other types of treatment; in fact, it increased the number of treatments of every type—except tooth extractions. One factor contributing to this increase was the replacement of obsolete equipment with new and more efficient models. Of particular interest to patients here at NNMC are the contoured lounge-type dental chairs for their greater comfort, two central sterilization rooms (one in Bldg. 1 and the other in Bldg. 122), and new x-ray equipment to permit use of a new roentgenographic technique that reduces the exposure time for dental roentgenograms by about 64 percent.

NDS has employed a civilian dental hygienist, Miss Lori Kadehjam, to assist in providing preventive dentistry treatments and oral hygiene instruction; and a Red Cross Gray Lady, Mrs. Betty Gambatese, assists at the appointment desk. Many other dental facilities have obtained similar types of assistance due to the shortage of dental technicians generated by personnel requirements in the Vietnam buildup. The Periodontics Department developed a portable dental unit that can be taken to hospital wards to provide preventive and operative treatments for bed patients. The Audiovisual Department completed two new motion pictures and, with the cooperation of the Army and Air Force, prepared a new exhibit entitled "Dentistry in the Armed Forces," which won an honor award at the American Dental Association's annual meeting. The Publications Department issued four new correspondence courses for dental officers, including the preparation of three new textbooks, two of which are illustrated by more than 140 color transparencies each. Also, the "Casualty Care Training Manual for Dental Personnel" was completely revised.

NDS also made a number of contributions to the Navy's Public Affairs Program. During National Children's Dental Health Week, dental officer-students gave a number of talks and demonstrations at elementary schools in the area, thus furthering community relations. The NDS staff contributed to the cooperative efforts of military and civilian dentists in the field of continuing education by hosting members of the District of Columbia Dental Society at an all-day study club meeting in the dental specialty of periodontics, and presented an all-day program, "Medical Emergencies in the Dental Office," at a meeting of the Baltimore City Dental Society. NDS also made its 1-week Continuing Education Courses, now in their fifth year, available to Naval Reservists and to some civilian dentists, and started a new program of summer training in which Reserve officers of outstanding ability come to the School for 2 weeks of study in a dental specialty. The casualty training specialist, Mr. Disaster, attended a

meeting of the Western New York, Volunteer Firemen's association at Williamsville, New York, where he demonstrated first-aid measures.

Elsewhere in the Navy, central prosthetic laboratories began making denture frameworks and other prosthetic appliances for patients at other locations. Savings from this procedure are estimated at \$375 per patient in travel and lost time, for such patients were formerly given TAD orders to commands that had prosthetic laboratories. Another development during the past year was the dockside oral hygiene facility, which brings dental examinations and preventive dentistry treatments to members of the fleets. It is estimated that each of these will save the Navy at least 110,000 man hours per year.

The decrease in the number of teeth extracted was the result of more conservative treatment of teeth with deep cavities at the recruit training centers. By this method, many teeth are now successfully restored that formerly would have been lost.

Marines in the Intelligence field are trained in such skills as map reading, aerial photograph reading, interrogation and foreign language.

Your Dental Health

The following is one of a series of articles being presented by the National Naval Medical Center News in cooperation with the Naval Dental School.

When a Child Visits the Dentist

Small children need careful preparation for any new experience, and a visit to the dental office is no exception.

A child's first visit to the dentist should be a pleasant one, since his first impressions will influence his attitude toward dental care for the rest of his life. And his parents have an important role in making the visit pleasant.

The child's first visit should come when he is between ages 2 and 3, when all the first teeth are in and, if possible, before treatment is needed. Often the first visit consists of only an oral examination. If small cavities that need filling are found, the dentist may decide to treat them.

Usually, however, nothing more than a routine check-up, perhaps an x-ray examination, and cleaning of the teeth are all that is necessary.

The purpose of the examination is to be sure that the oral condition is as it should be—the first teeth in good condition and the second ones developing properly.

The x-ray examination will detect any problems, such as extra teeth or cavities beginning on the hidden surfaces of the teeth. It will show whether the permanent teeth are forming and are in proper position.

Such an examination makes it possible to detect difficulties early, when correction is easiest, most effective, and reasonably free of discomfort.

When the child visits the den-

New Titles Given Enlisted Men

Ceremonies and formal meetings in the future will be marked by the way in which the Navy is switching its introduction of enlisted men.

The new introduction will also be used in letters, orders, and other official correspondence, according to BuPers Notice 1000 of June 21, 1966.

Based on a recommendation by the Secretary of the Navy's Retention Task Force, the new form of address will give new recognition to enlisted rank status. E-8's and E-9's will no longer be addressed as plain "chief," nor will E-7's, except in informal usage.

E-9's will be introduced as "Master Chief Petty Officer Jones," for example, and E-8's as "Senior Chief Petty Officer Jones."

Other petty officers (E-4 through E-6) will be introduced with the title "Petty Officer" in front of their name. Nonrated men (E-1 through E-3) will be introduced by using the appropriate designator with their last name, such as "Seaman Collins," "Fireman Black," "Airman Blue," "Constructionman Reed," "Hospitalman Jordan," "Dentalman Costello," and "Stewardman Parker."

The notice stresses that the change will only apply on formal occasions, and for everyday "on-the-job" situations all E-7's and above will still be called "Chief," and E-6's and below will continue to be called by their last name only.

The big change in the written form of address puts a man's rate before his name, just as has been the custom for officers and warrants. Also, except in alphabetical lists and in certain forms and reports, the man's name or initials will go in front of his last name instead of after it.

Good Resume Can Be Passport To Good Job

One of the most challenging undertakings of your life when you leave the service will undoubtedly be looking for employment. If you are retiring, chances are it has been 20 or more years since you sought employment...If this is your first hitch, you perhaps have never looked for a full-time job before. You will telephone, and you will go for interviews, and you will fill out forms.

Admitting that your best representative is yourself, you will, nevertheless, often be required to call for a substitute, for you cannot be everywhere at once. For instance, you may hear of a job in New York or in Chicago. Or, you may have an interview with a personnel manager tomorrow, yet there is another opening at which you want also to be represented. You then call for your substitute, your salesman, the "job resume." This salesman may even be required before or after you have had a personal interview.

If the job resume is to represent you, it must do a good and honest job; it must not "make you what you are," consequently, it must make you "what you are." It can't oversell; it mustn't undersell. It must be comprehensive; it must be brief. If you are seeking to become a mechanic, it must not describe you as an engineer. If you are an engineer, it must not make you a mechanic.

A good resume will list your abilities in such a way that they point to your capabilities. It must present your past accomplishments not as static laurels but as indicators of future possibilities. After all, your future boss is shopping for the best man to fill a particular job.

This brings out a very important point about the resume. You must decide on the type of work you are fit for and write your resume accordingly, leaving out everything that is not specific to the particular area of employment that you seek.

The physical appearance of your representative is all important. Therefore, neatness is of the essence. Your resume should be spotlessly prepared. It must be typed—even if you have to pay someone to do it for you. The next most important thing is brevity and brevity can be obtained by keeping to the point and listing only one area of interest, i.e., if you feel that you could qualify as both a mechanic or a heavy duty truck driver, make two separate resumes. They will probably not be sent to the same prospective employer, anyway. A good rule for brevity is to keep it to a single sheet.

"Old Troublemaker" Drug Persists As Real Hazard

A recent report in the U.S. Army Aviation Digest warned of a drug which in many states can be "bought in the supermarkets along with eggs, sugar, and flour." In essence, the drug, "one of man's oldest enemies," has been causing trouble since ancient times.

When taken orally, it is absorbed completely and rapidly and is distributed by the blood to different organs of the body where it oxidizes at about 1/2 of 1 ounce per hour.

It is a fat solvent and a disinfectant and has a tendency to contract body tissue and blood tissue and blood vessels, reducing the flow of blood. It affects the heat regulating center so that a user may feel excessively warm even though he is losing heat rapidly and his internal temperature is falling.

It acts as a depressant on the nervous system but produces euphoria, a temporary feeling of exhilaration by suppressing higher controls. It affects muscular skill, sensory acuity, memory and other measurable psychological functions.

It can be the direct cause of such diseases as chronic gastritis, cirrhosis of the liver, multiple peripheral neuritis and mania.

What is the anatomy of a resume? Briefly: 1) A introduction 2) a section on education, and 3) a description of experience. If education, for instance, is not a major factor in your job seeking, it can be held down to a simple one line statement or overlooked entirely.

The introduction is very short, listing your name, address, telephone number, age, physical description, and type of position sought. Be specific as to position, i.e., you want to be an insurance salesman, for instance, not just a salesman.

The third part, experience, is perhaps the most important. You must, therefore, devote great care to this section. List here your past duties which relate to the type of job that you listed in your introduction. It is important to list how long you worked in certain areas, what were the responsibilities of the job, and, where applicable, if you supervised any other employees. The most important precept is to keep your statements related to the job sought.

Since this report to a prospective employer is quite brief, you might add a statement that a fuller and more detailed account can be sent, if required. Brevity also gives rise to another aspect of the resume. It is true that "compacting" is more difficult than expanding (ask any wife trying to cram the family's clothing into two suitcases for a week's vacation), so you might want some help with your preparation. If you need assistance, most commands have designated civil readjustment officers who are willing and able to help you. Check with your personnel office for his name. Also, there are many competent professional avenues to be explored, such as, private individuals listed in newspapers or State employment agencies.

The main thing to remember is, make it brief, make it to the point, and, above all, make it neat.

If taken in one form, constant use of the drug will cause the addict to become overly thin because it often effects the gastrointestinal tract in such a way that little or no nourishment is absorbed - or it may cause the user to become fat.

The worst effect on the human body is that it leads to addiction, and once the habit is established it is very hard to throw off.

In case you haven't guessed it by now, the culprit is alcohol. The Aviation Digest says: "If you are a user, remember you have a better chance of survival if you eliminate or reduce your intake. Don't be misled, - its use requires as much discretion as any common drug."

Monday, September 19, 1966

NNMC NEWS

YOU CAN'T MISS!

COMING EVENTS

SAT OCT 8—Turkey supper at Neelsville Presbyterian Church, Rte. 355 at Md. junction 118. Starting at 2 o'clock. Adults \$1.75. Children \$1.00. Family style. Carry outs.

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NNMC NEWS

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REAL ESTATE

SALE OR RENT

FOR SALE OR RENT

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Monday, September 19, 1966

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Rockville, Md.

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\$2.29

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Monday, September 19, 1966

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Soccer Included In NNMC Varsity Sports

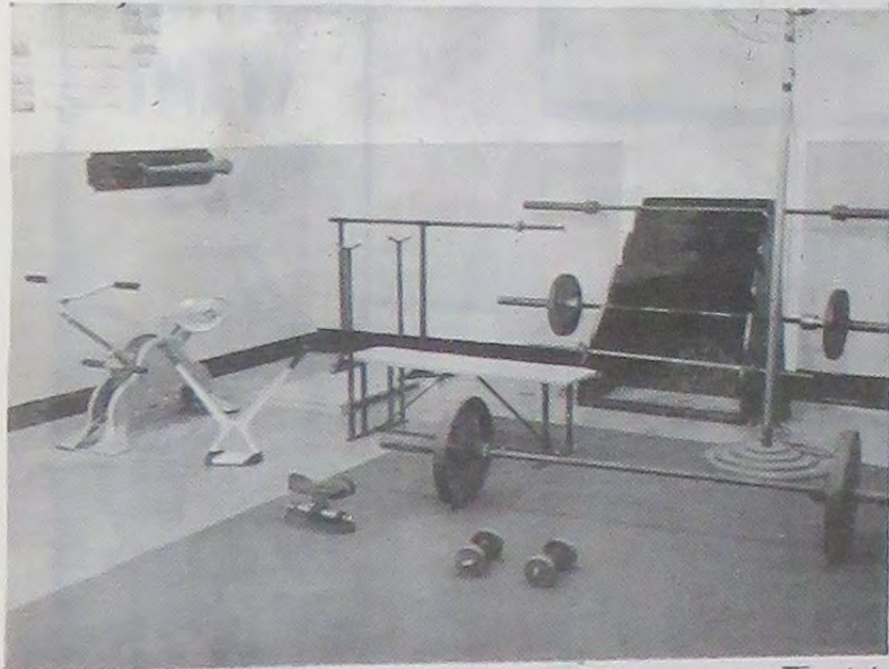


Golf Champions



TO THE VICTOR—Admiral Davis presents NNMC varsity golf team captain Lt. J. Holcombe, with the team trophy. The Admirals won first place, "B" division, in the WAMAC league. Their final tally: eight wins, two losses. (Left to Right) HN R. Drake, Lt. Holcombe, Lt. Comdr. N. Raffetty, HM2 Matthews; second row, Lt. M. Fitts, Lt. Comdr. J. Olson, DTC E. James.

Weighty Problem?



This is a partial view of the new weightlifting room in Special Services. Whether you want to add some muscle with weights or subtract some fat on the exercising machines the sum total equals the effort. The room is reserved to active duty military staff. However, the women's exercise room is open to active duty staff and their dependents. Just ask for the key at the information desk.

The current for the establishment of soccer as a national competitive sport is gaining momentum with every new season. Recognition of the sport as an excellent physical fitness endeavor has been shown by many high schools, colleges, and universities with the establishment of teams and leagues. Here in the metropolitan area, every major college is sporting a team and most of the high schools are either fielding a squad or contemplating it. The NNMC is no different. According to sport's director Bill Dwyer, the Center's bid for soccer excellence is on.

"We have a team," he said "and they are working hard. We could use more players, however. Now that the cooler weather is on its way, we expect a larger turnout." Dwyer also stated that the first game should be played shortly after this issue, but at the time of this writing he was not able to give a schedule. "For this initial season, at any rate, we hope to play an independent schedule with local high schools and colleges," Dwyer said. "And don't think that there is no competition in the high school...perhaps more than in college...these boys really train."

Sparking the home team in its novice attempt is Dr. Ralph Otto. He is well qualified for this having been an All-American soccer player and having tried out for the Olympic team. Dr. Otto is not the only experienced talent on the new squad, however. Lt. Comdr. Roudebush, a past Naval Academy varsity player, is also bringing valuable know-how to the team.

This initial endeavor is the climax of four years of failure at trying to establish a team. With command backing the sport's division is positive that the new field will bring credit to the Center, skill to the player, and excitement to the spectator.

From Auto Pilot To Sky Pilot



To most people, making the change from piloting a government car to preaching the word of God is a transition not part of their normal routine.

But to John L. Allen, a Center driver assigned to AFRR, it is part of the natural order of things and the accomplishment of a long-sought-after goal.

Mr. Allen, who has been driving during the day at AFRR so he could go to school at night, was ordained a minister in the Bibleway Church of Our Lord Jesus Christ on July 17.

Mr. Allen has been studying for the ministry since 1962. He attended both the Bibleway Training School for Christian Workers and the Washington Bible College.

During his four years of study, Mr. Allen served as a lay preacher and formed the nucleus of a Bibleway congregation in Fairfax County. He will continue to work with the group in Virginia, hoping to establish a pastorate.

Phys-Med Takes League; X-Ray Wins Second Slot

The old adage that in sports the game is never over until the last pitch was proven resoundingly by Physical Medicine which started the intramural slow pitch league as an underdog, having lost three of their first five games, to emerge 1st half champs. They then proceeded to prove their worth by repeating for 2nd half honors thereby clinching uncontested league championship.

According to team captain Tom Hoody, the team excelled not through the individual cult of the perfect player, but by consistent team play. "We had a roster of 15 men and we could and did call on each one of them. Consistency came in the fact that never did we get an excuse that some other activity was more important than answering the call to play."

PM ended the season with the enviable overall standing of 22 for 4 and a near perfect second half 13-1 record. The only loss in the 2nd half came at the hands of NMRI on August 20 when the researchers snapped a 17-game PM winning streak. The Phys-Medmen returned to the foray the following night to down X-Ray in a 10-6 game which gave them the uncontested lead which they held for the rest of the season.

Although the team played as a close organization, some individuals did shine with individual honors. Pitcher Gish ended the season with a 19-2 record, Mason led the team with 17 homers to give him the most runs batted in, and Zambelli exhibited, on the defensive side, an outstanding fielding game.

League runner-up honors came to X-Ray as a result of a hard-fought, 8-7, game played Aug. 29 against NMRI. The researchers had won 1st half runners-up and so, met X-Ray, the second half second slot team. Again team spirit reigned as the radiologists, sparked by Westbrook's pitching, won their game from a hard-batting research crew.

Rogers Pitches Patuxent Into No. Atlantic Win

On September 1, the U. S. Naval Station Bombers from Patuxent River clinched the North Atlantic Regional softball title. The win sent them to Long Beach, Calif., to play in the All-Navy competition. Sparking their victory was the NNMC Admiral's Bob Rogers, the only local player to be picked up from this station by the Bombers.

Rogers turned in the enviable record of 2 wins for 2 trips to the mound for the Bombers. The contest opened in Philadelphia on Aug. 28 with a Pax River bye and a victory on the 29th, 4-3, against Great Lakes. The NNMC star opened the Tuesday game in grand style. Going into the 7th, he had a no hit, no run ball game, but allowed one hit to mar an otherwise perfect game. Final score, Pax River 4, ComFour 0.

Tables were turned on the Bombers on the following day with a 2-1 short end loss. Rogers returned to the mound on Sept. 1 to clinch an All-Navy birth for the Bombers with a decisive 6-1 victory, against Quonset Point, R. I.

An Editorial: NNMC Hurler Left Waiting At the Church

History is written by the acts of men and by the flow of events in time. And the All-Navy softball championship for 1966 is all history now. The Patuxent River Bombers are back after two straight defeats that cost them their bid to glory.

Yet, every battle has its armchair generals (admirals); every historical event conjures up its hindsight experts with their "ifs" and "might have been's"....

We cannot help but indulge... Fact: NNMC hurler Bob Rogers (the only NNMC player picked up by the Bombers in NDW competition) was instrumental in the Bomber's victory in the North Atlantic play in Philadelphia.

Rogers won both his games handily. Fact: Bombers Athletic Director quote: "He (Rogers) is one of the best pitchers in the area." ("The Tester," Sept. 9, 1966)

Fact: Rogers knows the feeling of being "left at the church." He never made it to California for All-Navy play. In fact, he never made it past Philadelphia. On instructions, the Admiral's hurler waited at International Airport for the Bombers who never came.

Fact: The Bombers lost the All-Navy title try.

Fiction? What "if" Rogers had pitched for the Bombers? The outcome "might have been" different. At least, so say the armchair admirals.

Marines assigned to duty aboard Navy ships are specially trained for their sea-going assignments at Marine Corps "Sea Schools", either at San Diego, Calif., or Portsmouth, Va.

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UGF

The Center will kick off the Area Combined Federal Campaign this week (19 Sep). Rear Adm. Davis, Chairman, has appointed Capt. K. L. Urban, CO, NDS, as Vice Chairman for this year's drive. Each component command has appointed an activity chairman and keymen. The campaign will run until 24 October. All hands are reminded of the many agencies that are recipients of this once-a-year drive for contributions.

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CFC Ends November 4

Comdr. Caesar To Retire After 23 Years

Commander Marion F. Caesar, Chief of Nursing Service, USNH, will retire from active duty tomorrow after having completed more than 23 years military service.

Her Navy career included assignments at naval hospitals in Chelsea, Mass.; Key West, Fla.; Seattle, Wash.; Portsmouth, N. H.; San Diego, Calif.; on the Hospital Ship USS Samaritan; with the Occupational Forces in Japan and at the Bureau of Medicine and Surgery.

After graduating from the Addison Gilbert Hospital School of Nursing, Gloucester, Mass., Comdr. Caesar earned a bachelor of science degree in Nursing and a master of science degree in Nursing Service Administration from Boston University.

Her service awards include the American Campaign, Asiatic-Pacific Campaign, Victory Medal WW II, China Service, Navy Occupation and National Defense with second award.

Comdr. Caesar is a member of Sigma Theta Tau, American Nurses' Association, National League for Nursing, Association of Military Surgeons of the U.S., the Wisdom Society, the Naval Academy Athletic Association and the Adult Education Association of the U.S.A.



Lt. Comdr. F.D. Van Peenen receives congratulations from Capt. P.D. Doolan, Acting Commanding Officer of NMRI. Dr. Van Peenen was awarded the Bronze Star Medal during ceremonies held at the Institute.

NMRI Officer Awarded Bronze Star Medal

The Commander-in-Chief, U.S. Pacific Fleet, awarded the Bronze Star Medal to Lt. Comdr. Van Peenen for meritorious achievement while serving as Officer-in-Charge, Preventive Medicine Unit, U.S. Naval Support Activity, Da Nang, Republic of Vietnam, from July 13, 1965 to July 10, 1966.

Dr. Van Peenen established the Unit in a homemade shed in the U.S. Marine enclave west of the Da Nang Air Base. Through his leadership, professional skill, and courageous efforts, even under enemy fire, the Unit was function-

ing on a full scale basis within a month. The data from the studies he conducted was used for planning purposes in establishing preventive medicine programs throughout Vietnam.

Dr. Van Peenen, a native of Pensacola, Fla., and a graduate of the University of California Medical School, reported for duty August 22. He is assigned to the Clinical Investigation Department, NMRI, where he will continue his studies in preventive medicine with specific emphasis on the plague-carrying rodent and on the ecology of small mammals.

duty denied coverage in the Senate version of the bill are covered in the final version.

Under the new law, dependents who can continue to use military facilities are defined as spouses, children, parents and parents-in-law. The only dependents eligible for care in civilian hospitals, however, are spouses and children.

Civilian outpatient coverage for dependents (spouses and children) of those on active duty became effective October 1. Coverage for all other categories of personnel and their dependents, as well as for the retarded and handicapped,

LAW: There will be no double coverage. Anyone who collects benefits from a private insurance policy or any public insurance policy or plan cannot collect under this law for the same illness.

Well-baby care, routine physical examinations and immunizations are specifically excluded from coverage under the civilian outpatient provisions of the bill. Christian Scientists are eligible for treatment by Christian Science practitioners and nurses and in sanitariums.

COST OF MEDICAL CARE: Active duty dependents will continue

Made a Contribution?

If Not, See Your Keyman!

The success of this year's Combined Federal Campaign can only be assured with everyone's support. You have until Friday, November 4 to contribute your fair share towards a freer, healthier, better world.

Rear Admiral G. M. Davis, Commanding Officer, extends a "heartfelt well done" to those activities which have attained their goal. Capt. K. L. Urban, NNMC's Vice Chairman for the 1967 Campaign, reports that three Center commands have attained 100% participation and exceeded their monetary goal. The Naval School of Hospital Administration reached 125% of its monetary objective during the kickoff week of the fund-raising drive. Second in line is the Navy Toxicology Unit, which had attained 143% of its goal as of October 21. The Armed Forces Radiobiology Research Institute is third with 102% of its monetary goal reached.

The Center as a whole had achieved 40% of its \$25,000 objective with 32% participation as of October 21.

Organizations benefiting from the combined-fund drive include those affiliated with the United Givers Fund, National Health Agencies and International Service Agencies. In all more than 150 health and welfare agencies serving the community, the nation, and other nations throughout the world are represented.

What do CFC agencies do with the contributions they receive? Those affiliated with UGF provide activities to meet recreational, educational, financial, religious, health

and welfare needs--to name just a few. You have probably been served, directly or indirectly, by some of these voluntary agencies such as the Travelers Aid Society, which provides casework services and financial help to persons with problems connected with travel. Or perhaps you have had occasion to call upon the Homemaker Service in your community which, in time of emergency, provides women trained in homemaking and child care to keep children in their own homes when the mother is ill. Other UGF agencies provide foster homes for children whose parents cannot care for them, adoption services, help for retarded children, counseling for emotionally or mentally disturbed adults, and financial aid for victims of disease who cannot afford medical care.

Your gift to the CFC will also help support the voluntary national health agencies in their fight for better health. Included are the American Cancer Society, the American Heart Association, the National Multiple Sclerosis Society and other organizations which support medical research and provide public and professional education, clinics and rehabilitation services.

Finally, your gift to the CFC will help support the international service agencies, such as CARE, Radio Free Europe, Project Hope and The American-Korean Foundation. These agencies provide feeding and teaching-healing programs, medical aid and economic assistance, and vocational training. They are also instrumental in checking the spread of Communism throughout the world.



AMSUS Meeting Set For November 7-9

"Duty, Honor, Country" is the theme of the 73rd Annual Meeting of the Association of Military Surgeons of the United States to be held November 7-9 at the Washington Hilton Hotel, Washington, D.C.

The three-day program will include a keynote address by General Earle G. Wheeler, Chairman, Joint Chiefs of Staff; an International Convocation and Luncheon, honoring International Delegates; a Scientific Program, including discussions on malaria, alcoholism, air pollution and other subjects

NEWS Wins Chinfo Award

The NNMC NEWS was among 25 service publications honored by the Chief of Information for the third quarter, 1966. The newspaper received the coveted Merit Award for the second time this year, the first one having been awarded for the second quarter. In 1964, the paper was similarly honored for two quarters.

Judged on the basis of content, balance and appeal, the 25 newspapers and magazines were selected for the award from a

Have you noticed the change in the NEWS?

The newspaper no longer falls into the Civilian Enterprise category of Service publications. Among other things, this means that you will no longer see classified ads in the paper.

From now on, the NEWS will be an Authorized publication produced commercially with non-appropriated funds at no cost to the government.

Bill Expands Medical Care

The new military medicare bill will guarantee to over six million people a complete range of medical care in civilian and military facilities, both in and out of hospitals.

NEW BENEFITS INCLUDE: Treatment of nervous, mental and chronic conditions; maternity care and diagnostic services, including laboratory and X-ray examinations; dental care at remote stations inside the U.S. and worldwide "as a necessary adjunct to medical or surgical treatment"; ambulance service and home calls (when medically necessary); and the loaning of wheel chairs, iron lungs and hospital beds. Artificial limbs or eyes may also be provided by the government.

NATIONAL
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CENTER

NEWS

Commanding Officer
REAR ADMIRAL G. M. DAVIS, MC, USN
Deputy Commanding Officer
CAPTAIN H. S. ETTER, MC, USN
Administrative Officer
CAPTAIN D. J. MCLELLAN, MSC, USN

CAPT H. S. Etter, MC, USN.....Commanding Officer, NH
CAPT J. H. Stover, Jr., MC, USN.....Commanding Officer, NMS
CAPT H. C. Sudduth, MC, USN.....Commanding Officer, NMRI
CAPT K. L. Urban, DC, USN.....Commanding Officer, NDS
CAPT E. L. Van Landingham, Jr., MSC, USN.....Commanding Officer, NSHA
CAPT. J. S. Burkle, MC, USN.....Director, AFRRI
CAPT. J. Siegel, MSC, USNR.....Officer-in-charge, NTU

STAFF

LCDR H. D. Littner, MSC, USN.....Editor-in-Chief
P. M. Schreiner.....Managing-Editor
NMS Photographic Department.....Photography

The NEWS is printed commercially from non-appropriated funds at no cost to the Government and is published in compliance with NAVEXOS P-35, Rev. Jul. 1958.

The NEWS is published monthly. Contributions solicited, news items and other communications may be submitted to the NNMC NEWS office, Bldg. 115.

The NEWS is a member of the Armed Forces Press Service and uses editorial material credited to AFPS.

The editors reserve the right to make corrections, changes, or deletions in submitted copy in conforming with the policy of the paper and the Navy.

EDITORIAL

The Day We Remember

ON November 11 we pause a moment at 11 a.m. in recollection and silent prayer.

It may be a raw cold day, or a day of fleecy clouds and balmy sunshine. But it always has the same meaning. It's Veterans Day.

In the United States this is the day we hold commemorative services



at the Tomb of the Unknowns in Arlington National Cemetery. It's here we honor our dead comrades.

It's a day everyone remembers. Those of us now in the service have our memories as we honor our comrades-in-arms. We pause and offer a prayer for those now fighting for our country in far-off places. It could be that we will be among those remembered next year.

It has been the same since World War I—Nov. 11, 1918, to be exact. That's the day a truce ending that great war was signed.

Then came our participation in World War II, Korea and now Viet Nam. Why? Because our desire is, and always has been, to preserve and protect the freedoms that we know, love and enjoy.

We fought for our freedom 190 years ago. It hasn't changed today. We're still doing it, and we'll keep right on until aggression has been stamped from the face of the earth.

We like the form of government that has been our country's heritage since its birth. We want those who come after us to enjoy the same blessings. Consequently, we have to fight and sometimes die to preserve it.

Actually, we're just carrying on that portion of our heritage most dear to us. Our fathers, grandfathers, and great grandfathers did it with honor. We are no different. (AFNB)

VA Representative Will Answer Your Questions

A representative of the Veterans Administration has been assigned to this hospital and will be here every Thursday afternoon. Mr. M. E. Honebrink, Contact Representative of VA, will be particularly interested in talking to and assisting those who are awaiting separation from Military Service.

MEDICARE

(Continued from Page 1)

of the \$50 deductible. Family groups of three or more will not be required to pay more than \$100 annually.

Retirees and their dependents will pay 25% of the cost of civilian hospitalization. For outpatient care, they will pay the first \$50 per person per year (or \$100 per family) plus 25% of the remaining charges.

Under a special provision of the new law, active duty personnel with mentally retarded or physically

Schreiner Assumes NEWS Editorship

Pamela M. Schreiner assumed editorship of the NNMC NEWS on October 10. She relieved Ronald J. Bourgea who returned to his former position as editorial assistant on the Rehabilitation Record, the professional magazine of the Vocational Rehabilitation Administration.

Mrs. Schreiner comes to the Center from the Food and Drug Administration, where she worked as a writer for the Bureau of Education and Voluntary Compliance.

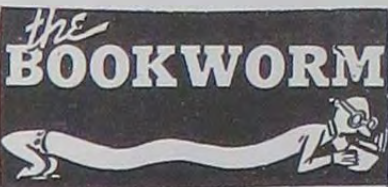
A native of Washington, Mrs. Schreiner graduated from the University of Maryland in 1965 with a B.S. degree in Education.

In assuming the editorship, Mrs. Schreiner said she invites your comments, both pro and con, as to how she can improve the content and appearance of the NEWS to make it a truly outstanding publication.

PROMOTIONS IN ORDER FOR USNH OFFICERS

Congratulations to the following Medical Corps and Medical Service Corps Officers, attached to the Hospital Command, who have been selected for promotion:

To: Captain, Medical Corps
Comdr. Donald H. Gaylor
To: Commander, Medical Corps
Lt. Comdr. Perry Ah Tye
Lt. Comdr. William M. Narva
Lt. Comdr. Luther C. Hansberger
Lt. Comdr. Garrett E. Donnell
Lt. Comdr. Gordon W. Mella
Lt. Comdr. William M. Lukash
Lt. Comdr. Lowell T. York
To: Commander, Medical Service Corps
Lt. Comdr. John W. Wolf



By Lil Chitwood

At last! The new charge-out desk has arrived and has been installed in the Crew's Library.

If you have not seen it, by all means come and feast your eyes on this gorgeous hunk of wood.

It is not only beautiful, but practical. You who are on crutches—don't be bashful—come on in and get that book you have been wanting to read. You can stand at this desk and not drop a crutch.

If a bad back is your problem, don't worry. Stand straight and tall while charging out your book, and you will never feel a twinge in the "ole" back.

Those of you with a broken arm need not be bashful either—I will be happy to write your name for you.

New books for your enjoyment:

"Hellfire Jackson"
Garland Roark
"Witches of Karres"
J.H. Schmitz
"Cave of Bats"

(Continued on Page 2)

plus 20% of any charges in excess of the cost of civilian hospitalization. The legislation provides outpatient care on a \$50 per day basis. The cost of civilian hospitalization is \$25 of the cost of civilian hospitalization plus \$1.75 per day or the first

Chaplain's Corner

"Is Prayer Necessary?"

by Chaplain J.D. Yeich

A story is told of a university professor in the Midwest who scorned all belief in God and the power of prayer. On one particular day in his classroom, he wandered from the subject of his discourse and began to talk about the wonders and powers of science and, what he termed, "the weakness" of prayer. "Science will answer all our needs," he said, "not prayer."

He paused for a moment, looked at his students, and then continued. "Many of you are from the farm. You know how many times you and your parents went down on your knees and prayed for rain. What answer did you get? Just more dust and heat. Then science found an answer. A plane was sent up into the air; chemicals were dropped on a cloud; and presto—rain fell."

With evident satisfaction he looked over the group of young students before him. "Are there any questions?" he asked. The professor felt as though he had given sufficient argument that there is no God, hence no need of prayer. Man could very well take care of every situation.

Slowly and deliberately a hand rose from among the rows of upturned faces. With a look of superiority, the professor acknowledged the student. The young student, a Christian, rose to his feet and said, "What you say may be true, but only partly true. My question is: 'Where did the cloud come from?'"

Yes—where did the cloud come from so that man could work on it? The answer must be God and, if there is a God, then prayer is necessary.

Civilian News

by Harry Fox

An interesting statistic which I came across the other day is the number of Quality Salary Increases granted at the Center during fiscal year 1966. Not only were there quite a few, 30 to be specific, but they were widely distributed between high and low-rated employees and job types. Ranging from GS-4 to GS-15, the Quality Salary Increases were granted to persons in all of the following Positions: Firefighter, Psychologist, Military personnel Clerk, Clerk, Clerk-Stenographer, Clerk-Dictating Machine Transcriber, Secretary (Stenography), Biologist, Payroll Clerk, Medical Officer, Nurse, Editor, Physical Science Technician, Librarian and Purchasing Agent.

And now it's time to discuss the most delightful of the world's evils, money. Money is a treacherous possession to have. People are always so anxious to rob one of it. Also, it is extremely difficult to save and plan for the future when those "spendable," green bills are burning one's pockets. Money is so easily lost. And, if you have it in your safe at home and your house burns down, your money goes with it. And even if you are able to save it, taxes nibble away at it until it has been substantially reduced.

There is a revolutionary and secret new way to take the danger out of money. And, because you are such hard-working and highly-prized citizens, I am going to tell you what it is: SAVING BONDS!! It is a terrific way to keep money. In the first place, should All Baba and his 40 thieves descend upon you and rob you of your bonds, the government will gladly replace them free of charge. Furthermore bonds don't seem to carry with them the same temptation to SPEND that cash money does and, if you have the unfortunate habit of losing things, the government is willing to indulge your weakness. No matter how many times you lose your bonds, the Treasury will replace them again. Finally, it is a comforting feeling to know that your bonds provide little nourishment for the tax departments; they are exempt from state and local taxes, and don't come under Federal income tax laws until the bonds are cashed. Oh yes, by the way, bonds also strengthen our nation's defense.

Do you know how many Federal employees practice "moonlighting"? A full 5% of the total civilian work force! "Moonlighting" (not to be confused with "serenading") is the practice of having a part-time job in addition to one's regular job. A Department of Labor study revealed that the average moonlighter works 13 hours a week on his extra job, and that almost 60% of the moonlighters are self-employed in their second job.

Bertram Litt, of 14502 Woodcrest Drive (off Highway 28 near Aspen Hill Drive) is seeking to form a car pool. Mr. Litt asks that any interested persons contact him at Ext. 7384.

It is now the policy in the Health Benefits Program to cover children up to the age of 22, instead of the previous age limit of 21. In this context, a "family member" is defined as "any unmarried child under the age of 22 years (including an adopted child, a stepchild, foster child or a recognized natural child) who lives with the employee in a regular parent-child relationship."

Foreign Medical Officers Here For Course In Naval Medicine

The 14-week course "U.S. Naval Medicine, 1966" for senior Foreign Medical Officers from friendly allied nations is in its second month of instruction at the Naval Medical School. The course covers

and Space Medicine, and Student Conferences and Specialties. The mission of the program, which is under the sponsorship of the Chief of Naval Operations, is to establish

OTHER FACETS OF THE NEW reference. for medical care received for outpatient care on a \$50 per day basis. The cost of civilian hospitalization is \$25 of the cost of civilian hospitalization plus \$1.75 per day or the first

less than eight years of active service. The III Reserve Retirees with reference. for medical care received for outpatient care on a \$50 per day basis. The cost of civilian hospitalization is \$25 of the cost of civilian hospitalization plus \$1.75 per day or the first

USAF, MSC, Chairman of the Pub- fact Major T. H. Jenkins, Jr., For further information, con- medical and allied science fields. Exhibits depicting many new and of national concern; a film and 500 publications.

The only other area publication honored during the third quarter was the "Sentry," a civilian En- terprise publication of the Marine Corps School, Quantico, Va.

Monday, October 31, 1966

NMRI Establishes Nursing Division

NMRI has established a Nursing Research Division as part of the Department of Behavioral Sciences. The Division conducts critical, systematic, and formal inquiry or investigation into nursing in order to obtain facts that will lead to the improvement of education and practice for the welfare of the patient. The Division's objective is the development of a scientific body of knowledge that will contribute to the scientific assessment and to the evaluation of nursing practice.

The Division is organized, under the direction of a Navy Nurse Corps Officer, into an administrative branch, which carries out primarily support functions, and into a project branch. Within the project branch are teams, each one of which is assigned to investigate a specific problem area. Each project team, led by a chief investigator trained at the doctoral level, is made up of five to ten members. Team members may be nurses, psychologists, sociologists, statisticians or representatives of other professions, depending upon the specific area being studied.

During the first year of operation, seven research projects were submitted and approved for implementation; three of these are scheduled to commence during this fiscal year. These three projects include the development of a technical specialty for Hospital Corps personnel in nursing and ward management, the modernization of the curriculum of basic Hospital Corps School, and the development of a design for in-service nursing education and training in naval hospitals and dispensaries.

The remaining four projects, scheduled for future implementation, include the development of a training program for public health nursing specialists in the outpatient department, a study of the training and utilization of Hospital Corps personnel, the development of scientific procedures and modern routines for providing nursing care, and the development of criteria and dimensions for evaluating excellence in nursing care.

At this time tentative plans are

being developed for exploratory and advanced development of additional projects in clinical nursing. Some of these are being planned through the collaborative efforts of physicians and nurses.

The Division has announced the following recent additions to the scientific staff:

Dr. Dagmar Brodt (R.N., Mounds-Midway School of Nursing, St. Paul, Minn.; B.S.N.E., University of Minnesota; M.S.N.E., Ph.D., St. Louis University) has been appointed chief investigator for a project to develop a technical specialty for Navy Hospital Corps personnel in nursing and ward management. Dr. Brodt's prior position was that of Research Coordinator and Associate Project Director of the Service Manager System Research Project, Barnes Hospital, St. Louis, Mo.

Lt. Comdr. Phyllis J. Elsass, NC, USN (R.N., Aultman Hospital School of Nursing, Canton, Ohio; B.S., M.S., University of Colorado) has been appointed assistant head, Nursing Research Division. During her Navy career, Miss Elsass served as head nurse and nursing supervisor in naval hospitals in the continental United States, Guam and Japan.

Dr. Alice Lorraine Wallenborn (R.N., Evanston Hospital School of Nursing, Illinois; B.S., University of Virginia; A.B., Catawaba College, Salisbury, N.C.; A.M., Ed. D., Columbia University) has been appointed chief investigator for a project to develop a modernized curriculum for the Basic Hospital Corps School. Prior to this appointment, Dr. Wallenborn was chairman of the graduate program, Syracuse University School of Nursing.

Hail and Farewell Slated For November 4

The fall season brings with it beautiful scenery, the first signs of cold weather and news that old friends will be leaving and new ones arriving. Once again the Junior Advisory Board, Commissioned Officers' Mess, is sponsoring the biannual Hail and Farewell for National Naval Medical Center personnel.

This event is scheduled for November 4, from 7 p.m. to 10 p.m., with the receiving line set from 7:30 to 8:00. The party will feature a buffet dinner at \$2.25 per person, a cash bar (party prices), folk singing and music by the "Docs of Dixieland."

Plan now to attend and to make it a successful affair. Tickets can



You must have a reservation before two courts reserved for military personnel and dependents. Take advantage of another one at 6025 Fishers Lane, right off the main road, for your reservation to play indoor tennis. The club is located in Rockville and is not receiving the interest of Recreation, Ext. 362, for you

and in the plan of the day, but still is not receiving the interest of Recreation, Ext. 362, for you

and in the plan of the day, but still is not receiving the interest of Recreation, Ext. 362, for you

NMRI News

HMC Charles H. Greenhalgh, Environmental Stress Division, Physiological Sciences Department, recently returned from NASA, Manned Spacecraft Center, Houston, Tex. in connection with the installation of a hyperbaric chamber. Greenhalgh, a deep sea diving corpsman, was instrumental in the rigging, testing and installation of this chamber, and in this connection has had previous TAD orders to Norfolk as well as to Cape Kennedy, Fla. The hyperbaric chamber was used to treat altitude bends in astronauts. This is a new concept of treatment and has been widely accepted as a successful means of treatment.

Dr. Juraj Strauss, Chief Virology Department, Institute of Epidemiology and Microbiology, Prague, Czechoslovakia, visited the Institute and spoke to staff members on "Some Aspects of Ornithosis Research Performed at the Institute on Epidemiology and Microbiology in Prague" on September 29. Dr. Strauss' visit was sponsored by the World Health Organization Exchange of Research Workers Grant, Geneva.

Former NMRI Technical Director, Dr. Kenneth S. Cole, has been decorated by the Brazilian government. The Southern Cross was presented to Dr. Cole for the scientific services he rendered to the Brazilian government and to the University of Brazil. The award was made during ceremonies held at the Brazilian Embassy September 27. Among the guests present were Dr. S.L. Friess, Acting Director of the Physiological Sciences Department, and Mrs. Friess. Dr. Cole is presently associated with the National Institute of Neurological Diseases and Blindness, NIH.

Welcome aboard: Lt. D.K. Hefner, MC, USNR, September 27 from the Naval Hospital, NNMC, and assigned to the Biophysics Division; and TDAN H.J. Westcott, USN, October 1 from the U.S. Naval Air Technical Training Center, Memphis, Tenn., and assigned to the Physiological Sciences Department.

Transfer: J.C. Nugent, YN2, was transferred to the Naval Station, Annapolis, Md. for duty on September 30.

NSHA News

The third Indoctrination Class of newly-commissioned Medical Service Corps Officers met at the Naval School of Hospital Administration October 3. The class includes 30 former enlisted hospital corpsmen who were recently selected for commission as Ensign in the Supply and Administration Section of the Medical Service Corps. Newly-commissioned officers are ordered to NSHA for a four-week intensive course of instruction in Naval Leadership, Military Customs and Traditions, Uniform Code of Military Justice and Hospital Administration. Upon completion of the indoctrination course, these officers will be assigned administrative positions in naval hospitals and navy medical department activities throughout the world.

The team needs you! To sign up for the team, do it now. So if you haven't already been to 12 players for all league games. The "Admirals" will be authorized to carry a maximum of 12 players for all league games. The "Admirals" will be authorized to carry a maximum of 12 players for all league games.

The team needs you! To sign up for the team, do it now. So if you haven't already been to 12 players for all league games. The "Admirals" will be authorized to carry a maximum of 12 players for all league games.



Capt. L.S. Hansen (left) accepts the Naval Dental School log as he relieves Capt. H.G. Green as Executive Officer of NDS. A past president of the American Academy of Oral Pathology, Capt. Hansen has been Head of the School's Officer Education Department for the past two years. From 1960 to 1963, he was Chief of the Dental and Oral Pathology Division of the Armed Forces Institute of Oral Pathology. Capt. Green will become Assistant Dental Director of the Administrative Command, Naval Training Center, San Diego. He served a two-year tour as Head of the Dental School's Oral Surgery Department before becoming the Executive Officer in January 1964.

NDS News

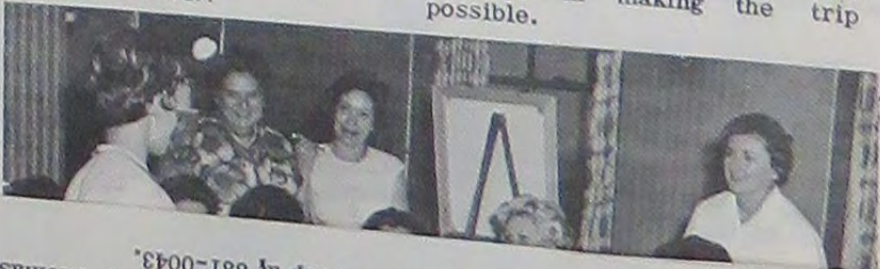
ENLISTED: DT2 Lawrence A. DiBari, reenlisted for six years at ceremonies held in the Office of the Commanding Officer. Those present besides Capt. K. L. Urban, CO, were Capt. H. G. Green, XO; Chief W. F. Guiles, of the Per-

sonnel Office; and Ens. D. E. Potter, Material Liaison Officer. OFFICER: Welcome, Comdr. S. O. Bartlett, DC. Dr. Bartlett came to the center from the Naval Amphibious Base, Little Creek, Norfolk, and is working in the Maxillofacial Prosthetics Division.



Career Spans 38 Years

Mrs. Bertha L. Haymaker, an employee of the federal government for some 38 years, began her civilian career in the Navy as a Third Launderer at the old Naval Hospital on Constitution Avenue in 1929. Still in the laundry business, Mrs. Haymaker has progressed through the federal ranks to her present position as Leadingman of the Center's Laundry Branch. She transferred from her Constitution Avenue job to her present one when the Medical Center was commissioned in 1942. During her tenure here, Mrs. Haymaker has witnessed many changes, including the modernization of equipment and an increase in the number of employees in the laundry from 10 in 1942 to 20 in 1966. In terms of years of service, she is one of the oldest employees at the Naval Medical Center.



Al Albin (NMS) is leading the scored a point. This match, neither team had the same division and, prior to the Army five is in yet attended are invited to join club privileges and who have not

They were more fortunate with the Army five is in yet attended are invited to join club privileges and who have not

SPORTS

A-GO-GO

Admiral Booters Kick Off Season

If determination counted as points in a soccer match, there is no doubt that the "Admirals" would have been declared winners in their game with Howard University.

However, this was not the case, and the determined but outplayed Centerites went down to defeat to a scrappy Howard Freshman Team, 7-1.

This was the first scheduled home match at this command since the establishment of the Medical Center in 1942. The "Admirals" copped a 2-1 victory in a practice match over Wakefield High School, which now has a 6-0 record in league play.

With the bright orange and black uniforms adding lots of color and zest to the contest, the "Admirals" took the defense from the kickoff and stayed that until late in the second half.

The booters from Howard University kept swarming around the goalie, Doug Blevins, (Center Command) until he started getting shell-shocked from the bullet passes going into the net.

The halftime score looked impressive as we held Howard to a 2-0 advantage. For those readers



Defensive fullback Rosentreter attempts to take the ball away from Howard University's center forward in the "Admirals" first home soccer game. Howard defeated the Navy team, 7-1.

who aren't aware of the soccer power at Howard U., the team is regarded as one of the strongest along the Eastern Seaboard. Their players are constantly being tagged

for All-American honors. They are coached by the Dean of Soccer in the Metropolitan area, Professor Ted Chambers. He has been teaching soccer at Howard for 25 years.

CLAIM 1ST VICTORY

The "Admirals" took the comeback trail in the following game with Western High School by scoring an impressive, 3-1, victory.

The free substitute rule was in effect, however, this didn't affect the Navy team. Only 13 men reported at game time. It takes 11 players in this sport so the Navy didn't have a bench problem.

Western took an early 1-0 lead and held at halftime. However, in the second half the tide began to change. Jozsa (RAD Safety), playing center forward, received the ball from his teammates and scampered past the defensive backs and drove one into the net for the Navy's first score.

Then late in the 4th quarter the "Admirals" scored twice to wrap up their second victory.



MEMBERS OF THE 1966 "ADMIRALS" VARSITY SOCCER TEAM - Bottom row (l to r) Ronald Wilson (NDS); Craig Jimerfield (NMS); John Jozsa (NNMC); Doug Blevins (NNMC); Donald Rosentreter (USNH); Wilmer Ottenberg (NMS); Alberto Carreras (NMS). Top row (l to r) Rear Adm. G. M. Davis, Commanding Officer, (NNMC); Todd Fisher (NNMC); Ralph Otto (NMS); Howard Gillary (NMRI); John Gillespie (NMRI); Gary Korte (NDS); Daniel Roudebush (AFRRI); Bill Cote (USNH). The following team members are not pictured in the photograph: Dick Baker (USNH); Edward Eisele (USNH); and Gohdan Mykietuch (USNH).

Bowling

The "Admirals" varsity bowling team began their league competition with a bang. But unfortunately it wasn't for the best.

They dropped their first two matches to the Air Force but rallied to claim the Army from Fort McNair as their first victims. However, they had to settle with a split, both teams taking two points.

The keggers lost 0-4 to Bolling AFB and 0-4 to Andrews AFB. The only consolation is that both of these teams are in the "A" Division and the losses will not count in the standings.

"Admirals" attack with a 183 average with Bud Lewis (NMRI) following with 176. The remaining members of the Varsity are G. Doverspike (USNH) with 167, Tom Ballinger (NNMC) with 167, R. Duban (USNH) with 165 and E. Bryant (BUMED) with 165.

Duplicate Bridge

A Duplicate Bridge Club has recently been formed at the Commissioned Officers' Club, NNMC. Game time is 7:45 p.m. sharp every Thursday night. All interested players should contact the club.

WANTED

Basketball Coach

Will the National Naval Medical Center field a Varsity Basketball Team this year?

This is the \$64 question. The Special Services Department has posted, pleaded and begged for someone to step forward and offer his services as the Varsity Basketball Coach.

Like any business, you need a leader. We need someone who is willing to devote some of his spare time, to do a nominal amount of traveling, and to act as an official representative of the Medical Center when the team is playing at other military installations or civilian establishments.

In addition, and naturally most important, our prospective coach should know the fundamentals and have a working knowledge of basketball. Even though we do not as yet have a coach, the team has been entered in the Washington Area Military Athletic Conference. A 14-game schedule has been arranged, with NNMC being placed

Sports Round UP

with Bill Dwyer

Excitement is running high this year at the National Naval Medical Center as the "Admirals" are fielding their first soccer team in 25 years. Not since the establishment of the Center in February 1942, has the Navy ever had soccer here. During the current year, with the assistance of the National Soccer Headquarters, renewed efforts are being made to encourage the spread of the sport in the rest of the U.S.

No one has ever seen a professional soccer game here in the nation's capital, but there is already a soccer war, with two pro leagues bidding furiously for the right to play in D.C. Stadium.

Each year more and more of the local schools are including soccer in their varsity schedules. The high schools and colleges have a little more stability and a better attendance record as far as the players are concerned. They have a tendency to stay around for several years. Here at the Medical Center with military personnel having their shore duty tours reduced considerably, you will never have the same team for more than one year. In fact, the hardest problem is having the same team for each game—duty, TAD, and moonlighting taking the highest toll.

Another obstacle here at the Center is the space problem. The present soccer field is in the fairway of the 9th hole of our golf course and in the outfield of our softball diamond. Because of the soccer field's 360-foot length, the golfers are using the upper tee, making it a short putt to the 9th green.

Even with all the aches and pains, the Center does have a soccer team. They are playing an independent schedule with the local high schools and college freshmen teams.

With the spotlight flashing on this up and coming sport, I hope soccer is here to stay at the Medical Center.

* THIS IS THE FIRST IN A SERIES OF ARTICLES BY BILL DWYER, DIRECTOR OF RECREATION, ON THE DIFFERENT SPORTS AT NNMC.

SPECIAL SERVICES

By Bill Dwyer

Have you been to Special Services recently?

If you have, you probably noticed the fresh paint, new equipment and, I almost forgot—the reopening of the swimming pool.

Yes, the era of the battleship gray paint is gone, at least as far as the Special Services Department is concerned. They have gone to the modern age of pastel colors.

For the newly-arrived personnel who have not had the opportunity to investigate the recreational facilities at the Naval Medical Center, do it now!

If you possess the little extra talent needed to compete on a varsity level, you can participate in basketball, golf, softball, bowling, tennis and soccer. If you are among the majority and wish to play on an intramural basis, then you can play basketball, golf and softball. We have run into a snag with the American Bowling Congress which will not sanction our lanes this year. Therefore, we will not have an intramural bowling league. But you may bowl on our four-alley, air-conditioned lanes for open competition.

Possibly you enjoy working on your automobile; fine, then you are welcome to use the Auto Hobby Shop. Also, we have a Woodworking and Craft Hobby Shop.

If your wife has an outpatient appointment and doesn't know what to do with the children, that problem can be solved by taking advantage of the Day Care Nursery.

We have a 550-seat theater where you can relax at the movies at 7 p.m. daily—house guests only, please.

A very picturesque recreation area is provided for you and your family during the summer months. New picnic tables and playground equipment have been installed.

Four tennis courts are available for your pleasure, along with an outdoor basketball court. There are two softball diamonds and, last but not least, a nine-hole golf course. The course is open from March until late November, depending on the weather.

In addition, we have a 75 x 35 foot indoor swimming pool which is open daily. During the summer months, swimming classes are offered for the dependent children.

For those who reported to the Medical Center with only a seabag and no athletic equipment, don't worry about it. You can check out equipment for all types of athletic enjoyment from camping to outboard motors; golf to softball; and other items too numerous to mention.

So take time out now and visit your Special Services Department. It is their job and responsibility to provide a well-rounded recreation program for you. And that is exactly what they have done.

Tennis Players Interest Sought For Indoor Courts

The Special Services Department has obtained the Montgomery Indoor Tennis Club for all military personnel of the National Naval Medical Center and their dependents.

The information has been posted in the Special Services Bulletin

fore you will be allowed to play. There are certain clothing regulations you must adhere to before you will be permitted to go on the courts. These will be provided when you pick up your reservation.

Contact Bill Dwyer, Director

Dental Clinic Opens Doors To Hospital Personnel



The new Staff Dental Clinic in Bldg. 6, Rm. 117, formally opened November 7 with the cutting of a golden ribbon by Rear Adm. G. M. Davis, Commanding Officer, NNMCC. Capt. K. L. Urban (right), Commanding Officer, NDS, spoke to guests who gathered for the colorful ceremony, attended by Rear Adm. F. M. Kyes (left), Assistant Chief, BuMed (Dentistry) and Chief, Dental Division.

The new Staff Clinic is now "all go" and, as Capt. K. L. Urban said to the guests who attended the ribbon-cutting ceremony, they need no longer feel like the shoemaker's family who has no shoes, because "doctors, nurses and hospital personnel now have their own exclusive Staff Dental Clinic where dental treatment will be given to the Center staff."

After thanking Rear Adm. G. M. Davis for his help and cooperation in finding space for the clinic, Lt. Comdr. H. A. Falk, Jr., Public Works Officer, and Lt. Comdr. C. A. Decesaris, Supply Officer, for doing a fine job, Capt. Urban invited everyone to look through the four-room suite. The attractive facility—three operatories, a reception room and an X-ray nook—is done in yellow and brown with coral dental units and black contour chairs. In the reception room a bouquet of long-stemmed

yellow roses greeted the guests, as did flowers in the other rooms, arranged and donated by Mrs. Paul E. Farrell.

Adm. Davis, in reply to Capt. Urban's appreciative statement for the help given in establishing the clinic, congratulated all concerned in this newest achievement.

Rear Adm. F. M. Kyes noted the far-reaching effect the clinic will have on the education and good oral hygiene of the hospital personnel, for where else could such an opportunity arise to set up good habits and practice preventive dental care under such ideal conditions. After looking over the clinic, Adm. Kyes summed up his approval in two words "unprecedented sophistication."

Dental officers assigned to the Staff Dental Clinic are Comdrs. Robert E. Austin, Paul E. Farrell and Harry C. Pebley. Mrs. Nancy D. McCauley, civilian dental hygienist, completes the staff.

Center CFC Falls Short of Goal

The National Naval Medical Center failed to reach its assigned 1967 Combined Federal Campaign goal of \$25,000. Final tabulations show that \$17,150 or 69 per cent of the monetary goal was reached, with the same percentage of personnel participating.

Three Center commands attained 100 per cent participation and five exceeded their monetary goal. Those which exceeded their monetary goal are as follows:

Naval Toxicology Unit.....143%
Naval School of Hospital

Administration.....125%

Naval Dental School.....114%
Naval Medical Research

Institute.....110%
Armed Forces Radiobiology

Research Institute.....102%

Rear Adm. G. M. Davis, Commanding Officer, and Capt. K. L. Urban, Vice Chairman for the 1967 campaign, extend their sincere appreciation and thanks for the generous response of all commands which reached their goal.

Naval Institute Photo Contest Open to All

Photographers at the National Naval Medical Center are urged to submit photographs to the U.S. Naval Institute's Maritime Photo Contest.

The contest is now open and will remain open through December 31. A prize of \$100 will be awarded to each of ten winners in the contest and each winning photograph will be published in a special pictorial section of the March 1967 Naval Institute Proceedings magazine.

The contest is open to all interested photographers, amateur or professional, military or civilian. Any photograph pertaining to naval or maritime subjects may be entered provided it was taken in 1965 or 1966. As many photographs as desired may be entered; they may be either black-and-white prints or color transparencies.

The minimum size for prints is 5" x 7" and the minimum transparency size is 35 mm. The contestant's name and address should be printed or typed on a separate sheet of paper, and attached to the back of each print, or printed on the transparency mount.

Photographs not awarded a prize may be purchased by the Naval Institute, payment being made at the normal rates; photographs not purchased will be returned after the judging.

Entries should be mailed to the Photo Contest Editor, U.S. Naval Institute, Annapolis, Md. 21402.

World's Spotlight Focused On Medical Center During Hospitalization of Johnson



The National Naval Medical Center is in the national spotlight again due to a VIP (very important patient). President Johnson was admitted to the naval hospital on Tuesday, November 15.

Despite the many media representatives, TV cameras and added security requirements, it is business as usual for all commands at the Center. One exception—TV cameras are now focused toward our movie screen in the auditorium where the White House Press Conferences are held.

Communications capabilities have been greatly expanded to meet the needs of the news media. Complete commercial telephone service was provided by the C&P Telephone Company without inter-

ruption to our local telephone service. Commercial teletype and telegraph services were also made available adjacent to the auditorium press area.

The two previous hospitalizations of President Johnson here provided a wealth of experience in making arrangements for such an event. Consequently, most of the arrangements were already programmed and carrying them out was much a matter of routine. NNMCC was again able to demonstrate its versatility and ability to adjust to a rapidly changing situation. All hands are congratulated on their readiness and ability to meet these changes.

Our hopes and prayers are with the President for a speedy recovery.

Capt. Reilly Assumes Helm As Chief, Nursing Service

Capt. Alice R. Reilly has been appointed Chief of Nursing Service, U.S. Naval Hospital. Having reported for duty November 3, she succeeds Comdr. Marion F. Caesar, who retired from active duty November 1. This is Capt. Reilly's second tour of duty at the National Naval Medical Center. From 1956 to 1960, she served as Operating Room Supervisor, USNH.

Capt. Reilly comes to the Center from the U.S. Naval Hospital, St. Albans, N.Y., where she also served as Chief of Nursing Service. In addition to this assignment, Capt. Reilly has served at naval hospitals in Philadelphia, Pa.; Brooklyn, N. Y.; Corona, Calif.; Oakland, Calif.; Camp Lejeune, N. C.; on board the hospital ship USS Repose; and with the Armed Forces in Sydney, Australia, and Tsing Tao, China. She began her Navy career in 1942, at which time she was appointed to the Nurse Corps.

Her service awards include: the American Defense Service Medal, American Campaign Medal, Victory Medal WW II, Asiatic-Pacific Medal, Japanese Occupation and the China Service Medals.

A graduate of Wilkes-Barre, Pennsylvania General Hospital Diploma School of Nursing, Capt. Reilly received a bachelor of science degree in nursing education at Boston College and a master



of science degree at the Catholic University of America.

Capt. Reilly is a member of Sigma Theta Tau, National Nursing Honor Society, Pi Gamma Mu, National Social Science Honor Society and the American Nurses Association.

CO Message

Let us this Thanksgiving Day review and reassess our personal and private blessings. Many of these we accept as commonplace and routine, the multiple freedoms that our heritage has proudly given us. Let us particularly thank those men and women who labor and fight in distant lands to assure that those freedoms shall be preserved. And as we give thanks, let us pray for justice, liberty and an honorable peace in these troubled times.

May each of you, your families and friends enjoy a happy and satisfying Thanksgiving Day 1966.

G. M. Davis

G. M. Davis
Rear Admiral, Medical Corps, U. S. Navy
Commanding Officer
National Naval Medical Center.

NATIONAL NAVAL MEDICAL CENTER NEWS

Commanding Officer
REAR ADMIRAL G. M. DAVIS, MC, USN
Deputy Commanding Officer
CAPTAIN H. S. ETTER, MC, USN
Administrative Officer
CAPTAIN D. J. MCLELLAN, MSC, USN

CAPT H. S. Etter, MC, USN.....Commanding Officer, NH
CAPT J. H. Stover, Jr., MC, USN.....Commanding Officer, NMS
CAPT H. C. Sudduth, MC, USN.....Commanding Officer, NMRI
CAPT K. L. Urban, DC, USN.....Commanding Officer, NDS
CAPT. E. L. Van Landingham, Jr., MSC, USN.....Commanding Officer, NSHA
CAPT. J. S. Burkle, MC, USN.....Director, AFRRI
CAPT. J. Siegel, MSC, USNR.....Officer-in-charge, NTU

STAFF

P. M. Schreiner.....Editor
NMS Photographic Department.....Photography

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The editors reserve the right to make corrections, changes, or deletions in submitted copy in conforming with the policy of the paper and the Navy.

EDITORIAL

Count Your Blessings

Do Americans place too much emphasis on Thanksgiving Day? We think not. Americans traditionally observe this holiday for a number of reasons—and very good ones. They have many things to be thankful for. Among these are modern housing, sleek cars, television,



sets, a wonderland of household appliances and comforts. We are thankful for these blessings and the free competitive society that puts such miracles within our reach.

But there is more. Our heritage is really our wealth. We give thanks not alone for the good life but for our way of life—a free society. Millions of people on earth do not have these blessings. We wish freedom for all people. That is why we sometimes have to fight to preserve freedom in far-off lands. So, we don't think Thanksgiving Day is overstressed. We are merely registering thanks for our bountiful blessings. Our forefathers first gave thanks for their good fortune at Plymouth, Mass., in 1621. We are still doing it today in a prosperous thriving United States of America that is free.

Enjoy that turkey and all the trimmings, but count your blessings—they are many. (AFNB.)

Chanukah Celebration Scheduled December 6-14

Chanukah, the Feast of the Maccabees, also known as the Feast of Lights, will be observed by the Jewish Community December 6 through December 14. It celebrates the rededication of the Temple of Jerusalem and the victory of the Maccabees over the Syro-Greek conqueror, representing not only a military victory but also a victory of the spirit over material things. As part of the endless struggle for democracy, the victory of the Maccabees is of eternal world-wide interest. The Menorah, or eight-branched candle-lab, is lit each night, beginning with one candle the first night, and an additional candle is added each succeeding night. This is a festive holiday observed

in the home and at worship services.

A service in observance of Chanukah will be held in the Bethesda Chapel, Bldg. 8-A, Wednesday, December 14 at noon, conducted by Rabbi Harry J. Kaufman, Auxiliary Chaplain, NNMC. You are invited to attend.

The present-day Navy was established by Congressional law on March 27, 1794, for the purpose of protecting commerce. This was nine years after the first seizure of American merchant ships by Algerian pirates. During this period, the U.S. paid as much as \$1,000,000 a year in tributes and ransoms for imprisoned American seamen and captured ships.

In Memoriam

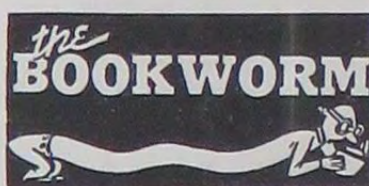


His many shipmates and friends in the Naval Medical School, as well as many civilian institutions, were made richer by the life of Lt. Comdr. William B. Pitzer, who died October 29. A native of Gerardsville, W. Va., he entered the naval service in 1934 and, except for a brief exposure to civilian life as an X-ray technician from 1939 to 1942, he proudly wore the Navy blue in progressive order as enlisted man, warrant officer and commissioned officer.

During a naval career which spanned over 28 years, he served on numerous duty assignments, ashore and afloat. Lt. Comdr. Pitzer was a pioneer in the Navy's medical television field. At the time of his death, he was Assistant Head, Medical Graphic Arts Department and Chief, Television Division, NMS.

Mr. Pitzer found time to attend school at Montgomery Junior College and at the University of Maryland during off-duty hours. He was a member of the Board of Directors of "Help for Retarded Children, Inc.," treasurer of the Takoma Park Junior High School PTA, and consultant on visual arts to the Montgomery Junior College Department of Education.

The Medical Department of the Navy, as well as the many friends and civilian institutions with whom he worked and devoted much of his "free" time, will not soon forget his passing.



By Lil Chitwood

READING IS TO THE MIND
WHAT EXERCISE IS TO THE BODY!

Aside from the books we received from BuPers, Special Services has purchased some best-sellers for your enjoyment.

Please keep in mind that if a book you check out is on the best-seller list, there are probably six people waiting for you to finish it.

When you finish with a book, please do not give it to someone else to read. This is unfair to the person who has been patiently waiting for you to return the book.

Your consideration and cooperation will be greatly appreciated.

Here is a list of new books now in the library:

"The Adventure"
Harold Robbins
"Giles Goat-Boy"
John Barth
"Tell No Man"
Adela Rogers St. Johns
"Saturday the Rabbi Went Hungry"
Harry Kemelman
"How to Avoid Probate"
Norman F. Dacey
"All in the Family"
E. O'Connor
"Roman"
Waltari
"Earthmen and Strangers"
R. Silverberg
"South Pacific A to Z"
R. S. Kane

Chaplain's Corner

It Tastes Better

by Chaplain R. E. Earnest

"Thank you for this food, Lord," intoned the wizened old lady as she sat down to the meager portions placed before her. A person observing this ritual asked her why she did this, remarking that she would get her food anyway and, besides, it is not much. "Sure," she replied, "but everything tastes better when you are thankful."

This Thanksgiving we need more of this spirit. In terms of physical abundance, freedom and security, we are the most favored nation in history. Yet, instead of giving thanks to God, we fuss and complain about what we do not have, and we greedily reach out for more. It is more important for us to develop the spiritual powers and disciplines to use the wealth that we have.

America's greatest blessing is freedom. We have "freedom of..." and "freedom to..." but how do we use our "freedom for?" Too often freedom is a cry for license. We think of freedom for ourselves not realizing how an irresponsible use of our freedom may impinge upon the rights of others. Our freedoms may be used properly only if we recognize the source of our freedom, which is a strong belief in God as Father and in all men as brothers. This is the only basis for responsible freedom. It is lost when this faith is lost.

As we celebrate Thanksgiving this year, let our prayers include a prayer for wisdom to use our material goods and our freedoms responsibly, remembering the wise saying of this little lady: "It tastes better that way."

Thanksgiving Menu



Shrimp Cocktail
Beef Consomme - Saltines
Assorted Relishes
Roast Young Tom Turkey
Cornbread Dressing - Giblet Gravy
Roast Prime Rib of Beef with Yorkshire Pudding
Baked Virginia Ham with Fruit Sauce
Snowflake Potatoes
or
Sweet Potatoes Imperial
Buttered Garden Peas, Buttered Whole Kernel Corn
Tossed Green Salad with Assorted Dressings
Parker House Rolls
Butter
Coffee Tea Milk
Brandied Mincemeat Pie with Hard Sauce
Pumpkin Pie

Professional Council Observes Vicennial Anniversary at NNMC

The vicennial anniversary of the Professional Council, Board of U.S. Civil Service Examiners for scientific and technical personnel, Naval District Washington, D.C., was held at the National Naval Medical Center October 25.

Approximately 60 past and present members and their wives marked the observance at a banquet followed by a program of addresses. The principal speaker, Director of Navy Laboratories Dr. Gerald W. Johnson, recounted his personal experiences and contacts among Navy groups in the field, in laboratories and in administrative circles. In discussing mission oriented research, Dr. Johnson stressed the importance of first-hand acquaintance with Navy problems not only by those in the field but also by scientists who must investigate problems and provide solutions through the laboratories. He expressed concern for continued improvement in the acquisition and retention of scientists of the highest competence for carrying out the supporting role of the laboratories in Navy operations.

Dr. Julius Sendroy, Jr., Chief Chemist and Science Advisor,

Naval Medical Research Institute, is currently chairman of the Board. He has served as a member of the Professional Council since 1950, as vice chairman from 1954 to 1963, and as chairman since 1963.

NDOW Club Plans Dinner - Dance

A holiday season highlight at the National Naval Medical Center will be the Naval Dental Officers' Wives Club dinner-dance on Friday, December 2, in the Terrace Room of the Officers' Club.

The theme for this year's gala will be "Christmas by Candlelight." Mrs. James D. Enoch and Mrs. Norman K. Luther, co-chairman for the affair, have arranged an exciting evening full of delicious food and great music. Cocktails will be served at 7 p.m., followed by dinner and dancing—would you believe twisting???

Reservations may be made by mailing checks to Mrs. William B. Shreve or Mrs. Robert A. Gaston.

Monday, November 21, 1966

Legal Department Defines Residence For NNMC Military

Before you can determine certain of your legal rights and obligations, you must understand the distinction between the terms "residence" and "domicile" and the protection afforded by the Soldiers' and Sailors' Civil Relief Act.

Under this Act, the sole right to tax your military pay and your personal property remains with your State of domicile when you are absent therefrom in compliance with military or naval orders. Furthermore, the Act requires all States to recognize your automobile license, if (but only if) issued by the State that is your domicile.

RESIDENCE

Residence is generally defined as a "factual place of abode at a particular time" or "that place where a serviceman is currently living; that is, his temporary home under military orders." However, a great deal of confusion exists in defining this term, because various State laws define the words "residence" or "resident" differently. In fact, the definition of "resident" in tax laws of the District of Columbia, Maryland and Virginia differs from the one above.

DOMICILE

Domicile (legal residence) may be defined as "that place where a man has his true, fixed, permanent home and principle establishment and to which, whenever he is absent therefrom, he has the intention of returning."

To understand the problems of domicile, you must first understand that there are three kinds: domicile of origin or birth, domicile by operation of law, and domicile of choice. Legally, it is impossible not to have a domicile, and an old domicile is not lost until a new one is acquired.

Domicile of origin is the domicile automatically acquired by every child at birth and is identical with the domicile of the parents. The actual place of birth does not determine domicile of origin. For example, a child born to American service parents while stationed in Virginia does not necessarily become a domiciliary of Virginia. If, at the time of birth, the father was domiciled in Colorado, the child also becomes a domiciliary of Colorado.

Like domicile of origin, domicile by operation of law exists independently of the subject's intention and actual residence. For example, a woman upon marriage generally loses her own domicile and, by operation of law, acquires that of her husband, regardless of her actual residence or intention.

Domicile of choice is the place which a person has voluntarily elected and chosen for himself to replace his previous domicile. To change your domicile, there must be a simultaneous concurrence of these elements: actual residence (bodily presence) in the new locality, an intention to remain permanently or indefinitely, and an intent to abandon the old domicile.

Once the above requirements have been met, you have changed your domicile. However, proving the requisite intent, particularly if the change of domicile gives you a tax advantage, may be difficult. Taxing authorities may demand, and properly so, evidence of some overt acts on your part indicative of the requisite intent, such as car registration, driver's license, bank accounts, etc.

Service personnel are tempted from time to time to change their domicile in order to avoid the

(Continued on Page 8)



Halitosis, Symptomatic of Disease

Someone once quipped, "Bad breath is better than having no breath at all!" An odious comparison indeed; or should we say "odorous." How many times have you come into close proximity to someone wearing a fragrant cologne or lotion, and while you are notably impressed with theirs, you cannot smell your own.

There is a very definite explanation for this situation. The olfactory cells in your nose quickly become accustomed to the odors within their immediate area of stimulation.

Mouth odors will give this same pattern of response. An individual may be totally unaware of his own unpleasant breath, yet this will be quickly noticed by someone else. Although most halitosis is symptomatic of oral disease, it may also be caused by any of a great number of extra-oral diseases of the respiratory and alimentary tracts or the blood, according to a review by R. S. Rusiecki (Georgetown Dental Journal, December 1965).

During the next visit to your dentist, ask him to make these preventive checks for you. Close your mouth and breathe through your nose. If odor is detected, it will be indicative of trouble elsewhere than in the mouth. Conversely, if odor is detected when you hold your nose and exhale via the mouth, your dentist will proceed to discuss your dental problem.

Obesity: Major Health Problem

Obesity has become a major health problem in the United States and a special health hazard for three obesity-prone groups, according to the Public Health Service.

Prime candidates for the development of obesity and its attendant association with certain serious disorders and possible early death are children whose relatives are obese; heavily built persons who also have corpulent tendencies; and persons who are becoming less active, more sedentary.

While no definite causal relationship between obesity and a variety of medical abnormalities has been found to date, the PHS points out that coronary heart disease and diabetes mellitus are two major diseases often associated with obesity.

It also warns that obesity compounds the disabling effect of such cripples as arthritis and emphysema and introduces an extra hazard into pregnancy.

Accidental Poisoning of Children

Children under five swallowed aspirin in one-fourth of all cases of accidental ingestions of harmful substances reported last year to the National Clearinghouse for Poison Control Centers, a branch of the Public Health Service's Division of Accident Prevention.

Paul Joliet, M.D., Chief of the Division, said that a survey by the Clearinghouse showed that harmful ingestions, after aspirin, by boys and girls under five most frequently involved soaps, detergents and cleaners; bleach; vitamins and minerals; insecticides, plants; polishes and waxes; hormones (including oral contraceptives and thyroid tablets); tranquilizers; other analgesics and antipyretics (pain and fever-reducing pills).

From Seaman to Ph.D

Lt. Adolph R. Dasler, Physiological Sciences Department, Naval Medical Research Institute, recently received his doctor of philosophy degree. A considerable amount of his education was sponsored by the U.S. Navy.

Enlisting as a seaman in 1950, Dr. Dasler graduated from both



Hospital Corps School and from Pharmacy Specialty Training in 1953. During his enlistment, which expired in 1955, he received a Commendation from the commanding officer of the USS Haven (AH-12) for Korean duty with the First Marine Division and another for his Indo-Chinese duty with the United Nations Medical and Evacuation Team.

From 1955 to 1961, Dr. Dasler worked, in a civilian capacity,

first at the Hackley Hospital and later with the Food and Drug Administration in Michigan. During this period, he earned both a bachelor of arts and a master of arts degree at Western Michigan University.

Commissioned in the Navy in 1961, he reported for duty to NNMC, where he remained until 1964. During his duty here, he received a Commendation from the Chief, Bureau of Yards and Docks, for his involvement in the BuDocks and Bureau of Medicine and Surgery Shelter Habitability Studies and another from the Chief, BuMed, for serving as the bureau's Stops Project Officer.

Upon leaving NNMC, Dr. Dasler reported for duty under instruction to the Michigan State University, where he earned his doctor of philosophy degree.

In July 1966, he returned to NNMC for his second tour of duty, this time, as Head, Thermal Stress Division, Physiological Sciences Department. At present, as well as during his first tour of duty here, he serves as a human test subject in thermal stress experiments. Dr. Dasler also has additional duty at BuMed, where he is serving as Head, Thermal Stress Branch, Occupational Health Division. His general field of interest is in environmental thermal stress physiology, basic and applied.

Dr. Dasler is a member of the

MEND Symposium Teaches Care of Accident Victims



Scenes from the two-day Medical Education for National Defense (MEND) Symposium held November 10 at the National Naval Medical Center: Approximately 175 junior, senior medical students, representing most of the United States medical colleges, participated in the MEND program, sponsored by the Army, Navy, Air Force and Public Health Service. The goal of the symposium was to stimulate, at the medical student level, an awareness and concern for the many problems relating to effective and immediate care of an accident victim, whether it be on the highway, in the home or on the battlefield. Students observed a medical-evacuation helicopter landing, and members of the Rockville and Glen Echo Fire Departments and the Wheaton and Bethesda-Chevy Chase Rescue Squads gave demonstrations on first aid and emphasized its importance as a deterrent to further injury. The students also examined the heavy equipment truck and ambulances, as well as the many items of emergency equipment used by the various rescue squads.

following professional societies: the New York Academy of Sciences; the American Society of Heating, Refrigeration and Air-Conditioning Engineers; the American Association for the Advancement of Science; and the Society of Sigma Xi.

Center News

Congratulations go to SD3 Emile C. Aying, Jr., who received a Good Conduct Medal from Rear Adm. G. M. Davis November 8 and to SDC Balintony Tomeldan who retired November 18 to the Fleet Reserve

after 22 years in the naval service. Congratulations are also in order for BMC James B. Bowden who will retire December 1 after 30 years service, and to Lt. Comdr. Donald J. Snowden, Naval Medical Data Services Center, who will be retiring the same day after 20 years naval service. HN Ronald Drake leaves the Center November 25 when his enlistment expires.

Welcome aboard to Ens. Anthony J. Ziner, a graduate of NSHA's 26-week orientation course. He reported to the Center command November 8 and is working as the assistant supply officer.

Civilian News

by Harry Fox

NNMC employees are reminded that the open season on Health Benefits Insurance coverage ends November 30. We urge you to review the various programs that are offered and to decide whether the program you currently have meets your needs. Persons who elected not to enroll may now enroll and low option plans may be changed to high option. Changes from self only to self and family may also be made. These and other changes will be permitted for the duration of the open season.

NAVY DEPARTMENT CHANGES CIVILIAN PERSONNEL ORGANIZATION...Some months ago a committee was appointed to do a four-month study on the advisability of reorganizing the Navy's Office of Industrial Relations. The committee, headed by Mr. Richard A. Beaumont, made several recommendations concerning the Navy's civilian personnel structure.

The controlling office will henceforth be the new Office of Civilian Manpower Management (OCMM), headed by Beaumont, as Deputy Under Secretary of the Navy for Manpower. The office is expected to be more flexible and responsive of structure than its predecessor, the Office of Industrial Relations. It is also expected that the new office will use the Navy's 366,000 civilian employees to better advantage.

The OCMM will emphasize new programs aimed toward improved inventories of available manpower resources. The new organization is expected to become operational, on a gradual basis, by the end of 1966.

Although some new constraints in the form of greater coordination and participation in department-wide programs for evaluating the effectiveness of local operations are anticipated, there should be more local flexibility gained than lost. For example, activities will have greater freedom due to the prospect of eliminating or modifying many of the current administrative requirements of Navy Civilian Personnel and Bureau Instructions for prior approval before action can be taken locally.

FEDERAL SERVICE ENTRANCE EXAMINATION SCHEDULE SET: The test schedule is as follows: January 21, February 18, March 18, April 15, May 20, and June 17, 1967.

The FSEE is a special test which measures a number of areas of mental strength. Over 200 kinds of positions are filled through this one examination. Those eligible to take the exam include college graduates; those who will finish college within nine months of taking the exam; and persons who have had three years experience (including at least one year at the GS-4 level or its equivalent) in administrative, professional, investigative or other responsible work which has prepared them to enter into the positions for which this examination is appropriate. Although most people take the exam to achieve GS-5 level, it is possible to be rated GS-7 if you have a master's degree or its equivalent in experience.

NNMC employees may use the Federal Service Entrance Examination to enhance their GS rating. This is one of the most important aspects of the examination and one which should be utilized more fully by employees. This examination is also used to recruit people with potential for special training as management interns. For this area of consideration, it is necessary to take the Management Intern Examination, administered on the afternoon of the same day as the FSEE.

Applications for each exam must be received by the Civil Service Commission no later than one month prior to the day on which the applicant wishes to take the exam. Forms are available in the Civilian Personnel Division, Rm. 32, Bldg. 7.

There is a good possibility that blue-collar workers employed by the government will get a raise in the near future. The reason for this rosy outlook is that the Office of Civilian Manpower Management and representatives of the Army, Air Force and Bureau of Labor Statistics are conducting a joint wage survey of blue-collar jobs in private firms within the metropolitan area. If the survey reveals that private rates are higher than government rates, adjustments will be made.

According to law, surveys of this type must be completed within a 45-day period. Thus, if a new schedule of wages is authorized, our blue-collar workers should receive a pre-Christmas present of increased wages sometime in early December.

Centerites Advanced In Joint Ceremony



HMC Corydon P. T. Purdy (left), Radiological Safety Department, NNMC, and HMCS Edward M. Chitwood, Military Personnel Office, were recently promoted at ceremonies held in the office of the Commanding Officer, Rear Adm. G. M. Davis. Purdy was advanced to senior chief hospital corpsman and Chitwood to master chief hospital corpsman.

Red Cross Graduates 36th Class

The 36th class of Red Cross Volunteers completed basic training at the U.S. Naval Hospital last month.

Capt. H.S. Etter, Commanding Officer, USNH, opened the training program with a description of the hospital mission and the scope of activities conducted at the Naval Hospital for patient care and training of medical personnel. Members of the hospital staff gave lectures on Hospital Ethics; Medical, Orthopedic, Pediatric and Psychiatric Service; and the Role of the Chaplain.

Thirty-two women took the training; twenty-eight of whom were newcomers to Red Cross Volunteer Service. After two weeks of on-the-job-training, the members of the class were given assignments as personal service shoppers on the hospital wards, in the craft shop, library, in the patient recreation program, the pediatric recreation program and as receptionists to out-patient clinics.

On December 3, class members will receive their caps and become full-fledged volunteers for duty at the Naval Hospital.

Red Cross volunteers have been serving at Bethesda since the hospital was commissioned in 1942. At present there are 125 women serving monthly giving approximately 2500 hours of service.

AFRRI News

Deputy Dir. Awarded Medal

Col. Louis E. Browning, USA, of Rockville, received the Army Commendation Medal (Oak Leaf Cluster in lieu of second award) at a full staff meeting of the Armed Forces Radiobiology Research Institute November 1.

Col. Browning, Deputy Director, Operations and Administration, AFRRI, was cited for "exceptionally meritorious service" while nuclear medical officer at the U. S. Army Combat Development Command Medical Service Agency, Ft. Sam Houston, Tex. He held that post from August 1963 until July 1966, when he came to AFRRI.

The citation commended Col. Browning for his "outstanding professional technical competence in the medical aspects of chemical, biological and radiological operations." He was further commended for his performance as deputy commander of the Medical Service Agency, a position he filled, in addition to that of nuclear medical officer, from September 1965 until July 1966.

In his present position, Col. Browning supervises the administrative and support departments of AFRRI.

Col. Browning has had wide experience both in medicine and in research. He received a bachelor of science degree in biology from Loyola University, New Orleans, La., in 1939, and a medical doctor degree from St. Louis University School of Medicine in 1943. He has been in the U. S. Army Medical Corps since 1944 and has been engaged in research at the Naval Radiological Defense Laboratory, San Francisco, Calif., and at Los Alamos Scientific Laboratory, Los Alamos, New Mexico.

In addition to the Army Commendation Medal, Col. Browning received the Bronze Star Medal for service in the European Theater, 1944-45.

Navy Day Baby



Capt. H. S. Etter, Commanding Officer, USNH, (right), presents a \$25 Savings Bond to Sgt. and Mrs. Ronald F. Cook, the proud parents of the first baby born on Navy Day, October 27. The Navy Day baby, Frederick Winfield Cook, was born at 6:24 p.m. and weighed 8 lbs. 4 1/2 oz. Sgt. Cook is attached to 'A' Company, HQB, HQMC, Henderson Hall, Navy Annex, Arlington, Va.

Your Dental Health

The following is one of a series of articles being presented by the National Naval Medical Center News in cooperation with the Naval Dental School.

Attractive Teeth for Teenagers

Teenage, reaching for that candy bar? Well don't. Pass it up and have an apple instead.

Sounds like a dull alternative, but if you value your smile--a great asset for those who want to be popular and successful--you'll learn that layer cake and other sweets can be your smile's worst enemies.

Did you know that a slice of two-layer chocolate cake has 15 teaspoons of tooth-decaying sugar in it?

That a candy bar has seven? That a 6 oz.-bottle of carbonated beverage has four?

Sugar increases activity of bacteria in the mouth which, in turn, produce tooth-decaying acid. In five minutes the bacteria can produce enough acid to dissolve some tooth enamel. Once tooth enamel begins to go, your tooth may be on its way out!

Adolescence is the age when tooth decay does its greatest damage, probably because of increased consumption of sweets and insufficient attention to brushing. Tooth decay is the single greatest cause of tooth loss for this age group. In fact, at age 16, the average boy or girl has seven decayed, missing, or filled teeth. This is quite a handicap for a successful smile!

The situation is not hopeless, however. Teenagers can do much to change it. Here are some good health rules to follow:

--Brush your teeth after each meal, and after each between-meal snack. Toothbrushing helps remove the food that lodges in between your teeth for bacteria to work on. Removing decaying food helps prevent bad breath too, and keeps your gums healthy.

--If you cannot brush, at least rinse out your mouth with water.

--Visit your dentist regularly. He'll want to clean your teeth at least twice a year to remove tartar or other deposits that the toothbrush cannot remove. With the use of X rays he will find the small cavities and fill them before they can get larger. He will find impacted teeth and diseased pulps or tooth nerves--other causes of sore mouths. X rays will also help the dentist find any other hidden

problems and correct them before they become serious.

--If you live in a community which doesn't have fluoridated water, he may suggest application of a fluoride solution to the teeth to make them more resistant to decay.

--Be sure to see your dentist immediately if you injure a tooth--for instance, playing football or riding a bike. A tooth can be damaged even if it does not appear to be chipped or broken. Then too, a tooth that has been knocked out can often be reinserted if treatment is sought immediately.

--And finally, eat right. Foods good for your over-all health--milk, meats, cheese, fruits, vegetables, and breads--are adequate for your dental health, too. Cut down on candies and cakes and other sweet foods. Eat the raw fruits and vegetables that help to clean your teeth.

Navy Resumes LDO Program

AFNB... Navy will reactivate its Limited Duty Officer Program in FY68 but will limit procurement to male chief warrant officers originally appointed after calendar year 1964, and serving in W-2 and W-3 grades.

Personnel selected under the new program will be tendered temporary appointments in the grade of ensign, commencing in FY69.

In the same personnel notice, Navy announced a concurrent warrant officer appointment program and its modifications.

The basic change is that only chief and first class petty officers, E-7 and E-6, will be considered for warrant officer appointments. Master and senior chief petty officers, E-9 and E-8, will be excluded.

BUPERS also noted that eligibility for warrant officers will be reduced to a 31 year old maximum with an additional 14 year maximum for active naval service.

Monday, November 21, 1966

NNMC NEWS

HM3 Curry Decorated For Vietnam Service



Capt. H. S. Etter, Commanding Officer, USNH, presents the Purple Heart Award to HM3 Robert E. Curry at ceremonies in Ward 5-C. Curry was wounded in action in Vietnam while serving with "E" Company, 2nd Battalion, 3rd Marine Division. Following evacuation from the battle zone and treatment aboard the USS Repose (AH-16), Curry was transferred to the Center, where he is recovering from his wounds.

NDS Personnel Commended At Retirement Ceremony

Our soldiers, sailors, marines, and airmen who have died for their country are honored in the persons of the Unknowns at Arlington. But too often men and women who have given years of dedicated service retire from the Armed Forces without receiving any mark of honor, respect or appreciation. Not so at the Naval Dental School, as evidenced by the ceremony held October 31 to honor three retiring staff members: Capt. James B. Lepley, DTC William F. Guilles and DTC Harry L. Foster.

The ceremony was held in front of the dental wing of the main building at the Center. Drawn up in formation before the parapet overlooking the colorful autumn foliage, the battalion, in full dress uniform, presented an outstanding military appearance. During the ceremony, a contingent from the Navy Band played martial music, and the color guard gave an excellent demonstration of precision drill.

Among the guests were Rear Adm. F. M. Kyes, Assistant Chief of BuMed (Dentistry) and Chief of the Dental Division; Rear Adm. G. M. Davis, Commanding Officer, NNMC; and the families of the honored men. Following a ceremonial inspection of the battalion, Capt. K. L. Urban, Commanding Officer, NDS, and host at the ceremony, assured the retirees that they had been valued by their many associates, that their contributions to the Navy and to their country had been deeply appreciated, and that they had performed well in the many roles they had been called upon to assume during their naval careers.

In addition to his retirement certificate, each man received a personal letter from Adm. Kyes and a Letter of Commendation from Capt. Urban.

Capt. Lepley is retiring from the Navy after 23 years of service to become Chief of the Dental Service, Sloan-Kettering Memorial Cancer Center in New York. He is a diplomate of the American Board of Prosthodontics and a member of several professional societies. During his last tour of

duty, Capt. Lepley served in a dual capacity as Head of the Prosthodontics Department and the Maxillofacial Prosthetics Division of the School. He was also an instructor in the graduate and postgraduate courses. The Navy tradition will be carried on in the Lepley family by his son Barry, a midshipman in the Navy program at Yale University and by his daughter Marlon, who will soon be commissioned an ensign in the Navy Nurse Corps.

Chief Guilles, a native of Rochester, N.Y., enlisted in the Navy in 1943. He has transferred to the Fleet Reserve and accepted an appointment by Chief Justice Warren to the Supreme Court Police Department. During his last tour of duty he was assigned to the Personnel Office, NDS.

Chief Foster, a native of Vandergrift, Pa., is retiring from the Navy after 21 years of service. He has joined the faculty of the Milwaukee Institute of Technology as instructor in charge of the dental technician course.

The first prisoner of WWII was the skipper of a Japanese midget submarine. The sub beached off Bellows Field, Army Air Base, on the island of Oahu, Hawaii, shortly after the December 7, 1941, attack on Pearl Harbor.

SAVING FOR RETIREMENT?

Save yourself! Obey safety regulations. Safety costs you nothing and deprives you of nothing while you are working. When you retire you can enjoy your retirement and your family can enjoy you--their most precious asset.

NMRI News

The Naval Medical Research Institute celebrated its 24th anniversary October 28. While its staff, physical plant, and program scope have grown considerably over the years, its mission continues to be basic and applied research and development concerned with the health, safety, and efficiency of naval personnel. This, the Navy's largest biomedical research facility, is recognized Navy-wide as the main support laboratory for the study of tasks beyond the capability of other naval laboratories. Because of its highly competent staff in diversified areas and its specialized equipment, NMRI has gained national as well as international recognition.

At the request of NASA, Houston, Tex., Comdr. L. J. Greenbaum; D.E. Evans; and HM2 R.D. Edwards, Physiological Sciences Department, visited the Environmental Research Associates Company, Randallstown, Md., last month. The services of this NMRI team were requested to assist in the evaluation of Extra Vehicular Activity Studies for Project Gemini. Astronaut Aldrin was monitored for metabolic rates, respiratory rate, heart rate and EKG under stimulated conditions of the gravity free state. Similar measurements are planned after the flight for comparison with the initial results.

Comdr. Philip Khairallah, MC, USNR, who recently completed his Active Duty Training in the Physiological Sciences Department, spoke to staff members and guests on "Recent Concepts in Hypertension," November 4. Dr. Khairallah is associated with the Cleveland Clinic in Ohio.

PROMOTIONS...(Officer): Frederick B. Essman to Captain, Medical Service Corps. Capt. Essman is Administrative Officer and reported aboard August 6 from the staff of the Commander-in-Chief, U.S. Naval Forces, Europe.

(Enlisted): Donald P. Ellfott, Jr. to Electronic Technician N (Communications) Second Class; Edwin L. Grubbs, Jr. to Electronic Technician R (Radar) Third Class; and John R. Gillespie, Jr. to Dental Technician Second Class.

TRANSFERS: HMC C.H. Presley, HMC L. Lewis and HMI A.E. Talbot to Camp Lejeune, N.C. for Temporary Duty prior to reporting with the FMF, Fifth Marine Division, Camp Pendleton, Calif.; HM2 J. L. Voss to the Naval Station, Adak, Alaska; and HM3 T. J. Shaw to the USS Renville (APA 227), San Diego.

Navy Increases Nurse Quota

AFNB....The Navy expects its nurse shortage to continue through FY69 and has increased accordingly the recruiting quota for the Navy Nurse Corps Senior Candidate Program from 150 to 250 for FY68.

This program provides financial assistance for student nurses studying for a bachelor of science in nursing during their senior year.

It gives nurses while still in college six months pay and allowances of an officer candidate and six months pay and allowances of an ensign, plus books and tuition.

The Navy said that applications for this program have always exceeded quotas in the past and that it does not anticipate difficulties in filling 100 extra spaces.

NMS Graduates 20th Class In Nuclear Medicine



The Naval Medical School, commanded by Capt. J. H. Stover, Jr., graduated the 20th class in Nuclear Medicine and Radioisotopes this month. Eight naval medical officers, three public health officers and three civilian physicians were among the graduates. Five different medical disciplines were represented in this class: Radiology, Pathology, Internal Medicine, Obstetrics and Gynecology, and Orthopedic Surgery. Rear Adm. R. O. Canada, Deputy Surgeon General of the U.S. Navy, delivered the graduation address to the students. Diplomas were presented by Capt. Stover. The course in Nuclear Medicine and Radioisotopes is presented semiannually by NMS and has been continuous since 1956.

NSHA News

Twenty newly-appointed medical service corps officers began their orientation training at the Naval School of Hospital Administration November 7.

This, the 30th class, is the largest to be convened by the Bureau of Medicine and Surgery since the inception of this program in 1959. To date 189 officers, commissioned directly from civilian life, have completed a course of instruction in Military and Medical Department Orientation given at NSHA. The purpose of this 30-day orientation program is to provide the newly-commissioned officers with a basic knowledge of military leadership, naval customs and traditions, and medical department organization and administration.

This particular class brings a wide range of talents and training allied to medicine to the Navy Medical Department. The following 11 different specialties are represented: 6 optometrists, 4 clinical psychologists, 2 entomologists, 1 pharmacist, physiologist, bacteriologist, medical technologist, microbiologist, parasitologist, environmental health officer and supply and administration officer.

New Device To Simulate Nuclear Blasts

NAVNEWS....On a site overlooking the Potomac River at Dahlgren, Va., the Navy is preparing to pull the trigger on a unique device which won't be "the fastest gun in the East" but promises to be the biggest.

This massive contrivance, known as the Conical Shock Tube Air Blast Simulator, will make use of the barrels of four 16-inch naval guns welded together end-to-end into a single detonation chamber to provide its mighty BANG. No projectile will be fired from the half-mile long "barrel," but the resulting shock waves will be used to simulate nuclear explosions and test their effects on various "targets."

The facility will be a real cost saver in testing nuclear blast effects on such things as model ships, jet engines, shelters, electronic equipment, tanks, trucks and waterfront structures. It also will evaluate blast and shock damage

Earnest Joins Chaplain Staff

Lt. Comdr. Ralph E. Earnest is the latest addition to the chaplain staff at the National Naval Medical Center. He began his duties October 3.

Born in Moundsville, W. Va., Chaplain Earnest attended Anderson College in Indiana, where he obtained a bachelor of arts degree in social science in 1951. From there, he entered the Butler University School of Religion in Indianapolis, where he received a bachelor of divinity degree in 1955.

Chaplain Earnest was appointed an ensign in the Chaplain Corps in November 1953, and through subsequent promotions attained the



rank of lieutenant commander in October 1961.

Before coming to the NNMC, Chaplain Earnest was attached to the Second Marine Division, FMF, Camp Lejeune, N. C., where he served one previous assignment in 1955, upon first entering active duty. The chaplain has also served on board the Destroyer Squadron Twenty Four, stationed out of Newport, R.I.; at the Naval Station, Norfolk, Va.; on the USS Yosemite; and with the Third Marine Division, FMF, Okinawa.

to re-entry space vehicles at simulated altitudes up to 100,000 feet. Previously, such tests could only be made during actual nuclear explosions. These were costly, could not be held as frequently as needed, and usually released dangerous radioactive material into the earth's atmosphere.

Funded by the Defense Atomic Support Agency, the shock tube will duplicate actual pressures and durations of nuclear blasts up to 20 kilotons. To do so, it will use TNT instead of fissionable material. The explosions will meet all requirements of the International Test Ban Treaty.



If you haven't taken advantage of the layaway plan authorized for patrons of Toyland, time is running out. A minimum purchase of \$10 is required with a down payment of 50 per cent. All items must be picked up no later than December 15, at which time you will pay the balance of the purchase price. Although, the plan is only designed for the Christmas period, it may be adopted on a storewide, permanent basis if this "pilot project" is successful. Located in Bldg. 115, store hours are Tuesday through Friday 9 a.m. to 5 p.m. and Saturday 9 a.m. to 4 p.m.

Corpsmen of the Quarter



HMI Clarence H. Riley, Personnel Office, USNH, and HM3 Martha L. White, Eye Clinic, were co-winners of the Corpsman of the Quarter Award for the third quarter 1966. HM3 White is the first wave hospital corpsman to be selected for this distinction. Both were presented a Letter of Appreciation and a U.S. Savings Bond by their Commanding Officer Capt. H. S. Etter in recognition of their outstanding performance of duty and other military and personal characteristics. They were selected for the honor from among individuals nominated by the various wards, clinics and departments of the hospital by a committee composed of hospital corps chief petty officers.

USNH Corpsman Nominated For Civilian Award

HMCS Elmer L. Corbett was recently selected from among six candidates to represent the Naval Hospital for the 1967 Outstanding Young Men of America Award. The award is presented annually by the editors of the book "Outstanding Young Men of America" in honor of those men in military and civilian life who have contributed significantly to their city, state, church or branch of service.

Corbett was cited in the nomination for the efficient manner in which he coordinates and supervises the work of both the Enlisted and Officer sections of the Personnel Office and for his ability

to understand and to take correct and decisive action in all situations. He was also commended for his dedication to a Navy career and for his constant efforts to improve his knowledge and professional ability.

Since enlisting in the Navy in December 1951, Corbett has completed Basic Hospital Corps School, Clinical Laboratory and Blood Bank Technic School, Advanced Hospital Corps School and Medical Administrative Technic School. He was advanced to senior chief hospital corpsman in November 1965.

Only one Battleship was ever commissioned that did not bear the name of a state. This was the USS KEARSARGE, commissioned in the early 1900's.

NMS News

CIVILIAN: Welcome aboard to Miss Cheryl L. Wyatt, who is now in charge of reports and records for the Officer Personnel Branch, Administrative Department; to Mrs. Marles K. Danevic, who is working on a part-time basis as a clerk-stenographer in the Academic Department; and to Mrs. Rosalva S. Murrillo, Correspondence Training Division, who is engaged in the preparation, review and processing of correspondence courses and related data.

OFFICER: Welcome aboard to Lt. Robert C. Butler, who reported for duty with the Academic Department, October 28. He was previously assigned to the Joint Staff, COMUSMACV, Vietnam.

Congratulations to John Wesley Guinn on his promotion to commander, November 3. Comdr. Guinn is presently serving as Chief, Board Room Division.

ENLISTED: Welcome aboard to HM3 Terry W. Orr, who recently returned from duty with the Fleet Marine Forces, Vietnam, and to HM2 James N. Washington, who transferred from the Military Transport Service, Atlantic Fleet.

Congratulations to Wayne Glover and William Mackie for their recent advancement in rate. Glover was advanced to hospital corpsman first class and Mackie to hospital corpsman second class.

HM2 Carl E. Townley was presented the Gold Star in lieu of second award of the Air Medal by his Commanding Officer, Capt. J. H. Stover, Jr., in ceremonies last month. Townley was decorated for meritorious service while serving as a crew member of a Marine Medical Evacuation Helicopter in Vietnam. He participated in 56 helicopter flights into combat zones, usually under anti-aircraft fire and hazardous weather conditions, to evacuate wounded comrades and to render first aid treatment to them during flights to various field hospitals.

Chaplains Celebrate 191 Years

This year, in the Washington area, the 191st Anniversary of the Chaplain Corps will be observed by a formal dinner at the Harry Lee Hall, Quantico, Va., Friday, December 2.

According to an open letter from James W. Kelly, Chief of Chaplains, "...the Navy Chaplain Corps has the attributes and characteristics of human personality. It has basic needs; it subsists on opportunity and challenge. It has strength and weaknesses. It has sensitivity to its divine calling. It has worthy aspirations and is deeply committed to their fulfillment. The Navy Chaplain Corps, like a human being, is always changing, growing, and maturing. As it continues to develop, it continues to require guidance and direction from above and below.

Characteristics of the Corps, which persist and recur and are seen and recognized, make up its image. They make up the role of the Navy Chaplain. They make up the character of the Corps. These traits, which have been tested and confirmed in the crucible of time for almost two centuries have forged the traditions of the Chaplain Corps. They have strengthened its members; they have enabled them to meet the challenges of the past and will prepare others to meet commitments of the future--the greatest of which are: the development of a community within our vocation; the communication of respective faiths within the framework of the life of our great nation; and, the enhancement of personal and spiritual relations with God and man..."

STATION AND Area News Roundup

• "Cancer Answers," the lifesaving telephone information service operating in its fifth year, will have a message for area residents who dial 223-2600 at any time of the day or night through December 16.

The message during this period will be on uterine cancer, a cancer in women which, with the early detection afforded by the Pap test is almost 100 per cent curable.

Callers who dial "Cancer Answers" will hear a woman physician describe this simple, painless test which can find cancer before symptoms appear.

• Mr. Robert D. McElroy, superintendent of the Center post office for 14 years, was presented a Letter of Appreciation upon his retirement October 31, by the Commanding Officer, NNMC. The letter, signed by Rear Adm. G. M. Davis, stated in part, "I have noticed your calm and efficient manner in dealing with the many problems associated with being superintendent of the post office. I personally wish to thank you for your steadfastness and devotion to duty." Mr. McElroy has spent 37 years in the Federal Civil Service.

• Rear Adm. Elliott Loughlin became the new Commandant of the Naval District Washington, D.C., last month in ceremonies held at the Washington Navy Yard. Responsible for either military or area coordination control, NDW has jurisdiction over 113 different Naval and Marine Corps activities lying within metropolitan Washington, D.C., and surrounding Maryland and Virginia counties. Falling under NDW jurisdiction, the NNMC is considered one of the Navy's most important research facilities.

• The National Conference on Air Pollution will be held December 12-14, at the Sheraton-Park Hotel and will be open to the public. High-ranking officials of federal, state, and local governmental agencies; leaders of business and industry; and representatives of many scientific, professional and civil organizations are scheduled to participate.

The Conference was called by Secretary of Health, Education and Welfare John W. Gardner to seek ways of improving and accelerating the national effort to deal with the problem of air pollution. The program will include panel sessions concerned with the control of air pollution from motor vehicles, fuel combustion, industrial operations, and refuse disposal and with ways of strengthening air pollution control efforts at the national, state and local levels of government.

• The Educational Services Division, NNMC, is offering a self-study course of programmed instruction in Basic Computer Systems Principles, free of charge, to active duty military patients and military personnel. Developed by the International Business Machines Corporation (IBM), the course is designed for people who have had no previous experience in or knowledge of computer systems.

For further details, contact Miss Virginia M. McNeil, Educational Services Office, at ext. 585.

• Across the Nation, the American Red Cross will offer its free "Voices from Home" or talking letter services to the families of military personnel stationed in Vietnam and other posts, to foreign students studying in area colleges, and to foreign student nurses in local hospitals who cannot get home for Christmas. This service, which started in the Washington metropolitan area November 14, will be provided daily from 10 a.m. to 4 p.m. by participating chapters through December 16.

Messages will be recorded on tape or on unbreakable plastic discs, depending upon their destination, and will be accompanied by a candid photograph made during the recording session.

Due to the expanded Armed Forces in Vietnam and other Southeast Asian countries, a record response is expected and appointments must be made in advance. Recording studies are conveniently located in the D.C. Red Cross Chapter's Headquarters at 2025 E Street, N.W., and appointments may be arranged by phoning 737-8300 and asking for "Voices" program. Appointments may also be made with the other participating Red Cross Chapters, including Alexandria, Fairfax County, Prince Georges County and Montgomery County.

Cake Cutting Ceremony Marks Marine Birthday



The traditional cake cutting ceremony, in honor of the Marine Corps' 191st birthday, was held in the NNMC auditorium November 10. Those pictured are (left to right) L. Cpl. Jo Ann Norkin, ber 10. Those pictured are (left to right) L. Cpl. Jo Ann Norkin, L. Cpl. Georgia A. Edwards, Gy. Sgt. Harold D. Standley (oldest marine at center), PFC Daniel J. Doegler (youngest marine), L. Cpl. Polley Malet and L. Cpl. Marion Lufborough. Guest speaker for the event was Brig. Gen. D. J. Robertson, who represented the Commandant of the Marine Corps.

Monday, November 21, 1966

Your Special Services Department

FOWARD

The Special Services Department of the National Naval Medical Center has many facilities available to the personnel of the command, their dependents, and bona fide* guests. This article is designed primarily as a compact information sheet for the newly assigned "Centerites." While the article lists locations, schedules, and rived "Centerites," more detailed data is available through NNMC general information, more detailed data is available through NNMC Instruction 1710.4C, NNMC Notices, and Special Services Bulletins. The majority of Special Services activities is centered in the Special Services Building, Bldg., 23, at the extreme eastern end of the compound.

Within the building are located the following facilities: gymnasium, swimming pool, bowling alley, exercise rooms (gear issue room), and the service clubs. Adjacent to Building 23 are two of the Station's four tennis courts, two softball diamonds, and an outdoor basketball court.

*Bona fide guest is defined as an occasional, out-of-town guest, residing in your home for a visit. This does not include neighborhood children visiting overnight.



STONE LAKE

Physical Properties:

Stone Lake is located at the Northeast end of the compound. Surrounding the landscaped, one-acre lake are groves of oak trees where picnic areas and play areas for the children are found.

Authorized Personnel:

- (1) Naval Reservists on active duty for training in excess of 72 hours and their dependents.
- (2) Active duty military personnel who are attached to another command and their dependents.
- (3) Active duty military personnel of a foreign nation when on duty with the U.S. Armed Forces, and their dependents.
- (4) Military personnel retired with pay, and their dependents.
- (5) Red Cross uniformed paid personnel, when assigned to duty within a military command.

(6) Members of the Coast and Geodetic Survey, Public Health Service, and other organizations when assigned to and serving with the Armed Forces.

(7) Occasional guest of military personnel on a limited basis as authorized by the Commanding Officer.

(8) Permit holders issued by CO, NNMC.

Schedule:

Weekdays—1 p.m. to sunset.
Saturdays—10 a.m. to sunset.
Sundays—10 a.m. to sunset.
Holidays—10 a.m. to sunset.

Picnics and Parties:

A permit must be obtained from the Special Services Officer for all organized picnics or parties.



GYMNASIUM

General Information:

Many activities, such as League basketball games, intramural play, and physical fitness programs are centered in the gym. It is therefore advisable to contact the Special Services Officer before contemplating individual use.

Authorized Personnel:

Use of the gymnasium is limited to NNMC military personnel and their dependents only. Children under 14 must be accompanied by a responsible adult.

Schedule:

The gymnasium is open seven days a week from:

8 a.m. to 1 p.m.—patients, military staff and their dependents.

1 p.m. to 5 p.m.—reserved for military physical fitness programs.

5 p.m. to 9:30 p.m.—staff, student, patient personnel, their dependents, and guests.

Intramural schedule takes precedence.

Facilities:

The gym is equipped with speed and striking bags, tumbling mats, rowing machines, climbing ropes, still rings, exercisers and stall bars. In addition to basketball, the gym can also be used for volleyball.

BOWLING ALLEY

Physical Properties:

Four excellent lanes are provided for your 10-pin enjoyment. The lanes are located in the basement of Building 23. A 15-cent rental fee is charged for shoes. Games are 35 cents with an additional 5 cents for each additional frame.

Schedule:

8 a.m. to 10:30 a.m.—patient personnel.

10:30 a.m. to 1 p.m.—staff—Monday thru Friday.

1 p.m. to 10 p.m.—open—Monday thru Friday.

1 p.m. to 10 p.m.—open—Saturday, Sunday, and holidays.

The above schedule may be altered for league play.

Authorized Personnel:

Same authorization as for the swimming pool.

MOVIES

General:

Movies are shown in the NNMC Auditorium on the second floor of Building 2. A Special Services bulletin is issued and distributed to various locations throughout the Center. This bulletin lists the movies to be presented for each month. The schedule is also available through a recording system on the telephone. On-station personnel dial extension 227 and off-station personnel dial 497-4227.

Authorized Personnel:

(1) Active duty military personnel, their dependents, and bona fide guests.

(2) Retired (with pay) personnel, their dependents, and bona fide guests.

(3) Patients.

SWIMMING POOL

Physical Properties:

The pool is an indoor facility open year around. Dimensions are 35 feet in width by 75 feet in length, depth is from 4 feet, gradually deepening to 11 feet at the diving end.

Authorized Personnel:

(1) Patients of the Naval Hospital; (2) active duty military personnel, their dependents, and bona fide house guests; (3) retired (with pay) military personnel, their dependents, and bona fide house guests; (4) holders of recreation permits, when issued and authorized by CO, NNMC.

Schedule:

8 a.m. to 11 a.m.—Night duty staff personnel and patients.

11 a.m. to 1 p.m.—Military staff and students.

1 p.m. to 9:30 p.m.—All personnel eligible to use the facility.

DAY CARE NURSERY

Location:

The Nursery is located in Building 137, Second Deck.

Authorized Personnel:

The services of the Nursery are available to all persons who are authorized to use the facilities at the National Naval Medical Center. In addition, the services of the Nursery are open to organized groups during regular meetings of these groups at this facility and to occasional visitors who are visiting patients.

Schedule:

8 a.m. to 5 p.m., Monday through Friday, only.

Charges:

Officers and CPOs—
.40 per hour for the first child,
.15 per hour for the second child.

.10 per hour for each additional child.

Enlisted—

.30 per hour for the first child,
.10 per hour for each additional child (the total charge not to exceed .50 per hour for any one family).

HOBBY SHOP

(Ceramic, Woodworking)

Location:

Basement of Building 137.

Authorized Personnel:

(1) Naval Reservists on active duty for training in excess of 72 hours, and their dependents.

(2) Active duty military personnel who are attached to another command and their dependents.

(3) Active duty military personnel of a foreign nation when on duty with the U.S. Armed Forces, and their dependents.

(4) Military personnel retired with pay, and their dependents.

(5) Red Cross uniformed paid

personnel, when assigned to duty within a military command.

(6) Members of the Coast and Geodetic Survey, Public Health Service, and other organizations when assigned to and serving with the Armed Forces.

(7) Active duty military personnel of NNMC and their dependents.

Exceptions: Children under 16 not allowed. Guests not allowed.

Hours:

Monday thru Friday—6 p.m. to 9:30 p.m.

Saturday, Sunday—noon to 6 p.m.

Closed Holidays



GOLF

Physical Properties:

The NNMC Golf Course is a nine-hole course which circles the National Naval Medical Center. First tee is located adjacent to the Golf Shop, Building 115, where there is also a putting green.

Authorized Personnel:

(1) Active duty military personnel of the U. S. Armed Forces. (U.S. Navy, U.S. Marine Corps, U.S. Army, U.S. Air Force, and U.S. Coast Guard.)

(2) Active duty military personnel of a foreign nation when on duty with the United States Armed Forces.

(3) Military personnel retired with pay.

(4) Members of the Coast and Geodetic Survey, Public Health Service, and other organizations, when assigned to and serving with the Armed Forces.

(5) Red Cross uniformed paid personnel, when assigned to duty at this command.

(6) Dependents of all the above, 12 to 16 years of age, must be accompanied by their parent or

some other responsible adult. A responsible adult is a qualified golfer over 18 years of age. Dependent children under 12 may not play at any time.

Green Fees:

Active and Retired Personnel

1. Officers and their dependents—Daily, \$1.00; Sat., Sun. and Holidays, \$1.50; annual pass-indiv., \$36.00; Family, \$48.00.

2. Pay Grade E-7 and above, and their dependents, Daily, \$.75; Sat., Sun. and Holidays, \$1.25; annual pass-indiv., \$24.00; Family, \$36.00.

3. Pay Grade E-6 and below, and their dependents, Daily, \$.50; Sat., Sun. and Holidays, \$1.00; annual pass-indiv., \$18.00; Family, \$24.00.

4. Guests, Daily, \$1.50; Sat., Sun. and Holidays, \$2.50.

Starting Times:

No starting time on week days. Starting times may be obtained in person at the golf shop or by telephone.



AUTO HOBBY SHOP

Location:

Building 124, adjacent to the main transportation garage.

Authorized Personnel:

Active duty military personnel of the NNMC.

Hours:

Monday thru Friday—5:30 p.m. to 9:30 p.m.

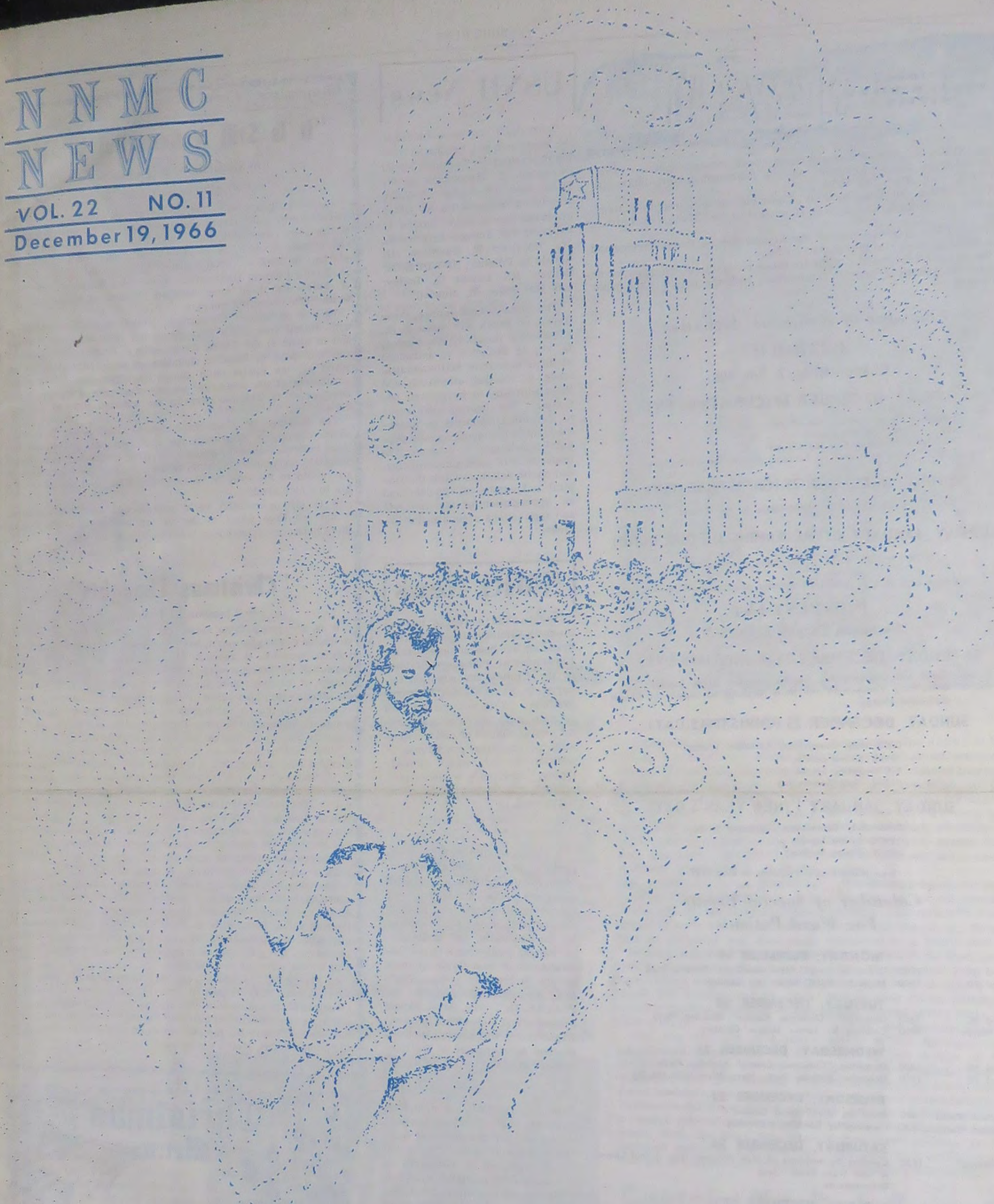
Saturday—9 a.m. to 6 p.m.

Sunday—noon to 6 p.m.

Closed holidays.

NNMC
NEWS

VOL. 22 NO. 11
December 19, 1966



*We Wish You A
Merry Christmas
And A
Joyous New Year*



The NEWS is printed commercially from non-appropriated funds at no cost to the Government and is published in compliance with NAVEXOS P-35, Rev. Jul. 1958.

The NEWS is published monthly. Contributions solicited, news items and other communications may be submitted to the NNMC NEWS office, Bldg. 115.

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The editors reserve the right to make corrections, changes, or deletions in submitted copy in conforming with the policy of the paper and the Navy.

Calendar of Religious Activities

CATHOLIC

Chapel, Bldg. 2, Rm. 206

SATURDAY, DECEMBER 24 (CHRISTMAS EVE)

1130-1200—Confessions in the Chapel
1200 —Mass in the Chapel
1230-1300—Confessions in the Chapel
2400 —Midnight Mass to be celebrated in the Auditorium

SUNDAY, DECEMBER 25 (CHRISTMAS DAY)

0715, *0830, *1100, *1200—Mass in the Chapel

SUNDAY, JANUARY 1 (THE NAMING OF OUR LORD)

0715, *0830, *1100, *1200—Mass in the Chapel

Confessions will be heard 15 minutes prior to each Mass.

PROTESTANT

Bethesda Chapel, Bldg. 8-A

SATURDAY, DECEMBER 24 (CHRISTMAS EVE)

* 2000—Carol and Candlelighting Service (for the whole family)
* 2100—Brief Holy Communion for those desiring to remain in Chapel (Episcopal Liturgy)

SUNDAY, DECEMBER 25 (CHRISTMAS DAY)

0800—Holy Communion (Episcopal Liturgy)
*0900—Divine Service
*1030—Divine Service
*1130—Holy Communion

SUNDAY, JANUARY 1 (NEW YEAR'S DAY)

0800—Holy Communion (Episcopal Liturgy)
*0900—Divine Service
*1030—Divine Service

*Free Nursery care available in Bldg. 137

Calendar of Special Events For Ward Patients

MONDAY, DECEMBER 19

Ward 3C 1900 Christmas Bingo, VFW Auxiliary, Takoma Park
Ward 7D 1900 Music by USMC Band Jazz Combo

TUESDAY, DECEMBER 20

Ward 6C 1400 December "Christmas Capers" Birthday Party
All Wards 1900 Caroling by Junior League Carolers

WEDNESDAY, DECEMBER 21

Ward 5D 1400 December "Christmas Capers" Birthday Party
Ward 7D 1900 December Birthday Party, Navy Wives Club No. 37

THURSDAY, DECEMBER 22

Selected Wards 1400 Music by USMC Band Combo
Selected Wards 1900 Caroling by Conkling's Carolers

SATURDAY, DECEMBER 24

All Wards 1830 Caroling by members of Walt Whitman High School Chorus
A visit from Santa Claus
Refreshments

TUESDAY, DECEMBER 27

Selected Wards 1900 Reindeer Races, B'nai B'rith Mont. Lodge/Medina Chapter
Ward 7D 1900 Square Dance Party

WEDNESDAY, DECEMBER 28

Selected Wards 1400 "Ring Out The Old" Party, Navy Doctors Wives Clubs
Selected Wards 1900 Musical Entertainment by Steve Kenney
Ward 7D 1900 Monte Carlo Party, Military Order Cooties No. 5

THURSDAY, DECEMBER 29

Selected Wards 1900 Capuchin Folk Singers

SATURDAY, DECEMBER 31

All Wards 1900 Wassail Parties

Many additional community organizations sponsored special activities for patients during the month of December. These included The Eastern Star, Adah Chapter; Marjorie Webster's Junior College; Carmelite Folk Singers; Montgomery County Jewish Center Sisterhood; U.S. News and World Report; League of Republican Women of Washington, D.C.; YWCA Residents Club; Fort Meade Officers Wives Club Chorus; MOC Auxiliary No. 5; FBI Hostesses; Sr. Girl Scout Troop No. 488; Kenwood Garden Club; Chevy Chase Woman's Club; Marine Officers Wives Club Chorus; Naval Dental Officers Wives Club; Pioneer Girls Chorus from Wallace Memorial Church; Navy Mothers Club of D. C.

CHRISTMAS CARDS, donated by the Greeting Card Association and Norcross, Inc., are available to patients.

CHRISTMAS GIFT WRAPPING SERVICE is available in the Red Cross Volunteer office 0945 to 1545 Monday through Friday for patients and USNH staff.

USNH News

Congratulations are extended to the eight men who graduated from Neuropsychiatry Technic School December 2. Honorman of the group was HN Bobby L. Wood, a native of Shepherdville, Ky. Other graduates were HM3 Charles L. Sullivan; HN Joseph L. Farrell, Jr.; HA John W. Knowlton; HN Gerald M. Delabar; HN William M. Bunyan; HN Lester O. Bailey; and HA Steve H. Russell.

The sixteen-week course, three weeks of which are spent at St. Elizabeth's Hospital, Washington, D. C., is designed to introduce students to modern skills and attitudes in relating effectively and therapeutically to psychiatric patients. The course also seeks to develop in students an understanding of the emotional and physical foundations of behavior, the importance of good communication and public relations within the hospital and outside with society, and an appreciation of the concepts and applications of good mental hygiene.

NMRI News

The installation of the new Siemens Elmiskop 1A electron microscope has been completed in the Experimental Pathology Division of the Clinical Investigation Department, Naval Medical Research Institute. This new facility will provide such services as ultra-structural control of cell fractionation or microbial procedures, in addition to the routine histopathology services previously provided for all investigators of the NMRI staff.

* * *

A complete film on the participants of SEALAB II has been provided for the Institute's files. Staff members were involved in the physiological studies, supplying the thermal protective suits worn by the aquanauts, and in the psychological studies made on the consequences of men living in small groups in confined areas. Plans are presently underway for SEALAB III. The Physiological Sciences and Behavioral Sciences Departments will participate in the planned submergence of the Laboratory in 1967.

* * *

Dr. C. G. Huff, Director, Department of Parasitology, has been re-elected for a three-year term (1967-1969) as a member of the Corporation and as a director of the Gorgas Memorial Institute of Tropical and Preventive Medicine, parent organization of the Gorgas Memorial Laboratory, Panama City, Republic of Panama.

* * *

Lieutenant Commander G. S. Moss, MC, USNR, Experimental Surgery Division, spoke to staff members and guests on "The Frozen Blood Program in Viet Nam," November 25. Dr. Moss reported aboard September 1 from the Naval Support Activity, Da Nang.

* * *

Recent promotion: Kenneth W. Sell, MC, USN, received his promotion to Commander last month. Dr. Sell is head of NMRI's Tissue Bank, Clinical Investigation Department.

(Continued on Page 8)

Chaplain's Corner

"It Is Still A Beautiful World"

by Chaplain W. W. Parkinson
Senior Protestant Chaplain

"...be at peace with God, whatever you conceive him to be. And whatever your labors and aspirations, in the noisy confusion of life keep peace with your soul. With all its shame, drudgery, and broken dreams, it is still a beautiful world." This was written in 1692—a piece entitled "Desiderata" found in Old St. Paul's Church, Baltimore. It was also on the bedside table of Adlai Stevenson when he died. Today, as in 1692, we can write "It's a beautiful world."

This is so because the spirit of gentleness and love and goodwill among men came into the world with the birth of Jesus and is found in the Living Christ today. Trouble, strife, greed and war tend to make a shambles of our civilization, but the spirit of the Christ child cannot be wiped out. We have the sordidness of life about, yet we have the hands of the toughened servicemen in Vietnam carrying the wounded child to medical care.

The Message of Jesus lifted men to a new level. It was the early Christians who built the first hospital, organized the first poor-law system, erected the first orphanage and mental hospital, fought the gladiator system, awakened the conscience of the world to the evils of slavery, and lifted womanhood from a low to a high level.

It is still a beautiful world because this spirit is still alive. May we have songs of joy in our hearts and attend church this Christmas giving honor to Him who gave us hope.

"Christmas Thoughts"

by Chaplain F. J. Murray

It is Christmas Time again. The Christmas season, with its so-called Christmas spirit, has a magic which transcends all other holiday seasons. It abounds in warmth and friendship. Jewish personnel have their own Holy Day—Chanukah—which has its own charm. It coincides quite closely with the Christmas season. For all others with either close or distant ties to religion, the season is a Christian feast. Happily, it is a time of year for families to get together. What could be more fitting, for the first Christmas was a family day, a day of great joy for the Holy Family.

Many thinking individuals fear that Christmas has become a commercial coup rather than a religious anniversary. "Keep Christ in Christmas" signs mark the attempts to stem this commercial tide. Such fears are not without foundation, for a real danger exists. But commercialism is wrong only if it supplants the religious meaning of the season. The danger is one of stress—not too much commercialism, but too little religious awareness and practice. We must blame our own spiritual neglect if we allow the merchants attempt to make a living distract us or our families from an appreciation of the true meaning of Christmas.

The idea of gift-giving itself, correctly understood, is most appropriate for the season. Christmas commemorates God giving us the greatest possible gift, His own Divine Son. The Magi came bearing gifts. Their gifts to the infant Christ set the pattern for our gifts to one another. We give a gift because we cannot give ourselves. The gift represents us; it embodies our love and friendship or our sense of responsibility.

So give gifts this Christmas, but Christianize the practice in your homes. Make it part of your religious celebration, not an incompatible pagan custom. The deep awareness of God's generous gift to us can underlie our gift-giving to our loved ones and inspire the sense of warmth, joy and religious well-being which is the Christmas Spirit. Merry Christmas!



Shrimp Cocktail
Celery Curls
French Onion Soup with Parmesan Croutons
Chestnut Dressing
PRIME RIB OF BEEF
AU JUS
BAKED VIRGINIA HAM
Whipped Potatoes
Creamed Pearl Onions
Buttered Green Peas w/Mushrooms
Candied Yams
Pickles
Giblet Gravy
Salad Bar with Assorted Dressings
Hot Buttered Parker House Rolls
Fruit Cake
Coffee
Tea
Hard Candy
French Apple Pie
Milk

Monday, December 19, 1966

NNMC NEWS

Wilson Assumes Duties as Chief Of Surgery, USNH

Captain Theodore H. Wilson, Jr., has assumed the duties of Chief of Surgery, U.S. Naval Hospital, where he was Assistant Chief of Surgery from 1962 to 1965. Dr. Wilson has recently returned from Vietnam, where he was Director of Professional Services and chief of Surgery on the Hospital Ship Repose. Joining the ship in San Francisco in November 1965, Dr. Wilson helped to direct the construction and outfitting of the hospital and to train



Capt. T. H. Wilson

the crew of doctors, nurses and hospital corpsmen. In the course of treating over 3200 casualties from the numerous Marine operations in the I Corps area from February to October 1966, the Repose returned a very high percentage to full duty and had a mortality rate of approximately one per cent.

Dr. Wilson is a graduate of Harvard College and Harvard Medical School (Class of '46). He interned in surgery at the University of Virginia Hospital, Charlottesville, Va., studied internal medicine for a year at the U. S. Naval Hospital, Chelsea, Mass.; then joined the regular Navy and started his surgical residency training there in 1948.

From 1949 to 1951, Dr. Wilson was Senior Medical Officer on the heavy cruiser Rochester, during which time, he was awarded the Bronze Star with combat "V" for his performance in the Korean war when the ship was engaged in gunfire support and mine sweeping operations. Following this assignment, Dr. Wilson returned to the U.S. Naval Hospital, Chelsea, to complete his surgical training. From 1954 to 1956, Dr. Wilson served in Korea and at Camp Pendleton, Calif., with the 1st Marine Division, Commanding "D" Medical Company and later the 1st Medical Battalion, where he developed some of the early plans for making medical support airborne. This was in keeping with the Marine Corps concept of vertical envelopment, currently employed in Vietnam. Prior to being ordered to Bethesda in 1962, Capt. Wilson served on the surgical staff at the U.S. Naval Hospital, Oakland, Calif.

In addition to his affiliation with the American College of Surgeons, Dr. Wilson is a Diplomate of the American Board of Surgery and of The National Board of Medical Examiners.

Civilian News

by Harry Fox

Ever mindful of the importance of advancement, President Johnson has recently named Civil Service Commission Head John Macy to chair a Task Force on Career Advancement. The group will recommend better uses of education and training, both in the Federal service and in outside educational institutions, in order to improve the performance of the government's managerial, professional and technical workers.

Dorothy Moorehouse, of 4404 44th St. N. W., Washington, D. C., is interested in getting a ride to work in the morning. Dorothy can be reached at Ext. 543 or at EM 3-7838. Similarly, Ruth Whitman of Route #1, (Prospect Road) Mt. Airy, Md., is trying to form a car pool and can be reached at Ext. 328. Her home exchange is 301-8291171.

Available statistics indicate that not only have the functions and activities performed at the National Naval Medical Center increased substantially in the short period of one year, but so have the number of civilian employees on board to perform them. The following graph illustrates, in no uncertain terms, the extent of the growth of the Center.

CIVILIAN EMPLOYEES ON BOARD, 1965 & 1966.

	1965	1966	% Increase
I. GRADED:	541	657	21%
A. Male	194	200	3%
B. Female	347	457	29%
II. UNGRADED:	476	477	Same
A. Male	328	337	3%
B. Female	148	140	5%
III. TOTAL:	1017	*1134	12%
A. Male	522	537	3%
B. Female	495	597	21%

*This figure does not include, Temporary (Limited), Part-time or Intermittent employees on Board.

There arises, from time to time, some confusion as to just what the respective duties are of the "rater" and the "reviewer" of performance ratings. The rater is the immediate supervisor who is charged with handling the actual ratings themselves. His job is to inform the employee of the performance requirements, to discuss the employee's performance on a continuing basis and to give merit the recognition it deserves. The reviewer, on the other hand, is responsible for the initial review of the performance rating. His job is to assure that performance requirements are reasonable and that they have been made known to employees and supervisors alike. Further, he checks the performance rating to be certain that each employee's performance is evaluated fairly and accurately.

Chief Edwards Experiences A Stroke of Good Luck



HMCN Alvin M. Edwards (right), receives his promotion warrant from Capt. John H. Stover, Jr., Commanding Officer, U. S. Naval Medical School, during ceremonies November 16. This was a significant day in the life of Chief Edwards, as he experienced not only promotion from senior chief hospital corpsman to his present rank, but also celebration of his 20th year of naval service and his 38th birthday. Chief Edwards, who currently serves as Office Manager, Administrative Department, NMS, enlisted Nov. 16, 1946, in Asheville, N. C. Since that date, he has served aboard various ships and stations, including six years with the U. S. Marine Corps. Chief Edwards reported to NMS from the USS Tattnall (DDG19) in July 1965.

NMRI Physician Sets Record With Dive to 100 Fathoms



Lt. L. W. Raymond

Lieutenant L. W. Raymond, MC, USNR, Environmental Stress Division, Physiological Sciences Department, emerges from the compression chambers of the U.S. Navy Experimental Diving Unit after completing a six-day confinement under pressure. Making the dive with him were: TMI(SSDV) B. L. Coffman, SFM2(DV) J. P. Stubbs and GMGI(DV) A. G. Mandible, from the Experimental Diving Unit.

The divers equilibrated ("Saturated") with a pressure of 450 feet of seawater and also made "working excursion" dives to 600 feet or 100 fathoms. These are the first divers who have gone to this depth and worked, and Dr. Raymond is the first physician to make such a dive.

The dive was one of a year-long series planned for the Experimental Diving Unit to test equipment and procedures. The Naval Medical Research Institute's Environmental Stress Division has a twofold interest in dives to this depth: first, to study body temperature regulation and metabolic changes in pressurized helium at-

mospheres, the study of the way occupants of unusual environments change their mode of thermal balance; and secondly, to provide thermal protection for underwater swimmers and divers through heated wet suits, insulation methods and portable energy sources, such as batteries and radioisotope packs.

The decompression schedule for this dive, as for all similar long duration ("saturation") dives conducted by the U. S. Navy, was computed by a NMRI staff member, Captain R. D. Workman, MC, USN, Physiological Sciences Department, who is also a consultant in deep diving matters at the Experimental Diving Unit.

With the working depth capability to 100 fathoms, the U.S. Navy can put divers on 80 per cent of the continental shelf of the world's oceans. More knowledge of our oceans is mandatory in order to meet the operational requirements of the Navy as well as to secure new sources of natural resources with which to support our expanding population.

Captain Moeller's Promotion Significant in MSC History

Ruth Moeller, Naval Medical School, was recently promoted to the rank of captain, Medical Service Corps. She is the first physical therapist and the second woman officer of the Medical Service Corps to be promoted to this rank.

A native of Denver, Colo., Capt. Moeller graduated from the Lutheran Hospital School of Nursing in 1937, and entered the Navy as a nurse in March 1942.

She received training in physical therapy technique at the Baruch Center of Physical Medicine, Richmond, Va., in 1946, and completed her apprenticeship in 1947 at the U.S. Naval Hospital, Philadelphia. Capt. Moeller served as a nurse

until 1957, when she transferred to the Navy Medical Service Corps. Her duty assignments have included service aboard the hospital ship USS Solace and at various naval hospitals throughout the United States. She is presently assigned additional duty at the Bureau of Medicine and Surgery, Washington, D.C., where she is assistant to the Director, Medical Service Corps, for women specialists officers.

Capt. Moeller is a member of the American Physical Therapy Association, American Registry of Physical Therapists, American Nurses Association and the Association of Military Surgeons of the United States.

Heads Mol. Biology Program

Dr. Catravas Assumes Post In AFRRI's Pathology Dept.

A holder of three doctoral degrees and five service medals has joined the Armed Forces Radiobiology Research Institute.

Dr. George N. Catravas will serve as head of the Molecular Biology Programs in the AFRRI Experimental Pathology Department. A quiet man, who speaks impeccable English in the accent of his native Greece, says of his new position, "I am delighted to be involved in the basic research that is done here."

Dr. Catravas has a varied scientific background, holding a doctor of chemistry degree from the University of Athens (1937), a Ph.D. degree in organic chemistry from the University of Leeds (1947), and a Sc.D degree from the University of Paris, Sorbonne (1953).

He has also studied at the University of Berlin (1938-1939), where he was an Alexander von Humboldt Fellow, and at the University of Chicago (1954-1956), as

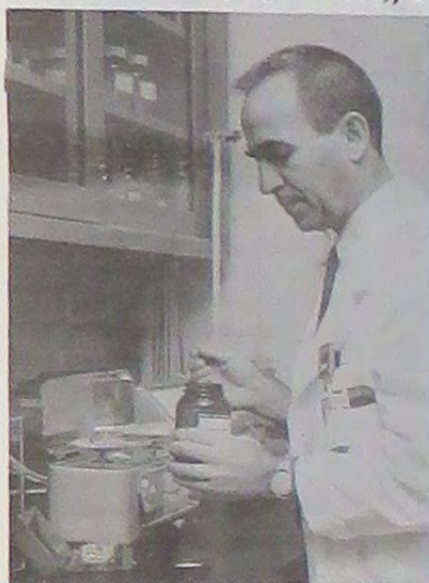
Dr. Catravas has pursued these interests in such diverse places as Port Sunlight, England, where he was a research chemist with Lever Brothers and Unilever Ltd. (1947-1949); Paris, France, with the National Center of Research of France (1950-1954); and Chaucer, N.Y. where he was head of biochemical research for Technicon Corporation (1963-1966).

"Much of my previous research is relevant to the work done here," Dr. Catravas says, "and I hope to continue it."

AFRRI, a tri-service command of the Defense Atomic Support Agency, conducts research to better understand the effects of ionizing radiation on biological specimens, particularly as related to man.

Despite Dr. Catravas' achievements in his field, the medals he holds are not for scientific accomplishment. In 1939, 23 years after his birth in Argostoli, Greece, Dr. Catravas was in the Greek Army, fighting on the Albanian front in an attempt to push Axis troops out of Greece and Albania. As a result of his wartime service, he holds the Chevalier of the Order of George I with Swords, the Military Cross of Greece, two Distinguished Service Medals with star, and the Medal of Albania, awarded to Greek fighters who particularly distinguished themselves in the Albanian campaign.

After World War II, Dr. Catravas returned to his scientific career and studies. He became a citizen of the United States in 1961 and represented his adopted country at the Fifth International Congress of Biochemists in Moscow that same year.



Dr. Catravas

a National Academy of Sciences Fellow. At the end of his fellowship at the University of Chicago, Dr. Catravas taught and did research in the University's Department of Biochemistry.

His research interests have included elucidation of the chemical structure of tannins, hydrogenation of oils, the theory of catalysis, the biosynthesis of fatty acids by the liver, carcinogenesis, and protein and peptide research.

The Night Before Christmas

"Twas the night before Christmas and all through the house
Not a creature was stirring, not even a mouse
When down through the chimney all covered with soot,
Came the "Spirit of Fire" - an ugly galoot.

His eyes glowed like embers, his features were stern,
As he looked all around for something to burn,
What he saw made him grumble, his anger grew higher,
For there wasn't a thing that would start a good fire.

No door had been blocked by the big Christmas tree;
It stood in the corner leaving passageways free.
The lights that glowed brightly for Betty and Tim
Had been hung with precaution so none touched a limb.

All wiring was new, not a break could be seen,
And wet sand at its base kept the tree nice and green.
The tree had been trimmed by a mother insistent
That the ornaments used be fire resistant.

And mother had known the things to avoid,
Like cotton and paper and plain celluloid,
Rock wool, metal icicles, and trinkets of glass
Gave life to the tree; it really had class.

And would you believe it, right next to the tree
Was a suitable box for holding debris!
A place to throw wrappings of paper and string
From all of the gifts that Santa might bring.

The ugly galoot was so mad he could bust,
As he climbed up the chimney in utter disgust,
For the folks in this home had paid close attention,
To all the rules of good "Fire Prevention."

(Submitted anonymously to
the National Board of Fire Underwriters)

Captain Fraser Retires;
Enters Private Practice

During retirement ceremonies, Capt. H. S. Etter (left), Commanding Officer, USNH, presented Capt. W. E. Fraser a framed picture of his first and last duty stations, along with a Letter of Appreciation, as a token of esteem for his outstanding service. Rear Adm. G. M. Davis (right), Commanding Officer, NNMC, observed the presentation.

Captain William E. Fraser, Chief, Urology Service, U.S. Naval Hospital, retired November 30 after more than 22 years active duty.

During retirement ceremonies, Captain H. S. Etter, Commanding Officer, USNH, presented Capt. Fraser with a Letter of Appreciation which reads in part: "Your success in training many junior and resident medical officers, as well as para-medical personnel, in the treatment and management of urological diseases has been particularly outstanding and has contributed immeasurably in enhancing the reputation of this hospital as a training center. You have been an extremely able consultant and advisor on urologic problems for many foreign personages, as well as for those at the seat of government."

After graduating from New York University College of Medicine

in 1944, Capt. Fraser began his Navy career as an intern at the U.S. Naval Hospital, St. Albans, N. Y. His subsequent duty stations included the USS Ballard (AVD 10); USS Clytle (AS 26); USS Benevolence (AH 13); USS Haven (AH 12); U.S. Naval Hospital, Charleston, S.C., and Portsmouth, Va. Prior to assuming duties at the National Naval Medical Center in June 1962, Capt. Fraser served at the U.S. Naval Hospital, Jacksonville, Fla.

His service medals and awards include the Korean Presidential Unit Citation, World War II Victory Medal, American Defense Service Medal, Japanese Occupational Medal, United Nations Service Medal and the Korean Campaign Medal with three battle stars.

Capt. Fraser plans to continue his medical career in private practice in Kenosha, Wis.

SecNav Lauds
Assistant Chief
Of Orthopedics

Lieutenant Commander Kenneth F. Spence, Jr., Assistant Chief of Orthopedics, U.S. Naval Hospital, was recently awarded the Secretary of Navy Commendation Medal by Captain H. S. Etter, Commanding Officer of the Hospital.

Dr. Spence was cited "for meritorious service as orthopedic surgeon at the Station Hospital, U.S. Naval Support Activity, DaNang, Republic of Vietnam, during the period Nov. 16, 1965 to Aug. 25, 1966. During the initial eight months of operation of the Station Hospital, Lt. Comdr. Spence was the only orthopedic surgeon assigned. Available 24 hours a day, he was frequently required to be in the operating room from 12 to 15 hours without relief. His superb professional skill, out-

standing leadership and exceptional devotion to duty were an inspiration to both his seniors and his subordinates. His untiring efforts resulted in the saving of lives of both American and Vietnamese battle casualties."



Lt. Comdr. Spence

Dr. Spence is no stranger to the U.S. Naval Hospital, Bethesda. He served his internship here, as well as his orthopedic residency training. He has also served on the orthopedic staff at the U.S. Naval Hospital, Pensacola, Fla.

Monday, December 19, 1966

AFRRI News

Armed Forces Radiobiology Research Institute scientists and staff members got an overview of the legal ramifications of radiation and radiation injury when Dr. Vincent P. Collins spoke at an AFRRI seminar November 22. Dr. Collins, who holds both a M.D. degree and an LL.B degree, has a keen interest in the legal aspects of the use of radiation. He is chairman of the Department of Radiology, Baylor University, and is currently on leave to serve as principal consultant in radiology, National Institute of General Medical Sciences, NIH.

PROMOTIONS: Lieutenant Colonel Walter Pfeiffer, USAF, of the Radiological Physics Division, Physical Sciences Department, was promoted from major November 21.

Captain Michael Cramer, Army Chemical Corps, principal investigator in Projects Group 1, Radiation Biology Department, was promoted from first Lieutenant November 7.

STAFF NOTICES: Captain Joseph S. Burkle, MC, USN, Director of the Institute, together with Dr. Harold O. Wyckoff, Deputy Director, Scientific, and Lieutenant Colonel H. B. Mitchell, MC, USAF, Assistant Deputy Director, Scientific, attended the Defense Atomic Support Agency Commanders Conference November 8-9 in Albuquerque, N.M., to report the current status of AFRRI research activities.

Milton Beverly, of the janitorial staff, AFRRI, received a Letter of Commendation from Rear Admiral G.M. Davis, Commanding Officer, NNMC, citing him for his outstanding performance of duty within the past 12 months.

(Continued on Page 6)

NDS News

CIVILIAN: A welcome is extended to Mrs. Elizabeth P. Speck, a new employee in the Publications Department, Editorial Division. After spending a year as Recreation Secretary in the Red Cross office at the Center, Mrs. Speck changed to a job at the Crew's Library in June, and then came to NDS as Editorial Clerk in October.

Another new employee is Mrs. Rose G. Prakas of the Audiovisual Department.

ENLISTED: "Congratulations," DTI Paul R. Cowart. Paul has been selected for appointment as ensign in the Medical Service Corps. He is to be commissioned this month and will attend the January orientation class for newly commissioned MSC officers at NSHA. The Dental School extends best wishes for his success.

Welcome aboard to new personnel; Dental apprentices Elizabeth A. Barnett; Harold E. Hooker, Jr.; Iris E. Knight; Mary L. Tryba; and Diane Shepard.

At a ceremony November 16, NDS chief petty officers gathered to welcome into their ranks their newest member, DTC Robert S. Boyle. Chief Boyle is a staff member of the Maxillofacial Prosthetics Division, working under Commander S. O. Bartlett.

Farewell to Dentalmen Raymond E. Daniels and Steven P. Scibetta, who left NDS to serve in Vietnam.

(Continued on Page 6)



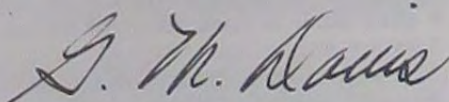
Monday, December 19, 1966

National Naval Medical Center

Once more we are privileged to observe the holy season of Christmas with the accompanying spiritual uplift and joy which attend the birth of Christ. Christ, The Great Physician, brought healing, hope, joy and peace to all people. On his birthday, we here at the Medical Center should rededicate ourselves to healing souls and minds as well as bodies.

Let us all remember our servicemen in Vietnam and the sacrifices they are making for us and the entire world. Pray for their families, for their safe return to America, and for an honorable peace.

My Christmas wish is that this holiday season will bring you much happiness and that the New Year ahead will be successful and a rewarding one for you all.



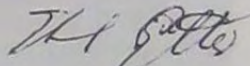
G. M. DAVIS
Rear Admiral, MC, USN
Commanding Officer



U.S. Naval Hospital

This is the time of year when happiness abounds. All of us are constantly reminded of one thing, Christmas. But Christmas is more than a time of year; because of its very meaning, God in the flesh, Christmas denotes a sense of well-being, a feeling of accomplishment and the presence of the most precious gift of all, peace.

Peace is truly wonderful, and each man should have his equal share. But while the fighting continues in Vietnam, or elsewhere in the world, that goal cannot be achieved. So I ask each of you -- staff, patients, families, and friends -- just as I wish for you the most joyous Christmas ever, to join me in a fervent prayer for the fulfillment of the only true Christmas, "PEACE ON EARTH, GOOD WILL TO ALL MEN".



H.S. Etter
Captain, MC, USN
Commanding Officer

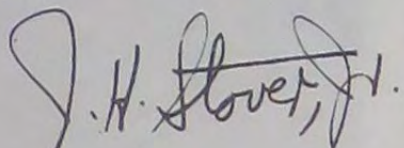


Naval Medical School

As the world once again approaches the Christmas season, I would like to extend to each of you my warmest wish for a most joyous holiday.

"Peace on Earth, Good Will to Men," has not yet been realized, but so long as the peoples of the world believe this goal is attainable, we must continue to strive for it. This Christmas, as in years past, many Navy families will be unable to celebrate the birth of Christ together; it is my hope that those men who are guarding the ramparts of freedom this Christmas will be included in all our prayers -- they are helping to make our celebration possible.

The days ahead are times for giving, for good cheer and for remembering -- remembering what Christmas really represents. Merry Christmas to each one of you and your families; may the New Year bring you prosperous and happy lives.



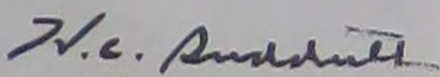
J. H. Stover, Jr.
Captain, MC, USN
Commanding Officer



Naval Medical Research Institute

Ever since the first Christmas, the celebration of the birth of Christ has been a source of renewed faith and has stimulated Christians everywhere in their efforts to promote the well-being of their fellowman. This Christmas season, and indeed throughout the coming year, may we all strive to do our share for the betterment of mankind.

To all members of the Naval Medical Center -- may this Christmas-tide be the most joyous ever, and the New Year bring the happiness that comes from helping others.



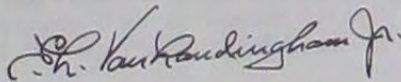
H. C. Sudduth
Captain, MC, USN
Commanding Officer

NSHA

Again we are in that season of joy and happiness, with its reunions, parties, gifts, music and merrymaking.

Even more important is the opportunity and need to contemplate the celebration of the birthday of Jesus Christ -- the most significant event in the history of the world -- an event that gave it another date, anno Domini. The simplicity and profundity of His message is there to assert itself as a guiding spiritual and moral force for us all.

A joyous Christmas to all and may the New Year bring happiness.



E.L. Van Landingham, Jr.
Captain, MSC, USN
Commanding Officer

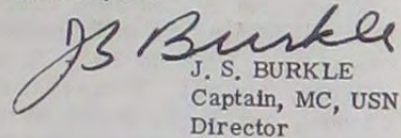


AFRRI

In a world that cannot clearly see its future, there is still one day in each year that especially speaks of hope, love, and peace. That day is Christmas.

Christmas -- when burdens become lighter, when hearts open to others, when trust replaces suspicion. More than just a single day out of 365, Christmas is a way of living that, for a brief time, gives true value to life.

And so we at AFRRI wish for you and your families, your friends and for all men everywhere, a joyous Christmas that will last beyond that one day to give you a truly blessed year.



J. S. BURKLE
Captain, MC, USN
Director

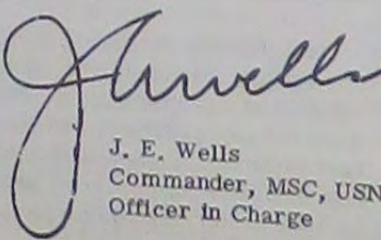


NMDSC

The Naval Medical Data Services Center, established July 1, 1965, was relocated from the Bureau of Medicine and Surgery to the National Naval Medical Center, Bethesda, Md., June 24, 1966. This marks the first Christmas for the activity at NNMC.

The efforts, activities and accomplishments of the Navy Medical Department continue to be extended to provide for maximum contribution to the health, welfare and happiness of the men and women of the Navy and Marine Corps. In support of this medical care operation, progress and improvement in medical administrative and business management techniques are vigorously sought and implemented.

The passage of another year and the return of the Christmas season affords the opportunity of expressing my heartfelt thoughts to the military and civilian personnel of the Navy Medical Department. May the meaning of Christmas be deeper, its friendship stronger and its hopes brighter as it comes to you this year. Merry Christmas and a happy and prosperous New Year to you and your families.



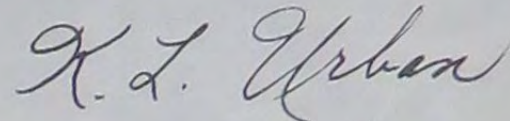
J. E. Wells
Commander, MSC, USN
Officer in Charge

Naval Dental School

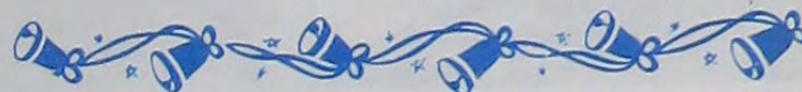
As we enter the Christmas season with its attendant joys and the excitement of parties and happy associations with family and friends, let us also pause for a moment of serious meditation as we consider our blessings.

Throughout the ages, and today in Vietnam, people have given their lives, suffered injuries and sacrificed precious years that we might live more abundantly. To those of us living safely and comfortably in the aura of this great Medical Center, let us never forget what makes it possible.

In behalf of the military and civilian personnel of the Naval Dental School, may I extend our best wishes to all of you for a joyous holiday season.



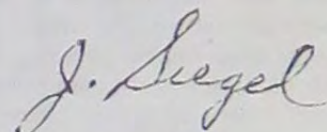
K.L. Urban
Captain, DC, USN
Commanding Officer



Navy Toxicology Unit

This is an excellent time of the year to reflect on the past and to make our resolutions for the future. In these troubled times, it would be worthy of us to rededicate ourselves to the service of our fellowman and to the cause of peace. All of us -- both military and civilian -- have a great opportunity here at the National Naval Medical Center to redouble our efforts in a great humanitarian enterprise.

The members of the Navy Toxicology Unit join me in extending to all of you and your families sincere wishes for a happy holiday season and a healthy, prosperous New Year.



J. SIEGEL
CAPTAIN, MSC, USNR
Officer in Charge



Be Holiday Safety Conscious

by HMC L. H. Lundy

It's good to give....it's great to live, so work, play, and drive to stay alive this holiday season. Death tolls on the nation's highways, injuries occurring in the home, and home fire damages are greater during the Christmas-New Year holiday period than at any other time of the year. A precheck for readiness of your holiday activities can cut this tragic toll of wasted lives by 50 per cent. All it takes is a little thought before you act.

About that trip you're planning to take, driving across the state or country to be with your family at home -- allow yourself plenty of travel time. Traffic is bound to be heavy and often congested. Remember, the posted speed limit along the road is there for ideal summer weather conditions. These conditions are rarely found around Christmas time. The morning you set out, you may meet snow, sleet, ice or slush. This means hazardous driving and calls for extreme caution. Tire chains or snow tires are usually required. Speed must be adjusted to road conditions. Make sure your auto is in top mechanical shape before starting out. A severe snowstorm is a poor time to break down on the road due to faulty gas lines, overheated cooling systems or tire failures. Your defroster and heater should be able to clear your windshield adequately and keep you warm in any type of weather. That old theory that extra weight in the trunk gives you better traction is a fallacy. This practice causes the front end to lift up and makes your car more difficult to control. Equalize that extra luggage load with a car-top rack if necessary. Drive defensively and give the other fellow a chance, too. Such driving may save you time and your life.

Holiday parties are fine. It's grand to get together with friends and relish the good times together. But take it easy on holiday spirits which pour from a bottle....mainly alcohol. Alcohol limits are like speed limits. They should be adjusted to conditions. If you plan to drive, reduce your limit. Allow time for the effects to wear off before you attempt to drive around the block or across the country.

A good home safety program can prevent many unnecessary injuries. All sizes and shapes of holiday decorations are bound to make an appearance at your home. Beware of defective wiring, and remember that overloading power sources is a dangerous practice. Use only good quality, approved lights that bear the UL label on trees or other decorations. Don't forget to water your Christmas tree daily, for they tend to dry out quickly. Remember too, that tools and toys should have a proper storage place when not in use. That new toy truck little Tommy received from Santa was not intended as a skate board for Daddy or Mommy.

It's great to live and work in a safe environment. Only you can correct the unsafe conditions. Never take a short cut chance at work or while driving your auto. The safe and correct way might take a little longer, but it's worth the extra effort if you value your life.

The NNMC Safety Office staff wishes to take this opportunity to thank you all for the fine safety record which has been attained at the National Naval Medical Center during 1966 and to wish you all a Merry Christmas and a Happy New Year.

Security Office Loses Chief-Master-at-Arms



BMC James B. Bowden (left), Chief-Master-at-Arms, Center Security Office, receives his certificate of retirement from Rear Adm. G. M. Davis, Commanding Office, NNM. Chief Bowden retired December 1, after having completed 30 years naval service.

During retirement ceremonies, BMC James B. Bowden was presented a Letter of Appreciation which stated in part: "You have worn the Navy colors for 30 years yet they are richer for it; you represented your country all over the world and her image has been enhanced by it; you have served before the mast and the flag flies more proudly because of it. You gave your best and yet tried to give more. 'Good enough' has never been part of your philosophy, and you demonstrated this in your day-to-day performance... The entire staff of this command and your many friends and shipmates join me in wishing you and your family smooth sailing in your civilian pursuits, knowing full well that an individual with your dedication and industry will always have the wind at his back."

Following the presentation, the traditional poignant "piping over the side" was held in front of the hospital with chiefs from the Center command participating.

During his career Chief Bowden served aboard a wide variety of ships including a battleship, tank landing ship, amphibious force flagship, light cruiser, heavy cruiser, destroyer, surveying ship, an oiler and a repair ship.

His shore stations included: Newport, R.I.; Norfolk, Va.; Portsmouth, Va.; and Williamsburg, Va.

A native of Norfolk, Chief Bowden has not as yet made any retirement plans.

AFRRI News

(Continued from Page 4)

WELCOME ABOARD: The Experimental Pathology Department has added another principal investigator, Dr. James Okunewick, who is senior project leader in the Recovery Programs. Dr. Okunewick comes to AFRRI from the Rand Corporation in Santa Monica, Calif., where he was a physical scientist.

The U.S. Army has assigned two new staff members to the AFRRI this month. They are First Lieutenant John Boggs, Army Corps of Engineers, who will work in the Reactor Division, Physical Sciences Department, and Second Lieutenant William Scherr, Army Medical Service Corps, who will be with the Supply Division, Operations and Administration Department. Lt. Boggs holds a Ph. D. degree in nuclear engineering from the University of Oklahoma, and Lt. Scherr holds an M.B.A. degree in accounting from the University of Pennsylvania.

College Bound USN Dependents Need ID Cards

A Navy dependent without an ID card is like a ship without an anchor. No ID means no medical care, no commissary and no exchange privileges.

Although most servicemen provide ID cards for their wives, a dependent also may be a child or a parent.

Children in college are particularly vulnerable, since they may be living far away from parental aid when a medical emergency arises. And while colleges have infirmaries, few of them have free surgical facilities.

Since admission to many hospitals is contingent on insurance or Medicare, an ID card is a necessity. With vacations coming up, servicemen would be wise to march their youngsters over to the personnel office and arm them with ID cards.

Children are dependents if they are unmarried and under 21, or unmarried and under 23 and enrolled full time in an accredited institution of higher learning.

NDS News

(Continued from Page 4)

OFFICER: Commander Robert A. Wooden, Head, Audiovisual Department, deserves to be commended for his part in preparing the exhibit that won the First Place Award at the American Dental Association meeting held in Dallas in November. The exhibit, "Advanced Concepts in Operative Dentistry," drew great attention from those present at the meeting, and the handout brochure was a notable success. Captain Syrus E. Tande, DC, USN, BuMed, was narrator for the exhibit.

Commander Robert A. Vessey has returned to the Dental School to work in the Endodontics Division under Captain John F. Bucher, Head, Operative Dentistry Department. Comdr. Vessey is not a stranger to NDS, as he completed the Graduate and Postgraduate Course, offered in 1964-1965. Welcome back, Comdr. Vessey.

Congratulations Paul S. Coombs, Oral Diagnosis Department, and to the following men, presently enrolled in Officer Education Department graduate courses, who were recently promoted to the rank of commander: Ronald D. Baker (oral surgery), Carlton J. McLeod (periodontics), Gerald L. Barbor (general dentistry), and Alfred C. Billotte (prosthodontics).

NMS News

ENLISTED: Welcome aboard to HMC C. E. Devol, who is working as an instructor in the School of Medical Photography. Chief Devol recently completed a tour of sea duty aboard the USS McKean (DD 784) with the Pacific Fleet. HMC B. R. Creech, Jr., reported aboard November 25 from duty aboard the USS Wilkinson (DL 5). The Wilkinson served with the Atlantic Fleet. HM3 F. L. Filbert, a graduate of the Medical Illustration School, recently changed his status on board from that of student to staff member in the Graphic Arts Department.

Farewell: HMI J. A. Hady transferred November 30 to the NAMRU-3 Field Facility, Addis Ababa, Ethiopia. HM2 G. A. Bell recently transferred "next door" to the Naval Hospital for duty. The School of Radioactive Isotope Therapy Technique graduated six students December 9. The command extends congratulations to all the students, particularly the honorman, Sp6 D. R. Jackson, who graduated with a final average of 93.61. The other students and their future duty assignments are: HMI M. J. Wagstaff, USNH, NNM; HM2 C. J. Miller, USNH, Great Lakes, Ill.; HM2 J. C. Hergenrother, III, USNH, Chelsea, Mass.; Sp5 M. Ramirez, U. S. Army; and HM3 W. A. Hoveland, USNH, Memphis, Tenn.

Advancements in rank: Congratulations to A. M. Edwards, Administrative Department, on his promotion from HMC to HMC; L. R. Andre, T.V. Division, T. C. Herald, Physical Medicine School, and J. Gonzalez, Chemistry Division, on their promotion from HM2 to HMI; F. A. Foster, Clinical Laboratory School, and L. C. Riley, X-ray School, on their promotion from HM3 to HM2. Keep up the good work.

OFFICER: Welcome aboard to Lieutenant Commander Angeline Liakos, who reported for duty with the Nurse Corps' Training Division. Lt. Comdr. Liakos came to NMS from the Headquarters Support Activity, Taipei, Republic of China, where she was in charge of the Out-Patient Department.

Farewell Lieutenant Edward D. Kraus, USNR, who was released from active duty November 30. Dr. Kraus did extensive research work in the tissue-bank field during his Navy career. He was presented a Letter of Commendation for his outstanding service by his Commanding Officer, at the time of his separation from active duty. Dr. Kraus has accepted an appointment at the Strong Memorial Hospital, Rochester, N. Y., for residency training in internal medicine.

Lieutenant Commander Henry B. Lowsma recently completed his four-year residency training in pathology to become a member of the Medical School's laboratory staff.

CIVILIAN: Welcome aboard to Miss Joan A. Shuster, a clerk dictating machine operator, who is working in the Administrative Branch, Laboratory Department.

Miss Tatania Boldyreff, the NMS translator, attended the annual meeting of the Association of Military Surgeons of the United States, held at the Washington-Hilton Hotel last month. Miss Boldyreff served as interpreter/translator for visiting foreign officers.

STATION AND Area News

Roundup

● Hospital corpsmen information sheets for the February 1967 exam are now available at the Educational Services Office (Bldg. 7). These sheets are intended to furnish the candidate with a complete, up-to-date, copy of the qualifications required for pay grades E-4 through E-9, and a copy of the current bibliography of source materials covering the qualifications. All those who plan on taking the Advancement in Rating Exam in February are strongly urged to use these sheets as a study guide in preparation for the exam.

● At last there is a machine which not only knows how to deal with humans, but handles them skillfully and adroitly. Such a machine is the Autotutor, which is currently being made available to all NNM civilian and military personnel who are interested in improving their skills and abilities. The machine itself looks like a table model television set and, indeed, has a screen very similar to that of a TV. But instead of knobs, the machine has buttons lettered from A to I. When a student gives a wrong response to a question, he is told to push the appropriate button, and the machine rewinds the instruction film back to the area of instruction dealing with that particular question.

Not only is the machine a functional wonder, but it is a psychological wonder as well. If the student gives a wrong answer the machine flashes, "Incorrect! Push button H twice." The student is then obliged to review the section dealing with the question he has answered incorrectly. He is then given an opportunity to answer it again. But should the student indicate the correct answer, the machine flashes proudly, "Good! You chose the right answer. Press button A to go on to the next chapter."

Many NNM employees have availed themselves of the unique opportunity which this machine represents. Take the case of Mrs. Hattie B. Warner, for example. Mrs. Warner is a Ward Attendant on Tower 4. An employee at NNM for the past 16 years, Mrs. Warner has completed courses in English Usage and Grammar and Ratio and Proportion on the Autotutor.

The Autotutor is part of a program offered in connection with a Government-wide campaign, Operation MUST (Maximum Utilization of Skills and Training), and primary consideration is aimed at developing each employee's potential to the fullest capacity. For further information on training programs, or to make an appointment to use the Autotutor phone Ext. 585 or 7018.

● The Navy Exchanges are reducing their prices! Not all items will be affected by the reductions, but the list includes cosmetics, luggage, electrical appliances and children's clothing.

The new reduction schedule will begin December 26, and will continue throughout the coming year. Improved methods of procurement and merchandising are responsible for the lower cost of the goods.

Dental Care for Bedridden Inaugurated at NDS



Miss L. J. Kadehjian (left), dental hygienist, gives Vietnam veteran Cpl. J. R. Cross, USMC, a prophylaxis treatment with DT3 P. M. Ebersole assisting.

Oral prophylaxis treatment for bedridden patients has been inaugurated at the Naval Dental School and, judging by the requests for appointments, the program is providing a welcomed service for patients who otherwise would be unable to receive dental care.

By equipping an air-driven dental unit with a self-contained supply of compressed air and sterile water, a 3-way water syringe, and a slow-speed prophylaxis handpiece, a portable dental unit was developed to meet the need for bedside patient care.

Now the dental hygienist can schedule an appointment at a time convenient for her patient and, at the appointed time, the mobile unit is wheeled directly to his bedside. The oral prophylaxis treatment is performed with the aid of an aspirating unit and a portable ultrasonic scaling instrument. Before leaving her patient, the hygienist gives him instructions which will encourage him to practice good oral hygiene and preventive dentistry techniques.

An added bonus to the new service is the interest shown by the other patients in the ward who observe the treatment and listen to the oral hygiene instructions. This tends to increase the number of people who are exposed to careful oral hygiene practices.

Monday, December 19, 1966

U.S. Naval Medical Research Units Work to Improve World Health

In places as far apart as Great Lakes, Ill., and Cairo, Egypt; Berkeley, Calif., and Taiwan, Formosa, small groups of U.S. Navy men work to improve the health of the world. Located in each area is a U.S. Naval Medical Research Unit (NAMRU).

This is the story of one of those units, as reported by HMC Ralph E. Anderson, a hematology instructor at the Naval Medical School command. Chief Anderson recently returned from a three-year tour of duty with NAMRU-3, in Cairo, Egypt. An offshoot of the American Typhus Commission, the Unit was established in cooperation with the United Arab Republic government to conduct medical research on infectious and parasitic diseases of the Middle East and North Africa.

Since its conception, in the 1940's, NAMRU-3 has gathered a plethora of material on such diseases as Q-fever, typhus, infectious hepatitis, shistosomiasis, typhoid fever and many other tropical and sub-tropical diseases.

In addition to studies conducted in and around Cairo, NAMRU-3 field teams have researched throughout the Near East, Africa and southern Europe. The primary objective of these teams have been to determine the role of viruses and diseases in the area, the role of anthropods (ticks, fleas, mosquitoes, etc.) and their hosts in the transmission of infections, and the possible role of migratory birds in the intercontinental dissemination of diseases.

Chief Anderson's major assignments at NAMRU-3 evolved around the Epidemiology and Medical Departments. While attached to the Medical Department, he spent two seasons studying the clinical aspects of infantile diarrhea, including causes and development of the disease, and one season evaluating typhoid diagnostic and treatment methods. For Chief Anderson, however, the most exciting part of his tour involved his work with the Unit's Epidemiology Department, as this entailed a lot of travel -- the most interesting being a TAD tour in Malakal, the Republic of Sudan.

The now defunct NAMRU sub-unit at Malakal was established in 1959 to collect research data on Kala Azar, an infectious, parasitic disease transmitted by the sandfly. According to Chief Anderson, Kala Azar is a rather insidious disease, characterized by fever and malaise. It is usually fatal to untreated natives of the area.

Malakal, a semi-primitive village, is located south of Khartoum on the White Nile River. The village population of 9,680 consists principally of Sudanese Arabs. Outlying villages are populated by Shilluk and Dinka tribesmen, an unusually tall people. A huge native carrying a spear in the "bush" country can be a frightful sight to the transplanted urbanite, the Chief recalls. However, he said that a friendly exchange of smiles usually allays fear.

The sub-unit, located on the outskirts of Malakal, consisted of three permanent structures which housed the laboratories, office and storerooms. One tukl, a mud-thatch hut with rounded dome, was used by the Navy Seabee "Jack-of-all-trades" as a repair shop.

When in operation, the sub-unit was staffed by Navy medical officers, enlisted technicians from NAMRU-3 (the parent Unit), and a few natives trained for field work. At one time, the Unit employed the only bona fide witch doctor in the Navy.

North of Malakal, NAMRU-3 maintained a field station at Paloich, the epidemic area for Kala

Azar. This station was inaccessible by vehicle during the rainy season and difficult to reach in the dry season. However, weather permitting, it could be reached via motor boat, by navigating the Nile to the Village of Malut and traversing 25 miles inland by foot or vehicle. Chief Anderson described the trip by boat as a naturalist's dream, as this stretch of the Nile abounds with birds of infinite variety, crocodile, hippopotami, giraffe, ostrich, gazelle, jackal, hyena and many other wild animals.

A recent development of NAMRU-3 has been the establishment, at the invitation of The Imperial Government of Ethiopia, of a Field Research Facility in Addis Ababa, with an additional substation in southwestern Ethiopia. These NAMRU-3 facilities are the only U.S. government medical research laboratories on the continent of Africa.

Contributions by the men of this and other NAMRU teams have been significant in improving the

health and welfare of peoples of many countries. The medical specialists recognize that disease knows not the boundary of uniforms, race, creed, national origin or sex. Because of dedicated men like Chief Anderson, the operation of the Naval Medical Research Units continues to be an efficient, productive activity for the Navy Medical Department.



The mud-thatch hut (above), known as the Paloich Forward Laboratory, Republic of Sudan, served as headquarters building as well as living quarters for NAMRU-3 researchers. The native tukl (below) was home sweet home for the Unit's technician.



Native helpers collect sandflies which are carriers of Kala Azar, an infectious, parasitic disease, common to the area. At least three NAMRU team members contracted Kala Azar while researching the disease.



Navy researchers traverse a sea of mud—Kala Azar research is not all looking through a microscope. Scenes such as this are common during the rainy season.



A Dinka lad (above) and a Shilluk native (below) show off their tribe's traditional courting dress. The coiffure worn by the Shilluk lad is in the shape of an elephant's ear.



Chief Anderson poses with "John," a Shilluk helper. Notice the difference in height — Shilluk tribesmen are an unusually tall people. The building in the background served as living quarters in Malakal, site of the NAMRU sub-unit.

NNMC Cagers Downed Repeatedly By Hustling WAMAC Competitors

The "Admirals" varsity basketball team is on a four-game losing streak. Three of their opponents have hit the 100-mark with the all-Air Force team from Bolling scoring the highest thus far this season.

The first game of the WAMAC league was played at Arlington Hall. The Army hit the Navy with everything but the kitchen sink and walked away with a easy 103-80 victory. However, considering the height of the opponents, the cracker-box floor (80x40) and a halftime score of 55-34, the "Admirals" didn't do too bad. In fact, they almost outscored Arlington Hall in the second half. But the 21-point deficit proved too much and the Bethesda Navy team took their first league loss. The scoring was evenly divided with Leroy Hammonds leading the attack with 19 points. Five of the "Admirals" hit in double figures.

The second league contest was disastrous against Bolling AFB. This team is undoubtedly the best in the league and in the Washington area. There is no doubt in the minds of the Admirals as to who their nomination for league champions would be. The Air Force team walked away with a 118-



BELVOIR TOPS BETHESDA—The Navy team dropping a thrilling 98-72 contest to the Army from Fort Belvoir. This was the third straight loss in WAMAC competition. The fourth came a week later when Andrews AFB defeated the "Admirals" 78-64.

48 win. Byron Neal scored 13 for the Navy, and that was about all the scoring Bethesda did.

The first home game at Bethesda saw the Army boys from Ft. Belvoir take a 98-72 victory. Bethesda played possession ball at the end of the game thereby holding Belvoir from hitting the century mark.

Bethesda was only down nine points at halftime but the con-

test broke wide open in the second half. Belvoir outscored the Navy team, 52-35, with their towering center hitting for 31 points. George Clum hit 23 for Bethesda to lead the losers attack.

The fourth loss for the Navy team was against Andrews AFB. However, Bethesda is beginning to shape up even though they lost 78-64. Byron Neal led the Navy with 17 points, followed by George Clum with 12.

WAMAC CLASS "B" STANDINGS

WRAMC	3	0	1.000
ARLINGTON HALL	2	1	.667
VINT HILL F.S.	1	1	.500
BETHESDA	0	4	.000

NDS Leads Intramural League

The Naval Dental School is the only undefeated team in the station's intramural basketball league.

They now hold a 4-0 record having downed all teams in the league. The first game saw the dentalmen down NP "A", 78-56, while NMRI succumbed, 32-17. In the third game, the Center command felt the NDS power when they dropped an overwhelming 62-37 contest. The last game of the first round saw NDS defeating NP "B", 72-56.

The second half will commence play on Monday, January 9.

LEAGUE STANDINGS

	Won	Lost
NDS	4	0
NP "A"	2	2
NP "B"	2	2
NMRI	1	3
NNMC	1	3

Flash

NDS dropped their first game in basketball intramural competition December 5 to NP "A", 64-45. Flores led NP with 22 points, followed by Sears with 20.

NMRI News

(Continued from Page 2)

HM2 J.F.E. Kirk, Department of Microbiology, has received a Navy Unit Commendation and Citation for exceptional meritorious service from Apr. 26-30, 1965, while serving aboard the USS Raleigh (LPD 1) in connection with the Dominican Republic crisis. The Raleigh was one of the units engaged in the evacuation of U.S. civilian nationals and refugees from the Dominican Republic.

LEAGUE STANDINGS

VINT HILL	25-15
ARLINGTON HALL	23-18
WRAMC	16-24
BETHESDA NNMC	13-27
FORT MCNAIR	11-29
HENDERSON HALL	5-35

"ADMIRALS" VARSITY BOWLING TEAM—Bottom row (l to r) Tom Ballinger (NNMC); Al Albin (NMS). Top row (l to r) Bob Duben (USNH); Gene Doverspike (USNH); Paul Horsey (NMS). All varsity matches are rolled at Fort Belvoir.

The National Naval Medical Center keglers have dropped to fourth place in the WAMAC league. In their last outing, they were downed by the Army from Fort Myer. In fact, the Army has taken the last eight points-Fort Belvoir downed the Admirals the previous week.

Two members of the Navy team are holding the same average-179. Al Albin has a 5393 pinfall for 30 games while Gene Doverspike is rolling a 4849 for 27 games.

Sports Round UP

with Bill Dwyer

The National Naval Medical Center varsity soccer season has come to an end. The team had a successful season, considering the fact that this is the first year soccer has ever been played at Bethesda. Furthermore, the majority of the team members had never played soccer before, and some had never even seen the sport played. The "Admirals" concluded the season with a 4-5 record.

It is hoped that soccer will continue at NNMC, especially now that soccer has become a professional sport. With two pro-teams in Washington and Baltimore, soccer is becoming popular like football and baseball. If you are fortunate enough to have channel 26 on your television, you will see soccer matches almost every week. However, like most athletic programs in the armed forces, with transfers, discharges, etc., it is always a gamble from year to year whether there will be a team or not.

If you intend to spend another year at the Center, check with Special Services in August as to when varsity tryouts will be held. In the meantime, get in the best physical condition possible, for this is definitely a game of stamina. One of the "Admirals" major problems during the past season was the fact that they were not in condition to keep up with their opponents.

Since soccer has not been received by military teams as enthusiastically as it should, all games are scheduled with local colleges and high schools. And believe me, these teams are in the best condition. So the inclusion of soccer in NNMC varsity sports rests with each and everyone here. It is up to you. Be sure that soccer is included in the 1967 calendar.

***THIS IS THE THIRD IN A SERIES OF ARTICLES BY BILL DWYER, DIRECTOR OF RECREATION, ON THE DIFFERENT SPORTS AT NNMC.**

NSHA Orientation Class No. 30 Graduates; Largest in History

Twenty newly-appointed Medical Service Corps officers completed the Orientation program at the Naval School of Hospital Administration December 7. This was the largest class during the seven year history of the program.

During the graduation exercises, Captain E. L. Van Landingham, Jr, Commanding Officer, NSHA, noted the new records attained by this class. It was not only the largest but also the most outstanding in terms of motivation and application. The students represented a cross section of universities in the United States.

The graduation address was delivered by Commander Herbert Arm, Commanding Officer of the Naval Unit, Fort Detrick, Md.

Comdr. Arm discussed the transition from an academic environment to that offered in the Navy, emphasizing the similarities in terms of opportunity for professional attainment. He noted that the heterogeneous nature of the graduating class is characteristic of the Medical Service Corps, indicating that the strength and versatility of the Corps is based upon this very multiplicity of talents. Four sections of the Medical Service Corps, covering eleven different specialties were represented in this group.

Graduation certificates were presented to the students by Captain Jacob Siegel, Officer in Charge, Navy Toxicology Unit. Graduates and their future duty assignments are as follows:

Lt. (j.g.) James F. Socks, USNH, NNMC; Ens. Frederick R. Barsness, USNH, NNMC; Lt. (j.g.) Bertram T. Harvey, III, NavDisp, Norfolk, Va.; Ens. Jackson P. Keathley, NMS, NNMC; Ens. David C. Nichols, USNH, Portsmouth, Va.; Ens. Donald J. Platner, USNH, NNMC; Ens. William J. Welner, USNH, Portsmouth, Va.; Lt. (j.g.) Ronald S. Krug, USNH, NNMC; Lt. (j.g.) Frederick P. Darin, NavDisp, Norfolk, Va.; Ens. Kenneth R. Bondi, NMRI, NNMC; Ens. Vernon D. Schinski, NMRI-1, U. of California, Berkeley, Calif.; Ens. Michael L. Pratt, NMS, NNMC; Lt. (j.g.) Chris "L" Bartelson, USNH, NNMC; Lt. (j.g.) Louis J. Zglobicki, NavSubbase, New London, Conn.; Ens. Raymond P. Keen, USNH, Oakland, Calif.; Ens. Robert P. Nalewalk, NMRI, NNMC; Lt. (j.g.) Ronnie D. Wade, AdminCommand, Great Lakes, Ill.; Ens. Warren W. Schultz, NMRI, NNMC; Ens. Merrill D. Cates, NavDiseaseVectorControlCenter, Jacksonville, Fla.; Ens. James G. Olson, BuMed, Washington, D.C.

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